

Hours: 9:00-17:00 (July 20-August 31 8:30-17:00) Open all year

panoramic view of Toba Bay.

(Other tours available. Please check the website for prices and times. www.oz-group.jp/kaitoyumin/ *Reservations usually needed)

Toba Bicycle Rental

Explore Toba on two wheels. Regular and Electric Assist bicycles can be rented for the day at Toba's Ichibangai shopping centre and the Toba Guide Centre.

Regular Bicycle: ¥600 per day (¥300 after 15:00)

Electric Assist Bicycle: ¥1000 per day (¥600 after 15:00) Hours: March~November 9:00~16:30 Closed: Toba Ichibangai - Thursdays

December~February 9:00~16:00 Toba Guide Centre - Tuesdays

Toba's Islands

Toba Marine Terminal (Sadahama Ferry Port 佐田浜桟橋) Access any one of Toba's four inhabited islands via high-speed ferry. Departure times are posted online and ferry service is dependant on the weather. (Ferry cancellations are posted here: www.city.toba.mie.jp/teikisen/index.html)



Not being connected to the mainland has always limited outside influence, preserving many traditional ways of life. Come explore and experience the old ways where the locals live and work with nature.

Sample some of the freshest seafood in Japan from Toshijima, which, since the 8th century, has been responsible for supplying the imperial court's seafood. Wander the small island of Kamishima, a home to many 14th-century aristocrat

exiles, as well as being the setting for Yukio Mishima's well known coming-of-age novel "The Sound of Waves".

Toba Island Tours

Gain an insider's perspective on island life through a locally guided tour. Walk the maze-like backstreets of the town and eat a grilled seafood lunch in one of the community-run Ama huts.



Kaito Yumin Club

Shima no Tabisha 🔳 🚰 🔄 http://www.shima-tabi.net



http://www.oz-group.jp/kaitoyumir

Okita Floating Restaurant

Enjoy a wonderful seafood barbecue on the water with the beautiful islands of Toba as your meal's backdrop. Both lunchtime and dinner cruises are available. (Reservations are required. The boat may remain docked due to rough water and high winds. Medicine is available for quests who suffer from motion sickness)

Emergency Help

Emergency at Your Hotel

Keep Calm. Immediately inform the hotel staff. Call with an internal phone, ao to the front desk.

If the staff does not understand you, follow the steps listed below.

Emergency Outside

Keep calm. Call free of charge (including payphones) **110** in the case of an accident or crime, **119** in the case of fire or grave injury. No phone? Find someone close by to make the call for you.

Earthquake

Keep calm. Earthquakes are common but often weak in Japan. Listen to public announcements and follow instructions from the staff. The transmission systems of Japanese hotels work even during blackouts. Use your cell phone only if necessary to avoid overloading the network. To learn the centre and intensity of an earthquake, see: http://www.jma.go.jp/en/quake/



3 Akafuku 赤福 🛛 🎽 🗐 🥬

One of Ise-Shima's best known sweets makers for over 300 years. Enjoy handmade rice cakes wrapped with sweet red bean paste. 9:00~17:00 (Subject to change during busy season) Open all year ~¥990

📀 MUSEA ミュゼア General Store & Cafè 🛛 🚝 🔜 📖 🕬 Freshly roasted coffee and a unique original curry make MUSEA the perfect place to relax and enjoy great food and drinks. -¥990 11.00~17.00 Closed: Tuesdays

🚺 Jubilee Tea & Bakes ジュビリー ティー&ベイクス 💯 👔 🚇 🖗 Sit down with some English tea and delicious sweets baked daily at this cozily eformed Japanese house. 11:30~18:00 L.O. Closed: Wednesdays & special occasions. .¥990

III KILLIBILLI Crêpe & Café Bar キリビリクレープ&カフェバー

Enjoy specialty crepes made from locally sourced flour in the 🛛 👔 🔯 🛤 🖗 heart of Toba. Alcohol is also served in the evenings. 13:00~22:30 L.O. Closed: Mondays, 1st Tuesdays of the month, and special occasions. Open on holidays.

29 Blanca ブランカ 🛛 💯 🥃 Come and try some baked goods at Toba's original western confectionery shop. ~¥990 10:00~18:00 (Sun. 10:00~17:00) Closed: Tuesdays

3 MUSEA (Aquarium Shop) ミュゼア (鳥羽水族館店) 💋 🚺 🔜 🐯 Delicious locally roasted coffee and daily baked goods are available for takeout at Toba Aquarium.

~¥990 10.00~16.30 Closed: Tuesdays 41 Prink'M プリンクM 💋 🗐 💬 Try your hand at a contemporary style of finger calligraphy or just relax with a drink and snack in this renovated cafe/studio..

Closed for special occasions.

50 Cherry 喫茶チェリー (鳥羽ー番街) [🗐 🗐 🗐 A quaint coffee shop located in Toba's Ichibangai shopping centre. 13:00~23:30 Closed: Tuesdays ~¥990

10.00~16.00



🕖 Ise-Shima Karinto 伊勢志摩かりんとー 🙎 🌠 🚍 Come and try some original sweet bite-sized snacks infused with local ingredients. ¥432~ 10:00~16:00 Closed: Wednesdays

30 Coppe-ya Bakeryコッペ屋ベーカリー 🛛 🎇 🚇 🖗 This simple style bakery produces bread reminiscent of Japanese elementary school unches. Come and experience the nostalgic taste the locals love. ¥500~¥600 11:00~17:30 Closed: Tuesdays & Wednesdays

🗐 Minerva Gelato ミネルヴァ(鳥羽一番街) 🙎 🚺 🗟 🔜 風 🔊 Come and taste an assortment of unique handmade gelato flavours made from many local ingredients. ~¥580 9:00~17:30 (Mon ~Fri.)

9:00~18:00 (Sat. & Sun. and holidays) Closed: Thursdays

💁 Taiyaki Warashibe たいやきわらしべ鳥羽店 🛛 🎦 🤮 颶 🖗 One of Ise-Shima's best-known taiyaki makers. Enjoy the freshly grilled sweet red bean cakes with many unique fillings like pudding or sweet red beans with cream cheese. ¥160~¥180 (1 taiyaki) 10:00~18:00 Open all year

Seafood Snacks

🙆 Iroha 焼き貝いろは 🗐 🖗

Located beside Toba station, enjoy fresh shellfish straight from the shop aquarium to vour table. ¥1,000~¥2,000 10:00~18:00 Open all year

4 Yamato 海鮮大和 🗐 This shop specializes in the local seafood as well as saké produced in Mie prefecture. ¥1,000~¥2,000 10:00~17:00 L.O. Open all year

4 Uminohana 海産物 海の華 🖳 🖗 Fresh Ise-ebi lobster, abalone, and turban shell grilled right before your eyes. ~¥990 9:00~21:00 Closed for special occasions.

45 Mizunuma Sazaé 水沼さざえ店 🛛 🙆 Come and enjoy the wonderful flavours of Ise-ebi lobster and various shellfish. ¥2,000~¥3,000 8:30~16:00 L.O. Open all year

🐠 Misaki Sazaé みさきさざえ店 🤐 After arriving in Toba, come and enjoy some the freshest local seafood. ¥1.000~¥2.000 8:30~16:00 L.O. Closed for special occasions.

🖅 The Kaiya ザ・貝屋 🤮 A warm and inviting shop for spending time with friends. ¥2,000~¥3,000 10:00~17:00 L.O. Closed: Sundays





🛂 Ajisai ご馳走屋味彩 🛛 🚺 🚍 🥃

5 Kazuei —栄 🛛 😫 🔍

. ¥2000~¥3000

¥4,000~¥5,000

A nice place to enjoy local fresh seafood and rare types of saké .

17:00~22:30 L.O.

17:00~22:30 L.O.

A gathering spot for locals and their families for an enjoyable evening with nice food.

Closed: Mondays

Closed: Wednesdays



Restaurants	(COL
🕘 Cuccagna クッカーニャ 👔 📾 🐘	
Utilizing local seafood, sample some amazing Italian dish ¥1,000~¥4,000 11:00~14:30 11:00~22:00 L.O.	nes with a Toba twist. Closed: Tuesdays (Open national holidays)
8 Nanakoshichaya 七越茶屋 總 學 Stop by and taste the local Ise Udon, and their most popular dish, the tekonè sushi set. ¥800~¥1,500 11:00~15:00 L.O. Closed: Wednesdays (Evening service for special occasions requires reservation)	
10 Kamadoya かまどや鳥羽店 *Take-out onl A small shop in the centre of Toba that prepares and sells those on the go. ¥500~ 8:00~19:00 Closed: 2nd a	
15 Amiyaki Tenbinya あみ焼き天びん屋 🚺 🗐 🗐 🛤 The perfect place to enjoy grilled food such as Mastsusaka beef, Ise chicken, and locally sourced seafood.	
¥2,500~¥3,000 11:30~14:00 17:00~21:00 L.O.	Closed: Tuesdays
 23 Benkei Chinese Restaurant 中華料理弁慶 One of Toba's local restaurants focusing on Chinese cuisine. ~¥990 11:00~21:00 L.O. Closed: Sundays 	
23 Rikyu 喫茶利休 M 📓 🗟 A great place to sit down for breakfast or lunch. ~¥990 7:30~15:30 L.O.	Closed: Sundays
④ Awako 阿波幸(ミキモト真珠島内) 2 (シート) Enjoy a nice meal with an ocean view and see what make so well known.	this restaurant's pearl udon
¥1,000~¥2,000 9:00~16:00	Closed: 3 days in December
Hanasango レストラン花さんご (鳥羽水族館内) A reservation only restaurant located in Toba aquarium, s utilizing local ingredients.	serving many set meals
¥1,000~¥2,000 9:30~16:00 L.O. 3 Bayside レストランベイサイド (鳥羽水族館内) Sit down and enjoy a meal in this bright and friendly rest ~¥990 9:30~16:00 L.O.	Open all year 😰 😰 🔛 🗭 taurant inside Toba aquarium. Open all year
Sestaurant Ferry レストランフェリー (伊勢満 Take a break before boarding the ferry and enjoy some for picturesque view of the islands in Toba Bay. ¥1,000~¥2,000 9:00~16:00 L.O.	
3 Café Terrace Orange カフェテラスオレンジ Stop by one of Toba's coffee shops that is a favourite amo Lunch ¥1,000~¥2,000 11:00~23:30 (L.O.) Evening ¥100~¥700	EN MENU
 ④ Fujinoya 富士乃屋 Known for serving one of Toba's local soul foods, come enjoy the locally prepared fried noodle and innards dishes. ¥1,000~¥2,000 11:00~14:00 17:00~21:00 L.O. Closed: Mondays 	
Sea Lounge SYM シーラウンジSYM थ い こ Take a moment and grab a coffee while watching the boats pass through Toba Bay. If you're looking for breakfast, Sea Lounge SYM is a great choice. ~¥990 7:00~17:00 Closed: Wednesdays	
Sushi Shops	
り Sushi Umé すし梅	
22 Tasuké 太助 Relax and enjoy the tastes of fresh seafood and skillfully prepared sushi. ¥4,000~¥5,000 17:00~22:00 Closed: Thursdays	
😕 No Smoking 💙 Vegetarian Dishes ଛି Free WiFi	
Picture Menu 💼 Credit Cards OK 📕 English Menu	
EN Basic English English Conversation L.O. (Last Order)	
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