

# FREESTYLE DAILY



TODAY'S FORECAST Partly Cloudy, 64°F/18°C

SUNRISE 6:41a

SUNSET 7:01p

ARRIVAL 2:30p

ALL ABOARD 8:30p

## MAKE NEW FRIENDS IN JUNEAU

Juneau has been called "Alaska's peak experience," certainly due, in part, to its unparalleled glacier viewing from such places as Tracy and Endicott Arm, the Juneau Icefields and Glacier Bay National Park. Kayak up one of the area's many protected waterways, go flightseeing, tour historic downtown or try your hand at panning for gold. The majestic Mendenhall Glacier lies nearly 12 miles outside Juneau, a worthwhile trek.

**TIP OF THE DAY:** Keep a sharp eye; whales are often seen bubble feeding near ships in the bay.

## IMPORTANT INFORMATION

With Freestyle Cruising; you've got the freedom to create your very own story on a thrilling shore excursion. Soak up as much adventure as you'd like at your leisure.

### ARRIVAL INFORMATION

The Ship must be cleared by local officials upon arrival. Guests on a Shore Excursion please check your ticket for the meeting time & location. Please take your Norwegian Jewel Freestyle keycard and any valid government issued ID when going ashore. Due to public health regulations food of any kind (hot, raw or unpacked/packed) will not be allowed to be brought on board or taken off the ship at any time. Water bottles are allowed to be taken ashore, however no beverages will be allowed to be brought onboard.

### TOP SHORE EXCURSIONS IN JUNEAU

- Mendenhall Glacier & Salmon Bake
- Whale Watching & Wildlife Quest
- Helicopter Glacier Walkabout
- Sled Dog Discovery & Musher's Camp

### HOW TO BOOK A SHORE EXCURSION

It's not too late to book a tour ashore. Here's how:

- Visit the Shore Excursions Desk
- Use the digital touchscreens
- Use the 24 hour Drop Box for completed order forms

### PORT AGENT

Company : CLAA Alaska - Juneau

Address : 1330 Eastaugh Way # 4, Juneau 99801

Email : [juneau@claalaska.com](mailto:juneau@claalaska.com)

Port Agent : Drew Green, Port Manager

Tel: 1 907 723 1214 | Fax : 907 463 5011

### IMPORTANT SATELLITE ADVISORY

Please be advised that during our scenic cruising; our TV signal & Internet/phone service may become unavailable due to satellite blockage from the surrounding mountains. We apologize for any inconvenience this may cause. Service will resume as soon as possible.

## TODAY'S HIGHLIGHTS

### WHAT TO DO ON BOARD

Staying on board the ship today? Take advantage of all the incredible experiences Norwegian Jewel has to offer. Relax in our award winning thermal suite or unwind with a hot stone massage in the Mandara Spa.

### ENTER <sup>WATER</sup> ENDICOTT ARM

Time: Approximately 6:30a-10:30a (weather, ice & fog permitting)

Place: Open Decks

### DAWES GLACIER VIEWING

Time: Approximately 8:30a-9:15a (weather, ice & fog permitting)

Place: Open Decks <sup>Handwritten: Skate</sup>

### AFTERNOON TRIVIA WITH CRUISE STAFF

Time: 1:00p

Place: Fyzz Lounge, Deck 7, Fwd

### BEAN BAG TOSS TOURNAMENT

Time: 1:30p (weather permitting)

Place: Sapphire Poolside, Deck 12, Mid - Portside

### <sup>12L2</sup> LADDER TOSS TOURNAMENT

Time: 2:30p (weather permitting)

Place: Sapphire Poolside, Deck 12, Mid - Portside

**Important Numbers:** Emergency: Dial 911 | Guest Services: Dial 00

### ARE YOU STAYING ON FOR NEXT CRUISE?

Please bring your cruise ticket and register at the Guest Service Desk at your earliest convenience.

NORWEGIAN JEWEL  
**DAY 4**  
THURSDAY  
September 20  
Juneau, Alaska



# GET THE GOOD TIMES GOING.

## TODAY'S ENTERTAINMENT LINEUP

### KENNY BYRD & FRIENDS

Kenny Byrd and Friends creates entertainment for audiences of all ages. Kenny and his friends make up a team of hilarious energetic characters, sure to make you smile. With unique and distinct personalities, they each take on a life of their own. Kenny Byrd uniquely creates unforgettable interactive comedy in the moment that is unparalleled to other forms of live entertainment. Video/audio recording or photography of the show is not permitted. We kindly ask that no one under the age of 18 sits in the first row and please, no reserving of seats. Doors open 30 minutes before show time

**Time:** 7:15p & 9:15p, Stardust Theater, Decks 6 & 7, Fwd.

**Show Length:** 45 Minutes

### MAJORITY RULES GAME SHOW

Trivia fans, this is something for you, but don't let a correct answer think you'll get the points. It's Majority Rules and it'll take a common answer for you to win. Join your Cruise Staff for this fun and interactive game show where you can't be wrong - the majority decides.

**Time:** 9:15p, Spinnaker Lounge, Deck 13, Fwd

### 70'S GROOVE PARTY WITH SONATA

Get in the 70's mood as we take you back to the days of polyester and funky hairdos; from funkalicious tunes to dynamic disco. Dance and sing along with your Cruise Director Dan, Assistant Cruise Director Jeff, Cruise Staff and our party band Sonata.

**Time:** 10:00p-11:00p, Spinnaker Lounge, Deck 13, Fwd

## ACTIVITIES FOR FAMILIES

### GUPPIES (AGE 0-2 ) MUSIC AND MOVEMENT

Today's theme is music and movement, come join us and use all our toys, and become a musical genius!

**Time:** 9:00a-10:00p, Splash Academy, Deck 12, Mid

### SPLASH ACADEMY (AGE 3-12):CARNIVAL MADNESS!

Come one, come all and play at Splash Academy, win prizes and only at the best Carnival in town!

**Time:** 7:00p-10:30p, Splash Academy, Deck 12, Mid

## SPECIAL EVENTS

### ENJOY THE SCENIC CRUISING

Captain Kenneth takes the Jewel on a scenic cruise of Glacier Country. Take in the view from the Pool Deck, Spinnaker, Deck 7, Promenade or on the Bow Deck 8, Fwd. Your Cruise Director Dan will provide useful narrations on the open decks, in Spinnaker, Deck 13, Fwd. and on TV Channel 23. (weather, ice & fog permitting)

**Enter Endicott Arm Time:** Approximately 6:30a

**Dawes Glacier Time:** Approximately 8:30p

### PAINT. MIX. MINGLE. (CANVAS BY U! SIGN-UP)

Join your Cruise Staff as they guide you step by step through your one of a kind, painting experience. Never picked up a brush before? We're here to help you find your inner artist as you create a painting in one session. (Only 15 spaces are available & first come, first served and fee applies). Please sign up in the Library, Deck 12, Fwd.

### TRI-BOND TRIVIA WITH CRUISE STAFF

One word connects three things – items, locations, body parts, you name it. Get together with your fellow guests and your Cruise Staff and see if you can put it all together in this fun trivia.

**Time:** 3:00p, Fyzz Lounge, Deck 7, Fwd

### KARAOKE WITH CRUISE STAFF

Join your Cruise Staff and your fellow guests as you take the stage and sing your favorite songs. It's not about how well you can sing, but about how much fun you can have.

**Time:** 10:00p-Close, Fyzz Lounge, Deck 7, Fwd.

### TANGO DANCE CLASS WITH CRUISE STAFF

It's time to take to the dance floor with your Cruise Staff to learn some easy to follow dance moves.

Come alone or with a partner, this class is fun for all.

**Time:** 6:00p, Fyzz Lounge, Deck 7, Fwd

### MUSIC EVERYWHERE

Relaxing Sounds with Jake & Ji  
7:00p-7:45p, Magnum's, Deck 6, Mid  
Easy Listening with Soul Inspiration  
8:00p-8:45p, Fyzz Lounge, Deck 7, Fwd  
Evening Music with the Guitar Trio  
8:00p-9:00p, Crystal Atrium, Deck 7, Mid



# WHAT'S HAPPENING TODAY.

**DAY 4**  
**THURSDAY**  
**September 20**

← TEAR HERE

← FOLD HERE

## MORNING

All Day	Morning Show with Cruise Director Dan
All Day	Trivia, Sudoku & Crosswords Available
Approx. 6:30a	Enter Endicott Arm **
7:00a	Morning Stretch
7:30a	Fab Abs
8:00a	Tour De Cycle *
8:00a-10:00a	Adult Open Tennis Play **
8:00a-5:00p	Golf Equipment Available**
8:00a-8:00p	Ping Pong Open Play **
Approx. 8:30a	Dawes Glacier Viewing **
9:00a	Binoculars Helpdesk
9:00a	Norwegian Fight Club*
9:00a-9:00p	Guppies Playroom is Open (0-2's)
9:00a-10:00a	Check Out a Book
9:00a-2:00p	Swiss Watch Event
9:15a	Morning Trivia with Cruise Staff
9:30a	Paragon Introduction
10:15a	Live Acupuncture Demonstration
10:30a	3-Point Basketball Tournament **
11:00a-12:00p	Nintendo Wii™: Tennis
11:15a	Ping Pong Tournament **
11:30a	Guess the Price of the Peter Max
11:30a	Botox and Dysport Consultation
11:30a-2:00p	Sports Open Play **

## AFTERNOON

12:00p-12:45	Big Screen Sudoku with Cruise Staff
12:00p-1:00p	Afternoon Melodies with Gabe & Jake
1:00p	Afternoon Trivia with Cruise Staff
1:00p-2:00p	Poolside Jams with Dj Onyx
1:30p	Old & New World Wine Tasting
1:30p	Bean Bag Toss Tournament **
2:00p	Origami Creations with Cruise Staff
2:00p-4:00p	Soccer Play **
2:30p	Free Foot Print Analysis

\* Denotes a fee for these activities

\*\* Weather Permitting

## AFTERNOON (CONT.)

TV Channel 27	2:30p
Library	3:00p
Open Decks	3:30p
Aerobic Studio	4:00p
Aerobic Studio	4:00p
Aerobic Studio	4:00p-5:00p
Sports Court	5:00p
Towel Station	5:00p
Deck 12, Mid	5:00p-6:00p
Open Decks	
Photo Gallery	

## NIGHT

Aerobic Studio	6:00p-7:00p
Splash	6:00p
Library	6:30p
Tradewinds	7:00p
Fyzz Lounge	7:00p-7:45p
Tradewinds	7:00p-10:00p
Magnums	7:00p-10:30p
Sports Court	7:00p-8:00p
Fyzz Lounge	7:00p-7:45p
Deck 12, Mid	7:15p
Chin Chin	8:00p-8:45p
Mandara Spa	8:00p-10:00p
Sports Court	8:00p-9:00p
	8:00p-Close
	8:15p-9:00p
Fyzz Lounge	9:00p-9:45p
Crystal Atrium	9:15p
Fyzz Lounge	9:15p
Sapphire Pool	9:15p-10:30p
Le Bistro	10:00p-Close
Sapphire Pool	10:00p-11:00p
Fyzz Lounge	11:00p- Close
Sports Court	11:00p
Mandara Spa	11:15-Close

Ring Toss Tournament **
Tri-Bond Trivia with Cruise Staff
Ladder Toss Tournament **
Scattergories with Cruise Staff
TRX Suspension *
Check Out a Book
Evening Stretch
Evening Trivia with Cruise Staff
Friends of Bill W. Meet

See Celia for Seaward VIP Shopping Cards	Crystal Atrium
Tango Dance Class with Cruise Staff	Fyzz Lounge
LGBTQI Gathering	Maltings
Sailing Solo Social (Meet in Red Room)	Fyzz Lounge
Relaxing Sounds with Jake & Ji	Magnum's
Professional Portraits	Crystal Atrium
Carnival Madness (3-12's)	Splash
70's Music Hits with DJ Onyx	Spinnaker
The Showband Guitar Trio	Crystal Atrium
Showtime : Kenny Byrd & Friends	Stardust
Easy Listening with Soul Inspiraton	Fyzz Lounge
Uniquely yours Art Exhibition	Art Gallery
Evening Music with the Guitar Trio	Crystal Atrium
Piano & Vocals with Dana	Magnum's
Dance Music with Sonata	Spinnaker
Chillout Music with Soul Inspiration	Fyzz Lounge
Majority Rules Game Show	Spinnaker
Showtime : Kenny Byrd & Friends	Stardust
Late Night Piano Melodies with Gabe	Crystal Atrium
Karaoke Blast with Cruise Staff	Fyzz Lounge
70's Party with Sonata	Spinnaker
Late Night with DJ Onyx ***	Spinnaker
Paradise Lotto Draw *	Jewel Casino
Relaxing Music with Dana	Magnum's

\*\*\*Spinnaker Lounge is an 18 and over adult-only venue after 11:00p  
 ^Video/audio recording or photography of the show is not permitted

### DRINK OF THE DAY

Moscow Mule  
 Stolichnaya Vodka, Gosling's Ginger Beer, Fresh Lime  
 \$8.95 plus 20% gratuity

### FRESHLY BREWED

Enjoy your morning with a lively cup of Lavazza coffee made by our highly skilled Baristas. Pick from a selection of espresso, macchiato, lattes and cappuccinos. Additionally you can add a flavor of your choice. Fee applies. Java Café, Deck 7, Mid

← TEAR HERE

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# GOOD TO KNOW.



## 24 HOURS OF OPERATION

### BAR SERVICES

Fyzz Lounge Bar, Deck 7, Fwd	5:00p-Close
Java Café, Deck 7, Mid	6:00a-Close
Jewel Casino Bar, Deck 6, Fwd	9:00p-Close
Magnum's Champagne & Wine Bar, Deck 6, Mid	5:00p-Close
Maltings Beer & Whiskey Bar, Deck 6, Mid	5:00p-Close
O'Sheehan's Bar & Grill, Deck 8, Mid	10:00a-Close
Sake Bar, Deck 7, Mid	5:00p-Close
Shakers Martini & Cocktail Bar, Deck 6, Mid	9:00p-Close
Sky High Bar, Deck 13, Fwd**	7:00p-Close
Spinnaker Lounge, Deck 13, Fwd	6:00p-Close
Sugarcane Mojito Bar, Deck 13, Mid	5:00p-Close
The Great Outdoors, Deck 12, Aft**	6:00a-Close
Topsiders Bar, Deck 12, Mid	6:00a-Close

## TODAY'S DINING OPTIONS

### MORNING

#### COMPLIMENTARY

Garden Café, Kids Corner	Continental Breakfast	6:00a-7:00a
Garden Café	Buffet (Deck 12, Mid)	6:00a-10:30a
Great Outdoors**	Buffet (Deck 12, Aft)	7:00a-11:30a
O'Sheehan's Bar & Grill	Breakfast (Deck 8, Mid)	6:00a-11:00a
Tsar's Palace	Breakfast (Deck 7, Aft)	7:00a-9:30a

### AFTERNOON

#### COMPLIMENTARY

Garden Café	Lunch (Deck 12, Mid)	11:30a-2:30p
Additional Seating - La Cucina	(Deck 12, Aft)	
Chin Chin	Noodle Bar(Deck 7, Mid)	11:30p-1:00p
Great Outdoors**	Snacks (Deck 12, Aft)	2:00p-5:00p
O'Sheehan's Bar & Grill	Lunch (Deck 8, Mid)	11:30a-5:00p
Topsider's Grill**	Lunch (Deck 12, Mid)	11:30a-5:00p
Tsar's Palace	Lunch (Deck 6, Aft)	12:00p-1:30p

### DINNER

#### COMPLIMENTARY

Azura	Dining Room (Deck 6, Mid)	5:00p-9:00p
Chin Chin	Asian Fusion (Deck 7, Mid)	5:30p-9:30p
Garden Café	Alaskan Dinner (Deck 12, Mid)	5:00p-9:30p
O'Sheehan's Bar & Grill	Seafood Basket (Deck 8)	5:30p-8:30p
Tsar's Palace	Dining Room (Deck 7, Aft)	5:30p-9:30p

#### CHARGE APPLIES

Cagney's (À La Carte)	Steakhouse (Deck 13, Mid)	5:30p-9:30p
Le Bistro (À La Carte)	French (Deck 6, Mid)	5:30p-9:30p
La Cucina (À La Carte)	Italian (Deck 12, Aft)	5:30p-9:30p
Moderno (\$24.95)*	Brazilian (Deck 13, Mid)	5:30p-9:30p
Sushi Bar (À La Carte)	Japanese (Deck 7, Mid)	5:30p-9:30p
Teppanyaki (\$29.95)*	Teppanyaki (Deck 7, Mid)	5:30p, 7:00p 8:30p & 10:00p

\*Please note that these charges are per person. A 20% gratuity will be added to your check.

\*\*Weather permitting

#### FOR THE ANYTIME APPETITE

Garden Café	Late Night Snacks	10:00p-11:00p
O'Sheehan's	Late Night Snacks	12:00a-4:00a
Room Service*	Stateroom Delivery	Always Open

\*Room Service: \$7.95 will be added to all food orders from 10:00a until 6:30a.

**Restaurant Cancellations:** Dinner reservations at specialty restaurants must be cancelled 24 hours in advance, otherwise a cancellation fee will be charged to your account.

**Dress Code:** Resort casual and shorts are allowed in all dining venues after 5:00p, except in Tsar's Palace Dining Room and Le Bistro where a dress code is applicable and which is posted at the entrance.

### GUEST SERVICES

Art Gallery, Deck 7, Aft	7:00p-11:00p
Bridge Viewing Room, Deck 11, Fwd	Open All Day
CruiseNext Office, Deck 7, Mid	9:00a-2:00p
	7:00p-9:00p
Entourage Teen Club, Deck 12, Mid	11:00a-12:00p
	7:00p-1:00a
Golf Cages, Deck 13, Aft (Golf clubs available in Towel Station)	8:00a-5:00p
Guest Service Desk, Deck 7, Mid	Always Open
Guppies Playroom, Deck 12, Mid	9:00a-9:00p
Internet Café, Deck 7, Aft	Always Open
Internet Manager's Hours	9:00a-12:00p
	2:00p-3:00p
	7:00p-10:00p
Jewel Casino, Deck 6, Fwd-Slots/Tables	9:00a-Close
	9:30p- Close
	6:00p-Close
	Always Open
	9:00a-10:00p
	4:00p-5:00a
	8:00a-10:00p
	8:00a-9:30a
	6:00p-7:30p
	11:00a-1:00a
	5:00p-8:00p
Perspectives Photography Studio, Deck 12, Fwd	7970 for an appt.
Photo Gallery, Deck 7, Aft	9:00a-2:00p
	9:00p-11:00p
	10:00p-11:00a
	6:00a-11:00p
	7:00a-10:00p
	10:00a-1:00p
	8:00a-8:00p
	(For safety reasons, the shuffleboard facing the gangway will be closed)
	9:00a-10:30p
	10:30p-1:30a
	8:00a-5:00p
	9:00a-2:00p
	9:30p-11:00p
	Always Open
	10:00a-6:00p

\* Denotes a fee for this program

\*\*Weather Permitting

#### In-stateroom phone rate:

Call home from the comfort of your stateroom. Rate \$4.99/min

### GET \$500 FREE TODAY

when you purchase four \$250 CruiseNext Future Cruise Deposits. Your deposits are good for sailings of 6 days or longer and are valid for four (4) years. CruiseNext deposits can be used with other promotions and are transferable to friends & family.  
Time: 9:00a-2:00p & 7:00p-9:00p, CruiseNext Office, Deck 7, Mid

**SAFETY INFORMATION:** Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track). Observe safety signs in your stateroom and throughout the ship. **SAFETY EQUIPMENT:** Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. **ENVIRONMENTAL HOTLINE:** You can report environmental incidents by calling 1-877-501-5976; 1-305-436-4003; the ship reception desk at 00, or via email to environmentalhotline@ncl.com. The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential. **MARPOL:** The discharge of all garbage into the sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. **CONSUMER ADVISORY:** Please be advised that food onboard may contain nuts. If you have any questions please contact our Restaurant Management staff. **CASINO:** You have to be 18 years old to gamble or be in the casino. Video recording is strictly prohibited. All jackpots of \$1200 and above are subject to IRS reporting and a W2G will be issued. Wins less than \$1200 are not taxes mandated by the IRS. **VIDEO ARCADE:** All guests including children can play the games in the video arcade by using their Freestyle card. We recommend parents monitor their children's onboard charges. **SMOKING POLICY:** Smoking in public areas is only permitted in designated spaces of open decks (Deck 7, Port side by the wall-hung ashtrays and at the Port side seating area of at the Sky High Bar, Deck 13). Cigar Bar or in the Casino while playing. Smoking of any kind is prohibited in staterooms and balconies. Electronic cigarettes are governed by the same standards as regular cigarettes. **SUN LOUNGERS:** Reserving lounge/sun chairs is prohibited. If any chair is unattended for longer than 60 minutes, the items will be removed and handed in at Guest Service Desk, Deck 7, Mid. **WALKING & JOGGING:** Deck 13 is a walking/jogging track open 24/7. Deck 7 is a walking-only track from 9:00a. Remember, all sports play is at your own risk.