FREESTYLE DAILY



TODAY'S FORECAST Partly Cloudy, 61°F/16°C

SUNRISE 6:26a

SUNSET 6:50p

TAKE A SEA DAY FOR YOURSELF

Here you are invited to feel free, which means having the freedom to do what you want, how you want, each and every day. Discover a restaurant or bar, or blow off some steam in the spa. Then turn your action filled day into a party filled night. Whether you're hitting the slots or dancing the night away, there's something for everyone around every corner of our ship.

TIME CHANGE: Did you remember to set your clocks back 1 hour (2:00a - September 24, 2018).

TIME CHANGE 2: Don't forget to set your clocks back 1 hour tonight again (after 2:00a - September 25, 2018).



ENTERTAINMENT FOR ALL

We've got some of the most spectacular entertainment options at sea. So, whether you're looking for eye-popping or jaw-dropping, want to stretch your vocal chords or even tickle your funny bone; there's something for everyone. For more details on tonight's entertainment lineup, show times and locations, turn to page two.

TODAY'S FEATURED ENTERTAINMENT

- Cha Cha Dance Class
- Afternoon Movie: The Intern
- Deal or No Deal
- Yes or No Game Show
- Bandaoke with Sonata

HOW TO CATCH A SHOW

It's always a good idea to show up a little early for the Stardust Theater shows. Seating is first come, first served and there is no reserving of seats. We kindly ask that no children sit in the front three rows.

Doors open 30 minutes before show time.

UNFORGETTABLE NIGHT LIFE

Join the party at the liveliest late night spots on the ship. The Fyzz Lounge, features a stylish bar area, swanky lounge seating, a dance floor and Karaoke, or chill in the Malting's Bar while listening to relaxing music.

HEALTH REMINDER

Wash your hands often, especially after using the restrooms and before & after meals. Sanitizing dispensers are located outside all restaurants and in public areas for your use. We discourage handshaking for your health and safety. Report signs of gastroenteritis (diarrhea or vomiting) to the Medical Center.

TODAY'S HIGHLIGHTS

FRUIT CARVING DEMONSTRATION

Time: 10:30a

Place: Crystal Atrium, Deck 7, Mid.

"LETS TALK" WITH JEFF

Time: 12:30p

Place: Fyzz Lounge, Deck 7, Fwd

PROGRESSIVE TRIVIA: ROUND 4

Time: 1:00p

Place: Spinnaker Lounge, Deck 13, Fwd

ENGINEERING CHALLENGE: SPAGHETTI TOWER

Time: 2:00p

Place: Spinnaker Lounge, Deck 13, Fwd.

AFTERNOON KARAOKE WITH CRUISE STAFF

Time: 3:00p

Place: Fyzz Lounge, Deck 7, Fwd.

CHA CHA DANCE CLASS

Time: 3:15p

Place: Spinnaker Lounge, Deck 13, Fwd.

YES OR NO GAME SHOW

Time: 8:15p

Place: Spinnaker Lounge, Deck 13, Fwd.

Important Numbers: Emergency: Dial 911 | Guest Services: Dial 00

STAYING WITH US FOR THE NEXT CRUISE?

(October 6th -October 22)

Please bring your cruise tickets to register at the Guest Services Desk, deck 7, midship, at your earliest convenience.

GET THE GOOD TIMES GOING.

TODAY'S ENTERTAINMENT LINEUP

SHOWTIME: EMILY GARTH IN CONCERT

Emily Anne Garth is one of Australia's finest, entertaining and most versatile musical-theatre and classical sopranos. She has recorded and released two CDs and has toured the world as a Cabaret Artist. Having worked with Opera Australia for the last four years, Emily has performed in multiple productions at the iconic Sydney Opera House. Most recently, she has been involved with the innovative Handa on the Harbour outdoor staging of both Puccini's Madame Butterfly and Bizet's Carmen. Photography, audio or video recording of the show is not permitted and, please, no reserving of seats. Doors open 30 minutes prior to Showtime.

Time: 7:15p & 9:15p, Stardust Theater, Decks 6 & 7, Fwd.

DEAL # NOTE AND WIN \$5,000 OR A CRUISE FOR TWO

The world's most popular game show is on the high seas. The banker is onboard and he's ready to deal. Everyone in the audience gets to play along by opening up briefcases on their Deal or No Deal cards. Come and check it out for a chance of winning the top prize of \$5,000. Children can play with an adult and win cash and prizes. Card sales from 1:30p-2:00p, outside the Stardust Theater, Deck 7, Fwd. Time: 2:00p, Stardust Theater, Decks 6 & 7, Fwd.

AFTERNOON MOVIE: THE INTERN (PG13)

Starting a new job can be a difficult challenge, especially if you're already retired.

Looking to get back into the game, 70-year-old widower Ben Whittaker (Robert De Niro) seizes the opportunity to become a senior intern at an online fashion site.

Time: 3:00p, Stardust Theater, Deck 6 & 7, Fwd. (Approx. 2 Hours 1 Minute)

YES OR NO GAME SHOW

Join your Cruise Director Dan and your Assistant Cruise Director Jeff in a game show where a simple yes or no answer won't cut it. Put your mind to the test and see if you can outwit and outlast your fellow guests.

Time: 8:15p, Spinnaker Lounge, Deck 13, Fwd

BANDAOKE WITH SONATA

This is your opportunity to take center stage, perform with our Party Band Sonata and become a star. Join your Cruise Staff to belt out your favorite song, and get ready to rock the house.

Time: 9:00-9:45pm, Spinnaker Lounge, Deck 13, Fwd

ACTIVITIES FOR FAMILIES GUPPIES (AGE: 0-2): COLORS OF THE RAINBOW

Today's guppy class will be all about colors. Using all senses, let's explore the colors of the rainbow!

Time: 5:15p-5:45p, Splash Academy, Deck 12, Mid

SPLASH ACADEMY (AGE 3-12): GLOW

It's Glow night! Wear some bright colors and come to Splash Academy and join in the glow fun!

Time: 7:00p-10:30p, Splash Academy, Deck 12, Mid

SPECIAL EVENTS

CARDIO DANCE CLASS

Throw on your dancing shoes as we take you through this fun and fast paced dance workout. Make sure to bring water because you are going to sweat it out.

Time: 9:00a, Fyzz Lounge, Deck 7, Fwd.

LETS TALK WITH JEFF

Join your fellow travelers and Assistant Cruise Director Jeff in conversations about different topics ranging from the importance of listening to why we need to be curious, as well as, the power of gratitude.

Time: 12:30p, Fyzz Lounge, Deck 7, Fwd.

PROGRESSIVE TRIVIA

Exercise your mind and join our first progressive trivia session. Points will be accumulated throughout the cruise, so take on your fellow guests in a battle of the brains. Up to six players per team.

Time: 1:00p, Spinnaker Lounge, Deck 13, Fwd.

AFTERNOON CONCERT: PIANO MAN WITH DANA

Join in with the original Piano Man, Billy Joel, and the Madman Across The Water, Elton John, when Dana tickles the ivories with their many hit songs. For this afternoon concert, Billy and Elton are together again!

Time: 2:00p, Fyzz Lounge, Deck 7, Fwd.

BRING A FRIEND BINGO

The only thing better than shouting Bingo with a chance to win, is playing alongside your best friend. So today, Feel Free to bring a friend to play for free with a Bingo Purchase. It's Bingo Time

Time: 4:00p, Spinnaker Lounge, Deck 13, Fwd

CHA CHA DANCE CLASS

It's time to take to the dance floor with your Norwegian Jewel Production Cast dancers. to learn some Cha Cha dance moves. This class is a fun way to burn calories.

Time: 3:15p, Spinnaker, Deck 13, Fwd.

WALTZ DANCE CLASS

Join our Professional Ballroom Dance couple Katia & Zenia from the popular television show Dancing with The Stars as they teach you the Waltz.

Time: 6:00p, Spinnaker Lounge, Deck 13, Fwd

MUSIC EVERYWHERE

The Music Duo Soul Inspiration 7:00p-10:00p, Crystal Atrium, Deck 7, Mid The Music Continues with Fire & Ice 9:00p-9:45p, Fyzz Lounge, Deck 7, Fwd Guitar Classics with Leo 9:15p-Close, Magnum's, Deck 6, Mid

WHAT'S HAPPENING TODAY.



MORNING

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27	2:00p		Dea	or No	Deal

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All Day	Morning Show with Cruise Director Dan	Channel 27	2:00p	Deal or No Deal Gameshow *	Stardust
All Day	Trivia, Sudoku & Crosswords Available	Library	2:00p	Afternoon Concert: Piano Man with Dana	Fyzz Lounge
7:00a	Morning Stretch	Aerobic Studio	2:00p	Engineering Challenge: Spaghetti Tower	Spinnaker
7:30a	Fab Abs	Aerobic Studio	2:00p-3:00p	Bridge for Beginners with Fellow Guests	Cagney's
8:00a	Walk-a-Mile (Meet in Fyzz Lounge)**	Promenade	3:00p	Lip Enhancement Seminar with Dr Jenni	Magnums
8:00a	Pathways To Yoga*	Aerobic Studio	3:00p	Movie Matinee: The Intern (PG 13)	Stardust
8:00a-10:00a	Adult Tennis Open Play **	Sports Court	3:00p-4:30p	Afternoon Karaoke with Cruise Staff	Fyzz Lounge
9:00a	Cardio Dance Class	Fyzz Lounge	3:00p	Complimentary Foot Print Analysis	Malting's
9:00a	Digital Camera Helpdesk	Photo Gallery	3:00p	Paradise Lotto Draw *	Jewel Casino
9:00a	TRX Suspension Training *	Aerobic Studio	3:15p	Cha Cha Dance Class with Production Cast	Spinnaker
9:00a-10:00a	Bible Study with Fellow Guests	India Room	3:30p-4:00p	Bingo Card Sales *	Spinnaker
9:00a-10:30a	Knitters & Stitchers Gathering	Shakers Bar	4:00p	Bring a Friend Bingo	Spinnaker
9:45a	Morning Trivia with Cruise Staff	Fyzz Lounge	4:00p	Margarita Tasting *	Magnum's
10:00a	Majorica Pearls Unveiling	Tradewinds	5:00p	Evening Stretch	Aerobic Studio
10:00a-3:00p	Cards Available & Open Bridge Play	Cagney's	5:00p	Evening Trivia with Cruise Staff	Fyzz Lounge
10:00a	Trilogy Bootcamp *	Aerobic Studio	5:00p-6:00p	Friends of Bill W. Meet	Chapel
10:00a	Up To \$500 Slot Tournament *	Jewel Casino	5:00p-9:00p	Professional Portraits	Crystal Atrium
10:00a-5:00p	Sports Court Open Play**	Sports Court	5:15p-5:45p	Guppies: Colors of the rainbow	Guppies Room
10:15a	Acupuncture for Weight loss	Magnums			
10:30a	Fruit Carving Demonstration	Crystal Atrium	NIGHT		
10:30a	Digital Camera Seminar	Fyzz Lounge	3:00p	Waltz Dance Class with Katia & Zenia	Spinnaker
10:30a	Origami Creations: Paper Box	Spinnaker	6:00p-6:45p	Relaxing Guitar Melodies with Tomas	Crystal Atrium
11:00a	Alexandrite Gem Stone Seminar	Tradewinds	6:00p-7:45p	Karaoke with Cruise Staff	Fyzz Lounge
11:00a	Golf Putting Challenge with Cruise Staff	Magnum's	6:00p-9:00p	Piano & Vocals with Dana	Magnum's
11:00a-1:00p	Chess Play with Fellow Guests	Cagney's	6:00p-10:00p	Modern Masters Art Exhibition	Art Gallery
11:15a	Future Cruises Talk with CruiseNext	Spinnaker	6:30p	Sailing Solo Social (18+)	Spinnaker
11:15a	Basic Portuguese Language Class	Fyzz Lounge	6:30p	LGBTQI Gathering	Malting's
11:15a	Ping Pong Tournament**	Deck 12, Mid	7:00p-8:00p	All About Love with Dj Onyx	Spinnaker
11:15a	Hotel Officers at Your Service	Crystal Atrium	7:00p-10:00p	The Music Duo Soul Inspiration	Crystal Atrium
11:30a	Increase Your Metabolism	Aerobics Studio	7:00p-10:30p	Glow Night	Splash Acad.
			7:15p	Showtime: Emily Garth	Stardust
			8:00p-8:45p	Dance Music with Fire & Ice	Fyzz Lounge
AFTERNOC	N		8:15p	Yes or No Game Show	Spinnaker
12:00p	Texas Hold'em Tournament *	Jewel Casino	9:00p-9:45p	The Music Continues with Fire & Ice	Fyzz Lounge

AFTERNOC)N		8:15p	Yes or No Game Show	Spinnaker
12:00p	Texas Hold'em Tournament *	Jewel Casino	9:00p-9:45p	The Music Continues with Fire & Ice	Fyzz Lounge
12:30p	Picasso, Max & Modern Masters	Art Gallery	9:00p-9:45p	Bandaoke with Sonata	Spinnaker
12:30p	Facial Rejuvenation Seminar Dr Jenni	Magnums	9:15p-Close	Guitar Classics with Leo	Magnum's
12:30p	"Lets Talk " with Jeff	Fyzz Lounge	9:15p	Showtime: Emily Garth	Stardust
1:00p	Progressive Trivia	Spinnaker	10:00p-10:45p	Music with Fire & Ice	Fyzz Lounge
1:30p-2:00p	Deal or No Deal Card Sales *	Stardust	10:00p-11:00p	Stevie Wonder/ Tina Turner with Sonata	Spinnaker
1:30p	Up To \$500 Blackjack Tournament *	Jewel Casino	11:00p	Paradise Lotto Draw *	Jewel Casino
1:30p	Old and New World Wine Tasting *	Le Bistro	11:00p-11:45p	Music Continues with Fire & Ice	Fyzz Lounge

(*) Denotes a fee for these activities ** Weather Permitting

DRINK OF THE DAY

Rebellious Fish Russian Standard Vodka, Passoa Passion Fruit Liqueur, Triple Sec, Orange Juice, Prosecco \$8.95 plus 20% gratuity

WATER PACKAGE

6 large bottles \$14.95, valued at \$33 12 large bottles \$27.95, valued at \$66 24 large bottles \$44.95, valued at \$132

Available in all bars.
*A 20% gratuity will be added to your check for your convenience.

***Spinnaker Lounge is an 18 and over adult-only venue after 11:00p

KNOW.



Wi-Fi available bow to stern.



TODAY'S DINING OPTIONS

MORNING

COMPLIMENTARY
Garden Café, Kid's Corner
Garden Café
Great Outdoors**
O'Sheehan's Bar & Grill
Tsar's Palace

Early Riser Breakfast Buffet (Deck 12, Mid)	6:00a-7:00a 7:00a-10:30a
Buffet (Deck 12, Aft)	8:00a-12:00p
Breakfast (Deck 8, Mid)	6:00a-11:00a
Breakfast (Deck 7, Aft)	7:30a-9:30a

AFTERNOON

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(lid) 12:00p-1:30p
12:00a-2:30p
2:00p-5:00p
11:30a-5:00p
11:30p-5:00p
12:00p-1:30p

CHARGE APPLIES

Sushi Bar (À La Carte)	Japanese (Deck 7, Mid)	12:00p-1:30p
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DINNER

COMPLIMENTARY

Azura	Dining Room (Deck 6, Mid)	5:00p-9:00p
Chin Chin	Asian Fusion (Deck 7, Mid)	5:30p-9:30p
Garden Café	Dinner (Deck 12, Mid)	5:00p-9:30p
O'Sheehan's Bar & Grill	Fried Chicken (Deck 8, Mid)	5:30p-8:30p
Tsar's Palace	Dining Room (Deck 7, Aft)	5:00p-9:30p

Cagney's (A La Carte) Le Bistro (À La Carte) La Cucina (À La Carte) Moderno (\$24.95)* Sushi Bar (À La Carte) Teppanyaki (\$29.95)*	French (Deck 6, Mid) Italian (Deck 12, Aft) Brazilian (Deck 13, Mid) Japanese (Deck 7, Mid) Teppanyaki (Deck 7, Mid)	5:30p-9:30p 5:30p-9:30p 5:30p-9:30p 5:30p-9:30p 5:30p, 7:00p 8:30p & 10:00
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*Please note that these charges are per person. A 20% gratuity will be added to your check.

FOR THE ANYTIME APPETITE

Garden Café	Late Night Snacks	10:00p-11:00p
O'Sheehan's	Late Night Snacks	12:00a-4:00a
Room Service*	Stateroom Delivery	Always Open

^{*}Room Service: \$7.95 will be added to all food orders from 10:00a until 6:30a.

Restaurant Cancellations: Dinner reservations at specialty restaurants must be cancelled 24 hours in advance, otherwise a cancellation fee will be charged to your account.

Dress Code: Resort casual and shorts are allowed in all dining venues after 5:00p, except in Tsar's Palace Dining Room and Le Bistro where a dress code is applicable and which posted at

Cruising Toward a Sustainable Future: To help reduce plastic waste in our oceans, Norwegian has eliminated the use of plastic straws on board and will no longer serve beverages with straws. Plastic waste, including millions of plastic straws, is harmful to marine wildlife like sea turtles and whales. Norwegian is working to preserve our oceans for future generations through our Sail & Sustain program. Help us create a sustainable future for our oceans and skip the straw with your next beverage.

MHOURS OF OPERATION

BAR SERVICES

Fyzz Lounge Bar, Deck 7, Fwd	5:00p-Close
Java Café, Deck 7, Mid	7:00a-Close
Jewel Casino Bar, Deck 6, Fwd	9:00a-Close
Magnum's Champagne & Wine Bar, Deck 6, Mid	1:00p-Close
Maltings Beer & Whiskey Bar, Deck 6, Mid	3:00p-Close
O'Sheehan's Bar & Grill, Deck 8, Mid	11:00a-Close
Sake Bar, Deck 7, Mid	5:00p-Close
Shakers Martini & Cocktail Bar, Deck 6, Mid	11:00a-Close
Spinnaker Lounge, Deck 13, Fwd	10:00a-Close
Sugarcane Mojito Bar, Deck 13, Mid	5:00p-Close
Sky High Bar, Deck 13, Fwd**	10:00a-Close
The Great Outdoors, Deck 12, Aft**	10:00a-Close
Topsiders Bar, Deck 12, Mid	8:00a-Close

GUEST SERVICES		
Art Gallery, Deck 7, Aft	10:00a-12:00p	
Alt Gallery, Deck 7, Alt	6:00p-10:00p	
Bridge Viewing Room, Deck 11, Fwd	Open All Day	
CruiseNext Office, Deck 7, Mid	10:00a-1:00p	
oralogivest office, poor 1, mile	2:00p-4:30p	
Entourage Teen Club, Deck 12, Mid	11:00a-1:00p	
Elitario generale de la contra del la contra del la contra del la contra de la contra del la contra de la contra de la contra del la	3:00p-7:00p	
	9:00p-1:00a	
Golf Cages, Deck 13, Aft (Golf clubs available at Towel Station)		
Guest Service Desk, Deck 7, Mid	Always Open	
Guppies Playroom, Deck 12, Mid	9:00a-9:00p	
Internet Café, Deck 7, Aft	Always Open	
Internet Manager's Hour	9:00a-12:00p	
internet wanager 3 riodi	2:00p-5:00p	
	7:00p-9:00p	
Jewel Casino, Deck 6, Fwd-Tables	9:00a-Close	
Jewel Casino, Deck 6, Fwd-Tables Jewel Casino, Deck 6 Fwd-Slots	Continuous	
	6:00p-Close	
Karaoke Private Rooms, Deck 7, Fwd*	Always Open	
Library, Deck 12, Fwd	9:00a-11:00a	
Library Book Check Out, Deck 12, Fwd		
(Trivia, Sudoku & Crosswords Available All Day)	2:00p-4:00p	
Mandara Spa, Deck 12, Fwd	8:00a-10:00p	
Medical Center, Deck 4, Mid	8:00a-9:30a	
(Medical Services are subject to charge)	6:00p-7:30p	
Onboard Credit Desk, Deck 7, Mid	9:00a-12:00p	
	5:00p-8:00p	
Perspectives Photography Studio	7970 for an appt.	
Photo Gallery, Deck 7, Aft	9:00a-10:00p	
Ping Pong Tables, Deck 12, Mid**	8:00a-8:00p	
Portraits Atrium Deck 7 Mid	5:00p-9:30p	
Pulse Fitness, Deck 12, Fwd	6:00a-11:00p	
Sapphire Pool & Hot Tubs, Deck 12, Mid**	7:00a-10:00p	
Shore Excursion Desk, Deck 7, Mid	10:00a-1:00p	
	5:00p-8:00p	
Shuffleboard, Deck 7, Starboard Side & Deck 13, Port Side**	8:00a-8:00p	
Splash Academy, Deck 12, Mid	9:00a-12:00p	
	2:00p-5:00p	
	7:00p-10:30p	
Splash Academy Late Night Fun Zone, Deck 12, Mid*	10:30p-1:30a	
Sports Court, Deck 13, Aft**	8:00a-5:00p	
Tradewinds Tax & Duty Free Shop, Deck 7, Aft	10:00a-10:00p	
Video Arcade, Deck 12, Mid *	Always Open	
Waterslide Hours, Deck 12, Mid**	10:00a-6:00p	
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* Denotes a fee for this program

**Weather Permitting

In-stateroom phone rate:

Call home from the comfort of your stateroom. Rate \$4.99/min

SAVE NOW, SAIL LATER WITH CRUISENEXT

Cruising with Norwegian again in the next 4 years? Bringing friends and family with you? Sailing on back to back cruises? Make sure you take advantage of exclusive onboard savings up to \$500 with CruiseNext deposits. See the CruiseNext team and check out Channel 25 for more details. This offer is available only onboard. Don't miss out. Time: 10:00a-1:00p & 2:00p-7:00p, CruiseNext Office, Deck 7, Mid

SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track). Observe safety signs in your stateroom and throughout the ship. SAFETY EQUIPMENT: Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. ENVIRONMENTAL HOTLINE: You can report environmental incidents by calling 1-877-501-5976; 1-305-436-4003; the ship reception desk at 00, or via email to environmental incidents, spills and concerns. All reports are confidential. MARPOL: The discharge of all garbage into the sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. CONSUMER ADVISORY: Please be advised that food onboard may contain ints. If you have any questions please contact our Restaurant Management staff. CASINO: You have to be 18 years old to gamble or be in the casino. Video recording is strictly prohibited. All jackpots of \$1200 and above are subject to IRS reporting and a W2G will be issued. Wins less than \$1200 are not taxes mandated by the IRS. VIDEO ARCADE: All guests including children can play the games in the video arcade by using their Freestyle card. We recommend parents monitor their children's onboard charges. SMOKING POLICY: Smoking in public areas is only permitted in designated spaces of open decks (Deck 7, Port side by the wall-hung ashtrays and at the Port side seating area of at the Sky High Bar, Deck 13), Cigar Bar or in the Casino while playing.

^{**}Weather permitting