

# COMFORT KEEPERS NEWSLETTER

March 10, 2023



Comfort  
Keepers.

Elevating the  
Human Spirit™



## SENIOR LIVING GUIDE PODCASTS

SeniorLivingGuide.com hosts regular podcasts to explore topics related to seniors and their caregivers. They have expert guests to offer insight and advice on those topics. They offer tools, resources, and solutions to help seniors and their caregivers pursue a better quality of life. Click the image to the right for the link!

## REMINDERS

**DAYLIGHT SAVINGS:** Don't forget to Spring Forward! At 2AM this Sunday, Mar 12, the clocks switch to 3AM for Daylight Savings Time.

**THE FAMILY ROOM:** Including notes about your shift in the "General Notes" section of the WellSky Personal Care app allows you to share information with clients' family members about how things are going with your client.

**REFERRAL BONUS:** Do you know anyone who would be interested in being a Comfort Keeper? Refer a friend to earn a \$75 referral bonus!

**NAME TAGS:** Name tags are available from the office. If you need one, please call or text us at 541-241-3225 and we will be happy to get one to you!



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## WALK TO END ALZHEIMER'S

ALZHEIMER'S ASSOCIATION

This year, Comfort Keepers of Central Oregon is participating in the Alzheimer's Association Walk to End Alzheimer's® to raise funds and awareness for Alzheimer's care, support, and research. Will you stand with us in this fight by joining our team?

Registration is easy; visit our Walk to End Alzheimer's page to join us. Every dollar raised helps the Alzheimer's Association® provide care and support to all those facing Alzheimer's and all other dementia, and advance critical research.

Visit Our Team Page:

[http://act.alz.org/site/TR?  
fr\\_id=16804&pg=personal&px=20835430](http://act.alz.org/site/TR?fr_id=16804&pg=personal&px=20835430)



REGONCAREPARTNERS  
Creating a Culture of Quality Care

## UPCOMING FREE CLASSES!

### Life Enrichment

March 10, 2023

9:00 AM - 12:00 PM

### Living With Alzheimer's for Caregivers: Middle Stages

March 13, 2023

8:30 AM - 12:30 PM

Click the banner above for the  
link!

St. Patrick's  
Day



Try out this fun and festive cookie recipe and let us know how they turn out! Click below for the recipe.

[LINK: HTTPS://DESSERTSONADIME.COM/ST-PATRICKS-DAY-CAKE-MIX-COOKIES/](https://dessertsonadime.com/st-patricks-day-cake-mix-cookies/)