

FREESTYLE DAILY

NCL NORWEGIAN
CRUISE LINE®

TODAY'S FORECAST Clear 66°F/19°C

SUNRISE 5:36a

SUNSET 5:15p

ARRIVAL Approximately 8:00a

ALL ABOARD 5:30p

EXPLORE AOMORI

Aomori, a prefecture in the northern part of Japan's main island of Honshu, is known for natural landscapes including volcanic mountain ranges. Towada-Hachimantai National Park, near the southern border, has hot springs, autumn foliage in Oirase Gorge, skiing at Mount Hakkōda and lava domes around Lake Towada. Aomori, the capital, is a laid-back port that hosts the Nebuta summer festival.

TIP OF THE DAY: Check out the Bridge viewing room during daylight hours on Deck 11, Forward.

YOUR ADVENTURE AWAITS

With Freestyle Cruising, you've got the freedom to create your very own story on a thrilling shore excursion. Soak up as much adventure as you'd like at your leisure.

ARRIVAL INFORMATION

The Ship must be cleared by local officials upon arrival. Guests on a Shore Excursion please check your ticket for the meeting time & location. Please take your Norwegian Jewel Freestyle keycard and original passport when going ashore. Due to public health regulations food of any kind (hot, raw or unpacked/packed) will not be allowed to be brought on board or taken off the ship at any time. Water bottles are allowed to be taken ashore, however all beverage containers will not be allowed to be brought on board.

TOP SHORE EXCURSION

- Big Buddha Temple & Nebuta Museum
- Highlights of Goshogawara

HOW TO BOOK A SHORE EXCURSION

It's not too late to book a tour ashore. Here's how:

- Visit the Shore Excursions Desk
- Use the digital touchscreens
- Use the 24 hour Drop Box for completed order forms

PIER ADDRESS

Shin Chuo Pier 青森港新中央埠頭
3 Chome Honcho, Aomori, Aomori Prefecture 030-0802, Japan
青森市本町3丁目

PORT AGENT INFORMATION

Nippon Express Co., Ltd.
Aomori Branch Office:
4-8-9, Honmachi, Aomori city
Post code 030-0802
+81-17-734-6126

Important Numbers: Emergency: Dial 911 | Guest Services: Dial 00

ADDITIONAL REMINDER

Please bring your Norwegian Jewel card and original passport when going ashore.

TODAY'S HIGHLIGHTS

WHAT TO DO ON BOARD

Staying on board the ship today? Take advantage of all the incredible experiences Norwegian Jewel has to offer. Relax in our award winning thermal suite, or unwind with a hot stone massage.

NINTENDO Wii™: BOWLING

Time: 10:00a-11:00a

Place: Fyzz Lounge, Deck 7, Fwd

PING PONG TOURNAMENT

Time: 11:15a

Place: Deck 12, Mid

AFTERNOON TRIVIA WITH CRUISE STAFF

Time: 12:00p

Place: Fyzz Lounge, Deck 7, Fwd

VISUAL TRIVIA WITH YOUR CRUISE STAFF

Time: 3:00p

Place: Fyzz Lounge, Deck 13, Fwd.

DRESS UP OR NOT NIGHT

This is your chance to dress up and enjoy another evening of glamour to great entertainment and dining around Norwegian Jewel. From 5:15p-5:45p meet some of your Ship's Officers in the Crystal Atrium.

Your Photographers will also have a selection of backdrops available from

Time: 5:15p to 5:45p

Place: Crystal Atrium, Deck 7, Mid

STAYING WITH US FOR THE NEXT CRUISE?

(October 6, 2018 to October 22, 2018) Please bring your cruise tickets to register at the Guest Services Desk, Deck 7, Mid, at your earliest convenience.

HEALTH REMINDER

Wash your hands often, especially after using the restrooms and before & after meals. Sanitizing dispensers are located outside all restaurants and in public areas for your use. We discourage handshaking for your health and safety. Report signs of gastroenteritis (diarrhea or vomiting) to the Medical Center.

NORWEGIAN JEWEL

DAY 17

THURSDAY

OCTOBER 4

Aomori, Japan

GET THE GOOD TIMES GOING.

TODAY'S ENTERTAINMENT LINEUP

LE CIRQUE BIJOU

The Norwegian Jewel Production Cast presents an artistic and awe inspiring spectacle. Journey into a world where dreams come to life in a land of colorful jewels, while death-defying acts soar high above your head. Featuring special performances by Signature of Love. Immediately following the show, stay behind and enjoy a special tribute by the Officers, Staff and Crew of the Norwegian Jewel.

Video/audio recording or photography of the main show is not permitted. We kindly ask that no one under the age of 18 sits in the first row and please, no reserving of seats.

Doors open 30 minutes before show time.

Time: 7:15p & 9:15p, Stardust Theater, Decks 6 & 7, Fwd.

Show Length: Approximately 1 hour

THE PERFECT COUPLE GAME SHOW (PG- 13)

Tonight we will crown the "Perfect Couple" during our crazy comedy couples gameshow hosted by your Cruise Staff. Be prepared to laugh as anything can happen. Parental guidance is advised.

Time: 8:30p, Spinnaker Lounge, Deck 13, Fwd

THE JEWEL MUSICIANS JAMMING SESSION

Come watch your favorite music groups onboard, as they jam together over their favorite songs in the Spinnaker Lounge.

Sonata, The Showband, Leo, Dana, Fire & Ice, and Soul Inspiration – they'll all be there having a fun night of music!

Time: 10:30p, Spinnaker Lounge, Deck 13, Fwd

LATE NIGHT PARTY WITH DJ ONYX

Feel the hype, beat and vibe, DJ Onyx is ready to spin the hottest tracks to keep the party going until the early hours of the morning. Request your favorite songs all night long and party in the Spinnaker Lounge like you've never done before. Meet new friends and show them your killer dance moves.

Time: 11:30p-Close, Spinnaker Lounge, Deck 13, Fwd

Video/audio recording or photography of the main show is not permitted. We kindly ask that no children under the age of 18 sit in the front row and please no reserving of seats. Doors open 30 minutes before show time and please be aware shows

ACTIVITIES FOR FAMILIES

GUPPIES: PLAYROOM IS OPEN (AGE 0-2)

Come explore the Guppies playroom and have tons of fun playing with the toys.

Time: 9:00a-9:00p, Splash Academy, Deck 12, Mid

SPLASH ACADEMY (AGE 3-12): Counselor Switch

The kids are the counselors tonight! You make the rules, you make the games!

Time: 7:00p-10:30p, Splash Academy, Deck 12, Mid

SPECIAL EVENTS

TRIVIA, SUDOKU & CROSSWORDS

These are available for you all day, every day in the Library. Test your knowledge or just kill some time. We're also giving you the answers so you can check how well you did. Enjoy and relax.

Time: Always Available, Library, Deck 12, Fwd

MORNING TRIVIA WITH CRUISE STAFF

Exercise your mind and join your Cruise Staff as they test your trivia knowledge. Gather a team or come solo for this fun general knowledge contest.

Time: 9:15a, Fyzz Lounge, Deck 7, Fwd

ORIGAMI CREATIONS WITH THE CRUISE STAFF

Staying onboard? Join us today for our arts and crafts session.. So be creative and have fun with your Cruise Staff and your fellow guests.

Time: 2:00p, Fyzz Lounge, Deck 7, Fwd.

VISUAL TRIVIA WITH YOUR CRUISE STAFF

Your friendly cruise staff is ready to test you on this version of visual trivia this afternoon, come and join your fellow guest and take on this visual trivia this afternoon.

Time: 3:00p, Fyzz Lounge, Deck 7, Fwd

BACHATA DANCE CLASS

Learn another famous latin dance with your cruise staff.

This time, learn the basics of the Bachata, a dance originated in the Dominican Republic. Grab hold of your dance partner and hit the dance floor.

Time: 6:00p, Fyzz Lounge, Deck 7, Fwd

KARAOKE BLAST WITH CRUISE STAFF

Join your Cruise Director's Staff and your fellow guests as you take the stage and sing your favorite songs. It's not about how well you can sing, but about how much fun you can have.

Time: 10:00p-Close, Fyzz Lounge, Deck 7, Fwd

MUSIC EVERYWHERE

Evening Melodies with Ji
5:00p-6:30p, Crystal Atrium, Deck 7, Mid
Piano & Vocal with Dana
6:00p-8:00p, Magnum's, Deck 6, Mid
Pop Classics with Fire & Ice
7:00p-7:45p, Fyzz Lounge, Deck 7, Fwd

WHAT'S HAPPENING TODAY.

DAY 17
THURSDAY
OCTOBER 4

◀ TEAR HERE

◀ FOLD HERE

MORNING

All Day	Morning Show with Dan the Man
All Day	Trivia, Sudoku & Crosswords Available
7:00a	Morning Stretch
7:30a	Fab Abs Class
8:00a	Tour De Cycle*
8:00a-10:30a	Adult Open Tennis Play**
8:00a-5:00p	Golf Equipment Available**
8:00a-8:00p	Ping Pong Open Play**
9:00a-10:00a	Check Out a Book
9:15a	Morning Trivia with Cruise Staff
10:00a-11:00a	Nintendo Wii™: Bowling
11:15a	Ping Pong Tournament**
11:30a-2:00p	Sports Open Play**

AFTERNOON

12:00p	Afternoon Trivia with Cruise Staff	Fyzz Lounge
1:00p	Pictionary with your Cruise Staff	Fyzz Lounge
1:30p	Bean Bag Toss Tournament**	Deck 13, Stbd
2:00p	Origami Creations with your Cruise Staff	Fyzz Lounge
2:00p-4:00p	Soccer Play**	Sports Court
2:30p	Ladder Toss Tournament**	Sapphire Pool
3:00p	Visual Trivia with your Cruise Staff	Fyzz Lounge
3:30p	Ring Toss Tournament**	Sapphire Pool
4:00p	Scattergories with your Cruise Staff	Fyzz Lounge
4:00p-5:00p	Check Out a Book	Library
5:00p	Evening Trivia with Cruise Staff	Fyzz Lounge
5:00p	Friends of Bill W. Meet	Chapel
5:00p	Evening Stretch	Aerobic Studio
5:15p-5:45p	Officer's Mix & Mingle	Crystal Atrium

AFTERNOON (CONT.)

Channel 27	5:00p-6:30p	Evening Melodies with Jake & Ji	Crystal Atrium
Library	5:30p	Norwegian Fight Club*	Aerobics Studio

NIGHT

Aerobic Studio	6:00p	Bachata Dance Class	Fyzz Lounge
Aerobic Studio	6:00p-7:00p	Ballroom Hour with DJ Onyx	Spinnaker
Aerobics Studio	6:00p-8:00p	Piano & Vocals with Dana	Magnum's
Sports Court	6:00p-9:00p	Professional Portraits	Crystal Atrium
Towel Station	6:30p	Sailing Solo Social (18+)	Spinnaker
Deck 12, Mid	6:30p	LGBTQIA Gathering	Fyzz Lounge
Library	7:00p-7:45p	Pop Classics with Fire & Ice	Fyzz Lounge
Fyzz Lounge	7:00p-8:00p	The Tomas Calarco Guitar Trio	Crystal Atrium
Fyzz Lounge	7:15p	Le Cirque Bijou	Stardust
Deck 12, Mid	7:15p-8:15p	Party Music with Sonata	Spinnaker
Sports Court	7:30p	Tanzanite Jewelry Unveiling	Tradewinds
Fyzz Lounge	7:30p	Ken Craft Silver Jewelry Exhibition	Tides
Fyzz Lounge	8:00p	Special Thank You from the Officers & Crew	Stardust
Fyzz Lounge	8:00p-8:45p	Variety Music with Fire & Ice	Fyzz Lounge
Deck 13, Stbd	8:15p-9:00p	Mardi Gras with the Showband	Crystal Atrium
Fyzz Lounge	8:15-10:45p	Guitar & Vocals with Leo	Magnum's
Sports Court	8:30p	Perfect Couple Game Show (PG 13)	Spinnaker
Sapphire Pool	8:30p	Spot The Fake Tanzanite Drawing	Tradewinds
Fyzz Lounge	9:00p-9:45p	Dance Music with Fire & Ice	Fyzz Lounge
Sapphire Pool	9:15p	Le Cirque Bijou	Stardust
Fyzz Lounge	9:15p-10:00p	Music Continues with the Guitar Trio	Crystal Atrium
Library	9:30p-10:15p	Romantic Music with Sonata	Spinnaker
Fyzz Lounge	10:00p	Special Thank You from the Officers & Crew	Stardust
Chapel	10:00p-Close	Karaoke Blast with Cruise Staff	Fyzz Lounge
Aerobic Studio	10:30p	The Jewel Musicians Jam Session***	Spinnaker
Crystal Atrium	11:00p-Close	Piano Classics with Dana	Magnum's
	11:30p-Close	Late Night Party with DJ Onyx***	Spinnaker

* Denotes a fee for these activities

** Weather Permitting

***Spinnaker Lounge is an 18 and over adult-only venue after 11:00p

DRINK OF THE DAY

Moscow Mule - Add Souvenir Mug \$9* - Stolichnaya vodka/Gosling ginger beer/fresh lime - \$8.95

FRESHLY BREWED

Enjoy your morning with a lively cup of Lavazza coffee made by our highly skilled Baristas. Pick from a selection of espresso, macchiato, lattes and cappuccinos. Additionally you can add a flavor of your choice.*
 Java Café, Deck 7, Mid

◀ TEAR HERE

◀ FOLD HERE

GOOD TO KNOW.



HOURS OF OPERATION

BAR SERVICES

Fyzz Lounge Bar, Deck 7, Fwd	5:00p-12:00a
Java Café, Deck 7, Mid	7:00a-11:00p
Jewel Casino Bar, Deck 6, Fwd	Closed
Magnum's Champagne & Wine Bar, Deck 6, Mid	4:00p-12:00a
Malting's Beer & Whiskey Bar, Deck 6, Mid	4:00p-11:00p
O'Sheehan's Bar & Grill, Deck 8, Mid	11:00a-Close
Sake Bar, Deck 7, Mid	5:00p-11:00p
Shakers Martini & Cocktail Bar, Deck 6, Mid	4:00p-12:00a
Spinnaker Lounge, Deck 13, Fwd	5:00p-Close
Sky High Bar, Deck 13, Fwd**	2:00p-11:00p
Sugarcane Mojito Bar, Deck 13, Mid	11:30a-2:00p
The Great Outdoors, Deck 12, Aft**	5:00p-10:00p
Topsiders Bar, Deck 12, Mid	11:30a-11:00p
	8:00a-8:00p

GUEST SERVICES

Art Gallery, Deck 7, Aft	6:00p-10:00p
Bridge Viewing Room, Deck 11, Fwd	Open All Day
CruiseNext Office, Deck 7, Mid	5:00p-9:00p
Entourage Teen Club, Deck 12, Mid	5:00p-12:00a
Golf Cages, Deck 13, Aft (Golf clubs available in Towel Station)	8:00a-5:00p
Guest Service Desk, Deck 7, Mid	Always Open
Guppies Playroom, Deck 12, Mid	9:00a-9:00p
Humidor Cigar Lounge, Deck 6, Mid	Always Open
Internet Café, Deck 7, Aft	Always Open
Internet Manager's Hours	8:00a-10:00a
	5:00p-6:00p
	7:00p-9:00p
	12:00a-Overnight
Jewel Casino, Deck 6, Fwd	6:00p-Close
Karaoke Private Rooms, Deck 7, Fwd. (\$)	9:00a-10:00a
Library, Deck 12, Fwd	4:00p-5:00p
Mandara Spa, Deck 12, Fwd	8:00a-10:00p
Medical Center, Deck 4, Mid	8:00a-9:30a
(Medical Services are subject to charge)	6:00p-7:30p
Onboard Credit Desk, Deck 7, Mid	7:00a-10:00a
	5:00p-8:00p
Perspectives Photography Studio, Deck 12; Fwd	7970 for an Appt.
Photo Gallery, Deck 7, Aft	6:00p-10:00p
Pulse Fitness, Deck 12, Fwd	6:00a-11:00p
Sapphire Pool & Hot Tubs, Deck 12, Mid**	7:00a-10:00p
Shore Excursion Desk, Deck 7, Mid	6:00p-8:00p
Shuffleboard Open, Deck 7, Starboard Side & Deck 13, Aft**	8:00a-8:00p
(For safety reasons, the shuffleboard facing the gangway will be closed)	
Splash Academy, Deck 12, Mid	8:00a-10:30p
Splash Academy Late Night Fun Zone, Deck 12, Mid (\$)	10:30p-1:30a
Sports Court, Deck 13, Aft**	8:00a-5:00p
Tradewinds Tax & Duty Free Shops, Deck 7, Aft	6:30p-11:00p
Video Arcade, Deck 12, Mid*	Always Open
Waterslide Hours, Deck 12, Mid**	10:00a-6:00p

* Denotes a fee for this program

**Weather Permitting

In-stateroom phone rate:

Call home from the comfort of your stateroom. Rate \$4.99/min

TODAY'S DINING OPTIONS

MORNING

COMPLIMENTARY

Garden Café - Kids Corner	Continental Breakfast	5:30a-6:30a
Garden Café	Buffet (Deck 12, Mid)	6:30a-10:00a
Great Outdoors**	Buffet (Deck 12, Aft)	7:00a-11:30a
O'Sheehan's Bar & Grill	Breakfast (Deck 8, Mid)	6:00a-11:00a
Tsar's Palace	Dining Room (Deck 7, Aft)	7:00a-9:00a

AFTERNOON

COMPLIMENTARY

Garden Café	Lunch Buffet (Deck 12, Mid)	11:30a-2:30p
Additional Seating - La Cucina	(Deck 12, Aft)	
Great Outdoors**	Snacks (Deck 12, Aft)	2:30p-5:00p
O'Sheehan's Bar & Grill	Lunch (Deck 8, Mid)	11:30a-5:00p
Topsider's Grill**	Snacks (Deck 12, Mid)	2:00p-5:00p

DINNER

COMPLIMENTARY

Azura	Dining Room (Deck 6, Mid)	5:00p-9:00p
Chin Chin	Asian Fusion (Deck 7, Mid)	5:30p-9:30p
Garden Café	Seafood Buffet (Deck 12, Mid)	5:00p-9:30p
O'Sheehan's Bar & Grill	Weiner Schnitzel (Deck 8, Mid)	5:30p-8:30p
Tsar's Palace	Dining Room (Deck 7, Aft)	5:30p-9:30p

COVER CHARGE APPLIES

Cagney's (À La Carte)	Steakhouse (Deck 13, Mid)	5:30p-9:30p
Le Bistro (À La Carte)	French (Deck 6, Mid)	5:30p-9:30p
La Cucina (À La Carte)	Italian (Deck 12, Aft)	5:30p-9:30p
Moderno (\$24.95)*	Brazilian (Deck 13, Mid)	5:30p-9:30p
Sushi Bar (À La Carte)	Japanese (Deck 7, Mid)	5:00p-9:30p
Teppanyaki (\$29.95)*	Teppanyaki (Deck 7, Mid)	5:30p, 7:00p 8:30p, 10:00p

*Please note that these charges are per person.

An 18% gratuity will be added to your check.

Additional taxes may apply while in certain ports & itinerary.

**Weather permitting

FOR THE ANYTIME APPETITE

Garden Café	Late Night Snacks	10:00p-11:00p
O'Sheehan's	Late Night Snacks	12:00a-4:00a
Room Service*	Stateroom Delivery	Always Open

*Room Service: A Convenience Charge of \$7.95 will be added to all food orders from 10:00a until 6:30a.

Restaurant Cancellations: Dinner reservations at specialty restaurants must be cancelled 24 hours in advance, otherwise a cancellation fee will be charged to your account.

Dress Code: Resort casual and shorts are allowed in all dining venues except

Tsar's Palace Dining Room and Le Bistro after 5:00p where a dress code is applicable and posted at the entrance.

SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track). Observe safety signs in your stateroom and throughout the ship. **SAFETY EQUIPMENT:** Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. **ENVIRONMENTAL HOTLINE:** You can report environmental incidents by calling 1-877-501-5976; 1-305-436-4003; the ship reception desk at 00, or via email to environmentalhotline@ncl.com. The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential. **MARPOL:** The discharge of all garbage into the sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. **CONSUMER ADVISORY:** Please be advised that food onboard may contain nuts. If you have any questions please contact our Restaurant Management staff. **CASINO:** You have to be 18 years old to gamble or be in the casino. Video recording is strictly prohibited. All jackpots of \$1200 and above are subject to IRS reporting and a W2G will be issued. Wins less than \$1200 are not taxes mandated by the IRS. **VIDEO ARCADE:** All guests including children can play the games in the video arcade by using their Freestyle card. We recommend parents monitor their children's onboard charges. **SMOKING POLICY:** Smoking in public areas is only permitted in designated spaces of open decks (Deck 7, Port side by the wall-hung ashtrays and at the Port side seating area of at the Sky High Bar, Deck 13), Cigar Bar or in the Casino while playing. Smoking of any kind is prohibited in staterooms and balconies. Electronic cigarettes are governed by the same standards as regular cigarettes. **SUN LOUNGERS:** Reserving lounge/sun chairs is prohibited. If any chair is unattended for longer than 60 minutes, the items will be removed and handed in at Guest Service Desk, Deck 7, Mid. **WALKING & JOGGING:** Deck 13 is a walking/jogging track open 24/7. Deck 7 is a walking-only track from 9:00a. Remember, all sports play is at your own risk.