



2024



April Birthdays

Clients

Andrea B. 4/6
Ken R. 4/22

Comfort Keepers

Helen L. 4/17
Suzie L. 4/28



Congratulations March 2024

Comfort Keeper of the Month!



Paula B.

Paula has a special way about her. Her kind, compassionate heart shines in everything she does. She is an exceptional listener and encourages her client at each shift to be all that she can be. She is pro-active in communicating clients changes to the office and makes pro-active suggestions concerning client safety and well-being.

You are all heart and an inspiration to your peers. Thank you for aligning yourself with our Mission and Vision. Your dedication to deliver quality care, and treating your client and co-workers with the utmost respect is appreciated and admirable.

Thorough, confident, caring, and precise are just a few of Paula's attributes. We are lucky to have her heart and dedication on our Comfort Keepers team.

Congratulations Paula!

1967 Trivia



1. Which Beatles album, released July 1, 1967, has been widely recognized as the most influential albums of the rock era?

- A. Abbey Road
- B. Sgt. Pepper's Lonely Hearts Club Band
- C. Let It Be
- D. The Magical Mystery Tour

2. What was the most popular movie in 1967?

- A. Cool Hand Luke
- B. Bonnie and Clyde
- C. The Graduate
- D. The Jungle Book

3. What was the federal minimum wage in 1967? A.

- A. \$1.75
- B. \$2.00
- C. \$1.40
- D. \$1.25

1.B, 2.C, 3. C.

Always remember: Comfort Keepers provides more than just in-home care. We offer our clients a level of comfort that helps preserve their **dignity** and provides a **quality of life** that can only be achieved at home.

Comfort Keepers...Dependable Care with a Comforting Touch....

A few ways to take care of YOURSELF...

- Explore community resources and connect yourself with them.
- Listen to music.
- Learn relaxation techniques.
- Give yourself a treat at least once a month, an ice cream cone, a new shirt or dress, a night out with friends, purchase a plant.



Care Academy: If you are CNA or HCA certified, approximately 60 days before your birthday, Care Academy will drop your courses and you can start working on them. Please complete them ASAP, if completed by your birthday you will be paid for your 12 hours of training and, you will be done for the year unless we have a special training that is required. If you have any questions, please feel free to call the office and speak to Jennie or Michelle.