Kamei BARU

Kamei BARU LUNCH MENU

Visit us at www.kameibaru990.com

Ocean Wise Recommended by the Vancouver Aquarium as an ocean-friendly seafood choice

lunch Boat & Boxes

Served with Miso Soup

Vegetarian Box $10.95
Agedashi Tofu
Vegetable Tempura
Avocado Roll
Garden Salad with Ginger dressing

Chicken Teri & Sashimi Box $13.95
Chicken Teriyaki on Rice
Tuna & Salmon Sashimi
Prawn & Assorted Tempura
Dynamite Roll & California Roll

Sukiyaki & Karaage Box $13.50
Sukiyaki Beef on Rice
Chicken Karaage,
Prawn & Assorted Tempura
Dynamite Roll & California Roll

Salmon Teri & Sashimi Box $14.50
Salmon Teriyaki on Rice
Tuna & Salmon Sashimi
Prawn & Assorted Tempura
Dynamite Roll & California Roll

Tempura & Sushi Boat $14.50
Prawn & Assorted Tempura
Dynamite, California, Vancouver Roll & Salmon Roll
Chicken Karaage

BBQ Unagi & Sashimi Box $14.95
BBQ Eel on Rice
Tuna & Salmon Sashimi
Prawn & Assorted Tempura
Dynamite Roll & California Roll

Please inform our staff of any food allergies / items may not be same as pictured

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Kamei BARU Favourite Rolls

- Dynamite Roll
- Yam Tempura Roll: Deep fried Yam Potato
- California Roll
- Chopped Scallops Roll
- Spicy Salmon Roll
- Spicy Tuna Roll
- Negitoro Roll: Seared Tuna & Green Onion
- Avocado Roll

Salads

- Royal Garden Salad: Fresh garden greens served with our house ginger dressing
- Tuna Tataki Salad: Seared Tuna & fresh selected gourmet greens with ginger dressing

Mini Rice Bowl

- Pork Belly Rice Bowl
- Chicken Teri Rice Bowl
- Sukiyaki Beef Rice Bowl

Japanese Tapas

- Baru Wings
- Chicken Karaage
- Prawn & Vegetable Tempura
- Truffle French Fries
- Agedashi Tofu
- Pumpkin Croquette
- Steamed Gyoza
- Takoyaki: Delicious deep fried Octopus dumpling on iron hoppers plate

Includes

- Miso Soup

Dine in Lunch Only

Sorry no substitutions or Take Out
**KAMEI BARU LUNCH MENU**

**Sashimi**

- Tuna (Albacore) $9.99 (4pcs)
- Salmon (Atlantic) $9.99 (4pcs)
- Sockeye (Wild Salmon) $11.99 (4pcs)
- Hamachi (Yellowtail) $11.99 (4pcs)
- Ahi Tuna (Ahi Red Tuna) $11.99 (4pcs)
- Spicy Tuna or Spicy Salmon $7.99 each

**-Blue Fin Tuna-**

- Akami - Sashimi $13/4pcs
  Fresh Red Tuna
- Chu-Toro - Sashimi $24/4pcs
  Fresh medium fatty Tuna
- Nigiri $4.95/pc

**-King Salmon-**

- Sashimi $14.95/4pcs
- Nigiri $4.50/pc

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**Kamei BARU SIGNATURE ROLLS**

**Double Dragon** $12.95 (8pcs)
Two huge Jumbo Tiger Tempura prawns wrapped with Tobiko, avocado & Kaniware sprouts

**Mango Paradise** $12.95 (8pcs)
Crab & avocado wrapped with smoked salmon & fresh mango sprinkled with Tobiko & served in white wine citrus sauce

**BC Blazer** $12.95 (8pcs)
Crab meets avocado wrapped with seared Atlantic Salmon, green onions on spicy Japanese mayo & Unagi sauce topped with Bonito flakes

**Crunch & Munch** $13.95 (8pcs)
Prawn Tempura & Tobiko wrapped with BBQ Unagi (Eel) & avocado served with Unagi & Wasabi Cream sauce

**Rapture** $13.95 (8pcs)
Prawn Tempura & avocado wrapped in spicy Tuna & Salmon with green onion & Tobiko

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**Today’s Special**

**$10.99** each

- **Mon** Double Dragon
- **Tues** BC Blazer
- **Wed** Crunch & Munch
- **Thurs** Rapture
- **Fri** Mango Paradise

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**Favourite Rolls** $5.50 each

- Chopped Scallop Roll
- Yam Tempura Roll
- Negitoro Roll
- Avocado Roll
- Dynamite Roll
- Spicy Salmon Roll
- California Roll
- Spicy Tuna Roll

**Organic Green Roll** $7.50
Organic avocado, mango, cucumber, red pepper & spring mix with homemade ginger sauce

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Ramen & Combo

Shio Ramen
Salt base
$11.99

Miso Ramen
Miso base
$11.99

Spicy Ramen
Spicy base
$11.99

Vegetable Ramen
$10.99
Healthy vegetable based Ramen with lots of healthy greens - cabbage, carrots, burdock, long onion & bean sprouts

- Create your own -
Ramen Combo for $2.99
Choose A) or B)

A) Chicken Karaage (3pcs)
B) Steamed Gyoza (4pcs)

Rice & Noodles

Tempura & Chicken Teriyaki Don
$13.95
Crisp Tempura combined with Teriyaki chicken on rice with miso soup

Loco Moco Chicken
$13.95
Home made Teriyaki chicken with panfried egg all on top of seasonal greens with rice with miso soup

Chicken Katsu Curry
$13.95
Tender & juicy breaded chicken deep fried & combined with Japanese style curry on rice with miso soup

Nabeyaki Udon
$12.95
Japanese thick Udon noodles cooked in a light soy based broth with fresh cut Tempura shrimp & vegetables cooked in an earthern pot

Chirashi Sushi Bowls

Chirashi (A)
Premium Triple Salmon (King Salmon, Atlantic Salmon, Sockeye Salmon)
Uni, Ikura
Chirashi Sushi Bowl
$15.95

Chirashi (B)
Best of Triple Tuna (Blue Fin Aukani, Albacore Tuna, Negitoro)
Chirashi Sushi Bowl
$15.95