

FREESTYLE DAILY



TODAY'S FORECAST Partly Cloudy, 62°F/17°C

SUNRISE 6:27a

SUNSET 6:53p

ARRIVAL Approximately 6:00a

ALL ABOARD 2:30p

SAY HELLO TO KETCHIKAN

Get ready to discover the Salmon Capital of the World. This is your chance to do something inspiring. Feel free to have the ultimate vacation that is always unscripted, up-close and personal and off the clock. This will allow you to experience something new and different every day, while creating a special connection with each destination you visit.

TIME CHANGE: Did you remember to set your clocks back 1 hour (2:00a – September 19, 2018).

NORWEGIAN JEWEL
DAY 3
WEDNESDAY
September 19
Ketchikan, Alaska

IMPORTANT INFORMATION

GUEST ADVISORY

The Ship must be cleared by local officials upon arrival. Guests on a Shore Excursion please check your ticket for the meeting time & location. When going ashore always carry your Freestyle Card. Due to public health regulations food of any kind (hot, raw or unpacked / packed) or any beverage containers will not be allowed to be brought on board or taken off the ship at any time.

TOP SHORE EXCURSIONS IN KETCHIKAN

- Misty Fjords & Wilderness Explorer
- Ketchikan Sport Fishing
- Ketchikan Duck Tour
- Great Alaskan Lumberjack Show
- Mountain Point Snorkeling

HOW TO BOOK A SHORE EXCURSION

It's not too late to book a tour ashore. Here's how:

- Visit the Shore Excursions Desk
- Use the digital touchscreens
- Use the 24 hour Drop Box for completed order forms

PORT AGENT

CLAA Alaska - Ketchikan

Address : 55 Schoenbar Court, #101, Ketchikan 99901

Email : ketchikan@claalaska.com

Port Agent : Rick Erickson | Tel: 907 617 1213 or 907 617 1213

John Kimmel | Tel: 907 617 1217 or 907 617 1217

Office : 907-225-0999 | Fax : 907 562 8810

DO YOU NEED RESERVATIONS?

Although not required, we recommend making reservations at our main dining rooms and specialty restaurants to ensure you have the dining experience you want at the time you prefer. Here's how: Walk up to any Restaurant Hostess podium. Stop by the Restaurant Reservations Desk (Deck 7, Mid) Use any digital touchscreen for specialty restaurants. Call Restaurant Reservations at ext. 050.

TODAY'S HIGHLIGHTS

WHAT TO DO ON BOARD

Staying on board the ship today? Take advantage of all the incredible experiences Norwegian Jewel has to offer. Relax in our award winning thermal suite, or unwind with a hot stone massage.

PING PONG TOURNAMENT

Time: 11:15a (weather permitting)

Place: Deck 12, Mid

AFTERNOON TRIVIA WITH CRUISE STAFF

Time: 1:00p

Place: Fyzz Lounge, Deck 7, Fwd

ARTS & CRAFTS: CARD MAKING

Time: 2:00p

Place: Fyzz Lounge, Deck 7, Fwd

VISUAL TRIVIA: FLAGS OF THE WORLD

Time: 3:00p

Place: Fyzz Lounge, Deck 7, Fwd

RING TOSS TOURNAMENT

Time: 3:30p (weather permitting)

Place: Sapphire Poolside, Deck 12, Mid

SOCCER SHOOTOUT CHALLENGE

Time: 4:30p (weather permitting)

Place: Sports Court, Deck 13, Aft

Important Numbers: Emergency: Dial 911 | Guest Services: Dial 00

ARE YOU STAYING ON FOR NEXT CRUISE?

Please bring your cruise ticket and register at the Guest Service Desk at your earliest convenience.

GET THE GOOD TIMES GOING.

TODAY'S ENTERTAINMENT LINEUP

THE COMEDY & VARIETY OF DAN BENNETT

The Comedy & Variety of Dan Bennett. Hilarious routines, physical feats, juggling and smart stand up. All diagonally parked in a parallel universe. Video/audio recording or photography of the show is not permitted. We kindly ask that no one under the age of 18 sits in the first row and please, no reserving of seats. Doors open 30 minutes before show time

Time: 7:15p & 9:15p, Stardust Theater, Decks 6 & 7, Fwd.

Show Length: 45 Minutes

BATTLE OF THE SEXES GAME SHOW

Join your Cruise Staff for this hilarious, all-out battle where the ladies challenge the gents to find out which gender will outwit, outlast, and outplay the other. Who will reign supreme? Find out in this not to be missed game show that is guaranteed to be a good times.

Time: 9:15p, Spinnaker Lounge, Deck 13, Fwd

50'S & 60'S SOCK HOP WITH SONATA

Join the Cruise Director Dan, Assistant Cruise Director Jeff, Cruise Staff and our party band Sonata in the Spinnaker Lounge, tonight for some great music from your favorite era, the 50's and 60's. If you love great classics like Unchained Melody and can Twist with the best of them then you don't want to miss tonight. We look forward to dancing the night away with you.

Time: 8:15p-9:00p, Spinnaker Lounge, Deck 13, Fwd

LATE NIGHT PARTY WITH DJ ONYX

Feel the hype, beat and vibe; DJ Onyx is ready to spin the hottest tracks to keep the party going until the early hours of the morning. Request your favorite songs tonight and party in the Spinnaker Lounge like you've never done before. Make new friends and show them your killer dance moves.

Time: 11:00p-Close, Spinnaker Lounge, Deck 13, Fwd

ACTIVITIES FOR FAMILIES

GUPPIES (AGE 0-2): JUNGLE TOYS

Today's theme is Jungle toys, come to the Guppies playroom, deck 12 midship by the splash kids pool and use our toys!

Time: 5:15p, Splash Academy, Deck 12, Mid

SPLASH ACADEMY (AGE 6-12) HOLLYWOOD

A fun filled night with the stars, and all your favorite games!

Time: 7:00p-10:30p, Splash Academy, Deck 12, Mid

SPECIAL EVENTS

GLACIER AND ENDICOTT ARM PRESENTATION

What is a glacier, and why are they blue? What can we expect in Endicott Arm? Join your Cruise Director Dan as he brings you an informative talk on glaciers, and how they have carved the surrounding lands.

Time: 4:30p, Stardust Theater, Deck 6, Fwd.

MORNING TRIVIA WITH CRUISE STAFF

Today, your Cruise Staff will challenge your trivia knowledge and test your memory. Get in on the fun and see if you can beat your fellow guests with our brain teasers.

Time: 9:15a, Fyzz Lounge, Deck 7, Fwd.

ARTS & CRAFTS: CARD MAKING

It's time to get crafty with the Cruise Staff. This afternoon they will teach you on how to make and design you own cards that you can bring home to your loved ones. Learn a fun new skill that you can share with your friends and family from this cruise.

Time: 2:00p, Fyzz Lounge, Deck 7, Fwd

HIP HOP CLASS

It's time to learn some new dance moves from your Cruise Staff. They will teach you the basics of Hip hop that you can show off to your family and friends. This class is fun for all.

Time: 6:00p, Fyzz Lounge, Deck 7, Fwd.

KARAOKE BLAST WITH CRUISE STAFF

Join your Cruise Staff and your fellow guests as you take the stage and sing your favorite songs. It's not about how well you can sing, but about how much fun you can have.

Time: 7:00p-7:45p & 11:00p-Close,

Fyzz Lounge, Deck 7, Fwd.

MUSIC EVERYWHERE

Mellow Melodies with Jake & Ji
6:00p-6:45, Magnum's, Deck 6, Mid
Soothing Guitar Sounds with Tomas
8:00p-10:00p, Crystal Atrium, Deck 7, Mid
Pop Classics with Fire & Ice
9:00p-9:45p, Fyzz Lounge, Deck 7, Fwd

WHAT'S HAPPENING TODAY.



← TEAR HERE

← FOLD HERE

MORNING

All Day	Morning Show with Cruise Director Dan
All Day	Trivia, Sudoku & Crosswords Available
7:00a	Morning Stretch
7:30a	Fab Abs
8:00a-10:00a	Adult Open Tennis Play **
8:00a-5:00p	Golf Equipment Available **
8:00a-8:00p	Ping Pong Open Play **
8:00a	Pure Form Pilates*
9:00a	Trilogy Bootcamp*
9:00a-10:00a	Check Out a Book
9:15a	Morning Trivia with Cruise Staff
10:00a	Informal Bridge Play with Fellow Guests
10:00a-11:45a	Splash Academy Sports Session (6-12's) **
10:00a	Origami Creations: Butterfly
10:00a-2:00p	Quiet Zone
11:00a-12:00p	Nintendo Wii™: Bowling
11:15a	Ping Pong Tournament **

AFTERNOON

12:00p	Word Search with Cruise Staff
1:00p	Afternoon Trivia with Cruise Staff
1:00p-4:00p	Sports Court Open Play **
1:30p	Bean Bag Toss Tournament **
1:30p-2:30p	Poolside Hits with DJ Onyx **
2:00p	Arts & Crafts: Card Making
2:30p	Ladder Toss Tournament **
3:00p	Visual Trivia: Flags of the World
3:00p	Mojito Tasting *
3:00p	Skin Discoloration Consultations
3:30p	Ring Toss Tournament **
3:30p	Botox and Dysport Consultations-Dr Jenni
3:45p	Alaska Trivia with CruiseNext
4:00p	Charades with Cruise Staff
4:00p	Norwegian Fight Club*
4:00p-5:00p	Check Out a Book
4:00p-7:00p	Acupuncture Pain Consultations
4:15p	Art Enrichment: Thomas Kinkadee
4:30p	Glaciers and Endicott Arm Presentation
4:30p	Soccer Shootout Challenge **

* Denotes a fee for these activities
 ** Weather Permitting

AFTERNOON (CONT.)

TV Channel 27	5:00p
Library	5:00p
Aerobic Studio	5:00p
Aerobic Studio	5:00p-6:00p
Sports Court	5:00p-10:00p
Towel Station	5:15p
Deck 12, Mid	5:30p
Aerobics Studio	

NIGHT

Library	6:00p
Fyzz Lounge	6:00p-6:45p
Card Room	6:00p-7:00p
Sports Court	6:00p-7:45p
Fyzz Lounge	6:00p-9:00p
Spinnaker	6:30p
Fyzz Lounge	6:30p
Deck 12, Mid	7:00p-7:45p
	7:00p-7:45p
	7:00p-8:00p
Fyzz Lounge	7:00p-10:30p
Fyzz Lounge	7:00p-10:30p
Sports Court	7:15p
Sapphire Pool	8:00p-8:45p
Sapphire Pool	8:00p-9:00p
Fyzz Lounge	8:00p-10:00p
Fyzz Lounge	8:00p-9:00p
Magnum's	8:15p-9:00p
Mandara Spa	9:00p-9:45p
Sapphire Pool	9:15p
Mandara Spa	9:15p
Spinnaker	9:15p-Close
Fyzz Lounge	10:00p-10:45p
Aerobic studio	10:00p-11:00p
Library	11:00p-Close
Mandara Spa	11:00p
Fyzz Lounge	11:00p
Stardust	11:00p-Close
Sports Court	

Evening Stretch
Guess Event
Evening Trivia with Cruise Staff
Friends of Bill W. Meet
Guess The Price of the Peter Max
Guppies: Jungle Toys (0-2's)
Johnny Walker Experience

Aerobic Studio
Tides
Fyzz Lounge
Chapel
Chin Chin
Splash
Tradewinds

Hip Hop Dance Class with Cruise Staff
Mellow Melodies with Jake & Ji
See Celia for VIP Shopping Cards
The Music Duo Soul Inspiration
Professional Portraits
LGBTQI Gathering
Sailing Solo Social (18+) Meet in Red Room
Jazz & Cocktails with the Showband
Karaoke Blast with Cruise Staff
50's Music & More with DJ Onyx
Mini Chefs at Splash (3-5's)
Hollywood (6-9's)
The Comedy & Variety of Dan Bennett ^
Variety Music with Fire & Ice
Gershwin & Porter with the Showband
Soothing Guitar Sounds with Tomas
Hot Seat Promotion
50's & 60's Sock Hop with Sonata
Pop Classics with Fire & Ice
Battle of the Sexes Game Show
The Comedy & Variety of Dan Bennett ^
Guitar & Vocals with Leo
The Music Continues with Fire & Ice
Dance Music with Sonata
Late Night Party with DJ Onyx ***
Meet your Fellow Guests 18-25 (Starboard)
Paradise Lotto Draw *
Karaoke with Cruise Staff

Fyzz Lounge
Magnum's
Crystal Atrium
Crystal Atrium
Crystal Atrium
Maltings
Fyzz Lounge
Magnum's
Fyzz Lounge
Spinnaker
Splash
Splash
Stardust
Fyzz Lounge
Magnum's
Crystal Atrium
Jewel Casino
Spinnaker
Fyzz Lounge
Spinnaker
Stardust
Magnum's
Fyzz Lounge
Spinnaker
Spinnaker
Jewel Casino
Fyzz Lounge

***Spinnaker Lounge is an 18 and over adult-only venue after 11:00p
 ^Video/audio recording or photography of the show is not permitted

DRINK OF THE DAY

Bahama Mama
 Bacardi Superior Rum, Bacardi Gold Rum, Bacardi
 Coconut Rum, Pineapple Juice, Orange Juice,
 Grenadine \$8.95 plus 20% gratuity

FRESHLY BREWED

Enjoy your morning with a lively cup of Lavazza coffee made by our highly skilled Baristas. Pick from a selection of espresso, macchiato, lattes and cappuccinos. Additionally you can add a flavor of your choice. Fee applies. Java Café, Deck 7, Mid

← TEAR HERE

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GOOD TO KNOW.



24 HOURS OF OPERATION

BAR SERVICES

Fyzz Lounge Bar, Deck 7, Fwd	5:00p- Close
Java Café, Deck 7, Mid	7:00a-Close
Jewel Casino Bar, Deck 6, Fwd	4:00p-Close
Magnum's Champagne & Wine Bar, Deck 6, Mid	3:00p-Close
Maltings Beer & Whiskey Bar, Deck 6, Mid	4:00p-Close
O'Sheehan's Bar & Grill, Deck 8, Mid	11:00a-Close
Sake Bar, Deck 7, Mid	5:00p-Close
Shakers Martini & Cocktail Bar, Deck 6, Mid	3:00p-Close
Sky High Bar, Deck 13, Fwd**	2:00p-Close
Spinnaker Lounge, Deck 13, Fwd	3:00p-Close
Sugarcane Mojito Bar, Deck 13, Mid	5:00p- Close
The Great Outdoors, Deck 12, Aft**	11:30a-Close
Topsiders Bar, Deck 12, Mid	8:00a- Close

GUEST SERVICES

Art Gallery, Deck 7, Aft	6:00p-10:00p
Bridge Viewing Room, Deck 11, Fwd	Open All Day
CruiseNext Office, Deck 7, Mid	3:00p- 9:00p
Entourage Teen Club, Deck 12, Mid	3:00p-1:00a
Golf Cages, Deck 13, Aft (Golf clubs available in Towel Station)	8:00a-5:00p
Guest Service Desk, Deck 7, Mid	Always Open
Guppies Playroom, Deck 12, Mid	9:00a-9:00p
Internet Café, Deck 7, Aft	Always Open
Internet Manager's Hours	8:00a-10:00a

Jewel Casino, Deck 6, Fwd	3:00p-Close
Karaoke Private Rooms, Deck 7, Fwd*	6:00p-Close
Library, Deck 12, Fwd	Always Open
Library Book Check Out, Deck 12, Fwd	9:00a-10:00a
(Trivia, Sudoku & Crosswords Available All Day)	4:00p-5:00p
Mandara Spa, Deck 12, Fwd	8:00a-10:00p
Medical Center, Deck 4, Mid	8:00a-9:30a
(Medical Services are subject to charge)	6:00p-7:30p
Onboard Credit Desk, Deck 7, Mid	7:00a-10:00a

Perspectives Photography Studio, Deck 12, Fwd	7970 for an appt.
Photo Gallery, Deck 7, Aft	4:00p-10:00p
Port Shopping Information Desk - Crystal Atrium, Deck 7, Mid	6:00p-7:00p
Pulse Fitness, Deck 12, Fwd	6:00a-11:00p
Sapphire Pool & Hot Tubs, Deck 12, Mid**	7:00a-10:00p
Shore Excursion Desk, Deck 7, Mid	6:00a-8:00a
	5:00p-8:00p
Shuffleboard Open, Deck 7, Starboard Side & Deck 13, Aft**	8:00a-8:00p
(For safety reasons, the shuffleboard facing the gangway will be closed)	
Splash Academy, Deck 12, Mid	8:00a-10:30p
Splash Academy Late Night Fun Zone, Deck 12, Mid *	10:30p-1:30a
Sports Court, Deck 13, Aft**	8:00a-5:00p
Tradewinds Tax & Duty Free Shops, Deck 7, Aft	4:30p-11:00p
Video Arcade, Deck 12, Mid *	Always Open
Waterslide Hours, Deck 12, Mid**	10:00a-6:00p

* Denotes a fee for this program

**Weather Permitting

In-stateroom phone rate:

Call home from the comfort of your stateroom. Rate \$4.99/min

TODAY'S DINING OPTIONS

MORNING

COMPLIMENTARY

Garden Café Kids' Corner	Early Riser(Deck 12, Mid)	5:00a-6:00a
Garden Café	Buffet (Deck 12, Mid)	5:45a-9:30a
Great Outdoors**	Buffet (Deck 12, Aft)	6:30a-12:00p
O'Sheehans Bar & Grill	Breakfast (Deck 8, Mid)	6:00a-11:00a
Tsar's Palace	Breakfast (Deck 7, Aft)	6:30a-8:30a

AFTERNOON

COMPLIMENTARY

Garden Café	Lunch Buffet (Deck 12, Mid)	12:00p-3:00p
Additional Seating - La Cucina	(Deck 12, Aft)	
Great Outdoors**	Snacks (Deck 12, Aft)	2:00p-5:00p
O'Sheehan's Bar & Grill	Lunch (Deck 8, Mid)	11:30a-5:00p
Topsider's Grill**	Lunch (Deck 12, Mid)	2:00p-5:00p
Tsar's Palace	Lunch (Deck 7, Aft)	12:30a-2:00p

DINNER

COMPLIMENTARY

Azura	Dining Room (Deck 6, Mid)	5:00p-9:00p
Chin Chin	Asian Fusion (Deck 7, Mid)	5:30p-9:30p
Garden Café	Dinner (Deck 12, Mid)	5:00p-9:30p
O'Sheehan's Bar & Grill	Weiner Schitzel(Deck 8, Mid)	5:30p-8:30p
Tsar's Palace	Dining Room (Deck 7, Aft)	5:30p-9:30p

CHARGE APPLIES

Cagney's (À La Carte)	Steakhouse (Deck 13, Mid)	5:30p-9:30p
Le Bistro (À La Carte)	French (Deck 6, Mid)	5:30p-9:30p
La Cucina (À La Carte)	Italian (Deck 12, Aft)	5:30p-9:30p
Moderno (\$24.95)*	Brazilian (Deck 13, Mid)	5:30p-9:30p
Sushi Bar (À La Carte)	Japanese (Deck 7, Mid)	5:30p-9:30p
Teppanyaki (\$29.95)*	Teppanyaki (Deck 7, Mid)	5:30p, 7:00p
		8:30p & 10:00p

*Please note that these charges are per person. A 20% gratuity will be added to your check.

**Weather permitting

FOR THE ANYTIME APPETITE

Garden Café	Late Night Snacks	10:00p-11:00p
O'Sheehan's	Late Night Snacks	12:00a-4:00a
Room Service*	Stateroom Delivery	Always Open

*Room Service: \$7.95 will be added to all food orders from 10:00a until 6:30a.

Restaurant Cancellations: Dinner reservations at specialty restaurants must be cancelled 24 hours in advance, otherwise a cancellation fee will be charged to your account.

Dress Code: Resort casual and shorts are allowed in all dining venues after 5:00p, except in Tsar's Palace Dining Room and Le Bistro where a dress code is applicable and which is posted at the entrance.

SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track). Observe safety signs in your stateroom and throughout the ship. **SAFETY EQUIPMENT:** Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. **ENVIRONMENTAL HOTLINE:** You can report environmental incidents by calling 1-877-501-5976; 1-305-436-4003; the ship reception desk at 00, or via email to environmentalhotline@ncl.com. The environmental hotline should be used only to report actual or potential environmental incidents, spills and concerns. All reports are confidential. **MARPOL:** The discharge of all garbage into the sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. **CONSUMER ADVISORY:** Please be advised that food onboard may contain nuts. If you have any questions please contact our Restaurant Management staff. **CASINO:** You have to be 18 years old to gamble or be in the casino. Video recording is strictly prohibited. All jackpots of \$1200 and above are subject to IRS reporting and a W2G will be issued. Wins less than \$1200 are not taxes mandated by the IRS. **VIDEO ARCADE:** All guests including children can play the games in the video arcade by using their Freestyle card. We recommend parents monitor their children's onboard charges. **SMOKING POLICY:** Smoking in public areas is only permitted in designated spaces of open decks (Deck 7, Port side by the wall-hung ashtrays and at the Port side seating area of at the Sky High Bar, Deck 13), Cigar Bar or in the Casino while playing. Smoking of any kind is prohibited in staterooms and balconies. Electronic cigarettes are governed by the same standards as regular cigarettes. **SUN LOUNGERS:** Reserving lounge/sun chairs is prohibited. If any chair is unattended for longer than 60 minutes, the items will be removed and handed in at Guest Service Desk, Deck 7, Mid. **WALKING & JOGGING:** Deck 13 is a walking/jogging track open 24/7. Deck 7 is a walking-only track from 9:00a. Remember, all sports play is at your own risk.