

Comfort Keepers® Services

Our goal is to help our clients have the best quality of life while maintaining their independence at home.

Personal Care

- Bathing, grooming and overall appearance
- Mobility assistance
- Assistance with position changes and transfers for those clients that are bedbound or may need assistance with getting in and out of bed
- Incontinence care, toileting needs and safety in the bathroom
- Assistance with preparing and serving meals, and support for special diets
- Care for those with memory issues or cognitive impairments
- Assisting with outings, social events, shopping trips, and other activities of interest to maintain engagement both physically and emotionally
- Change in condition monitoring
- Fall risk assessment and assistance with fall prevention

Companionship Care Services

- Activities that bring joy, provide mental stimulation and encourage physical and emotional wellbeing
- Preparing meals
- Light housekeeping
- Transportation to appointments and events
- Reminders for grooming and other activities of daily living
- 24-hour (around-the-clock) care
- Respite care for family and loved ones
- Referrals to medical professionals, support groups and resources

Comfort Keepers®
Elevating the Human Spirit™



Our Comfort Keepers® Caregivers are:

- Subject to a rigorous interview process, including national background checks and personal and professional reference reviews,
- Specially trained in Interactive Caregiving™, which encourages doing activities with clients
- Screened for empathy
- Employees, not contractors
- Bonded, insured and covered by workers' compensation

Comfort Keepers®

2958 Limited Lane NW
Suite B
Olympia, WA 98502
License # IHS.FS.60453361

Serving Thurston, Pierce, Gray's Harbor, Lewis and Mason counties

Contact us for a free consultation:

(360) 742-3773

<ComfortKeepers.com>

25 Comfort Keepers. 1998 – 2023

© 2024 CK Franchising, Inc. Most offices independently owned and operated. 1123

Uplifting in-home care services

Uplifting care to ease the journey to recovery

Uplifting care during recovery

In-home care is often a necessity for those that are transitioning home after a hospital stay or procedure. Whether someone is moving from a rehabilitation facility or directly from a hospital, there are benefits to completing recovery at home with a professional, compassionate caregiver to assist. And, our custom care plans focus on more than physical tasks. At Comfort Keepers®, we approach care from a total wellness perspective that improves the physical, mental and emotional health of our clients.

Challenges of rehabilitation

Rehabilitation after an injury or illness can be a complicated process. In addition to the physical challenges of healing, patients can experience depression or anxiety when they aren't able to participate in their normal routines and social activities. Our caregivers can provide transportation to appointments, support physician-prescribed exercise regimens, provide companionship and help families stay connected through technology. We strive to elevate the human spirit through quality, compassionate, joyful care.

Working cooperatively

Comfort Keepers often works cooperatively with home health agencies, physical therapists, and other health professionals to provide complementary services so clients are provided a full spectrum of care that will help expedite the recovery process and reduce the risk of re-injury or hospital readmission.



Other services include:

Transportation - Our *Comfort Keepers®* can provide transportation home from a hospital or facility, to scheduled follow-up appointments and therapy sessions. They can also transport clients who can't drive during their recovery to run errands or participate in social activities.

Medication Reminders - Caregivers will pick up prescriptions and other supplies, and can remind clients to take their medication on time.

Encouragement - Recovery is hard work and Comfort Keepers is there to provide encouragement and support doctor-prescribed physical or speech therapy.

Companionship - It's not unusual for clients recovering from surgery to experience melancholy or become frustrated. Comfort Keepers is there to provide companionship and engage in meaningful activities that the client enjoys.

Communication - Comfort Keepers will provide follow-up communication with family members and a client's healthcare team to keep everyone updated on recovery status.

Our individualized care plans are created to meet the needs of each unique individual we serve, and can help ensure an easier recovery at home.