



## Happy Birthday!

### To our Clients

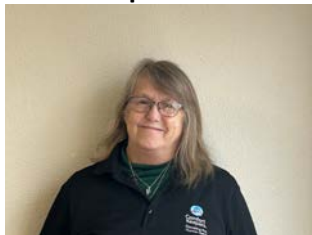
Mary H. 7/18  
Tara K. 7/25

### To our Comfort Keepers

Jennifer F. 7/10  
Justine G. 7/22  
Susan H. 7/28



### Congratulations June 2024 Comfort Keeper of the Month!



#### We are excited to name Liz our June Comfort Keeper of the Month!

Liz has a huge heart that embraces not only her clients, but their families as well.

Liz completes care tasks with a positive energy and a smile on her face. She takes great care of her clients and puts her heart into everything she does for them, before herself. Liz is dependable, reliable, and consistently going above and beyond expectations of Comfort Keepers.

Liz's desire to form long-lasting and meaningful relationships with seniors is shown by her kindness, positive attitude and strong sense of compassion when caring for her clients.

Thank you Liz for showing your commitment to our clients and to Comfort Keepers #438. Your true excitement for caregiving really shines through. We appreciate you!

Congratulations on being the June 2024 CKOM!

### Fun Facts About Independence Day

There were approximately 2.5 million people living in the United States when independence was declared in 1776. John Adams and Thomas Jefferson, both presidents and signers of the Declaration of Independence, died on the 50-year anniversary on July 4, 1826. President James Monroe also died on July 4th and President Calvin Coolidge was born on July 4th.

Barbecue is also big on Independence Day. Approximately 150 million hot dogs and 700 million pounds of chicken are consumed on this day.

In 2020, an estimated 15,600 people were hospitalized with injuries related to **fireworks**.

**Please be SAFE!**

### Policy Reminder Completing your Scheduled Shift

When you are scheduled for a shift you must stay for the entire time that you are scheduled. You may **ONLY** go home early if the client asks you to leave, **AND** you have done each of the following:

1. Please be creative and try to find something to do. Engage your client, you may be their only visitor they have had this week.
2. If the client persists, call the office for direction before leaving.
3. If they still would like you to leave, **CLOCK-OUT**, complete the task list and leave a **general message** stating, why you left early.
4. Some of our clients cannot make the decision for you to leave early. They may have dementia and family members want you to be there as scheduled. If this is the case, call the office and let them know of the situation.

### SOME IDEAS OF SUMMER PLEASURES, FOR YOU AND YOUR CLIENT

**SPEND SOME TIME OUTSIDE**- depending on your location and mobility, this may be sitting on a patio, deck, yard or courtyard. A stroll in a local park or a walk to a café for a cold drink is fun for those who can be active.

**BIRD WATCHING** – is a popular activity and this can be done in any location, even from a window if going outside isn't feasible.

**MUSIC**- listen to music that says "SUMMER" to you and your client.

**FROZEN TREATS** –ice cream, frozen yogurt or even frozen grapes or berries are welcomed.

Please complete any courses before your July birthdate and let the office know when completed.

