

JANUARY

Happy Birthday!

Clients

- Donna M. 1/3
- Emma R. 1/15
- Kenneth J. 1/23
- Matha S. 1/30

Comfort Keepers

- Kailah M. 1/11
- Christina W. 1/13
- Rhonda I. 1/18
- Bonnie M. 1/20
- Jennifer D. 1/22
- Liz L. 1/29
- Kimie C. 1/30

December 2021 Comfort Keeper of the Month!



Helen L.

Helen's middle name should be Flexible. She has been very receptive to client schedule changes and is very dependable. Helen demonstrates high standards and values, which provide our clients with the respect they deserve as she consistently offers our clients the highest level of care available. She consistently follows and respects the guidelines of excellence we have in place.

Thank you for your outstanding work ethic and for treating the clients with the dignity and respect they deserve. We are proud to name you the December 2021 Comfort Keeper of the month.

Congratulations Helen!

Did you know?

Physical activity is good for people of all ages. Staying active can help: Lower your risk of heart disease, stroke, type 2 diabetes, and some types of cancer.

AND

Improve your strength and balance so you can prevent injuries and stay independent, improve your mood, feel better about yourself, improve your ability to think, learn, and make decisions. Even small steps help.



Quote of the Month: Life is 10% what happens to you and 90% how you react to it. Charles R. Swindoll.

CK Kudos

Nadine C. client Richard stated he is very happy with Nadine, stated she goes above and beyond. **Way to go Nadine!**

Leslie G. client's wife Kitty stated that Leslie is doing a great job. **Keep up the good work Leslie!**

Suzie L. "client's wife let me know what a ray of sunshine Suzie is. She told me how on the days she is struggling to stay positive that Suzie comes in and absolutely brightens her day. She went on to say what a pleasure it has been having Suzie. She said Suzie is positive, loyal and dependable. Which are all the makings of a great caregiver." **Well done Suzie!**

Carrie S. Donna stated she is delighted with Carrie. She stated they make quite the team. She is very versatile and Donna stated we did good with choosing the CK for Donna. **You Rock Carrie!**

Welcome

Please help welcome the following new Comfort Keepers who have joined us since our last all staff.

Nadine C.

Jacob S.

Rhonda I.

Arminda D-B

Carrie S.

Becky M.

Christina W.

Jess K.

RELIAS
LEARNING

**January Monthly Mandatory Training:
1.0 Hours of Training of Your Choice.**