



2024



Sun, Mar 10, 2024
Spring Forward 1.0 hour



**Congratulations
February 2024
Comfort Keeper of the Month!**



Jena

We are excited to name Jena our February Comfort Keeper of the month.

Since joining our team almost 2 years ago,

Jena

has shown that she has a remarkable ability to connect with her clients and make them feel at ease. She is always caring, and sensitive to meeting their wants and needs with a smile on her face.

Jena is a great example of responsibility, accountability and great client service. Congratulations Jena!

Some Cognitive Activities to do with your clients.

Cognitive activities should stimulate the creative and problem-solving parts of the brain. These activities often allow the senior to create something new, which is both engaging and rewarding.

- Art
(painting/sculpture/mosaics)
- Adult coloring books
- Music (singing/playing instruments/listening to old favorites)
- Crossword puzzles/Sudoku/word search
- Reading the
(newspaper/novels/magazines or poetry)
- **Have Fun!**

Quote of the Month:

"March is the Month of Expectation."

-Emily Dickinson-



Clients:

- Marjorie S. 3/7**
- Fern H. 3/10**
- Sharon H. 3/19**
- Darlene L. 3/20**
- Shirley H. 3/24**

Comfort Keepers:

- Chris W. 3/4**
- Karen N. 3/5**
- Jena M. 3/13**
- Carol M. 3/31**



Care Academy: If you are CNA or HCA certified, approximately 60 days before your birthday, Care Academy will drop your courses and you can start working on them. Please complete them ASAP, if completed by your birthday you will be paid for your 12 hours of training and, you will be done for the year unless we have a special training that is required. If you have any questions, please feel free to call the office and speak to Jennie or Michelle.