



KINDER-KINETIKA

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George

6530



- **BABY MASSAGE & STIMULATION: 0 – 12 MONTHS**

Improves all aspects of early development.
R100 / lesson of R350 pm



- **BABYKINETICS: 1 – 2 YEARS**

Focus on the die neuro- & gross motor aspects of toddlers.
R110 / lesson of R400 pm



- **PERCEPTUAL MOTOR DEVELOPMENT: 2-7 YEARS**

Focus specifically on the fundamental skills that a young child needs to have. This program also helps with school readiness.
R110 / lesson of R400 pm



- **REMEDIAL LESSONS: 6 – 13 YEARS**

The unique needs of every child is taken into consideration when these lessons are provided.
Gross- & fine motor problems are improved.
R120 / lesson of R450 pm



- **SPARKZ- SPORT & WELLNESS: 6 – 13 YEARS**

Focus on weight management, improvement and development of sport skills. Aerobic fitness, flexibility, strength, cardio-respiratory functioning, motor skills & sport skill development are just some of the areas of this program.
R110 / lesson of R400 pm



- **SCIENTIFIC EVALUATIONS**

Uses scientifically proven evaluations to find possible development concerns.
R320

BENEFITS OF KINDERKINETICS:

- Individual and specific programs
- Programs for **ALL** children (0-13 years)
- Improves perceptual problems
- Solves lateral problems
- Improves muscle tone
- Improves obesity levels of young children
- Information of wellness awareness for children & parents

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This practice is registered with:



Kinderkinetics specializes in the gross- & fine motor development of young children between the ages of 0-13 years