

Here's how we can help

Togetherness tasks

- Good conversation
- Cooking together
- Doing laundry
- Light housekeeping
- Driving to the store or an appointment
- Running errands
- Live-in service (where available)
- 24-hour care
- Respite care for the family

Daily routines

- Bathing, grooming, and hygiene
- Getting the mail
- Standing up from chairs or going down stairs
- Toileting and incontinence care
- Helping with meals and managing diets
- Dementia care
- Medication reminders

SafetvChoice[®]

- Personal Emergency Response System (PFRS)
- Secure methods for dispensing medication
- Bedside pressure mats

Private duty nursing care

Available in many locations

Some services vary by state and location; we're happy to talk through options with you.

Elevating spirits for 25 years

Comfort Keepers® has been elevating the human spirit for more than twenty-five years. As a trusted resource for helping seniors stay in their homes as

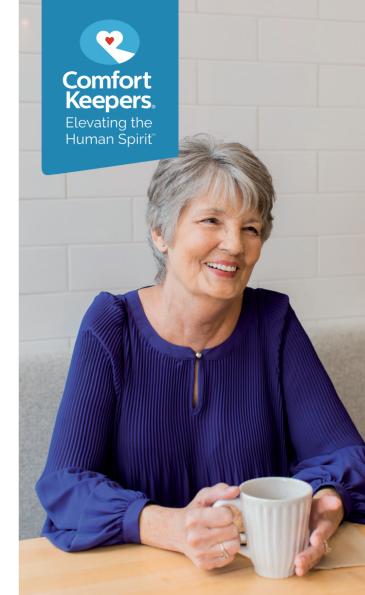


they age, we offer companionship and personal care to aid our clients, helping them to achieve and live at their best quality of life.



ComfortKeepers.com

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We know that the care you choose now will help you and your family immeasurably. There are few things more precious than guality time, positive spirits, and peace of mind. In-home care is unique—after all, the care comes to you in your own home. At Comfort Keepers[®], we believe that care is a relationship, not a task.

"Where do we start?"

you.

Uplifting in-home care

20 Questions to Ask Potential **Care Providers**

When you know what questions to ask in advance, you can spend more time finding the perfect care match and less time thinking, "Did I forget something?"

In-home care from every angle

With so many reputable care providers across the U.S., it can be hard to weigh the right choices for you and your family. For some agencies, caring is a job—but for others, it's a calling. How do you tell the difference? Here are 20 questions to ask that can prove an agency's dedication to caring.

It's simple really—if the company cares for their employees, cares for their clients, and cares about keeping everyone on the same page and happy, they may be a good fit for

20 Questions to ask potential care providers

Ask 1	hese questions when you research an in-home care agency.	COMFORT KEEPERS	Agency A	Agency B	Th
1.	Do you provide care that is geared toward physical as well as mental and emotional wellbeing?	Yes			are
2	How many years have you been in business?	25			in-
3.	Do you keep the family informed and engaged in care?	Yes			Re
4.	Do you have a method to match a caregiver to my needs?	Yes			ev
5.	Does your agency have liability coverage? Are caregivers bonded and insured for theft?	Yes			
6.	Do your employees go through national and local background and driving checks?	Yes			
7.	Are all of your caregivers employees of your company (not contract workers), and are they covered by workers' compensation?	Yes			
8.	Do you have a system for tracking when caregivers arrive and leave a client's home?	Yes			
9.	Does your agency have a physical location where I can meet your staff and is there 24/7 phone service?	Yes			
10.	Are other caregivers available to step in if our regular caregiver can't come to work?	Yes			ru
11.	Do you require a minimum number of hours per visit? If so, what is that minimum?	4			
12.	Do you offer personal care services such as dressing, bathing, incontinence care, transfer and walking assistance?	Yes			I
13.	Are your caregivers allowed to drive clients to appointments and social events?	Yes			
14.	Do you develop a customized plan of care that is updated periodically?	Yes			
15.	Will supervisors periodically come to our home to make sure your services are high quality?	Yes			
16.	Can you give me documentation about client rights, your code of ethics, workers' compensation, HIPAA compliance, as well as your fees?	Yes			н
17.	Do you use technology that is geared toward staying engaged and connected and ensuring safety?	Yes			
18.	Will you provide a home safety assessment?	Yes			afi
19.	Do your caregivers have ongoing training?	Yes			
20.	How quickly can we start receiving care?	24 - 48 hours			afi

Determining if your loved one needs assistance

ne first step in determining if your loved ones eed extra help is asking the right questions. Here e a few to consider. If the answer to even just one the questions is 'yes,' it may be time to consider -home care.

emember, there are so many positive aspects to etting a little extra help, so don't be afraid to valuate each question thoroughly.

Has there been a recent crisis?

Does the individual bathe less often?

Are pills left over or unning out too soon?

s he/she becoming more forgetful?

Have there been recent falls?

as there been recent weight loss or gain?

Is his/her hearing recting daily function?

Is his/her vision fecting daily function? Does the individual need help walking?

Is he/she verbally or physically abusive?

Is he/she able to run errands alone?

Are there scorch marks on dish towels?

Is routine house cleaning not being done?

Is his/her clothing changed daily?

<u>1</u>21

Have social activities diminished?