

November



November is National Home Care & Hospice Month—

A time to honor services, clients and caregivers.


During the month of November, we take time to honor the millions of nurses, home caregivers, social workers and therapists who make a remarkable difference for the families they serve.

You — our caregiving team — play an invaluable role each and every day. Did you know that 90 percent of Americans want to age in place at home and that in-home caregivers make this possible? Home caregivers provide compassionate care to more than 5 million Americans annually!

We are honored to work with so many caring individuals in the Central Oregon area who choose to use their lives to serve our community's aged, disabled and dying. Your noble work deserves our recognition and praise.

Thank you so much for the valuable work that you do and for being such an important part of our senior care community. We couldn't do it without you!

Thanksgiving
Just a reminder for those of you working the Thanksgiving holiday— you are paid holiday rates at time-and-a-half for all Thanksgiving Day hours. Most of our high-need clients will schedule regular services on this day and we thank you for making their time as safe and as special as possible! Please call or text the office with any questions
541-241-3225



SPOT A STROKE

F.A.S.T. is an acronym used to remember symptoms of a stroke. The acronym stands for Facial drooping, Arm weakness, Speech difficulties and Time to call 9-1-1.



F
A
S
T

FACE
DROOPING
ARM
WEAKNESS
SPEECH
DIFFICULTY
TIME
TO CALL 911



St. Charles
HEALTH SYSTEM

541-323-5641 www.StrokeAwarenessOregon.org

Stroke is a **Brain Attack!**
But Preventable

Stroke Awareness Oregon is taking the month of November to remind us of how we can spot a stroke—

FAST:

F — Face Drooping
A — Arm Weakness
S — Speech Difficulty
T — Time to call 911

We have postcards in the office if you'd like to keep some on hand — just let us know.

Thank you to this amazing organization!

Winter Prep

Did you get a copy of our Winter Prep Plan sent out last week?

It's a reminder of how we work with our clients and care-givers when it comes to ice and snow on the roads, what it means when there's a winter emergency and how we prioritize our client care.

If you did not get a copy, please call or text the office so that we can send it out to you again. Also, if your client needs another copy, we can get one to the family.

541-241-3225

Thank you!



INEZ—FIVE FUN FACTS!

We are happy to feature Inez in our 5 Fun Facts spotlight this month! Inez has been with us for almost a year and we love her free spirit and peaceful energy. She's an animal

lover and owner of Moon Dog Lodge, an alternative dog care service. Inez works with one client and enjoys helping the seniors in our community. We love having her on our team!

- Inez is an artist, mama and animal / Earth lover!
- She's devoted to celebrating the abundance this life has to offer
- Inez is a Colorado girl at heart, born and raised in a small valley nestled in the foothills of the Rocky Mountains
- She LOVES Halloween and fall festivities
- The motto of Moon Dog Ranch, located in Tumalo, — "loving a dog's body, mind and spirit" — ... and she's been doing it for 20+ years!

Who will be next in our 5 Fun Facts? Stay tuned to find out!

