



Caregiver of the Quarter— Juanita!

Please join me in congratulating Juanita Thompson as Caregiver of the Quarter for Q2 2002! We are so very fortunate to have this amazing caregiver on our team.

Juanita works regular night shifts with

one of our Touchmark clients and has just been a true gift to our team ever since starting with us. She has a wealth of experience and really cares about keeping her clients safe, healthy and as independent as possible.

When not working, Juanita likes to go camping and plans two weeks at a lake every summer—luckily there are plenty of lovely lakes to choose from! She's also a member of Datsuns Around Bend has two Datsuns one 1979 620 pickup that was made into a 4x4, and a 1983 280ZX.

Juanita also has 10 grandchildren, loves the color purple and likes to collect dragonflies. She moved to Bend in 2021 from Eugene and loves every minute of the snow!

Hopefully you will get a chance to work with Juanita or meet her at a training session. She really brings strength to our team and we are so appreciative!

THANK YOU AND CONGRATULATIONS TO JUANITA!



Comfort Keepers. Elevating the Human Spirit

COMING UP-MAY TRAINING Tuesday, May 10th

In May, we welcome Jane Jarman, a certified trainer and consultant in dementia care. Jane will lead an interactive workshop focused on two specific areas: - How to Communicate Effectively - Positive Physical Approach, Supportive Stance, Hand-Under-Hand This will be a hands-on approach in training and a very valuable session for all involved. The office staff will reach out to specific employees as the date approaches to schedule you for this workshop. If you are unable to attend due to your work schedule, session notes will be made available.

> Thank you! 541-241-3225



Costa Rica— Pura Vida!

Pura Vida—a phrase that you see and hear everywhere in Costa Rica meaning "pure life" or "simple life" - and it really is the way of life in this beautiful part of the world. I've been to Costa Rica twice—many years ago—and now have the opportunity to spend most of April

in this spectacular region. I've not had a vacation in over three years, so I'm very much looking forward to a little downtime and relaxation.

However, this is a working vacation and I will be in communication with you and the office staff on a regular basis. I will still oversee scheduling, client communication and care plans, weekly emails and review of billing & payroll. I'll be speaking with Liane almost daily and working in conjunction with her on the day-to-day activities of the office.

To help make sure things run smoothly, we are asking for your help with the following:

- PPE for the month of April—let us know now if you think you'll need anything so that we can get it to you ASAP
- If you run short of items, please give 3-5 days notice so that Liane can put things together for you to pick up at the office or drop at the client's home
- Office appointments should be made at least a week in advance; or schedule a phone appointment if you can be flexible
- Remember that texting or calling after-hours should be limited to EMERGENCIES ONLY and that any communication after-hours will be answered the next business day.

Thank you all so much and I look forward to sharing Costa Rica photos with you over the coming weeks! - Christina



Reminder—If you are planning any vacation time over spring or summer, please let us know your travel dates ASAP. The earlier the better so that we can plan for client coverage and alert family members.

5 FUN FACTS— Meet Kimmy!

Kimmy is a joy to be around and a true asset to our team! Take some time to get to know Kimmy and read her 5 Fun Facts:



-She is a legal little person -Kimmy has 2 adopted children from Russia -Her Boston Terrier is her emotional support animal -Kimmy is very much involved in her local church -Her last cancer treatment was the end of last December (Yeah!)

Thank you for all that you do for our clients and co-workers!

