

# DEFINING MOMENTS

SUMMER 2023



**Jump  
on board**  
Advancing healthcare  
in the Northwoods



Howard Young  
Foundation



# Sunny smiles. Outdoor adventures.

Fun with family and friends. Welcome to summer in the Northwoods! From all of us at the Howard Young Foundation, thank you for keeping quality healthcare in the Northwoods a reality.

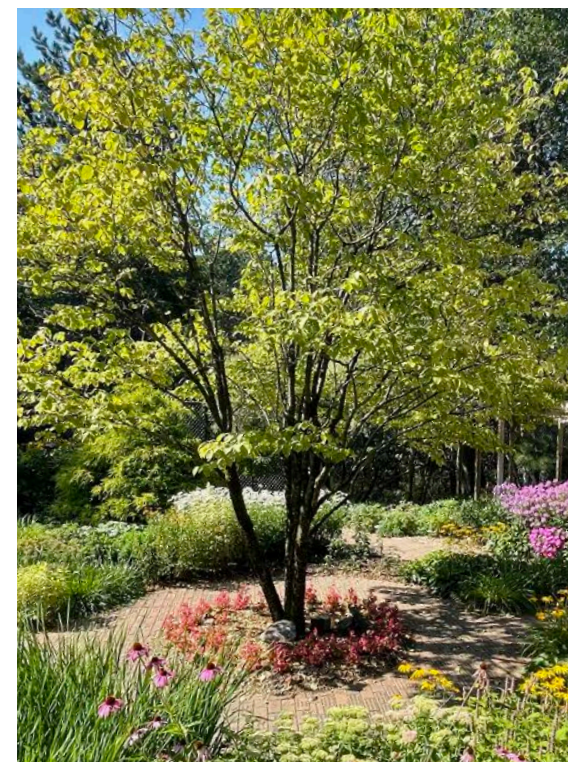
*Have a healthy and happy summer season!*



Rising STAR Transition Center completes its first year. Read about the students' success on page 12



Read about the Koller family legacy on page 14



Explore the Aspirus Seasons of Life Garden on page 16

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Howard Young Foundation Staff (Left to Right) Jessie Halverson, Jessica Bland, Elizabeth Gering Duemmel, and Erin Biertzer

## Our Mission

The Howard Young Medical Center was built in 1977 through a very generous bequest provided by philanthropist Howard Young. Bearing his name to honor his philanthropic gift, the Foundation was established in 1984 to advance the health and wellness of all people in the communities we serve through your charitable support.

## Special Thanks...

**Carrie Hoyer**, Howard Young Foundation Board of Directors Marketing Chair and Executive Committee Member at Large

**Susan Reetz**, Clear Focus Media LLC, Copywriter

**Shawn Stigsell**, Stigsell Creative Graphic Design/Art Director

**Vanessa Embling**, Photographer

*All who share their stories and photos*

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**Howard Young  
Foundation**



*Dear Friend,*

The Howard Young Foundation is proud to partner with our donors, Aspirus Health, Howard Young Medical Center (HYMC) and Aspirus Eagle River Hospital (AERH) to ensure the growth of access to quality healthcare for our families and friends in northern Wisconsin. Together, we continue to build healthy communities for year-round and seasonal residents along with visitors.

Since the transition began almost two years ago, Aspirus has increased the number of patients they care for right at HYMC. This includes hospitalist care, renovating and expanding primary care, moving the services of the former Aspirus clinic and surgery center to HYMC, investing in capital needs and continuing to add to their specialist outreach. Through it all, the providers and staff continue to offer the high quality care that they are known for. AERH will soon begin work on a master facility plan that will look at hospital and clinic services and space.

Supporting exceptional local healthcare has always been the Foundation's mission. We simply couldn't do it without the collaboration of our hospitals, the community, our donors and our dedicated staff.

The Foundation would like to welcome our new Donor Specialist, Jessica Bland, to our team. Jessica has many years of experience in the healthcare field, including clinic management, and has seen firsthand how essential access to healthcare is for patients and the communities in which they live. She is excited to support the efforts of the Howard Young Foundation in advancing healthcare here in the Northwoods.

Please join us in wishing Julie Nickelsen all the best as she has taken an opportunity to be closer to family. She has been a great asset to the Foundation and played an instrumental role in the Rising STAR Transition Center campaign in her capacity as Director of Operations and Annual Giving. We thank her for her hard work.

Your generosity ensures that outstanding healthcare remains available here, in our communities. The following pages are filled with examples of how your gifts make a difference. Read more about how your donations help patients at Seasons of Life Hospice House, students at Rising STAR Transition Center, and how a planned gift impacts behavioral health services here.

Whether you support the Foundation through planned giving or annual donations, participating in events like the Minocqua Dragon Boat Festival or contributing to special campaigns, *you change lives*. Thank you!

Sincerely,

Trig Solberg, Board Chairman  
Howard Young Foundation

Erin Biertzer, President  
Howard Young Foundation



Trig Solberg



Erin Biertzer

## BOARD OF DIRECTORS

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**GREGG WALKER**



# Give it your all!

On Saturday, August 19, 2023, dragon boats will once again ride the waves of Lake Minocqua at Torpy Park, ridden by paddlers from across the country. Will you be among them? Onsite coaching and a practice session for all paddlers will teach you how to guide the beast to do your bidding. Gather your friends and register as a team or register as an individual and be added to a team.

Either way, you're in for a day of high energy fun and camaraderie on the water while you support the work of the Howard Young Foundation. Or, if you prefer to stay on solid ground, bring your friends and family to enjoy this all ages event, and cheer the boats from shore. All funds raised, including registration fees and team fundraising, go towards a state-of-the-art hospital project for our community. Our festival fundraising will help offer patients better healthcare close to home.



To Register, Donate or Volunteer, visit  
[minocquadragonboat.com](https://minocquadragonboat.com)

*Thank you to our 2023 sponsors, you keep us paddling!*



## LIGHT UP A LIFE

# Bringing Peace

**THANK YOU TO ALL WHO DONATED TO OUR 2022 YEAR END APPEAL “LIGHT UP A LIFE”** campaign to raise funds for Hospice Patient Services in the Northwoods. Because of our donors, 512 days of patient care at Aspirus Seasons of Life Hospice House can be covered in the future. Our year-end direct mail campaign raised \$192,000, with \$128,000 designated for Hospice Patient Services, exceeding our goal of \$100,000. The Women’s Legacy Council is continuing to raise funds for this important program. You can read more about their efforts on Page 23.

Your generous support of hospice care not only lights up the lives of hospice patients, but also their families.

## The Lacek Family’s Experience

In August of 2020, during the COVID 19 pandemic, Mary Ann Colasacco’s parents, Emil Lacek, age 96 and Jacqueline “Jackie” Lacek, age 94, were receiving hospice services in their home. Mary Ann, her two brothers and sister took turns staying with their parents and helping out, gratefully getting guidance and advice from hospice care staff. When their dad died in March of 2021, care continued for their mother.

“We had made a pact between the four of us that we were not going to put her in a nursing home, that we were going to

take care of her until she passed,” Mary Ann recalled. “We had a Hoyer lift in the home and a hospital bed. A hospice nurse came in once a week and the aide came in twice a week to shower her. It was becoming physically very difficult to move her, especially for my sister and myself.”

In July of 2021, Jackie told her son that she wanted them to find a place for her. Mary Ann remembered that the nurse had told them about Seasons of Life Hospice House. She, her husband and her mom went to visit the beautiful nonprofit home built by our dedicated hospital and community and nestled in a scenic wooded setting at the edge of town.

Just walking in we had a welcoming feeling,” Mary Ann said. “The nurses, the aides and the cook were there to greet us. We walked out shaking our heads, commenting on what incredible luck it would be if this worked out for Mom.”

Two days later, the family received a letter stating that Jackie had been approved for financial help and the following week they were notified that there was a room ready for her.

“It was a miracle. I spent the first night with her there,” stated Mary Ann. “The staff were so kind and respectful, and checked on her every two hours. Mom loved it there and it was an incredible relief for me to go back to being just her daughter instead of her caregiver.”

Friendships developed between the staff and volunteers and Jackie and her family. She had many visitors who enjoyed taking her out for strolls through the beautiful gardens. This was a place of peace and solace for her.



## She had many visitors who enjoyed taking her out for strolls through the beautiful gardens. This was a place of peace and solace for her.

Jackie was at Seasons of Life for three and one-half months before she died. In the final days, Mary Ann read to Jackie from two years of Christmas cards, reminiscing about the senders. Mary Ann wanted her to hear her voice and know she wasn’t alone. The nurses and aides gently prepped the family for what to expect, and Jackie had a very peaceful passing.

“It was sacred, the way they cared for her during the whole time she was there. They always showed her such respect and dignity and honor,” Mary Ann commented. “And they took care of us too. They let us sleep there when we needed to, listened when we needed to talk and gave us our space when we needed it. They were so kind.”

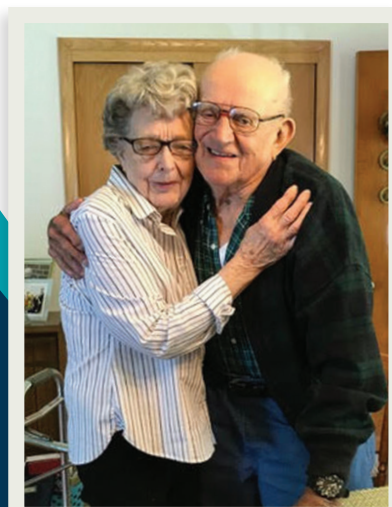
And to the donors and the Howard Young

Foundation... “I can’t even begin to express my gratitude that at a time when we were worried about my mom and knowing that we were going to have to say goodbye to her, we didn’t have to worry about the financial aspect of it,” Mary Ann added. “It brought ease and peace of mind to everybody in the family, Mom included.”

Jackie’s stay at Aspirus Seasons of Life Hospice House was made possible through donations to the Howard Young Foundation. Generous individuals like you make it possible to remove financial obstacles from patients at end-of-life, and provide them, and their families, with compassionate care. For more information about how to apply for financial assistance contact Aspirus Seasons of Life Hospice House at 715.356.5014. ●

*You can help support patients and care at Aspirus Seasons of Life Hospice House. Donate online to the Seasons of Life Hospice Patient Care fund at [howardyoungfoundation.org](http://howardyoungfoundation.org) or mail a check to the Howard Young Foundation, P.O. Box 10, Minocqua, WI 54548.*

“The Aspirus Seasons of Life Garden offers respite to our residents and staff during a time of significant change in their lives. It serves to please our eye and our soul” Christina Osborne, Supervisor of Patient Care, Aspirus Comfort Care and Hospice Services



Jackie & Emil Lacek





Teri Theiler, President,  
North Wisconsin Region, Aspirus Health

## Q&A WITH TERI THEILER

# A Bright Future for Local Healthcare

The exceptional quality of healthcare in our communities continues under the stewardship of Aspirus Health. They've already made some amazing commitments to the Northwoods and the future looks bright. We recently sat down with Teri Theiler, President, North Wisconsin Region at Aspirus Health, to see how things are going, and what we can expect going forward.

**Howard Young Foundation:** August will mark the two-year anniversary of the integration of the former Ascension Wisconsin facilities into the Aspirus Health system. How are things going according to the original plan?

**Teri Theiler:** Things are going very well, but even welcomed change comes with its own challenges. Aspirus was delighted to find a seasoned, dedicated workforce of medical professionals at Howard Young Medical Center (HYMC). Those employees have had a lot to learn as they transitioned into this new healthcare system. We have asked them to change much about the way they work. We have different event recording, phone and human resource systems - all the way up to a brand-new electronic health record, Epic, to improve connectivity across health systems for our seasonal residents and year-round residents who travel. I think that our team is handling these necessary changes well, which ultimately translates into a better experience for patients.

**HYF:** What investments have been made specifically to the HYMC Campus?

**TT:** Since we joined Aspirus there have been significant investments locally. The largest investment has been the electronic health record, Epic. We have invested in the exterior of the hospital and completed a large renovation and the integration of our clinic space to combine primary care services into one location. We redesigned our emergency services to offer Urgent Care and complement our 24/7 Emergency Department. However, there are also things that are not as shiny, but equally necessary, such as new boilers and fire doors. In addition to that we have seen significant investment in capital with items like new signage, Neptune suctioning devices in the operating room,



Teri Theiler  
volunteering  
at the 2022  
Minocqua  
Dragon Boat  
Festival

new sterilizers, ultrasound equipment, glide scopes and more. These are improvements we have wanted for several years to support our patients and ensure we are providing the most up-to-date care with the best equipment. And now the hangar at Howard Young Medical Center is home to a twin-engine Airbus H135 Helicopter, "MedEvac Air 1." This new addition offers increased size, weight and fuel capacity that increases flight range for those critical transport moments when seconds matter most.

**HYF:** Patient Safety and Quality are always key priorities for health care providers. Do you have any indication about how our Northwood's Hospitals are doing?

**TT:** For HYMC and Aspirus Eagle River Hospital, we monitor daily and report out monthly on our pillar score card metrics. Both hospitals are exceeding the benchmark for all quality and safety metrics such as infections, falls with injury, and sepsis. That is why HYMC has been recognized as a Centers for Medicare and Medicaid Services (CMS) 5-Star hospital and featured in health care industry publications.

**HYF:** What are some of the biggest challenges faced by our hospitals here in northern Wisconsin?



**TT:** All health care providers experience some of the same challenges with declining reimbursement and workforce competition. What is unique to our hospitals in the Northwoods is that we have a seasonal population, so sometimes we are looking for more workers in the summer than winter. It is also more challenging to recruit for rural markets. There are positions open for licensed caregivers and support staff, so if someone has an interest in working in health care, they can find our listings online at [aspirus.org](http://aspirus.org) or reach out to me directly.

**“The staff have handled the transition very well. They did so with enthusiasm and grace and patience, which is all that we can ask for. What they didn’t waiver on is continuing to provide excellent patient care.”**

**HYF:** What can the Lakeland Area expect from Aspirus in the future?

**TT:** Coming out of the COVID-19 pandemic we are excited to engage with our community. We look forward to restarting our medical outreach and free screenings at the Lakeland Pantry. We also continue to improve our physician referrals and phone system, adding dedicated staff to help patients access services closest to home or through the first available appointment. People can also now communicate with their provider through MyAspirus, our online patient portal. We look forward to continued opportunities to expand local specialty services. We know we have made advances in primary care, but we have also already added an additional day that cardiology services

are available in Woodruff and are looking for additional specialty opportunities. We will be expanding surgical services at HYMC this summer. One key to growth is maximizing the use of our facilities, and we have additional clinic space at HYMC that can be converted for that reason. In Eagle River we need to complete some clinic upgrades and would like to increase outpatient services, such as infusions.

**HYF:** Do you have any idea about what longer term program and capital needs might be?

**TT:** We’ve identified a local need for expanding services such as oncology, neurology and orthopedics and we will explore opportunities to grow those areas. We have worked on an analysis of community needs by service, with the hope of keeping as many services available locally as possible.

**HYF:** What else do you think our readers should know? Anything else you would like to share?

**TT:** I would like people to know that we have integrated with Aspirus, which is an organization that excels in providing rural health care. And our team continues to be dedicated to serving patients with excellence and compassion. ●

*Please support local healthcare for all of our families and friends by making a contribution to the Howard Young Medical Center Greatest Need fund or the Aspirus Eagle River Hospital Greatest Need fund at [howardyoungfoundation.org](http://howardyoungfoundation.org).*



# Our Healthcare Heroes

The Howard Young Foundation extended our congratulations, and a small gift, to our healthcare heroes at both Howard Young Medical Center (HYMC) and Aspirus Eagle River Hospital (AERH). Both hospitals are exceeding the benchmark for all of their quality and safety metrics, which is why HYMC has been recognized as a Centers for Medicare and Medicaid Services (CMS) 5-Star

hospital along with recognition from other healthcare industry publications.

We see and hear the difference they make every day through feedback from patients. The Howard Young Foundation is forever grateful for our hospitals and the staff who provide services for our families, friends and neighbors who call the Northwoods home.



Staff at Aspirus Eagle River Hospital with their gift from the Howard Young Foundation



## AT WORK IN THE COMMUNITY

# Rising STAR Students Shine

**TO SUCCEED IN LIFE**, we all need connections – to community, employment, service, friends and family. Rising STAR Transition Center is helping students create those connections and build a life of independence.

Located in Woodruff, Wisconsin, the staff and students at Rising STAR are wrapping up their first year of operation. This unique program is a component of Lakeland STAR School/Academy and accommodates students ages 18 to 21 with an Individualized Education Plan (IEP). While the goal of independence is a key to the entire STAR

system, it's especially important for Rising STAR students as they prepare to transition from school to life in the larger world.

"One of the hallmarks of a transition program is to get students into the community because that's where they're going to be after school," said DeLynn Charon, Director of Rising STAR. "We've been very busy building connections and creating opportunities for our students."

Each student's path to independence is different depending on their needs and interests. Some will attend Rising STAR all three years, and others

may move on sooner. But while there, students work on budgeting and money management, grocery shopping and cooking, communication skills, caring for a home, interacting with the larger public and more so they are prepared for whatever they choose to do after finishing school.

Helping students find their passion is a hands-on proposition. Some students job shadow, do internships or land jobs. Others might create their own businesses. All students participate in creating and selling art and baked goods, and supply all the desserts for North Fork Fin & Filet restaurant. Rising STAR also makes and sells Puzzle Paws pet treats. These activities provide hands-on learning of business and people skills.

The educators find a true sense of accomplishment in watching these young adults flourish and are extremely grateful to the Howard Young Foundation, Women's Legacy Council (a committee of the Foundation), the Lakeland STAR Golf Event and all the donors for making Rising STAR a reality.

"We are proud of the way our students contribute to the community, and honored by

**"We are proud of the way our students contribute to the community, and honored by the way the community supports our efforts."**

the way the community supports our efforts," DeLynn said. "Because of the generosity of the donors, Women's Legacy Council, Lakeland STAR Golf Outing Participants and the Howard Young Foundation, we're able to think and work creatively, in a beautiful environment, to help our students build connections and independence. That is our whole purpose." ●

*You can support Rising STAR Transition Center and other autism services by donating to the Howard Young Foundation's Autism Services fund at [howardyoungfoundation.org](http://howardyoungfoundation.org) or mail a check to Howard Young Foundation, P.O. Box 10, Minocqua, WI 54548.*



## Hannah, 18

Hannah is employed part-time at North Lakeland Elementary School. She works in many areas including food service, laundry, maintenance and the library.



## Jack, 19

Jack has an entrepreneurial spirit. He enjoys many activities in the community including going to coffee shops, spending time at the library and volunteering at the Lac du Flambeau Youth Center. He also likes shredding. One of his future goals is to offer a shredding service: Inshredible.



## Hayle, 18

Hayle found employment with a company in the area. She completed an RV technician certification and now works full-time at Indian Shores RV in Woodruff. She also moved into her very own apartment in May.



## Amanda, 20

Amanda works at a new community partner, Unwind Spa in Woodruff. She also volunteers at Rock of Ages Church and the Campanile Center, a real treat since she loves anything related to theater.



## Sam, 19

Sam started his own enterprise, Precious Times, transferring video from tapes to DVD or another digital format. Through his education at Lakeland STAR and Rising STAR, he has built the communication skills and confidence to talk to his customers. These abilities and experiences also help Sam succeed in his part time job at Incredible Bank.

**Congrats to all these students on their many successes!**



## FRANK &amp; BETTY KOLLER'S LEGACY

# Creating a Safe and Caring Space

**THERE IS NO GREATER GIFT THAN ONE GIVEN TO BENEFIT THE HEALTH AND LIFE OF ANOTHER.** It is because of such a gift that we have quality and accessible behavioral health and substance use disorder services available to - and for- our families and neighbors through Koller Behavioral Health. "Betty and Frank Koller moved to Manitowish Waters in 1946 to join five other families in starting the cranberry growing business, and all prospered," said Gary Ratts, the Kollers' close friend and trust officer. "They lived the

rest of their lives there among many friends as active members of the community sharing gifts of their time, talents and money."

When their only child, Frankie, returned from serving in the Vietnam War, he struggled with the aftermath of combat. There were very few mental health resources available in the Northwoods at the time, and though his parents tried tirelessly to help him, Frankie died by suicide in 1978.

After Frankie's death, Betty and Frank made many contributions to their community in his memory, providing funds for their church, library, a veterans' memorial and scholarships. Their generosity also included an extraordinary gift to the Howard Young Foundation to establish Aspirus Koller Behavioral Health in 1978. Betty also left a \$2.5 million bequest in 2010 to the Foundation in her son's name to ensure that the clinic's compassionate services would remain available to those in the Northwoods area far into the future.

"Betty and Frank decided that they wanted their assets to extend for a long period of time, so they created charitable trusts, including one for Aspirus Koller Behavioral Health," Gary said. The Kollers trusted Gary to make sure that the funds would be used as they intended. He still takes the time to talk to the leadership at these charities about who Betty and Frank were and how their gifts should be used.

"The recognition of our donor name is in everything that we do," stated Jessica Schiek, MS, LPC and Director of Aspirus Koller Behavioral Health. "When new hires come on board, I make it a point to bring them to Howard Young Medical Center to walk them down the hall and show them the picture of Betty and Frank... to really drive home that every patient has a family and that it's really meaningful what we do."



Frank &amp; Betty Koller

“We provide that safe place when somebody doesn’t feel safe, and donors make that possible.”

Koller Behavioral Health provides accessible mental health and substance use disorder services in the northern region of Wisconsin. These include outpatient psychiatry, psychology and psychotherapy or traditional counseling for people ranging from four-years-old to 104-years-old.

Betty and Frank's gifts to the Foundation established the Koller Behavioral Health Fund and helps expand services and meet community needs. For example, the Frank B. Koller Mental Health Summit provides a free, full day of awareness and education to all mental health providers in the area, patients and community members. Donations make it possible to send providers to trainings and allows them to bring back new treatment techniques and interventions. Funds have also been used to increase community understanding and awareness of suicide and how we can prevent it, as well as to expand autism assessment testing.

"We are very lucky to have such a robust, broad range and spectrum of services here," Jessica said. "These services include our

autism diagnostic clinic which is one of our specialty areas. Most of our psychologists now have this specialty training, which means that families don't have to wait as long or travel as far to get the assessments. Since expanding this service referrals have grown and families benefit from the impact of early intervention."

The Kollers' initial gift to establish Koller Behavioral Health has greatly benefited our community, and their planned gift ensures that these critical services will continue long into the future. Their estate plan left a legacy for all of our year-round and seasonal residents.

"We provide that safe place when somebody doesn't feel safe, and donors make that possible," Jessica said. "It's a powerful thing." ●

*You can support mental health services in the Northwoods by making a donation to the Aspirus Koller Behavioral Health fund at [howardyoungfoundation.org](http://howardyoungfoundation.org), or you can mail a check to the Howard Young Foundation, P.O. Box 10, Minocqua, WI 54548.*

## DONOR IMPACT

**Koller Behavioral Health has had more than 14,000 outpatient visits to their clinic since July, 2022.**

Twenty percent of those visits were Telehealth, improving appointment flexibility and accessibility. Koller Behavioral Health benefits our entire community, working to remove treatment barriers, including the stigma that surrounds mental health services.

**To make an appointment at Koller Behavioral Health call 715-361-2805**





The stunning Seasons of Life Garden with the path of memory bricks

## THANK YOU LAKE LAND GARDENERS

# Endless Solitude

**IN HOSPICE PEOPLE OFTEN LOOK** so closely at bedside support as the shining star of care, yet it is all the sideline efforts which create the total experience.

It is the entrance of the home, the comfort of the room temperature, the view out the window and the wild-life that appears like a gift.

We are fortunate to have a place of deep refuge and serenity right outside the Aspirus Seasons of Life

Hospice House. This peaceful garden has been blooming for nearly 20 years. Started by the Master Gardeners of the North in 2004, it has been nurtured and maintained since 2010 by the Lakeland Gardeners, a group of Minocqua-based Master Gardener volunteers, as well as other committed gardeners from the community. Thanks to their dedicated work, it remains a source of beauty and tranquility for residents, their families, staff and the community.

“The gardens are attended to with such love - the space gives visitors a place

to simply ‘be’ when hours and days and weeks in solitude can feel endless. It is a spot that offers a pause to be with beauty

and a loving hold in time to breathe

in the moment,” said Amy

Kitzembel, Aspirus Comfort

Care and Hospice Services,

Bereavement Team Lead.

“Bricks etched with the

names of loved ones who

have gone before us form

a walking path that winds

through the colorful garden.

Some say that hospice is heaven’s waiting room; a space such as this garden offers a glimpse of the best of this world and quite possibly whatever is next.” ●

*Individual bricks are engraved with special messages of love from those who cherish their memory. To learn more about the Lakeland Gardeners and how to order bricks in honor of your loved ones, visit [lakelandgardeners.org](http://lakelandgardeners.org) or contact [memorybricks@lakelandgardeners.org](mailto:memorybricks@lakelandgardeners.org). Support Seasons of Life Hospice Patient Care at [howardyoungfoundation.org](http://howardyoungfoundation.org).*

Join us this summer at Gardenfest to support the Seasons of Life Garden. Learn more on page 22



# The Power of Philanthropy

The support of friends like you helps the Howard Young Foundation bring state-of-the-art care to Northwoods residents and visitors, support innovation and research, and strengthen our community through health and wellness. Your gift to the Foundation has the power to change the way we view healthcare at our rural hospitals – one patient at a time. Philanthropy or charitable giving plays a big part in healthcare all over the United States, but it’s even more important in small communities like ours.

## CUMULATIVE GIVING

It is with deep appreciation that we recognize and honor those listed here for their generous and caring cumulative lifetime giving to the Howard Young Foundation totaling \$2,500 or more through 2021. These generous donors have ensured that the health and wellness of all people in the communities we serve will continue for future generations.

### EXTRAORDINARY BENEFACTOR \$1,000,000

Don and Abby Funk  
Marilyn and Bill Hopper  
Trig and Tula Solberg  
Liz and Dick Uihlein  
Ed Uihlein Family Foundation  
James and Bernadine Warning  
Howard Young Trust

### EXCEPTIONAL BENEFACTOR \$500,000

John F. and Eileen L.  
Blumenschein Revocable Trust  
Raymond and Marie  
Goldbach Foundation, Inc.  
Dave and Ginny Kavanaugh –  
Kavanaugh Family Foundation  
Koller Family Foundation –  
Frank and Betty Koller  
Aldo and Dawn Madrigano  
Doug and Jae McCoy  
Seramur Family Foundation –  
Joan and John Seramur  
John and Carolyn Sonnentag  
Volunteers of Aspirus  
Eagle River Hospital  
Robert and Teri Weirauch

### DISTINGUISHED BENEFACTOR \$100,000

Alan Albee  
Ascension Lutheran Church  
Ascension Wisconsin  
Tom Beaudry  
Noelle and David Brock  
Toni and Ron Budelier  
Robert W. and Yvonne Buhler  
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Ministry Health Care, Inc.  
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Minocqua Country Club  
Jerrold Moisson  
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David C. and Delta C. Orlowski

Jinny and Jim Swartout –  
The Osprey Foundation  
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Brad Pinchuk  
Pukall Lumber Foundation, Inc.  
Michael and Nancy Reinsdorf  
Chef Kevin Scharpf

Jerome L. and Joan  
M. Schnettler  
Dr. Barry and Donah Seidel  
Joseph and Alice Smith

Robert William and Betty  
Poyer von Lutzow  
David Wenninger  
and Gayle Fisher

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Poyer von Lutzow  
David Wenninger  
and Gayle Fisher

Dairymen's Foundation Inc.  
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Jamey and Pamela Flannery

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David Wenninger  
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James and Leslie Miller  
William and Iris Miller

Minocqua Brewing Company  
William and Mary Morris  
MTH Foundation  
Francis Timothy

Mulrooney Trust  
Estate of Elizabeth M. Munson  
Jane Newman  
Dean Olson

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Mr. and Mrs. Guido Rahr  
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The Ritchie Family

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Medical Staff of Howard  
Young Medical Center  
James and Leslie Miller

William and Iris Miller  
Minocqua Brewing Company  
William and Mary Morris  
MTH Foundation

Francis Timothy  
Mulrooney Trust  
Estate of Elizabeth M. Munson  
Jane Newman

Dean Olson  
Troy and Laurie Oungst  
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Mr. and Mrs. Guido Rahr

Rands Trucking, Inc.  
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The Ritchie Family  
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2022 membership in the Bonhomie “Good Friend” Club signifies strong interest in the present needs and future welfare of our hospitals. Benefactors who choose to support our hospitals with an annual gift of \$100 or more are listed on the prominent donor recognition wall at Howard Young Medical Center or Aspirus Eagle River Hospital.

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**White Cedar:** \$150 or more annually  
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Black Bear Bar – Ryan and Jen Domaszek	John and Helen Gile	Dave and Ginny Kavanaugh – Kavanaugh Family Foundation	Rob and Alison Nikolai	Hans Schaupp	Daniel and Dana Zagzebski	John and Jonel Near	Rick and Lori Goff	Bad Bones BBQ	James Holden	George and Christine Hoffman	Henry Szymanski
John and Judith Bloom	Dominic Giuffre	Sharon and Jim Kellock	James and Geryaln Nimsgern	Paul and Mary Seidl	Randy Zoeschi	John Nimsgern	Nancy Harvey	Robert and Kathryn Bates	Mr. and Mrs. Steven Humblet	James Holden	Jack R. and Janet F. Tenge
Tony Bodway	Justin and Kahla Gleiter	David and Joanne Kemnitz	North Haven Resort – Ryan Smith	Mary Selander		James and Clare Okraszewski	Richard and Janice Heimerl	Beck's	Abby Janowicz	Charlie Huebner	Jack and Judy Terreberry
Joan and Douglas Borcherdt	Michael and Cheryl Gleiter	Lee King	Northern Clearing	Dave and Cheryl Sell		Joanne R. Orr	Bill and Venus Hilgart	Dr. George and Kim Beiser	Mark and Tobi Johannsen	Mr. and Mrs. Steven Humblet	
Boulder Junction Lions Club	Raymond and Marie Goldbach Foundation, Inc.	Judy and Robert Klauer	Northfork Fin & Filet	Sewer Equipment – John Wichmann		Chris Osswald	Ryan Hirsch	Jim and Kathleen Bennett	John and Christy Bertolino	Bruce and Kathleen Thomas	
Stephen and Camilla Brauer	Golden Karat Jewelers, LLC	Dave and Diane Klimisch	NRG Media	John and Nancy Skoug	SUGAR MAPLE \$500 to \$999	Troy and Laurie Oungst	Howling Dog Saloon, Inc.	Richard Bergman	Peter and Peggy Billing	Ron and Linda Thurow	
Brian Brewer	Jose Gonzalez-Magaz	Bernie and Penny Klotz	Jon Oaks	Brad Smith	70 W Storage	Andrew Paris	Dorothy Jelly	Beth Bierterz	Mr. and Mrs. David Biscaglia	Lynn and Cynthia Trapp	
Gerald and Christine Brost	Deann and Douglas Gosnell	Matt and Tamra Kock	Dean Olson	Trig and Tula Solberg	Action Floor Systems, LLC	Kenneth Alft and Lisa Michaelis-Alft	Gina Kasper	Greg and Audrey Bohn	Jeff and Terri Boh	Sharon Ubben	
Toni and Ron Budeller	Brian Grossman	Koller Family Foundation	Peter and Susan Otis	John and Carolyn Sonnentag	Kenneth Alft and Lisa Michaelis-Alft	Eric Anderson	Kortendick Hardware, Inc.	Dorianne Castree	James and Sandra Bohmann	Tom and Carol Vandenbusch	
Gregory and Judith Budinger	Richard and Margo Gustafson	Charlie Kotke	P & S Investment Company, Inc.	Rebecca and Timothy Sonnentag	Eric Anderson	John and Deanna Pierpont	Jeffrey and Margaret Kresch	Duane Chapman	Gary and Ann Bohr	Gracey I. Vickerstaff	
Robert and Carol Burress	Pat and Bill Hall	Timothy and Rita Kreilkamp	Christopher and Nancy Patrick	Lorna and Robert Springate	Karen Anderson	Robert and Katherine Prentice	Larry Krull	David Christensen and Sharon Krause	Mary Bowlus	David Voltz	
Mitchell Bushman	Kelly and Paul Hamerla	Peoples State Bank	Peoples State Bank	Frederick and Patti Staugh	Kenneth and Royce Angus	Mitch Putnam	Jill C. Lemke	Robert and Nancy Cooper	Terrence and Susan Boyle	Volunteers of Howard Young Medical Center, LLC	
Brent Cella	Edward and Jean Harris	Lawrence Kutz	Ryan Petrie	Stengl Marine	Associated Investment Services	The Samuels Group, Inc.	John L. and Karen E. Lewis	Culver's	Dennis and Julie Breitrick	Robert and Laurie Wachholz	
Scott and Pam Cisney	Hartford Heating and Air Conditioning	Allen and Nancy Labecki	Tracy Petrie	Stigsell Creative	Stacey and Brandon Baker	Dawn and Joseph Schneider	Dana Liotta	Keith and Peg Dyre	Clifford Brosseau	Richard and Gail Weiss	
Community United Church of Christ	Glenda M. Haug	Lakeland Fitness and Golf	Dale and Loretta Pierson	Mary E. Stolder, PhD	Donald Becker	Paul and Suzanne Shain	Manitowish Waters Community Church	Ronald and Jane Ellett	David Brozek	June M. Westphal	
Coontail	Hawkeye Boat Sales	Lakeland Powersports	Brad Pinchuk	Steven Stolder	Jeff Becker	Josh Siehoff	James and Christine Martin	Ronald and Kathleen Endter	Fritz's Bar and Grill	Peter and Beth Wetzler	
Alverin M. Cornell Foundation – William and Wendy Brewer	Ken Heck	The Lakeland Times	Mark and Cheryl Pitman	Tom Stoll	Gary and June Beier	Brian Skaggs	Gary and Monica Mears	Ronald and Kathleen Endter	Jami Brussat	Whirlwind Cleaning Service	
Custom Caretaking & Landscaping	Heck Capital Advisors	Judith Lakota	Platinum – Wayne Briggs	Bradley and Linda Subler	Dawn Benish	David and Cheryl Slezewski	Jeanne and Louis Milewski	Fritz's Bar and Grill	John and Katherine Buehler	Dr. Nancy Wilson	
Jeff Herkert	Heck Capital Advisors	Raulf and Kristina LaMarche	Pukall Lumber Foundation, Inc.	Cliff Sutton	Chad Benz	Jane Somers	Moondeer and Friends Gallery	James T. and Karen A. Grace	Kristin Carnes	Daniel and Erin Winn	
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Ann and John Dell	Candy and John Hickey	Chef Crista Luedtke	Michael and Lynn Redenbaugh	The Boathouse	Chris and Dana Bertagnoli	Robert Stoehr	Chip and Shari Nimsgern	Bernadine Grundy	Douglas and Kathleen Cassidy	Will and Barb Maines	
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Brian and Katie Drerup	Hooray Ranch	John and Dee Dee Lund	James Reichert	Richard and Helen Thomas	Jason Brettingen	Teresa Theiler	Heritage Family Farms	Richard and Linda Clancy	Steven and Lynda Cote	Michelle Mathieu	
		John Lynch	Richard and Lynne Reindl	Deb and John Tritt	Thomas and Barbara Thompson		John and Joan Horan	Ann R. Clarke		Tom and Kirstin McCallum	
		Aldo and Dawn Madrigrano	Richard and Antoinette Reinhart	Ed Uihlein Family Foundation			Susan and Nick Ohlsson	Philip and Nanette Coon		Mary McCann	
								Steven and Lynda Cote		Patrick and Marlys McNamar	



# ANNUAL COMMUNITY EVENTS

**TUESDAY, JUNE 6TH, 2023**

## Lakeland Star Golf Outing

The annual Lakeland STAR Golf Outing held at North Fork Fin & Filet restaurant and Minocqua Country Club benefits Autism Services and the students of Lakeland STAR School/Academy and Rising Star Transition Center.

**Learn more at [lakelandstar.org](http://lakelandstar.org)**

**THURSDAY, JUNE 22ND, 2023**

## Let's Tee Off Against Breast Cancer

A vibrant, women-only golf event at Trout Lake Golf Club raises funds for "We Care" care package totes for first time breast cancer patients across the Northwoods.

**Register at [troutlakegolf.com/letsteeoff](http://troutlakegolf.com/letsteeoff)**

**SATURDAY, JUNE 24TH, 2023**

## Bear Cupboard Run

Get ready for the 14th Annual Bear Cupboard Run on the scenic Bearskin Trail! This fun event benefits the Lakeland Pantry and the Firebird Foundation.

**Sign up at [bearcupboardrun.org](http://bearcupboardrun.org)**

**SATURDAY, JULY 22ND, 2023**

## Seasons of Life Gardenfest

Garden tours, photo opportunities, Lakeland Gardeners plant sale, ice cream social, butterfly information, live music, raffles and more await you at this event to benefit the Aspirus Seasons of Life Garden.

**Learn more at [lakelandgardeners.org](http://lakelandgardeners.org).**

**SATURDAY, AUGUST 19TH, 2023**

## Minocqua Dragon Boat Festival

Feel the energy of the 7th Annual 2022 Minocqua Dragon Boat Festival! Enjoy camaraderie, fun, and thrilling races to benefit the work of the Howard Young Foundation. **Register or volunteer**

**at [minocquadragonboat.com](http://minocquadragonboat.com).**

**TUESDAY, AUGUST 29TH, 2023**

## Legacy of Love

Join the Women's Legacy Council for a casual, relaxed evening with music, food, bourbon tasting and cash bar to raise money for hospice patient care at Aspirus Seasons of Life Hospice House.

Thank you to all who sponsor, volunteer, participate in or donate to one or more of these community events.

**SEPTEMBER 2023**

## Bonhomie Club Recognition Dinner

This dinner is all about you, the donors that allow us to continue advancing healthcare in the Northwoods. Qualifying 2022 donors are invited to an exclusive event to celebrate your contributions to our hospitals and/or Seasons of Life Hospice with hors d'Oeuvres and an update on Howard Young Foundation activities. To be a part of the Bonhomie Club in 2023, donate \$100 or more before the end of the year.

**THURSDAY, NOVEMBER 30TH, 2023**

## Wine, Women and Winter

Celebrate the holiday season while benefiting Lakeland Pantry. Wine tasting, holiday demos, festive holiday appetizers and gift raffles. You won't want to miss it!



Women's Legacy Council members, 2021

## WOMEN'S LEGACY COUNCIL

# A Legacy of Love

"When the community made it clear how important Aspirus Seasons of Life Hospice House is to providing quality end-of-life patient care, the Women's Legacy Council (WLC) stepped up in support," said Cheryl Pitman, WLC Chair. WLC, a group of women philanthropists and a subcommittee of the Howard Young Foundation, are organizing a casual, relaxed evening of music, food, raffles and a cash bar, be held on Tuesday, August 29, 2023, at Northern Waters Distillery. Funds raised at the event will be used for patient care at Aspirus Seasons of Life Hospice House. Their goal is to raise \$40,000 to cover approximately 150 days of care for patients in financial need and support Medical Technician certifi-

cation training for staff. Along with supporting training to up-skill team members to be certified Med Techs.

"We want to ensure that any community member in need of the compassionate care at the hospice house can access it, regardless of their income or financial status," Cheryl stated. "The funds raised through this event alleviate financial obstacles so hospice patients can have the best quality of life even at the end of their lives." ●

*WLC was instrumental in the success of fundraising for the Aspirus Tick-Borne Illness Center and the Rising Star Transition Center. Call the Howard Young Foundation at 715-439-4005 for more information or to reserve your tickets.*





## Howard Young Foundation

P.O. Box 10, Minocqua, WI 54548

# Welcome **Dr. Osterbrink**

**General Surgeon Heather Osterbrink, MD** has joined the team at Aspirus Woodruff Clinic – Maple Street. Dr. Osterbrink holds certifications from the American Board of Surgery and the American Board of Wound Management (ABWM). She will see patients at Howard Young Medical Center and Aspirus Rhinelander Clinic.

“My heart is in rural general surgery,” said Dr. Osterbrink. “By being part of a smaller community and taking care of my neighbors and friends, I believe I am held to a higher standard of care by my patients.”

Patients see Dr. Osterbrink for a variety of surgeries including routine prevention procedures and referrals from providers in primary care, urgent care or the emergency department. To schedule an appointment with Dr. Osterbrink at Howard Young Medical Center, please call 715-361-4700 and ask for an appointment in Woodruff. *To learn more about Aspirus Health and its other medical providers, please visit [aspirus.org](http://aspirus.org).*



*Heather Osterbrink, MD*

This publication is brought to you by the Howard Young Foundation,  
serving our community since 1984. To make a donation:



#### CALL

Our office at  
715-439-4005



#### MAIL

Howard Young Foundation  
P.O. Box 10  
Minocqua, WI 54548



#### ONLINE

Visit our website at  
[howardyoungfoundation.org](http://howardyoungfoundation.org)



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