Comfort Keepers®
Elevating the Human Spirit℠



The power to lift lives every day

Elevating everyday moments

Every person has an inner spark. It's something age and illness cannot take away. At Comfort Keepers®, we go beyond daily care needs to nurture those unique qualities and bring about a sense of hope, connectedness, purpose, and most importantly, joy.

We help them reclaim all that life has to offer. This is precisely what Elevating The Human Spirit℠ is all about. When we lift people's spirits, research shows they feel better, live longer, and experience life more fully.

Caring for the whole person is at the center of our Interactive Caregiving™ philosophy. It's a holistic approach that cares for mind, body, spirit, and well-being. Instead of just doing for your loved ones, we use every moment to do with them. Elevating their sense of purpose and control, and turning little tasks into memorable moments.

We incorporate technology to help elders connect with family and savor memories. Interactive Caregiving™ means our care coordinators assess your senior's well-being and inform family members at every step.

"Senior happiness comes not from extraordinary events, but tried and true daily experiences with those around them."

JOURNAL OF CONSUMER RESEARCH



Elevating the whole person

Elevating the Human Spirit℠

"Socially engaged seniors have higher levels of physical, mental, and cognitive functioning."
STANFORD CENTER ON LONGEVITY

Lifting spirits is at the heart of every *Comfort Keepers®*

In every *Comfort Keeper®* is a heart to care for others. It's a special combination of compassion and capability. In return, we make sure those who care for our clients are also taken care of. Each caregiver is carefully selected and trained in serving elders, and backed by a care team committed to "caring for seniors as though they are part of our own family."

Elevating spirits for 25 years

Comfort Keepers® has been elevating the human spirit for more than twenty-five years. As a trusted resource for helping seniors stay in their homes as they age, we offer companionship and personal care to aid our clients, helping them to achieve and live at their best quality of life.

How Comfort Keepers® can help

Togetherness tasks

- Good conversation
- Cooking together
- Doing laundry
- Light housekeeping
- Transportation to appointments and events
- Running errands
- 24-hour care
- Respite care for the family

Daily routines

- Staying active and comfortable while moving from place-to-place in comfort and safety
- Help families stay connected through technology
- Support physician-prescribed exercise regimens
- Helping with meals and managing diets
- Alzheimer's and Dementia care
- Reminders about medications

SafetyChoice®

- Personal Emergency Response System (PERS)
- Secure methods for dispensing medication
- Bedside pressure mats

Private duty nursing care

- Available in many locations

Some services vary by state and locations. We're happy to talk through options with you.

Comfort Keepers®

Elevating the Human Spirit℠
Uplifting In-Home Care

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