



**Comfort  
Keepers®**

Elevating the  
Human Spirit™

## How to determine when it's time for in-home care

Before selecting the right care provider for the cherished senior in your life, you must first decide the right time to introduce them to the idea of receiving care. The questions on this checklist will help you determine this important decision to ensure your aging loved one is experiencing life to the fullest.

Questions to ask	Yes	No
Does the individual have an absence of regular experiences of joy and happiness?		
Has the individual suffered a recent emotional or medical crisis?		
Has the individual stopped or reduced social activities?		
Does the individual bathe less often or not at all?		
Are medications left over or running out too soon?		
Does the individual need help walking?		
Is the individual verbally or physically abusive?		
Is the individual becoming more forgetful?		
Has the individual fallen recently?		
Is the individual having problems sleeping?		
Has the individual lost weight recently?		
Is the individual's hearing or vision affecting his/her ability to function?		
If the individual smokes, are there burn marks on clothing or furniture?		
Is the individual able to run errands alone?		
Is the individual changing his/her clothing daily?		
Are there scorch marks on the pot holders or dish towels in the individual's home?		
Are there signs of burnt pans on the stove in the individual's home?		
Is the individual able to do routine house cleaning?		
<b>Total "yes" and "no" responses</b>		

If you answered yes to even one of these questions, perhaps it is time to consider in-home care.

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