# FREESTYLE DAILY



NCL NORWEGIAN CRUISE LINE®

TODAY'S FORECAST Partly Cloudy, 57°F/14°C

SUNRISE 7:07a

## TAKE A SEA DAY FOR YOURSELF

That's the beauty of Freestyle Cruising®, having the freedom to do what you want every day. Discover a new restaurant or bar, catch some sun by the pool or blow off some steam in the spa. Then, turn your sizzling day into an amazing evening. Whether you're catching a show, hitting the slots or dancing the night away, there's something for everyone around every corner of our ship.

TIME CHANGE: Don't forget to set your clocks back 1 hour tonight (after 2:00a - September 19, 2018).

## ENTERTAINMENT FOR ALL

We've got some of the most spectacular entertainment options at sea. So, whether you're looking for eye-popping or jaw-dropping, want to stretch your vocal chords or even tickle your funny bone; there's something for you. For more details of tonight's entertainment lineup, show times and locations. turn to page two.

#### **TODAY'S FEATURED VARIETY ENTERTAINMENT**

- Asian Cooking Demonstration
  - Band On The Run
- Newlywed Not So Newly Wed Game Show
- Norwegian's Night Out Dance Party

## UNFORGETTABLE NIGHT LIFE

Join the party at the liveliest nightspots on the ship; the Fyzz Lounge features a stylish bar area, swanky lounge seating, a dance floor and Karaoke. DJ Onyx will keep you dancing in the Spinnaker Lounge or you can chill in the Maltings Bar while listening to relaxing music.

#### LIVE MUSIC EVERY NIGHT

Every night we'll feature live music around the ship whether you prefer classic music, party music, Latin music or the full orchestra. We have something for everyone.

- Leo Guitar Man Extraordinaire
- Soul Inspiration Dynamic Music Duo .
- Dana Piano Bar Classics .
- Sonata Groovin 6 Piece Party Band
- 6 Fire & Ice - High Energy Vocal & Dance Duo
- Jewel Showband Versatile Orchestra Band

#### **IMPORTANT NOTICE ON ELECTRONIC DEVICES**

Fire prevention is always a priority on board, therefore we kindly ask our guests to unplug all electronic devices before leaving their stateroom. These devices could include but are not limited to cell phones, cameras, electric shavers, and hair dryers. Your stateroom attendant has been instructed to disconnect any electronic device that has been left unattended. We thank you for your understanding and compliance with this safety policy.

## WHO'S ON BOARD

#### MEET YOUR SHIP DIRECTORS

Meet the team who keeps Norwegian Jewel in ship shape.

Join them for a meet and greet 11:30a at the Crystal Atrium,

Deck 7. Mid

Hotel Director, Steven

Assistant Hotel Director, Shenny

Food & Beverage Director, Hasan

Cruise Director, Dan

Guest Service Manager, Jose

Executive Housekeeper, Eric

#### NORWEGIAN'S NIGHT OUT: DRESS UP OR NOT

Tonight is your chance to dress up and enjoy an evening of glamor with great entertainment and dining around Norwegian Jewel. What do you feel like wearing tonight for Norwegian's Night Out? Feeling a little glamorous? Maybe wear just some comfy khakis and a polo? You're free to wear whatever to enjoy Norwegian's Night Out.

Time: 5:00p, Ship-Wide

#### **MEET YOUR CAPTAIN**

Join the Master and Commander of Norwegian Jewel, Captain Kenneth, in the Crystal Atrium on Deck 7, Mid, from 5:15p to 5:45p for a meet & greet and a photo opportunity.

Important Numbers: Emergency: Dial 911 | Guest Services: Dial 00

#### **HEALTH REMINDER**

Wash your hands often, especially after using the restrooms and before & after meals. Sanitizing dispensers are located outside all restaurants and in public areas for your use. We discourage handshaking for your health and safety. Report signs of gastroenteritis (diarrhea or vomiting) to the Medical Center.

NORWEGIAN JEWEL DAY 2 September 18 At Sea

SUNSET 7:49p

## GET THE GOOD TIMES GOING.

### TODAY'S ENTERTAINMENT LINEUP

#### **BAND ON THE RUN^**

Join us tonight as we transform the Stardust into one of the hottest clubs of the 70's. Club BOTR. This club caters to the elite and your name is at the top of the guest list. So, come on in and enjoy the soaring melodies of Styx, the disco sounds of Donna Summer and the driving rock beat of Queen; at Club BOTR, we've got whatever you want. AVideo/audio recording or photography of the main show is not permitted. We kindly ask that no one under the age of 18 sits in the first row and please, no reserving of seats. Doors open 30 minutes before show time. Time: 7:15p & 9:15p, Stardust Theater, Decks 6 & 7, Fwd.

Show length: 45 minutes

#### **NEWLYWED NOT SO NEWLYWED GAME SHOW (PG13)**

Join your Cruise Director Dan as he delves into the lives of various married couples. Be a contestant or join the hilarity from the audience. Couples are not pre-selected, and no sign-ups are necessary. Cameras and video-cameras welcome. Get ready to laugh out loud.

Time: 8:15p, Spinnaker Lounge, Deck 13, Fwd

#### NORWEGIAN'S NIGHT OUT DANCE PARTY

Tonight is Norwegian's Night Out and your opportunity to dress up in your favorite outfit, walk the red carpet, and pose for a portrait. Endless choices and non-stop dancing to the hottest hits all lead up to an exciting party. Everybody's talking about the big event so come and join your Party Band Sonata and Cruise Staff as we dance through the decades.

Time: 10:00p-11:00p, Spinnaker Lounge, Deck 13, Fwd

## ACTIVITIES FOR FAMILIES

#### **BALLOON TWISTING WORKSHOP**

Get ready to learn how to create wonderful balloon creations. All ages welcome. Time: 12:30p-1:00p, Spinnaker Lounge, Deck 13, Fwd

#### SPLASH ACADEMY (AGE 6-12): HOLLYWOOD NIGHT

Screaming fans and paparazzi await you, the star, as we welcome you to Hollywood.

Time: 7:00p-10:30p, Splash Academy, Deck 12, Mid

## SPECIAL EVENTS

PAINT, MIX, MINGLE, (CANVAS BY U! SIGN-UP) Join your Cruise Staff as they guide you step by step through your one of a kind, painting experience. Never picked up a brush before? We're here to help you find your inner artist as you create a painting in one session. (Only 15 spaces are available & first come, first served and fee applies). Please sign up in the Library, Deck 12, Fwd.

#### CONCERT: LEO'S TRIBUTE TO FRANK SINATRA

Come hear our first afternoon concert of the cruise, featuring the sounds of Leo's swingin' Guitar and Vocals as he pays homage to Ol' Blue Eyes himself. Relive such classics as "Fly Me To The Moon", "New York, New York", and many more. Time: 2:00p, Fyzz Lounge, Deck 7, Fwd

#### "THIS IS ALASKA" PRESENTATION

Don't miss our exciting presentation on all the highlights and top tours for your cruise. Each port is different in its own unique way and we have a variety of tours to enhance your experiences. Come early to get a good seat. The Shore Excursion Desk is located on Deck 7, Mid and our destination experts will gladly assist you to find the tour that suits you best. Time: 9:30a, Stardust Theater, Decks 6 & 7, Fwd

#### **PROGRESSIVE TRIVIA**

Exercise your mind and join our first progressive trivia session. Points will be accumulated throughout the cruise, so take on your fellow guests in a battle of the brains. Up to six players per team. Time: 1:00p, Spinnaker Lounge, Deck 13, Fwd.

#### **GUEST TALENT SHOW REGISTRATION**

Got a talent to share with your fellow guests? Can you sing, dance, do magic; or just want the opportunity to steal the spotlight? Join your Entertainment team for Guest Talent Show Registration this afternoon. Participation is limited to 10 guests. Maximum duration of act is 3 minutes. Time: 3:00p, Stardust Theater, Deck 7, Fwd.

#### \$2,000 JACKPOT BINGO

This morning, play for a chance to win our \$2,000 jackpot within the 47 ball limit. Plus, receive raffle tickets to win a cruise for 2. Card sales begin 30 minutes before the game starts.

Time: 11:30a, Spinnaker Lounge, Deck 13, Fwd

#### **ROYALTY BINGO**

Get a chance to win within the 47 numbers ball limit and also receive raffle tickets to win a cruise for 2. Two lucky players will be crowned bingo royalty and play bingo free all cruise long. Card sales begin 30 minutes before the game starts.

Time: 4:15p, Spinnaker Lounge, Deck 13, Fwd

MUSIC EVERYWHERE Piano & Vocals with Dana 6:00p-9:30p, Magnum's, Deck 6, Mid Music Duo Soul Inspiration 6:30p-10:00p, Crystal Atrium, Deck 7, Mid Dance Music with Fire & Ice 8:00p-8:45p, Fyzz Lounge, Deck 7, Fwd

## WHAT'S HAPPENING TODAY.

#### OLD HERI

3:15p

3:30p

3:45p

4:00p

4:00p

4:00p

5:15p

5:15p

3:30p-4:00p

5:00p-6:00p

5:00p-9:00p

5:15p-5:45p

Aerobic Studio

Aerobic Studio

Promenade

Sports Court

Aerobic Studio

Shakers Bar

Jewel Casino

**Crystal Atrium** Magnum's

Sports Court

Tradewinds

Magnums

Spinnaker

Stardust

Cagneys

Azura

Pool Deck

Spinnaker

#### MORNING

All Day	Morning Show with Cruise Director Dan
7:00a	Morning Stretch & Fab Abs
8:00a	Pathways to Yoga *
8:00a	Walk-a-Mile (Meet in Fyzz Lounge) **
8:00a-10:00a	Adult Tennis Open Play**
9:00a	Cardio Dance Class with Cruise Staff
9:00a	Tour De Cycle *
9:00a-10:30a	Knitters & Stitchers Gathering
9:45a	Morning Trivia with Cruise Staff
9:30a	"This Is Alaska" Presentation
10:00a	\$500 Slot Tournament *
10:00a-3:00p	Cards Available & Open Bridge Play
10:00a-1:00p	Alaskan Bazaar
10:30a	Art Enrichment: Art History in a Nutshell
10:30a	Asian Cooking Demonstration
10:45a	Introduction to Acupuncture
11:00a	Entourage Dodgeball (registered teens) **
11:00a	Digital Camera Helpdesk
11:00a	Diamond Presentation
11:30a	Non-Surgical Face Lift
11:30a	Detox For Health, Energy and Weight Loss

#### **AFTERNOON**

12:00p	Alaska Port Shopping Presentation	Stardust
12:00p	Binocular Presentation	Fyzz Lou
12:00p	\$350,000 Satellite Poker Tournament *	Jewel Ca
12:00p-1:00p	Relaxing Music with Gabe	Crystal A
12:00p-5:00p	Sports Court Open Play **	Sports Co
12:30p	Champagne Art Auction	Azura
12:30p	Balloon Twisting Workshop	Spinnake
12:45p	Ladies Pamper Party	Fyzz Lou
1:00p	Progressive Trivia with Cruise Staff	Spinnake
1:15p	Military & Veterans Gathering	Maltings
1:15p	Canvas By U! (Registered guests) *	Java Roc
1:30p	\$500 Blackjack Tournament *	Jewel Ca
1:30p	Bean Bag Toss Tournament **	Sapphire
1:30p	Chocolate & Wine Pairing *	Le Bistro
1:30p-2:30p	Easy Reggae with Fire & Ice **	Sapphire
2:00p	Tribute to Frank Sinatra with Leo	Fyzz Lou
2:00p	Relieving Back Pain	Aerobic S
2:00p	Engineering Challenge: Catapult	Spinnake
2:30p	Ladder Toss Tournament **	Sapphire
2:30p	Paragon Gem Presentation & Unveiling	Tradewin
2:30p	Botox and Dysport Consultations	Magnum
3:00p	Diamond, Gemstone & Watch Seminar	Fyzz Lou
3:00p	Guest Talent Show Sign- Up	Stardust

\* Denotes a fee for these activities

Weather Permitting

#### DRINK OF THE DAY

The Painkiller Pusser's Rum, Pineapple Juice, Orange Juice, Coconut \$8.95 plus 20% gratuity

WATER PACKAGE 6 large bottles \$14.95, valued at \$33 12 large bottles \$27.95, valued at \$66 24 large bottles \$44.95, valued at \$132 Available in all bars. \*A 20% gratuity will be added to your check for your convenience.

#### **AFTERNOON** (CONT.) TV Channel 27 3:00p

	Paradise Lotto Draw *
	Party Line Dance Class with Cruise Staff
	Ring Toss Tournament **
	Bingo Cards On Sale *
	Afternoon Karaoke with Cruise Staff
	Martini Tasting *
	TRX Suspension Training *
	Royalty Bingo *
	Guitar Sounds with Leo
	Professional Portraits
V	Evening Trivia with Cruise Staff
	Guppies: Meet & Greet (0-2's)
	Photos with Captain Kenneth

#### NIGHT

6:00p Photo Gallery 6:00p 6:00p-8:00p 6:00p-9:30p Aerobic Studio 6:30p 6:30p-10:00p 7:00p 7:00p-7:45p 7:00p-7:45p

unge asino Atrium 7:00p Court 7:00p-10:30p 7:15p er 7:30p-10:00p unge 8:00p-8:45p er 8:15p 9:00p-9:45p om 9:15p asino 9:00p-10:00p e Pool 9:45p-Close D e Pool 10:00p-10:15p unge 10:00p-11:00p Studio 10:00p-11:00p er 11:00p e Pool 11:00p nds 11:00p-Close 15 11:15p-Close unge

#### Salsa Dance Class with Cruise Staff **Evening Stretch** See Celia for your VIP Shopping Cards Piano & Vocals with Dana LGBTOI Gathering Music Duo Soul Inspiration Salling Solo Social (18+) Meet in Red Room Fyzz Lounge Karaoke with Cruise staff Motown Music with DJ Onvx Friends of Bill W. Meet Hollywood Night (6-12's) Band On The Run ^ Art Auction Deals & Steals Exhibition Dance Music with Fire & Ice Newlywed Not So Newlywed Game Show Up-Beat Music with Fire & Ice Band On The Run ^ Party Music with Sonata Guitar Favorites with Leo Pre-Norwegian's Night Out with DJ Onyx The Music Continues with Fire & Ice Norwegian's Night Out Party Meet your Fellow Guests 18-25 (Starboard) Paradise Lotto Draw \*

\*\*\*Spinnaker Lounge is an 18 and over adult-only venue after 11:00p ^Video/audio recording or photography of the show is not permitted

Late Night Party with DJ Onyx \*\*\*

Late Night Karaoke with Cruise Staff

Aerobic Studio Spinnaker **Crystal Atrium Crystal Atrium** Spinnaker Splash **Crystal Atrium** Fyzz Lounge Aerobic Studio

> **Crystal Atrium** Magnum's Malting's **Crystal Atrium** Fyzz Lounge Spinnaker Chapel Splash Stardust Art Gallery Fyzz Lounge Spinnaker Fyzz Lounge Stardust Spinnaker Magnum's Spinnaker Fyzz Lounge Spinnaker Spinnaker Jewel Casino Spinnaker Fyzz Lounge

**DAY 2** TUESDAY

September 18

Jewel Casino

Sapphire Pool

Spinnaker

Spinnaker

Magnum's

Fyzz Lounge

## **JOOD TO** KNOW.



Fees apply

### TODAY'S DINING OPTIONS MORNING

<b>COMPLIMENTARY</b> Garden Café, Kid's Corner Garden Café Great Outdoors** O'Sheehan's Bar & Grill Tsar's Palace	Contintal Breakfast Breakfast (Deck 12, Mid) Breakfast (Deck 12, Aft) Breakfast (Deck 8, Mid) Dining Room (Deck 7, Aft)	6:00a-7:00a 7:00a-10:30a 8:00a-12:00p 6:00a-11:00a 8:00a-10:00a
AFTERNOON		v
COMPLIMENTARY Chin Chin Garden Café Additional seating- La Cucina Great Outdoors** O'Sheehan's Bar & Grill Topsider's Grill** Tsar's Palace	Noodle Bar (Deck 7, Mid) Pub Lunch (Deck 12, Mid) (Deck 12, Aft) Snacks (Deck 12, Aft) Lunch (Deck 8, Mid) Snacks (Deck 12, Mid) Lunch (Deck 7, Aft)	12:00p-1:30p 12:00p-2:30p 2:00p-5:00p 11:30a-5:00p 12:00p-5:00p 12:00p-1:30p
CHARGE APPLIES Sushi Bar (À La Carte)	Japanese (Deck 7, Mid)	12:00p-1:30p
DINNER		
COMPLIMENTARY Azura Chin Chin Garden Café O'Sheehan's Tsar's Palace	Dining Room (Deck 6, Mid) Asian Fusion (Deck 7, Mid) Dinner (Deck 12, Fwd) Pork Ribs (Deck 8, Mid) Dining Room (Deck 7, Aft)	5:00p-9:00p 5:30p-9:30p 5:00p-9:30p 5:30p-8:30p 5:30p-9:30p
CHARGE APPLIES Cagney's (À La Carte) La Cucina (À La Carte) Le Bistro (À La Carte) Moderno (\$24.95)* Sushi Bar (À La Carte) Teppanyaki (\$29.95)*	Steakhouse (Deck 13, Mid) Italian (Deck 12, Aft) French (Deck 6, Mid) Brazilian (Deck 13, Mid) Japanese (Deck 7, Mid) Teppanyaki (Deck 7, Mid)	5:30p-9:30p 5:30p-9:30p 5:30p-9:30p 5:30p-9:30p 5:30p-9:30p 5:30p, 7:00p, 8:30p, 10:00p
*Please note that these charges are	per person. A 20% gratuity will be ad	ded to your check.
**Weather permitting		

#### FOR THE ANYTIME APPETITE

Garden Café	Late Night Snack	10:00p-11:00p
O'Sheehan's Bar & Grill	Late Night Snacks	12:00a-4:00a
Room Service*	Stateroom Delivery	Always Open
	Otateroom Delivery	Always Open

\*Room Service: \$7.95 will be added to all food orders from 10:00a until 6:30a.

Restaurant Cancellations: Dinner reservations at specialty restaurants must be cancelled 24 hours in advance, otherwise a cancellation fee will be charged to your account.

Dress Code: Resort casual and shorts are allowed in all dining venues after 5:00p, except in Tsar's Palace Dining Room and Le Bistro where a dress code is applicable and which is posted at the entrance.

## HOURS OF OPERATION

#### **BAR SERVICES**

Fyzz Lounge Bar, Deck 7, Fwd	5:00p-Close
Java Café, Deck 7, Mid	7:00a-Close
Jewel Casino Bar, Deck 6, Fwd	9:00a-Close
Magnum's Champagne & Wine Bar, Deck 6, Mid	1:00p-Close
Maltings Beer & Whiskey Bar, Deck 6, Mid	3:00p-Close
O'Sheehan's Bar & Grill, Deck 8, Mid	11:00a-Close
Sake Bar, Deck 7, Mid	5:00p-Close
Shakers Martini & Cocktail Bar, Deck 6, Mid	11:00a-Close
Spinnaker Lounge, Deck 13, Fwd	10:00a-Close
Sugarcane Mojito Bar, Deck 13, Mid	5:00p-Close
Sky High Bar, Deck 13, Fwd**	10:00a-Close
The Great Outdoors, Deck 12, Aft**	10:00a-Close
Topsiders Bar, Deck 12, Mid	8:00a-Close

#### G

GUEST SERVICES		
Art Gallery, Deck 7, Aft	7:00p-11:00p	
Bridge Viewing Room, Deck 11, Fwd	Open All Day	
CruiseNext Office, Deck 7, Mid	10:00a-1:00p	
	2:00p-8:00p	
Entourage Teen Club, Deck 12, Mid	11:00a-1:00p	
Entourage reen olas, beak iz, wild	3:00p-7:00p	
	9:00p-1:00a	
Golf Cages, Deck 13, Aft (Golf clubs available at Towel Station)		
Guest Service Desk, Deck 7, Mid	Always Open	
Guppies Playroom, Deck 12, Mid	9:00a-9:00p	
Internet Café, Deck 7, Aft	Always Open	
Internet Manager's Hour		
internet Manager S hour	9:00a-12:00p	
	2:00p-5:00p	
Jowel Cogine Dock & Eved Tables	7:00p-10:00p	
Jewel Casino, Deck 6, Fwd-Tables Jewel Casino, Deck 6 Fwd-Slots	9:00a-Close	
	Continuous	
Karaoke Private Rooms, Deck 7, Fwd*	6:00p-Close	
Library, Deck 12, Fwd	Always Open	
Library Book Check Out, Deck 12, Fwd	9:00a-11:00a	
(Trivia, Sudoku & Crosswords Available All Day)	2:00p-4:00p	
Mandara Spa, Deck 12, Fwd	8:00a-10:00p	
Medical Center, Deck 4, Mid	8:00a-9:30a	
(Medical Services are subject to charge)	6:00p-7:30p	
Onboard Credit Desk, Deck 7, Mid	9:00a-12:00p	
	5:00p-8:00p	
Perspectives Photography Studio	7970 for an app	t.
Photo Gallery, Deck 7, Aft	9:00a-5:00p	
Ping Pong Tables, Deck 12, Mid**	8:00a-8:00p	
Portraits Atrium Deck 7 Mid	5:00p-9:30p	
Port Shopping Information Desk - Crystal Atrium, Deck 7, Mid	6:00p-8:00p	
Pulse Fitness, Deck 12, Fwd	6:00a-11:00p	
Sapphire Pool & Hot Tubs, Deck 12, Mid**	7:00a-10:00p	
Shore Excursion Desk, Deck 7, Mid	9:00a-8:00p	
Shuffleboard, Deck 7, Starboard Side & Deck 13, Port Side**	8:00a-8:00p	
Splash Academy, Deck 12, Mid	9:00a-12:00p	
	2:00p-5:00p	
	7:00p-10:30p	
Splash Academy Late Night Fun Zone, Deck 12, Mid*	10:30p-1:30a	
Sports Court, Deck 13, Aft**	8:00a-5:00p	
	9:00a-11:00p	
Video Arcade, Deck 12, Mid *	Always Open	
Waterslide Hours, Deck 12, Mid**	10:00a-6:00p	

In-stateroom phone rate:

\* Denotes a fee for this program

Call home from the comfort of your stateroom. Rate \$4.99/min

#### SAVE NOW, SAIL LATER WITH CRUISENEXT

Cruising with Norwegian again in the next 4 years? Taking friends and family with you? Sailing on back to back cruises? Make sure you take advantage of exclusive onboard savings up to \$500 with CruiseNext deposits. See the CruiseNext team and check out Channel 25 for more details. This offer is available only onboard

\*\*Weather Permitting

Time: 10:00a-1:00p & 2:00p-8:00p, CruiseNext Office, Deck 7, Midd

SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Observe safety signs in your stateroom and throughout the ship. SAFETY EQUIPMENT: Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. ENVIRONMENTAL HOTLINE: You can report environmental incidents by calling 1-877-501-5976; 1-305-436-4003; the ship neception desk at 00, or via email to environmental incidents are confidential. MARPOL: The discharge of all garbage into the sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage for the sea. Violation of these requirements may result in penalities. All garbage is to be retained on board and placed in the bins provided, CONSUMER ADVISORY: Please be advised that food onboard may contain nuts. If you have any questions please contact our Restaurant Management staff. CASINO: You have to be 18 years old to gamble or be in the casino. Video recording is strictly prohibited. All jackpots of \$1200 and above are subject to IRS reporting and a W2G will be issued. Wins less than \$1200 are not taxes mandated by the IRS. VIDEO ARCADE: All guests including children can play the games in the video arcade by using their Freestyle card. We recommend parents monitor their children's onboard charges. SMOKING POLICY: Smoking in public areas is only permitted in designated spaces of open decks (Deck 7, Port side by the wall-hung ashtrays and at the Port side seating area of at the Sky High Bar, Deck 13), Clgar Bar or in the Casino while playing. Smoking of any kind is prohibited for longer than 60 minutes, the items will be removed and handed in a