



2022



Happy Birthday!

Clients

- Andrea B. 4/6
- Paul F. 4/14
- Laura G. 4/16
- Ken R. 4/22

Comfort Keepers

- Tiffany G. 4/7
- Helen L. 4/17
- Shakara J. 4/19
- Nadine H. 4/25
- Suzie L. 4/28

Congratulations March 2022 Comfort Keeper of the Month!



Christina W.

Christina does her absolute very best with each and every client she visits, always remembering to bring her smile and compassionate heart with her. Christina has proven to be dedicated and dependable and is always eager to help her clients. It is apparent that Christina is mindful of our mission statement and strives to bring our clients the dignity and respect they deserve. Christina continues to demonstrate high standards and values. She respects and embraces all aspects of Comfort Keeping. Congratulations Christina! We thank you for your big heart. Keep up the great work. We honor and appreciate YOU as our March 2022 Comfort Keeper of the Month.

Did you know?

- an ostrich's eye is bigger than its brain
- lemons contain more sugar than strawberries
- the most commonly used letter in the alphabet is E
- the 3 most common languages in the world are Mandarin Chinese, Spanish and English
- a cat has 32 muscles in each ear
- sponges hold more cold water than hot
- the safest car color is white



**Thank you for all that you do, and all that you have done.
You are truly amazing!**

CK spotlight – Jeffrey T.

Why Comfort Keepers?

Comfort keepers is a fun place to work for. All of the admin staff are very friendly.

What makes a successful CK?

Being a team player.

What do you LOVE about your job?

I love meeting different clients.

Words of wisdom you would like to pass on to your TEAM members.

For me, I would like to pass on to the team to have a lot of patience with our clients.

A few ways to take care of YOURSELF...

- Explore community resources and connect yourself with them.
- Listen to music.
- Learn relaxation techniques.
- Give yourself a treat at least once a month, an ice cream cone, a new shirt or dress, a night out with friends, a new flowering plant.



**April Monthly Mandatory Training:
1.0 hour of Relias Learning of your choice.
4.1.2022 – 4.30.2022**