

### Happy Birthday!

To our Clients Matt C. 7/8 Gwendolyn H. 7/8 Cary K. 7/23 Roberta R. 7/24 James C. 7/30 Michael P. 7/31

To our Comfort Keepers Susan H. 7/28





Elevating the Human Spirit



## Congratulations June 2021 Comfort Keeper of the Month!



Liz L.

Liz has a huge heart that embraces not only her clients, but their families as well. Liz takes great care of her clients and puts her heart into everything she does. Liz's desire to form long-lasting and meaningful relationships with seniors is shown by her kindness, positive attitude and strong sense of compassion

Liz is dependable, reliable, and consistently going above and beyond expectations and helping to cover shifts when asked. Her upbeat attitude and positive energy is contagious and guaranteed to make you smile.

Thank you Liz for showing your commitment to our clients and to Comfort Keepers. Your true excitement for caregiving really shines through. We appreciate you and Congratulations!

Quote of the Month: It always seems impossible... until its done. dream big!!

### Fun Facts About Independence Day

Each year around 500,000 people gather to watch fireworks and listen to patriotic music in Washington DC on the Capitol lawn.

There were approximately 2.5 million people living in the United States when independence was declared in 1776. John Adams and Thomas Jefferson, both presidents and signers of the Declaration of Independence, died on the 50-year anniversary on July 4, 1826. President James Monroe also died on July 4th and President Calvin Coolidge was born on July 4th.

The longest running celebration is said to be the Bristol Fourth of July Parade in Rhode Island which has been running since 1785.

## CK spotlight – Suzie L.

#### Why Comfort Keepers?

I was looking to make a change in my career path and wanted to find a job that would be meaningful to me and that I felt good going to. Comfort Keepers has given me access to a variety of wonderful, wise and interesting people that I am fortunate to work for and with. I feel happy working for Comfort Keeper's.

#### What do you LOVE about your job?

I love that my job is to go into someone else's home each day and bring some cheer and comfort to them.

#### What makes you a successful CK?

We all have struggles and at times can use some assistance from others. I *sympathize* with my clients and truly want to help them when and where they need help. Working for Comfort Keepers is not just my job, it is who I strive to be every day in my life. Caregiving is my calling

# Words of Wisdom you'd like to pass on to your TEAM members:

It is a well-known and wise.... Treat others as you wish to be treated.

### SOME IDEAS OF SUMMER PLEASURES, FOR YOU AND YOUR CLIENT

SPEND SOME TIME OUTSIDE- depending on your location and mobility, this may

be sitting on a patio, deck, yard or courtyard. A stroll in a local park or a walk to a

café for a cold drink is fun for those who can be active.

BIRD WATCHING - is a popular activity and this can be done in any location, even

from a window if going outside isn't feasible.

MUSIC- listen to music that says "SUMMER" to you and your client.

FROZEN TREATS -ice cream, frozen yogurt or even frozen grapes or berries are welcomed.



July Monthly Mandatory Training: 7.22.21 quarterly.