

# FREESTYLE DAILY



TODAY'S FORECAST Partly Cloudy, 50°F/10°C

SUNRISE 6:40a

SUNSET 6:51p

## TAKE A SEA DAY FOR YOURSELF

Here you are invited to feel free, which means having the freedom to do what you want, how you want, each and every day. Discover a restaurant or bar, or blow off some steam in the spa. Then turn your action filled day into a party filled night. Whether you're hitting the slots or dancing the night away, there's something for everyone around every corner of our ship.

**TIP OF THE DAY:** Check out the Bridge viewing room during daylight hours on Deck 11, Forward.

NORWEGIAN JEWEL  
**DAY 11**  
FRIDAY  
SEPTEMBER 28  
At Sea

## BARS AND LOUNGES

Pop some bubbly and toast to the good life at Magnums Champagne and Wine Bar. Kick back with a cocktail then dance it out at the Spinnaker Lounge. Whether you're looking to meet up with friends or make new ones, there's always an opportunity to mix it up.

## UNFORGETTABLE NIGHT LIFE

Join the party at the liveliest nightspots on the ship. The Fyzz Lounge features a stylish bar area, swanky lounge seating, a dance floor and Karaoke. DJ Onyx will keep you dancing in the Spinnaker Lounge; or chill in the Malting's Bar while listening to relaxing music.

## LIVE MUSIC EVERY NIGHT

Every night we'll feature live music around the ship whether you prefer classic music, party music, Latin music or the full orchestra, we have something for everyone.

- Sonata – Groovin' 6 Piece Party Band
- Jewel Showband – Versatile Orchestra Band
- Leo – Guitar Man Extraordinaire
- Dana – Piano Bar Classics
- Fire & Ice – High-Energy Sing & Dance Duo
- Soul Inspiration – Charismatic Variety Music Duo

## DINE WHEN YOU WANT

With no set dining times and no seat assignments, you can dine at your time and not on a schedule. Check out our complimentary and specialty dining options on page 4.

## HEALTH REMINDER

Wash your hands often, especially after using the restrooms and before & after meals. Sanitizing dispensers are located outside all restaurants and in public areas for your use. We discourage handshaking for your health and safety. Report signs of gastroenteritis (diarrhea or vomiting) to the Medical Center.

## TODAY'S HIGHLIGHTS

### ORIGAMI CREATIONS: LEAPING FROG

Time: 10:30a

Place: Spinnaker Lounge, Deck 13, Fwd

### SENIOR OFFICERS Q & A

Time: 11:45a

Place: Stardust Theater, Decks 6 & 7, Fwd.

### PROGRESSIVE TRIVIA: ROUND 7

Time: 1:00p

Place: Spinnaker Lounge, Deck 13, Fwd.

### ENGINEERING CHALLENGE: HOUSE OF CARDS

Time: 2:00p

Place: Spinnaker Lounge, Deck 13, Fwd.

### AFTERNOON KARAOKE WITH CRUISE STAFF

Time: 3:00p

Place: Fyzz Lounge, Deck 7, Fwd.

### MERENGUE DANCE CLASS

Time: 3:15p

Place: Spinnaker Lounge, Deck 13, Fwd.

### HIP HOP DANCE CLASS WITH THE CAST

Time: 6:00p

Place: Fyzz, Deck 13, Fwd.

**Important Numbers:** Emergency: Dial 911 | Guest Services: Dial 00

## NEED A RIDE?

Ship organized transfers from the port are available. To Narita & Haneda International Airport for flights after 12:30pm (\$60 Per Person). Simply register at the Guest Services Desk, located on Deck 7, Mid. Deadline for transfer sales is on October 3 at 6:00PM



# GET THE GOOD TIMES GOING.

## TODAY'S ENTERTAINMENT LINEUP

### **KATIA & ZENIA: DANCE FEVER**

A wonderful mix of classic and elegant ballroom dances and high energy Latin American rhythms, sprinkled with a bit of magic and topped with exquisite costumes and excellent dance technique. Come and enjoy as this talented couple takes you on an unforgettable journey into the magical and exciting world of dance! Photography, audio or video recording of the show is not permitted and, please, no reserving of seats. Doors open 30 minutes prior to Showtime.

**Time:** 7:15p & 9:15p, Stardust Theater, Decks 6 & 7, Fwd

### **AFTERNOON MOVIE: BLACK PANTHER (PG-13)**

After the death of his father, T'Challa returns home to the African nation of Wakanda to take his rightful place as king. When a powerful enemy suddenly reappears, T'Challa's mettle as king -- and as Black Panther -- gets tested when he's drawn into a conflict that puts the fate of Wakanda and the entire world at risk. Faced with treachery and danger, the young king must rally his allies and release the full power of Black Panther to defeat his foes and secure the safety of his people.

**Time:** 3:00p, Stardust Theater, Deck 6 & 7, Fwd. (Approx. 2 hours 15 minutes)

### **BATTLE OF THE SEXES: REVENGE**

Join your Cruise Staff for this hilarious, all-out battle where the ladies challenge the gents to find out if the ladies can take the crown from the gents this time. Who will reign supreme? Find out in this not to be missed game show that is guaranteed to be a good times.

**Time:** 8:15p, Spinnaker Lounge, Deck 13, Fwd.

### **THE BEATLES TRIBUTE WITH SONATA**

Prepare yourself for a night of The Beatles music. We will take you on a journey through the hits of the Fab Four. Join your Party Band, Sonata to sing and dance along with your favorite songs.

**Time:** 10:00p-10:45p, Spinnaker Lounge, Deck 13, Fwd

## ACTIVITIES FOR FAMILIES

### **GUPPIES (AGE: 0-2): MONKEY SEE, MONKEY DO**

Come and monkey around in this session, where we will be feeding a very hungry monkey as well and some crazy monkey dances.

**Time:** 5:15p-5:45p, Splash Academy, Deck 12, Mid

### **SPLASH ACADEMY (AGE 3-12): KIDS VS COUNSELORS**

Time to challenge the professionals in an all out game fest! Kids Vs Counselors, who will win?!

**Time:** 7:00p-10:30p, Splash Academy, Deck 12, Mid

## **SPECIAL EVENTS**

### **CARDIO DANCE CLASS WITH CRUISE STAFF**

Throw on your dancing shoes and join one of your Cruise Staff as they take you through this fun and fast paced dance workout. Make sure to bring water because you are going to sweat it out.

**Time:** 9:00a, Spinnaker Lounge, Deck 13, Fwd.

### **LECTURE SERIES: BLOOD SPLATTER**

DNA tells us who, and this exciting technique tells us how. Is the crime scene a real suicide, or is it really murder? Join Gary Koverman as we explore how crime scene investigators can reconstruct the events that took place at the time of the crime by examining the geometry of tiny blood droplets.

**Time:** 9:30a, Stardust Theatre, Decks 6 & 7, Fwd.

### **\$20 BUDGET & \$4,000 JACKPOT BINGO**

Join your Bingo bunch for our one time only \$20 budget bingo. Play for a chance to win our \$4,000 jackpot within the 47 ball limit. Card sales Starts at 9:45a

**Time:** 10:15a, Spinnaker Lounge, Deck 13, Fwd.

### **PROGRESSIVE TRIVIA 7**

Exercise your mind and join our first progressive trivia session. Points will be accumulated throughout the cruise, so take on your fellow guests in a battle of the brains. Up to six players per team.

**Time:** 1:00p, Spinnaker Lounge, Deck 13, Fwd.

### **Q&A WITH YOUR SENIOR OFFICERS**

Join your Captain, Hotel Director, Chief Engineer and Cruise Director for a fun spirited, insiders look at what it takes to run the beautiful Norwegian Jewel. Get ready with your questions.

**Time:** 11:45a, Stardust Theatre, Decks 6 & 7, Fwd.

### **CONCERT: THE MUSIC OF LATIN AMERICA**

In this special concert, featuring The Showband's Argentinian Guitarist, Tomas Calarco, the Showband explores the music of Latin America. Listen to Tomas as he shares the traditional songs of his homeland, along with other countries including Cuba and Brazil.

**Time:** 2:00p, Fyzz Lounge, Deck 7, Fwd.

### **MERENGUE DANCE CLASS**

Two beats, two feet -- you can't go wrong with the easiest of the Latin dance styles. Bring a partner or come solo -- no pressure just lots of fun.

**Time:** 3:15p, Spinnaker Lounge, Deck 13, Fwd.

### **MUSIC EVERYWHERE**

The Music Duo Soul Inspiration  
7:00p-10:00p, Crystal Atrium, Deck 7, Mid  
The Music Continues with Fire & Ice  
9:00p-9:45p, Fyzz Lounge, Deck 7, Fwd  
Guitar Classics with Leo  
9:15p-Close, Magnum's, Deck 6, Mid



# WHAT'S HAPPENING TODAY.

**DAY 11**  
**FRIDAY**  
**SEPTEMBER 28**

← TEAR HERE

← FOLD HERE

## MORNING

All Day	Morning Show with Cruise Director Dan
All Day	Trivia, Sudoku & Crosswords Available
7:00a	Morning Stretch
7:30a	Fab Abs
8:00a	Walk-a-Mile (Meet in Fyzz Lounge)**
8:00a	Pathway To Yoga*
8:00a-10:00a	Adult Tennis Open Play **
9:00a	Cardio Dance Class
9:00a	Digital Camera Helpdesk
9:00a	TRX Suspension Training*
9:00a-10:00a	Bible Study with Fellow Guests
9:00a-10:30a	Knitters & Stitchers Gathering
9:30a	Bingo Cards Sales*
9:30a	Forensic Science Lecture: Blood Splatter
9:45a	Morning Trivia with Cruise Staff
9:45a	Canvas By U! Painting (Registered Guests)*
10:00a	Blowout Sale Event
10:15a	\$20 Budget Bingo
10:15a	Quit Smoking with Acupuncture
10:00a-3:00p	Cards Available & Open Bridge Play
10:00a	Up To \$500 Slot Tournament *
10:00a-5:00p	Sports Court Open Play**
10:30a	Origami Creations: Leaping Frog
10:30a	Rotary & Service Club Gathering
11:00a	Chess Play with Fellow Guests
11:15a	Trivia with CruiseNext
11:15a	Ping Pong Tournament**
11:30a	Burn Fat Faster
11:45a	Senior Officers Q & A

## AFTERNOON

12:30p	Art Auction Featuring Art Under \$500
12:30p	Texas Hold'em Tournament *
1:00p	Progressive Trivia
1:30p	Up To \$500 Blackjack Tournament *
1:30p	Bean Bag Toss Tournament *
2:00p	<u>Concert</u> : The Music of Latin America
2:00p	Engineering Challenge: House of Cards
2:00p	Improving Your Posture Analysis

(\*) Denotes a fee for these activities

\*\* Weather Permitting

## AFTERNOON (CONT.)

Channel 27	2:00p-3:00p
Library	2:30p
Aerobic Studio	2:30p
Aerobic Studio	3:00p
Promenade	3:00p
Aerobics Studio	3:00p
Sports Court	3:00p
Spinnaker	3:45p
Photo Gallery	3:15p
Aerobics Studio	3:30p
India Room	4:00p
Shakers Bar	5:00p
Spinnaker	5:00p
Stardust	5:00p-6:00p
Spinnaker	5:00p-9:00p
Fyzz Lounge	5:15p-5:45p

## NIGHT

Tradewinds	6:00p-6:45p
Spinnaker	6:00p-6:45p
Magnums	6:00p-6:45p
Cagney's	6:00p
Jewel Casino	6:00p
Sports Court	6:30p
Spinnaker	7:00p
Malting's	7:00p-7:45p
Cagney's	7:00p-7:45p
Spinnaker	7:00p-8:00p
Deck 12, Mid	7:00p-10:30p
Aerobics Studio	7:15p
Stardust	7:15p-8:00p
Azura	8:00p-8:45p
Jewel Casino	8:00p-9:00p
Spinnaker	8:00p-9:00p
Jewel Casino	9:00p-9:45p
Spinnaker	9:00p-9:45p
Jewel Casino	9:15p
Spinnaker	8:15p
Jewel Casino	9:15p-Close
Sapphire Pool	10:00p
Fyzz Lounge	10:00p-Close
Spinnaker	10:45p-Close
Aerobic Studio	11:00p

Beginners Bridge Play with Fellow Guests
Ring Toss Tournament *
Opal Gemstone Seminar
Wrinkle Remedies with Dr Jenny
Complimentary Footprint Analysis
Movie: Black Panther (PG 13)
Afternoon Karaoke with Cruise Staff
Paradise Lotto Draw *
Win \$500 Spa credit
Merengue Dance Class
Ladder Toss Tournament *
Visual Trivia with Your Cruise Staff
Evening Trivia with Cruise Staff
Evening Stretch
Friends of Bill W. Meet
Professional Portraits
Guppies: Monkey See Monkey Do

Cagney's	Sapphire Pool
Tradewinds	Magnums
Aerobics Studio	Aerobics Studio
Stardust	Stardust
Fyzz Lounge	Fyzz Lounge
Jewel Casino	Jewel Casino
Aerobics Studio	Aerobics Studio
Spinnaker	Spinnaker
Sapphire Pool	Sapphire Pool
Spinnaker	Spinnaker
Spinnaker	Spinnaker
Aerobic Studio	Aerobic Studio
Chapel	Chapel
Crystal Atrium	Crystal Atrium
Guppies Room.	Guppies Room.
Magnum's	Magnum's
Crystal Atrium	Crystal Atrium
Fyzz Lounge	Fyzz Lounge
Spinnaker	Spinnaker
Fyzz Lounge	Fyzz Lounge
Chapel	Chapel
Fyzz Lounge	Fyzz Lounge
Magnum's	Magnum's
Spinnaker	Spinnaker
Crystal Atrium	Crystal Atrium
Splash Acad.	Splash Acad.
Stardust	Stardust
Spinnaker	Spinnaker
Fyzz Lounge	Fyzz Lounge
Magnum's	Magnum's
Fyzz Lounge	Fyzz Lounge
Spinnaker	Spinnaker
Stardust	Stardust
Spinnaker	Spinnaker
Magnum's	Magnum's
Spinnaker	Spinnaker
Fyzz Lounge	Fyzz Lounge
Spinnaker	Spinnaker
Jewel Casino	Jewel Casino

\*\*\*Spinnaker Lounge is an 18 and over adult-only venue after 11:00p

### DRINK OF THE DAY

Signature Mai Tai Add Souvenir Tiki Cup \$6\* - Brugal anejo rum/almond syrup/fresh lime/pineapple/cinnamon \$8.95 plus 20% gratuity

### WATER PACKAGE

6 large bottles \$14.95, valued at \$33  
 12 large bottles \$27.95, valued at \$66  
 24 large bottles \$44.95, valued at \$132  
 Available in all bars.  
 \*A 20% gratuity will be added to your check for your convenience.

← TEAR HERE

← FOLD HERE



# GOOD TO KNOW.



## 24 HOURS OF OPERATION

### BAR SERVICES

Fyzz Lounge Bar, Deck 7, Fwd	5:00p-Close
Java Café, Deck 7, Mid	7:00a-Close
Jewel Casino Bar, Deck 6, Fwd	9:00a-Close
Magnum's Champagne & Wine Bar, Deck 6, Mid	1:00p-Close
Maltings Beer & Whiskey Bar, Deck 6, Mid	3:00p-Close
O'Sheehan's Bar & Grill, Deck 8, Mid	11:00a-Close
Sake Bar, Deck 7, Mid	5:00p-Close
Shakers Martini & Cocktail Bar, Deck 6, Mid	11:00a-Close
Spinnaker Lounge, Deck 13, Fwd	10:00a-Close
Sugarcane Mojito Bar, Deck 13, Mid	5:00p-Close
Sky High Bar, Deck 13, Fwd**	10:00a-Close
The Great Outdoors, Deck 12, Aft**	10:00a-Close
Topsiders Bar, Deck 12, Mid	8:00a-Close

### GUEST SERVICES

Art Gallery, Deck 7, Aft	7:00p-11:00p
Bridge Viewing Room, Deck 11, Fwd	Open All Day
CruiseNext Office, Deck 7, Mid	9:30a-1:00p
	2:00p-7:00p
	11:00a-1:00p
	3:00p-7:00p
	9:00p-1:00a
Golf Cages, Deck 13, Aft (Golf clubs available at Towel Station)	8:00a-5:00p
Guest Service Desk, Deck 7, Mid	Always Open
Guppies Playroom, Deck 12, Mid	9:00a-9:00p
Internet Café, Deck 7, Aft	Always Open
Internet Manager's Hour	9:00a-12:00p
	2:00p-5:00p
	7:00p-9:00p
	9:00a-Close
	Continuous
	6:00p-Close
	Always Open
	9:00a-11:00a
	2:00p-4:00p
	8:00a-10:00p
	8:00a-9:30a
	6:00p-7:30p
	9:00a-12:00p
	5:00p-8:00p
	7970 for an appt.
	9:00a-10:00p
	8:00a-8:00p
	5:00p-9:30p
	6:00a-11:00p
	7:00a-10:00p
	10:00a-1:00p
	5:00p-8:00p
	8:00a-8:00p
	9:00a-12:00p
	2:00p-5:00p
	7:00p-10:30p
	10:30p-1:30a
	8:00a-5:00p
	10:00a-10:00p
	Always Open
	10:00a-6:00p

## TODAY'S DINING OPTIONS

### MORNING

#### COMPLIMENTARY

Garden Café, Kid's Corner	Early Riser Breakfast	6:00a-7:00a
Garden Café	Buffet (Deck 12, Mid)	7:00a-10:30a
Great Outdoors**	Buffet (Deck 12, Aft)	8:00a-12:00p
O'Sheehan's Bar & Grill	Breakfast (Deck 8, Mid)	6:00a-11:00a
Tsar's Palace	Breakfast (Deck 7, Aft)	7:30a-9:30a

### AFTERNOON

#### COMPLIMENTARY

Chin Chin	Noodle Bar (Deck 7, Mid)	12:00p-1:30p
Garden Café	Suckling Pig/Pork Leg Carving (Deck 12, Aft)	12:00a-2:30p
Additional Seating	La Cucina	2:00p-5:00p
Great Outdoors**	Snacks (Deck 12, Aft)	2:00p-5:00p
O'Sheehan's Bar & Grill	Lunch (Deck 8, Mid)	11:30a-5:00p
Topsider's Grill**	Lunch (Deck 12, Mid)	11:30p-5:00p
Tsar's Palace	Lunch (Deck 6, Aft)	12:00p-1:30p

### DINNER

#### COMPLIMENTARY

Azura	Dining Room (Deck 6, Mid)	5:00p-9:00p
Chin Chin	Asian Fusion (Deck 7, Mid)	5:30p-9:30p
Garden Café	Hawaiian Dinner	5:00p-9:30p
O'Sheehan's Bar & Grill	Beef Brisket (Deck 8, Mid)	5:30p-8:30p
Tsar's Palace	Dining Room (Deck 7, Aft)	5:00p-9:30p

#### CHARGE APPLIES

Cagney's (A La Carte)	Steakhouse (Deck 13, Mid)	5:30p-9:30p
Le Bistro (A La Carte)	French (Deck 6, Mid)	5:30p-9:30p
La Cucina (A La Carte)	Italian (Deck 12, Aft)	5:30p-9:30p
Moderno (\$24.95)*	Brazilian (Deck 13, Mid)	5:30p-9:30p
Sushi Bar (A La Carte)	Japanese (Deck 7, Mid)	5:30p-9:30p
Teppanyaki (\$29.95)*	Teppanyaki (Deck 7, Mid)	5:30p, 7:00p 8:30p & 10:00p

\*Please note that these charges are per person. A 20% gratuity will be added to your check.

\*\*Weather permitting

#### FOR THE ANYTIME APPETITE

Garden Café	Late Night Snacks	10:00p-11:00p
O'Sheehan's	Late Night Snacks	12:00a-4:00a
Room Service*	Stateroom Delivery	Always Open

\*Room Service: \$7.95 will be added to all food orders from 10:00a until 6:30a.

**Restaurant Cancellations:** Dinner reservations at specialty restaurants must be cancelled 24 hours in advance, otherwise a cancellation fee will be charged to your account.

**Dress Code:** Resort casual and shorts are allowed in all dining venues after 5:00p, except in Tsar's Palace Dining Room and Le Bistro where a dress code is applicable and which posted at the entrance.

**Cruising Toward a Sustainable Future:** To help reduce plastic waste in our oceans, Norwegian has eliminated the use of plastic straws on board and will no longer serve beverages with straws. Plastic waste, including millions of plastic straws, is harmful to marine wildlife like sea turtles and whales. Norwegian is working to preserve our oceans for future generations through our Sail & Sustain program. Help us create a sustainable future for our oceans and skip the straw with your next beverage.

**SAFETY INFORMATION:** Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track). Observe safety signs in your stateroom and throughout the ship. **SAFETY EQUIPMENT:** Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. **ENVIRONMENTAL HOTLINE:** You can report environmental incidents by calling 1-877-501-5976; 1-305-436-4003; the ship reception desk at 00, or via email to [environmentalhotline@ncl.com](mailto:environmentalhotline@ncl.com). The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential. **MARPOL:** The discharge of all garbage into the sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. **CONSUMER ADVISORY:** Please be advised that food onboard may contain nuts. If you have any questions please contact our Restaurant Management staff. **CASINO:** You have to be 18 years old to gamble or be in the casino. Video recording is strictly prohibited. All jackpots of \$1200 and above are subject to IRS reporting and a W2G will be issued. Wins less than \$1200 are not taxes mandated by the IRS. **VIDEO ARCADE:** All guests including children can play the games in the video arcade by using their Freestyle card. We recommend parents monitor their children's onboard charges. **SMOKING POLICY:** Smoking in public areas is only permitted in designated spaces of open decks (Deck 7, Port side by the wall-hung ashtrays and at the Port side seating area of at the Sky High Bar, Deck 13), Cigar Bar or in the Casino while playing. Smoking of any kind is prohibited in staterooms and balconies. Electronic cigarettes are governed by the same standards as regular cigarettes. **SUN LOUNGERS:** Reserving lounge/sun chairs is prohibited. If any chair is unattended for longer than 60 minutes, the items will be removed and handed in at Guest Service Desk, Deck 7, Mid. **WALKING & JOGGING:** Deck 13 is a walking/jogging track open 24/7. Deck 7 is a walking-only track from 9:00a. Remember, all sports play is at your own risk.

\* Denotes a fee for this program

\*\*Weather Permitting

#### In-stateroom phone rate:

Call home from the comfort of your stateroom. Rate \$4.99/min

## SAVE UP TO \$500 TODAY WITH CRUISENEXT

Get \$500 FREE today when you purchase four \$250 CruiseNext Future Cruise Deposits. Your deposits are good for sailings of 6 days or longer and are valid for four (4) years. CruiseNext deposits can be used with other promotions and are transferable to friends & family.  
Time: 9:30a-1:00p & 2:00p-7:00p, CruiseNext Office, Deck 7, Mid