



Happy Birthday!

To our Clients

Carey K. 7/23
James C. 7/30

To our Comfort Keepers

Susan H. 7/28



July 2022

Congratulations June 2022 Comfort Keeper of the Month!



We are excited to name Kailah our June Comfort Keeper of the Month!

Kailah brings her commitment of making a difference in the lives of our seniors each time she clocks into a shift. She brings a smile, demonstrates high standards and values that provide our clients with the individual care and respect they deserve.

Erin, client's daughter stated "her mother really likes Kailah and gets really excited when she knows Kailah is coming, they have so much fun together. Erin stated she can hear them giggling from upstairs, and her mother thinks of Kailah as more of a friend now, not someone she needs to entertain. Kailah has had a calming effect on the entire family."

Thank you Kailah for your outstanding work ethic and for treating our clients with the dignity and respect they deserve. We are honored to have you on our Comfort Keepers team!

Fun Facts About Independence Day

There were approximately 2.5 million people living in the United States when independence was declared in 1776. John Adams and Thomas Jefferson, both presidents and signers of the Declaration of Independence, died on the 50-year anniversary on July 4, 1826. President James Monroe also died on July 4th and President Calvin Coolidge was born on July 4th.

Barbecue is also big on Independence Day. Approximately 150 million hot dogs and 700 million pounds of chicken are consumed on this day.

In 2020, an estimated 15,600 people were hospitalized with injuries related to fireworks.

Please be SAFE!



Quote of the Month: It always seems impossible... until its done. dream big!!

CK spotlight – Carol M.

- 1. What's your favorite thing about working at Comfort Keepers?**
Meeting wonderful people.
- 2. What's your favorite Comfort Keeper memory?**
Cooking for Mr. C.
- 3. One fact about yourself you would like to share.**
I love hiking.
- 4. What has been your most rewarding moment as a Comfort Keeper?**
Knowing that I make a difference in someone's life.
- 5. Who or What motivates you?**
My family and friends.

SOME IDEAS OF SUMMER PLEASURES, FOR YOU AND YOUR CLIENT

SPEND SOME TIME OUTSIDE- depending on your location and mobility, this may be sitting on a patio, deck, yard or courtyard. A stroll in a local park or a walk to a café for a cold drink is fun for those who can be active.

BIRD WATCHING – is a popular activity and this can be done in any location, even from a window if going outside isn't feasible.

MUSIC- listen to music that says "SUMMER" to you and your client.

FROZEN TREATS –ice cream, frozen yogurt or even frozen grapes or berries are welcomed.

No Training for the month of July
We are in the process of transitioning from Relias to Care Academy for our training needs.