

The Charleston Digital Corridor Foundation presents the 13<sup>th</sup> Annual Innovators' 5K (iFiveK) run on April 4, 2019 at 6:30PM. With start and finish lines at Riverfront Park, the course winds along the Cooper River and finishes with a post-race celebration at the center of the park.

The bulk of volunteers will be needed on race day, Thursday April 4th from 4-7pm:

## Approximately 30 volunteers are needed to assist with:

- Road closures
- Water stations
- Race Course Regulation
- The post-race networking party

\	/olunteer Registratio	n Form	
First, Last Name	Email		
Phone Number		T-Shirt Size	
Emergency Contact Name			
Emergency Contact Number			

<u>Liability Waiver & release</u> - Upon acceptance of my entry, I, for myself, my heirs & assigns, hereby release the sponsors & officials of the iFiveK from any and all liability arising from illness, injury or death I may suffer as a result of my participation in these events. I attest that I am physically fit and have sufficiently trained for these events and I am aware that my participation could, in some circumstances, result in physical injury. Should officials determine that completion of these events would be injurious to my health, I consent to be removed and treated by the physician in attendance or of their direction. I also consent to my removal in the event that I violate the prohibition on strollers, bikes, skates, or other wheeled devices or if I in any way endanger the safety of others. I give permission for free use of my name & picture in any broadcast, telecast or written account of this event.

To register as a volunteer, please complete this form and send via email to <a href="mailto:kristen@charlestondigitalcorridor.com">kristen@charlestondigitalcorridor.com</a>. By submitting this form, you are agreeing to the aforementioned waiver of liability.