FREESTYLE DAILY



TODAY'S FORECAST Sunny, 71°F/22°C

SUNRISE 6:49a

SUNSET 7:05p

ARRIVAL 8:00a

ALL ABOARD 5:30p

ISTANBUL, TURKEY IS YOURS TO DISCOVER

Istanbul is a major city in Turkey that straddles Europe and Asia across the Bosphorus Strait. Its Old City reflects cultural influences of the many empires that once ruled here. In the Sultanahmet district, the open-air, Roman-era Hippodrome was for centuries the site of chariot races, and Egyptian obelisks also remain. The iconic Byzantine Hagia Sophia features a soaring 6th-century dome and rare Christian mosaics.

NORWEGIAN JADE SEPTEMBER 20 Istanbul, Turkey

TIP OF THE DAY: Announcements can be heard on you stateroom television by tuning into Channel 24.

TAKE HOME A STORY

ISTANBUL FUN FACT

Turkey may be known for classics such as Turkish Delight or Turkish Coffee, but it is actually the world's largest producer of hazelnuts. Turkish hazelnuts make up around 72.9% of the world's supply, and the country's Eastern Black Sea region produces approximately 60% of

HOW TO BOOK A SHORE EXCURSION

Don't have a tour on shore? It's not too late to book. Here's how:

- Visit the Shore Excursions Desk
- Use the 24-hour Drop Box for completed order forms at the Shore Excursions Desk
- Through the Cruise Norwegian App

AGRICULTURAL NOTICE

Due to public health regulations - food of any kind (hot, raw or unpacked/packed) will not be allowed to be brought onboard or taken off the ship at any time.

PORT AGENT INFORMATION

Egemen Filiz

Karavanmar-Istanbul, Bozcaada, Canakkale, Sinop, Trabzon Halaskargazi Cad. no 112 floor 6 sisli Email: portoperations@karavanmar.com

Phone: 0090 212 2910280

AGE RESTRICTIONS

18 years old is the legal age to order alcoholic beverages on European Itinerary. No parental consent is required for guests aged 18 to 20 to purchase alcoholic beverages.

STAYING WITH US FOR THE NEXT CRUISE

If you are sailing with us again next cruise (September 25 or further), kindly bring your cruise tickets to register at the Guest Services Desk, deck 7, Mid, at your earliest convenience.

Important Numbers: Emergency: Dial 911 | Guest Services: Dial 00

MASK IN GREEK PORTS

For your health and safety, Mask wearing is recommended when in Greek ports while in indoor areas. We hope you have a safe and unforgettable vacation with Norwegian Cruise Line.

WHAT'S ONBOARD

SPORTS COMPLEX

GOLF DRIVING NETS

Practice your golf swing to perfection inside one of our two enclosed Golf Driving Nets. (Equipment available at the towel station)

There's nothing quite like breathing in fresh ocean air during a morning jog or an afternoon walk. Either way, your heart will race from your work out, and from the ocean views around you.

BASKETBALL COURT

Basketball. Dodgeball. Soccer. Whatever game you're into, bring your "A" game to our multi-use basketball court. Breathe in the fresh ocean air, work on your free throws, perfect your three-point shot or go head-to-head with a friend in our hosted basketball events. (Equipment available at the towel station)

ONBOARD SERVICES

PHOTO GALLERY

You will not have to go searching for all of your photos anymore. Instead your cruise photographs will be carefully collected into an easy access personal folder or use the photo kiosks using your Freestyle Key card. You can check out your pictures 24 hours a day.

TRADEWINDS TAX & DUTY FREE

Welcome to Tradewinds boutique shopping, conveniently located steps away from your stateroom. You'll find a shoppers paradise filled with incredible brands and items.

CASINOS AT SEA

Find your favorite game - and your lucky seat. Play Blackjack, Slots, Craps, Three Card Poker, Baccarat, Roulette, Texas Hold'em and

MANDARA SPA & SALON

Pamper yourself. Whether you're in the mood for a luxurious massage. rejuvenating skin treatment, or even acupuncture, you'll find over 50 treatments that are good for the body and soul. Or step into our fullservice salon for a haircut, manicure, pedicure, waxing and more.

WHEN USING THE RESTROOMS

Please do not flush anything except toilet paper. Use the trash bin for all other objects; if unsure please consult the room attendant.

GET THE GOOD TIMES GOING.

TONIGHT'S ENTERTAINMENT LINEUP

KATE & VASYA: FOLLOW ME

Duo Kate & Vasya are acrobats from Ukraine. They share with you tonight their love story through the pages of their modern diary. From acrobatic dance to spinning high above your head, "Follow Me" will take your breath away.

Photography, audio and video recording, food and the reserving of seats is strictly prohibited. Please note it is important to be on time for all shows as seats are on a first come, first served basis. Please arrive with your entire party for all shows. Doors open 30 minutes prior to show time and will be closed once the show begins out of respect for the performers and fellow guests.

Time: 7:00p & 9:00p, Stardust Theater, Decks 6 & 7, Fwd

DEAL OR NO DEAL: WIN UP TO \$5,000

It's an exhilarating show where contestants play and deal for cash in a high-energy contest of nerves and raw intuition. Everyone in the audience gets to play along by opening up briefcases on their Deal or No Deal cards with the chance to win up to \$5,000 even a 5-Day Caribbean Cruise for two. Hosted by your Cruise Director Danny. Fee applies to this program.

Cards Available: 7:15p-8:00p, Stardust Theater, Deck 7, Fwd, Starboard

Game Starts: 8:00p, Stardust Theater, Decks 6 & 7, Fwd

FREDDIE MERCURY TRIBUTE WITH MANUEL

Join our fabulous pianist Manuel as he performs Freddie Mercury greatest hits. It's a fun evening to spend time with friends and family over cocktails and enjoy great songs such as Bohemian Rhapsody, We are the Champions, Radio Gaga & more.

Time: 10:00p-10:45p, Spinnaker, Deck 13, Fwd

YOUTH & FAMILY ACTIVITIES

GUPPIES OPEN PLAY

A fun space with toys for parents and their babies 6 months – under 3 yrs. old to play together.

Time: 9:00a-12:00p, 2:00p-5:00p & 7:00p-10:00p

FAMILY NINTENDO SWITCH: 1,2 SWITCH

Bring the action and fun into the real world while the audience watches the players themselves instead of the screen.

Time: 5:00p, Bliss Lounge, Deck 7, Fwd

HOLLYWOOD NIGHT GAMES

Welcome to Hollywood! Screaming fans and paparazzi await you.

Time: 7:00p-11:00p, Splash Academy, Deck 12, Mid

ENTOURAGE: U OF E HOUSE PARTY (13-17 YEARS)

Time is right to test your skills in our water pong tournament and other college-style games.

Time: 11:00p, Entourage, Deck 12, Mid

SPECIAL EVENTS

CANVAS BY U! PAINTING CLASS: SIGN-UP

Canvas By U! Painting class is a step by step, fun, interactive paint class. All supplies are included. No experience needed. Let us inspire your inner artist. Space limited, Fee applies.

Time: 9:00a-11:00a, Bliss Lounge, Deck 7, Fwd

SCATTEGORIES GAME WITH CRUISE STAFF

See if you can beat your fellow guests at this guessing game. Name as many objects in a category and see if you are smarter than the others. Come solo or as a team, and get ready to for a challenge.

Time: 10:00a, Bliss Lounge, Deck 7, Fwd

WORD SEARCH: FUN THINGS TO DO

Come and join your Cruise Staff as they test your knowledge with this classic game word search where you have to find the fun things to do.

Time: 12:00p, Magnums, Deck 6, Mid

ORIGAMI CREATION: BUTTERFLY

It's time to get crafty. Join your Cruise Staff this as they teach you how to make a butterfly by folding paper.

Time: 2:00p, Magnums, Deck 6, Mid

VISUAL TRIVIA: INTERNATIONAL LOGOS

Test your knowledge in this fun and interactive trivial challenge. Preview images of different kinds of logos and see how quickly you can recognize them.

Time: 5:00p, Magnums, Deck 6, Mid

\$3,000 JACKPOT & DOUBLE RAFFLE BINGO

Join Chelsea and the Bingo Bunch this evening at our lively Bingo session for your chance to win our jackpot of \$3,000. Also, we will double your raffle tickets to double your chances to win a cruise for two, guaranteed. Fee Applies.

Cards Available: 6:00p-6:30p, Bliss, Deck 7, Fwd Game Starts: 6:30p, Bliss Lounce, Deck 7, Fwd

MUSIC EVERYWHERE

Favorite Dance Music w/ Jade Orchestra 8:00p-8:45p, Spinnaker, Deck 13, Fwd Songs of Neil Diamond with Randon 9:00p-9:45p, Magnums, Deck 6, Mid Late Night Dancing with E Cube 11:15p-12:00a, Bliss Lounge, Deck 7, Fwd

WHAT'S HAPPENING TODAY.

TEAR HERE

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DAY 3 TUESDAY SEPTEMBER 20

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NIGHT

All Day	The Daily Show with Danny	Channel 25	6:00p	Evening Stretch	Aerobic Studio
All Day	Board Games Available	Card Room	6:00p	Evening Trivia with Cruise Staff	Spinnaker
All Day	Sudoku and Crosswords Available	Library	6:00p	Solo Travelers Get Together with Andrea	Spinnaker
8:00a	TRX Suspension Training *		6:00p-6:30p	Bingo Cards Available *	Bliss Lounge
	200000000000000000000000000000000000000	Aerobic Studio	6:00p-6:45p	Start your evening with Manuel at the Piano	Magnums
8:00a-11:0	0a Early Birds Special	Mandara Spa	6:00p-10:00p	Portrait Photography Tonight – Free To Try	Atrium
8:00a-11:0	Oa Photo Spot Magic Ports of Call Photos	Deck 7, Stbd	6:30p	\$3,000 Jackpot & Double Raffle Bingo *	Bliss Lounge
9:00a	Morning Trivia with Cruise Staff	Bliss Lounge	7:00p	Kate & Vasya: Follow Me ^	Stardust Theater
9:00a-10:0	0a Library Book Check-Out	Library	7:00p	Complimentary Posture Analysis	Mandara Spa
9:00a-11:0	On Compact Published the Compact of	•	7:00p	LGBTQIA+ Social (Unhosted)	Bliss Lounge
	Samuel by St. Familing Glass. Gight-op	Bliss Lounge	7:00p	Perfume Party	Tradewinds
9:00a-11:0	Da Massage Testers	Mandara Spa	7:00p-7:45p	Easy Listening with Jade Orchestra	Spinnaker
10:00a	Scattegories Game with Cruise Staff	Bliss Lounge	7:00p-7:45p	Songs That You Love with Manuel	Magnums
11:00a	Baggo Challenge **	Poolside	7:00p-8:00p	Scotches and Watches Event	Tradewinds
			7:15p-8:00p	Deal or No Deal Cards Available (Deck 7) *	Stardust, Deck 7
AFTERNOON			7:30p-8:00p	30K of Art History in 30 Minutes	Art Gallery
12.00-	Maria		7:30p-10:00p	Old & Modern Masters Exhibition	Art Gallery
12:00p	Movie: Spectre (PG-13)	Bliss Lounge	8:00p	Deal or No Deal: Win Up to \$5,000 *	Stardust Theater
12:00p	Word Search: Fun Things to Do	Magnums	8:00p-8:45p	Favorite Dance Music w/ Jade Orchestra	Spinnaker
1:00p	Golf Target Challenge (Portside) **	Deck 13, Aft	8:00p-8:45p	Piano and Vocals with Manuel	Magnums

AI I LIMOON					
12:00p	Movie: Speaker (DO 40)		7:30p-10:00p	Old & Modern Masters Exhibition	Art Gallery
1.00	Movie: Spectre (PG-13)	Bliss Lounge	8:00p	Deal or No Deal: Win Up to \$5,000 *	Stardust Theater
12:00p	Word Search: Fun Things to Do	Magnums	8:00p-8:45p	Favorite Dance Music w/ Jade Orchestra	Spinnaker
1:00p	Golf Target Challenge (Portside) **	Deck 13, Aft	8:00p-8:45p	Piano and Vocals with Manuel	Magnums
2:00p	Origami Creation: Butterfly	Magnums	8:00p-9:00p	Hot Seat Promotion	Jade Casino
3:00p	Goofy Golf Challenge	Magnums	8:15p	Game Show: Last Man Standing	Bliss Lounge
3:45p-4:30p		987 D. D. D.	8:30p	EFFY: Exotic Colored Diamonds	Tradewinds
	Sail Away Music with Sea Side	Poolside	9:00p	Kate & Vasya: Follow Me ^	Stardust Theater
4:00p	Basketball 3 on 3 Tournament **	Sports Court	9:00p-9:45p	Ballroom Dancing with Jade Orchestra	Spinnaker
4:00p	Wonders of Acupuncture	Magnums	9:00p-9:45p	Songs of Neil Diamond with Randon	Magnums
4:30p-6:30p	80's Greatest Mix with DJ Ricii **	Poolside	9:15p-10:00p	Dance Hits with E Cube	Bliss Lounge
5:00p	Friends of Bill W. Meeting	Chapel	10:00p-10:45p	Freddie Mercury Tribute with Manuel	Spinnaker
5:00p	Family Nintendo Switch: 1,2 Switch	Plice Leures	10:00p-10:45p	Guitar and Vocals with Randon	Magnums
		Bliss Lounge	10:15p-11:00p	Fun and Music with E Cube	Bliss Lounge
5:00p	Visual Trivia: International Logos	Magnums	10:45p-Close	Late Night Party with DJ Junex (18+) ***	Spinnaker
5:00p-5:45p	Guitar Melodies with Randon	Atrium	11:00p	Entourage: U of E House Party (13-17 yrs.)	Deck 12, Mid
5:00p-6:00p	Library Book Check-Out	Library	11:00p-11:45p	Smooth Guitar with Randon	Magnums
5:00p-10:00p	Guess the Price of the Painting	Art Gallery	11:15p-12:00a	Late Night Dancing with E Cube	Bliss Lounge
			11:30p	Over \$1,000,000 Jackpot Lotto *	Jade Casino

^{*}Denotes a fee for these activities.

DRINK OF THE DAY

Painkiller - \$9.00

Pussers Rum, Pinacolada Mix, Pineapple Juice, Orange Juice, Nutmeg A 20% Gratuity and beverage service will be added to your check. Additional taxes may apply while in certain ports and itineraries.

Photography and video recording of this show is prohibited. ***Spinnaker Lounge becomes an adult (18+) only Disco at 11:30p.

KEEP HYDRATED WITH OUR WATER PACKAGE

6 (1 Liter) Bottles, for \$19.95 12 (1 Liter) Bottles, for \$34.95 24 (1 Liter) Bottles, for \$49.95

A 20% gratuity and beverage service charge will be added to your check. Additional taxes may apply while in certain ports and itinerary.

^{**}Weather permitting.

KNOW.



Wi-Fi available bow to stern.

TODAY'S DINING OPTIONS

MORNING

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CO	MP	LIF	ИE	NT	ARY

Early Risers	Breakfast (Deck 12, Mid)	5:30a-6:30a
Garden Café	Buffet (Deck 12, Mid)	6:30a-10:30a
Grand Pacific	Main Dining (Deck 7, Aft	7:00a-9:00a
Great Outdoors**	Breakfast (Deck 12, Aft)	7:30a-11:30a
O'Sheehan's	Breakfast (Deck 8, Mid)	5:30a-11:00a

AFTERNOON

COMPLIMENTARY

Garden Café	Buffet (Deck 12, Mid)	12:00p-3:00p
Great Outdoors**	Snacks (Deck 12, Aft)	3:00p-5:30p
O'Sheehan's	Lunch (Deck 8, Mid)	11:30a-5:00p

DINNER

COMPLIMENTARY

Alizar	Main Dining (Deck 6, Mid)	6:00p-10:00p
Garden Café- Oriental Dinner	Buffet (Deck 12, Mid)	5:30p-9:30p
Grand Pacific	Main Dining (Deck 7, Aft)	5:30p-9:30p
Great Outdoors**	Late Snacks (Deck 12, Aft))	9:30p-11:30p
Jasmine Garden	Asian (Deck 7, Mid)	5:30p-10:00p
O'Sheehan's	Dinner (Deck 8, Mid)	5:00p-10:00p

COVER CHARGE APPLIES

Moderno (\$49)*	Brazilian (Deck 13, Mid)	5:30p-10:00p
Teppanyaki (\$49)*	Asian (Deck 7, Mid)	5:30p, 7:30p
		& 9:30p

^{*}Please note that these charges are per person.

A LA CARTE CHARGE APPLIES

Cagney's*	Steakhouse (Deck 13, Mid)	5:30p-10:00p
La Cucina*	Italian (Deck 12, Aft)	5:30p-10:00p
Le Bistro*	French (Deck 6, Mid)	5:30p-10:00p
Sushi*	Asian (Deck 7, Mid)	5:30p-10:00p

^{*}Please note a 20% gratuity will be added to your check. Additional taxes may apply while in certain ports & itinerary.

24/7

O' Sheehan's	Comfort Food (Deck 8, Mic	d) Always Open
Food must be consumed	within the dining area, take away	is not available.
Room Service*	Stateroom Delivery	Always Open

^{*}Room service fee of \$9.95 will be added to all orders

RESERVATIONS: Our Restaurant Reservations Desk is open from 8:00a-5:00p at the Reservation Desk, Deck 7, Mid. After 5:00p please visit O'Sheehan's Hostess Desk (Deck 8, Mid) or simply dial 050.

To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes. After 15 minutes, the unclaimed reservation will be released DRESS CODE: Resort casual and shorts are allowed in all dining venues except Grand Pacific & Le Bistro at Dinner time. Long pants, shoes and shirt must be worn.

HOURS OF OPERATION

BAR SERVICES

Bliss Lounge, Deck 7, Fwd	6:00p-Close
Great Outdoors Bar, Deck 12, Aft**	11:00a-11:00p
Jade Casino Bar, Deck 6, Fwd	6:00p-Close
Java Café, Deck 7, Mid	6:00a-10:00p
Juice Bar, Deck 12, Mid	6:00a-10:00a
Mixers/Magnum's/Cigar Lounge, Deck 6, Mid	4:00p-12:00a
O' Sheehan's Deck 8, Mid	7:00a-2:00a
Sake Bar, Deck 7, Mid	5:30p-10:30p
Spinnaker Lounge, Deck 13, Fwd	5:30p-Close
Sugarcane, Mojito Bar, Deck 13, Mid	5:00p-11:00p
Tankards Beer & Whiskey Bar, Deck 6, Mid	5:00p-12:00a
The Pit Stop, Deck 13, Fwd **	2:00p-Close
Topsiders Bar, Deck 12, Mid**	8:00a-Close

^{*}Please note a 20% gratuity will be added to your check. Additional taxes may apply while in certain ports & itineraries.

CHECT CEDVICES

GUEST SERVICES	
Art Gallery, Deck 7, Aft	5:00p-10:30p
Bridge Viewing Room, Deck 11, Fwd	Sunrise-Sunset
Chapel, Deck 13, Fwd	Always Open
Cruise Neut Deek 7 Mid	Figure 9:00s
CruiseNext Desk, Deck 7, Mid	5:00p-8:00p
Entourage Teen Club, Deck 12, Mid	5:00p-7:00p
	9:00p-1:00a
Giant Chess, Deck 13, Aft**	10:00a-5:00p
Golf Cage, Deck 13, Aft [†] .**	8:00a-5:00p
Guest Service Desk, Deck 7, Mid (#00)	Always Open
Hot Tubs, Deck 12, Mid**	7:00a-12:00a
Internet Café, Deck 7, Aft	Always Open
Internet Manager, Deck 7, Aft	8:00a-10:00a
	5:00p-7:00p
	8:00p-10:00p
Jade Casino, Deck 6, Fwd	6:30p-Close
Library (book checkout), Deck 12, Fwd	9:00a-10:00a
Elbrary (book checkody), beek 12, 1 wa	5:00p-6:00p
Mandara Spa, Deck 12, Fwd	8:00a-11:00p
Medical Center, Deck 4, Mid - For Emergency Dial 911	8:00a-9:30a
	6:00p-7:30p
(Medical Services are subject to charge)	children without
Note: 18 years and younger – no medicine to be issued to	Çillidi eri Without
the presence of their parents.	7:000 10:000
Onboard Credit Desk, Atrium, Deck 7, Mid	7:00a-10:00a
D	5:00p-7:00p
Perspectives Photo Studio, Deck 12, Fwd	Call 7970 for Appt.
Photo Gallery, Deck 7, Aft	6:00p-11:00p
Ping Pong, Deck 12, Mid**	8:00a-10:00p
Pool, Deck 12, Mid**	8:00a-10:00p
Professional Studio Portraits, Deck 7, Mid	6:00p-10:00p
Pulse Fitness Center, Deck 12, Fwd	6:00a-11:00p
Shore Excursions Desk, Deck 7, Mid	6:00p-8:00p
Shuffleboard, Deck 7, Mid**	10:00a-5:00p
(Closed while docked Starboard Side)	The state of the s
Splash Academy, Deck 12, Mid	7:00p-11:00p
Sport Equipment Check Out, Deck 12, Mid (Starboard)	8:00a-4:00p
Sports Court, Deck 13, Aft	8:00a-5:00p
Towel Station, Deck 12, Mid, Starboard	8:00a-10:00p
Tradewinds Gift Shops, Deck 7, Aft	6:30p-11:30p
Video Arcade, Deck 12, Mid	Always Open
Vued Arcade, Deck 12, Mid	Always Open

Pools & Hot Tubs will be opened during specified hours. (Weather permitting) Forward Hot Tubs and Pool, on Deck 12 are for adults only.

In-cabin phone rate:

Call home from the comfort of your stateroom. Rate \$4.99/min

SCOTCHES & WATCHES

Indulge in a little Scotch whisky tasting and learn all about wristwatches in this fascinating Q and A session with Molly & Andres (21+). Today only at 7:00p. Tradewinds, Deck 7, Aft

SAFETY INFORMATION: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. When walking around the ship, use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track). Observe safety signs in your stateroom and throughout the ship SAFETY EQUIPMENT: Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. MARPOL: The Discharge of all garbage into the sea is prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibit the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided. ENWIRONMENTAL HOTLINE: You can report environmental incidents by dialing 1-877-501-5976; 1-305-436-4003; the ship Guest Services Desk at 00, or via email to environmental bindine@ncl.com. The environmental holline should be used only to report environmental incidents, spills and concerns. All reports are confidential. CONSUMER ADVISORY: Consuming raw or undercooked meats, poultry, seafood, shellfish, or experiences your risk for foodborne illness, especially if you have certain medical conditions. Please be advised that food orboard may contain ruts. If you have any questions please contact our Restaurant Management Staff. CASINO: You have to be 18 years old to gamble or be in the casino. Video recording is strictly prohibited. Table and slot winning are subject to IRS reporting and a W2G will be issued. SMOKING POLICY: The designated smoking area for cigarettes, electronic cigarettes, signs, pipe smoking and vapor smoking devices are permitted on Deck 13, Forward, Port Side (The Pit Stop). Cigar Lounge is only for cigars smoking of any kind is prohibited in s

^{*}Denotes a fee for this program.

^{**}Weather permitting.

^{**}Weather permitting.
†Under 16 require adult supervision.

GET SAVINGS THAT SIZZLE.

DELOS

Not far from Mykonos lies the island of Delos, the mythical birthplace of the Goddess Artemis and God Apollo - a UNESCO World Heritage Site. As you meander through the barren island, you will behold ruins that include temples, statues and mosaic floors Desk Hours: 6:00p-8:00p, Deck 7, Mid

GRAND MASTER PALACE

Once in Rhodes, do not fail to visit the impressive Palace of the Grand Master. It is located at the end of the Street of the Knights and its imposing size prevails over the medieval town of Rhodes. Preview and book your Shore Excursions via Cruise Norwegian App. Desk Hours: 6:00p-8:00p, Deck 7, Mid

ANCIENT LINDOS

Do not miss the views from the spectacular Acropolis of Lindos, one of the best examples of antiquity, surrounded by medieval walls and a castle constructed by the Knights of St John of Jerusalem. Book via the Cruise Norwegian App. Desk Hours: 6:00p-8:00p Shore Excursion Desk, Deck 7, Mid

THE PERFECT DAY

75 Minutes with all of these for only \$179:

- · Full Body Massage
- · Invigorating Skin Brushing
- · ELEMIS Touch Facial
- · Foot and Ankle Massage
- Scalp Massage

Add Hot Stones or Bamboo with your back massage for only \$20. Dial 030 to book.

WONDERS OF ACUPUNCTURE

Acupuncture is proven to help treat over 100 conditions, including, Arthritis, Back Pain, Weight Loss and Seasickness. Are you ready to feel better and improve your overall health? Come and see Dr. Ryan today and learn all about the magic of acupuncture. Time: 4:00p, Magnums, Deck 6, Mid

IONITHERMIE DETOX THERAPY

Do you suffer from bloating, sluggish digestion, lack of energy, cellulite, fluid retention or stub burn weight? Ionithermie is a French treatment that has been around for 25+ that uses natural algae to help reduce all of these concerns, the only down side is you can lose between 1-8 inches in one session. Book one session for \$189 or book 3 for \$399.

ACT NOW FOR FREE GIFTS

Order your Photography Package today and save up to 70% off plus choose from a variety of free gifts. Visit the Photo Gallery to get yours. Time: 6:00p-11:00p, Deck 7, Aft

SMILE

We love it. Bring it with to your Portrait session tonight. Time: 6:00p-10:00p, Atrium, Deck 7, Mid

PERSPECTIVES STUDIO

Telling your story one photograph at a time. Make your reservation today and learn how to save \$100 off any one of our collections. Visit Perspectives Studio or call 7970.

SCOTCHES & WATCHES

Indulge in a little Scotch whisky tasting and learn all about wristwatches in this fascinating Q and A session with Molly & Andres (21+). Today only at 7:00p. Tradewinds, Deck 7, Aft

GOLD BY THE INCH

Free matching bracelet with every 21 inches purchased. Starts at 6:30p.

- · White and Yellow gold available
- · Lifetime Guarantee
- · A fraction of the price of others sold elsewhere

Tides, Deck 7, Mid

COLORED DIAMONDS

Effy colored diamonds are hotter than ever. Celebrities everywhere are dripping with Effy designs and you can too. Collect your free gift just for trying something on! Time: 8:30p, Tradewinds, Deck 7, Aft



GUESS THE PRICE

Take your best guess and win. If you guess the weight of the painting, you'll be entered to receive a fabulous prize.
Collecting art has never been more fun.
Time: 5:00p-10:00p
Teppanyaki, Deck 7, Mid

30K YEARS OF ART IN 30 MIN.

Our Art Team will take you from cave paintings to contemporary masters in 30 minutes or less. Prepare to be wowed. Receive a complimentary work of art just for attending.

Time: 7:30p-8:00p
Art Gallery, Deck 7, Aft

OLD & MODERN MASTERS

We are featuring a stunning selection of Old and Modern Day masterworks in the Art Gallery tonight, including art by Picasso, Rembrandt, Peter Max and Britto. Art Deals to make your heart skip. Time: 7:30p-10:00p
Art Gallery, Deck 7, Aft

SCRATCH CARDS

Win up to \$25,000 with our Instant Win Scratch Card for only \$5. Visit the Casino Cashier Window or Players Club Desk to get your Lucky Scratch Card. Time: 6:30p, Jade Casino, Deck 6, Fwd

HOT SEAT PROMOTION

Enjoy more chances to win and bask in exclusive prizes *when you play during one of our "hot" periods
Time: 8:00p-9:00p
Jade Casino, Deck 6, Fwd

OVER \$1 MILLION JACKPOT

Play your 5 lucky numbers in our Paradise lottery for your chance to win the current jackpot of over \$1,000.000. Match 4 numbers and you have \$2,000 coming your way. Get 3 numbers and you will win \$100.

Time: 11:30p, Jade Casino, Deck 6, Fwd

WINE EXPERIENCE & MORE

From our famous blind-black glass tastings and wine and cheese pairings to taking your plate on a whiskey tour, discover a beverage experience perfectly paired for your vacation. Explore all of your opportunities today.

SWIFT DELIVERY ON DEMAND

Introducing SWIFT-Norwegian's brandnew on demand delivery service. Available 24/7.Order your favorite cocktails, wine, beer, soda and snacks all from the convenience of your stateroom and your order will arrive swiftly. Cheers. Order through 24/7 Room Service.

SAIL & SUSTAIN COCKTAILS

Discover your new favorite cocktail that's both delicious and eco-friendly. Our Sail & Sustain Drink of the Day incorporates surplus food as ingredients, which helps to minimize natural resources, conserve energy and minimize pollution. Toast your vacation and a more sustainable future with these unique handcrafted cocktails.

HOW TO GET CONNECTED

- Put your device in Airplane Mode and connect to the ship's public Wi-Fi signal NCL_Internet_Jade manually or by scanning the QR code located onboard.
- 2. If the login page does not automatically appear, type Login.com in your browser and then click GO/Enter (Safari, Chrome, etc).
- 3. Follow the online instructions to create an account & select a plan. Click Go Online.
- 4. To end your session, type Logout.com in your browser and then click GO/Enter.
- Cruise Norwegian App users Internet purchase in not required.
 Connect to the ships public WiFi network and click on Cruise Norwegian
 App Only button to keep your app connected all cruise long.

WI-FI EXCLUSIVE - MULTI DEVICE WI-FI PLANS

Norwegian Jade Exclusive - Multi Device Wi-Fi Plans Receive a discount of up to \$125 when you upgrade your Free @ Sea internet plan to purchase an Unlimited WiFi Plan. Choose the # of devices you want to connect with our Basic and Premium Wi-Fi Plans. Full Cruise Plans are purchased for the entire cruise.

Premium Unlimited Packages

1 Device \$39.99 p day

2 Devices \$61.98 p day

4 Devices \$103.96 p day

Also Available Social Media Unlimited Plan - \$14.99 per day

Manager's Hours: 8:00a-10:00a; 5:00p-7:00p & 8:00p-10:00p, Deck 7, Aft

CRUISENEXT

It is never too soon to start planning your next dream vacation. Receive up to \$500 free onboard credit to use on this sailing, plus with CruiseNext Ultimate you will receive an additional offer. Visit the CruiseNext desk in the Atrium for additional details.

Time: 5:00p-8:00p, CruiseNext Desk, Deck 7, Mid

CRUISENEXT

Discover where Norwegian can take you to cruise next. Learn about our fleet, exciting itineraries, and how to receive up to \$500 free onboard credit to spend on board today. Come and see CruiseNext for details. CruiseNext Desk Hours; 5:00p-8:00p, Deck 7, Mid