



Happy Birthday!

Clients

- Cindy O. 6/14

Comfort Keepers

- Heather B. 6/3
- Nadine N. 6/20
- Rowena C. 6/22
- Gretchen B. 6/24

National Safety Month, observed in June, is a period dedicated to promoting safety awareness and encouraging safety practices across various aspects of life, from the workplace to the home. Established by the [National Safety Council](#) in 1996, the month aims to reduce injuries and deaths by focusing on safety risks and promoting safe behaviors.

Beyond the workplace, National Safety Month encourages safe practices at home, in the community, and during leisure activities. This can include focusing on fire safety, pedestrian safety, and safe driving habits. The month's goal is to cultivate a culture of safety where individuals prioritize their well-being and the well-being of others. By promoting safety awareness and encouraging safe behaviors, National Safety Month contributes to a safer and healthier nation.

Congratulations to our June 2025 Comfort Keeper of the Month!



Hiede Weakley

We are proud to recognize Hiede as our Employee of the Month. A Florida native with a bright, positive outlook. Hiede brings the same warmth and energy to her clients that she's known for at home. Beyond her professional skills, Hiede's personal interests reflect her creativity and attention to detail. Much like her passion for sewing and cooking, Hiede Brings patience, precision, and care To her job. Hiede brings the same focus and dedication to everything she does. Hiede's dedication to excellence, combined with her kindness and creativity, makes her an invaluable part of our team. Congratulations, Hiede—your hard work and positive spirit are truly appreciated!

Tom's Trivial Tidbits:

Dolphins: Use unique whistles to identify themselves, like humans use names.

Trees: There are more trees on Earth than stars in the Milky Way: This demonstrates the immense biodiversity of life on Earth.

Cows: Kill more people than sharks. While this might be surprising, cows are responsible for more human deaths annually.

Quote of the Month: *"And since all this loveliness cannot be Heaven, I know in my heart it is June."* – Abba Woolson

SENIOR FALL PREVENTION HOME CHECKLIST

Secure Safety in the Home by Addressing the Bathroom, Kitchen, Bedroom, Floors & Hallways, and Stairways First

Floors

- Use nonskid rugs.
- Coil or tape extension cords or wires.
- Keep pathways clear of excessive furniture.
- Keep floors clear of things that can trip seniors, like shoes.

Stairs

- Fix loose or uneven steps.
- Install handrails on both sides, and lights.
- Install nonslip rubber treads to steps.



Bedroom

- Ensure lamps are easy to reach.
- Plug in night lights.
- Install phone on the floor in case of emergency.

Kitchen

- Keep regularly used items in easy-to-reach places.
- Never use a chair as a step stool.

Bathroom

- Install grab bars next to toilets and inside showers.
- Use nonslip mats.
- Consider a shower chair.



Comfort Keepers
Elevating the Human Spirit™



Please complete any courses before your June birthdate and let the office know when completed.