


## Happy Birthday!

### Clients

- Thomas S. 10/25
- Daniel N. 10/26

### Comfort Keepers

- Donna T. 10/6
- Vanessa S. 10/18
- Sheri W. 10/20

## Did You Know?

The reason leaves change color isn't because trees are producing new colors. As daylight decreases, trees stop producing chlorophyll, the pigment responsible for green leaves allowing yellow, orange, and red pigments to become more visible.



## Congratulations to our October 2026 Comfort Keeper of the Month!



**Luca N.**

Luca is a responsible, caring and dependable caregiver who takes pride in what he does. He is consistent, attentive, and genuinely enjoys helping and supporting others. In the 2 plus years he has been with Comfort Keepers his positive attitude and dedication make him someone others can count on. Outside of caregiving, Luca enjoys riding his unicycle and inline skating, which reflects his fun-loving personality and unique interests.

**Congratulations!**

## New Caregivers

**Dynethia C**
**Carlyn C**
**Joseph S**
**Kimberly M**
**Chelsie C**
**Keila B**
**Rhea Q**
**Destyni H**
**Yzanah S**




**Quote of the Month:**
"October is the opal month of the year. It is the month of glory, of ripeness. It is the picture-month." — **Henry Ward Beecher**

**October** is dedicated to several major health and social awareness months, most notably **Breast Cancer Awareness Month and Domestic Violence Awareness Month.**

**Breast Cancer Awareness Month:** Focuses on education, early detection, and supporting those affected by breast cancer.

**Domestic Violence Awareness Month:** Works to shine a light on domestic violence and support survivors.

**Emotional Wellness Month:** Encourages stress reduction and mental health care.

**Health Literacy Month:** Highlights the importance of clear health communication.

**National Down Syndrome Awareness Month:** Celebrates individuals with Down syndrome and promotes inclusion.

**National ADHD Awareness Month:** Promotes understanding of Attention Deficit Hyperactivity Disorder.

CareAcademy™

Please log into Care Academy if your birthday is in **October** and complete any annual training courses due this month.

