

***Gesturing towards
entanglement:
facing the times of
trouble***

***Erasmus+
Mobility of Youth
In Regenerative Habitat
OSADA.EARTH in Poland***

11-23 of September 2026



Our Vision

"What if collective healing will be made possible precisely by facing - together - the end of the world as we know it?" - Vanessa Machado de Oliveira

We are witnessing an impasse in response to the question: what can be done (or un-done) about **environmental and social collapse**? We have a wealth of statistics, data, solutions, research, knowledge, and resources; yet we continue to play the same game of success, growth and rivalry.

We see a deeper reason for this deadlock: **our ontological structures of being**, which, even with a great desire for social and environmental change, limit our perceptions and possibilities. The way we were raised, the education system, the ingrained paradigm of development, the myth of the lone hero, competition, cohesion, certainty, control over others—these and many more destructive patterns hide in our **collective cultural shadow** and sabotage even the purest of intentions.

The direction of this youth exchange is to **challenge the ways** we interact with ourselves, each other and the surrounding world. We will ask ourselves questions such as:

- How is my understanding (knowing or sensing) **shaped and limited** by my cultural upbringing?
- What would happen if we **prioritised unlearning** and not-knowing over the constant quest for certainty?
- How is my **imagination restricted** by the current mainstream culture?
- How might desires to “fix” and “solve” limit our abilities to imagine what global social change can look like?
- **How did we end up in such times of trouble?**



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Direction and intentions

Together, we will:

- approach the current time as a moment of **cracks, endings and openings**, which demand of us to stay reflexive, resilient and courageous;
- seek ways of being with the growing **anxieties, depression and isolation** of our generation, recognising them as **political, cultural and collective**;
- learn ways of coping with **hardship and conflict** which are generative and make us more resilient;
- face and attempt to **unlearn behaviours** which we were taught from birth, but which harm others and endanger our collective survival;
- tap into the **wisdom of those who came before us**, scientific, Indigenous and non-Indigenous, to experiment with new ways of relating to each other and "non-human" (whatever that means);
- exchange **somatic, emotional, spiritual, intellectual** and other practices that support resilient action;
- acquiring and sharing **deep and extensive social knowledge** that can enable conscious political participation;
- building our relationship with **environmental and social collapse** and learning about **ecocentric approaches**;
- experience **living in a community** and learn what communities can teach us about being, creating and acting together;
- create a space for **Central and Eastern European solidarity**, grounded in our similar yet different histories and present.

“The crack does not invite repair; it invites reverence.” - Bayo Akomolafe



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Who is this project for?

This project is for people **between 18 and 30 years old** from **Poland, Ukraine, Germany, Hungary and Serbia**.

We are looking for brave and gentle souls who are either currently working for **systemic changes** or aiming towards working for systemic changes. More important than your role in daily life is **the way you find yourself interacting with the questions below**. Check with yourself if they spark curiosity, passion or maybe discomfort that calls you to face it.

- Have you been grappling with the **emptiness and stagnation** of contemporary culture, and feel like there are not enough spaces to confront it together?
- Are you willing to undertake the **difficult task of unlearning** harmful behavioral patterns—patterns that have proven fatal for many cultures and beings on this planet?
- Do you have the courage to try navigating the **strange in-between space** that offers no easy answers or solutions to planetary collapse?
- Do you yearn for wisdom that goes **beyond the intellectual** and draws on experience **of those who came before us**?
- Are you engaged with the past, and/or would like to delve into the **distant and recent history** of our ancestors and the **events that continue to shape** us today and influence what we do and how we act?
- Do you want to learn to **live in community** and face how our modern culture has effectively distorted our ability to **coexist collectively**? To ask questions like: what does it mean to live together, **what responsibilities does it entail**, how can I contribute to the group, what are **my gifts**?

An important note: these are all challenging questions. **We don't expect you to be "skilled" at these things or have extensive knowledge about them**. We are also still learning. If these topics engage you and you find yourself being enticed by one or more of these questions, we will be happy to receive your application.



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What methods, frameworks and tools will we share?

“If the world is to be healed through human efforts, I am convinced it will be by ordinary people, People whose love for this life is even greater than their fear.” - Joanna Macy

- Deep Democracy, Psychology of Process
- tools of the Gesturing Towards Decolonial Futures collective
- “Hospicing Modernity” and “Outgrowing Modernity”
- The Work that Reconnects
- self-expression ZEGG Forum
- Theatre of the Oppressed
- Scott Peck’s Community Building method
- sharing circles, mutual care groups
- Open stage, Open space
- somatic trauma-informed practices like deep breathing, orienting, progressive relaxation, mindfulness
- movement and dance, singing and musical improvisation, writing and journalling
- community service
- dreaming circles
- all kinds of informal and emergent spaces



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Team!

Laura



Laura Schock is a de-colonial educator, group facilitator, community organiser and classically trained musician. She facilitates spaces on the verge between activist, artistic, Soul-centric and community-building spheres, such as Work that Reconnects tools, GTDF tools, dream circles, wilderness re-connection for her local community. As a musician she researches traditional Slavic singing techniques and is the lead singer of the band *Wieża Rdzeń*. She longs to leave something worthwhile for the future children of humanity by connecting with lost ways of her ancestors.

Łukasz

Łukasz Woźniak is a poet, facilitator, community project coordinator, student of the Psychology of Process school, and interdisciplinary artist. He was a part of the GEN and YTS networks. As a conflict mediator, he's supported multiple grassroots and community organisations. He focuses on eco-centric education, and questions about the ontology of our existence in a time of collapse. He published a poetry book titled **Umalmu** in 2025.



Ewa



Ewa Rewers is an organiser, facilitator, project coordinator, and educator. She organised with various climate and social justice movements in Poland and internationally. Recently, she completed her master's in Political Ecology, Degrowth and Environmental Justice in Barcelona. Decoloniality, international solidarity and ecological perspectives are at the centre of her work.

Zalążek Association



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Venue

We will be hosted by the intentional community of [Osada.Earth](#). As it describes itself, Osada's aim is to “sow the seeds of a **mature culture for future generations**. At OSADA we strive to do it wisely and courageously.”

Osada's team is made up of people of various ages who are activists, facilitators, scientists, gardeners and others. Together, they co-create a regenerative habitat in Prosinko, in the **North-West part of Poland**. They take care of a large garden and thousands of planted trees, live, create and experiment together.

While staying in Osada, we will have access to: **outdoor showers, an outdoor kitchen, comfortable sleeping places outside in glamping tents**, and a workshop tent which can fit up to 30 people. Nearby, you can find fields and cows, forests with blueberries, and a wild lake covered with lilies.



“Say something luminous for the road - the night is coming.” - Krystyna Miłobędzka



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Food and accomodation

The food will be **locally sourced**, coming from the on-site garden and from **organic farmers**. It will be **vegan**, with some **vegetarian options**. We will also adapt meals to specific needs (if there are any allergies or special dietary requirements).

Accommodations will be simple, in **large 3-4 person tents or single tents**. You're also welcome to bring your own tent. We'll provide blankets and duvets, but we recommend bringing an **extra sleeping bag**.

Bring your own organic cosmetics. They must be biodegradable and eco-friendly (toothpaste, soap, shampoo, etc.).

Travel details

Please arrive on **September 11th in the afternoon or evening**. On that day, we will serve a **welcome meal at 7:00 p.m.**, followed by a short activity and a welcome session.

If you're travelling by **train or bus**, please come to **Czaplinek** – it's a small town located **15 km from the venue**. From there, **we'll pick you up** by car, or we can arrange a taxi for you. We recommend taking the **Flixbus to Poznań or Szczecin**, and then taking a train to Czaplinek.

If you're travelling by **car or van**, please come to **Prosinko 28**, but please check with us first, as the map sometimes shows a different route that no longer exists.

If possible, please avoid travelling by plane.



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Travel and participation costs for this course are funded by the Erasmus+ programme of the EU.

Buy your tickets in advance, and once the youth exchange is over and you've completed the dissemination activity, you'll be reimbursed for your travel expenses. Keep your original tickets and online copies!

The maximum reimbursement for a Green Travel, depending on your country of residence, is:

	Poland: 285 €
	Germany: 285 €
	Ukraine: 417 €
	Hungary: 417 €
	Serbia: 417 €

“For beauty to work, there must be a surface capable of receiving the wound.” - Timothy Morton

What to bring

- ID card or passport and a valid European Health Insurance Card
- eco-friendly, biodegradable cosmetics (if you need)
- warm clothes (evenings might get cold), comfortable clothes for working outdoors, and waterproof clothes
- a headlamp or flashlight
- a notebook and something to write with
- travel tickets (if you only have them online, that's fine)
- musical instruments, paints, and something you'd like to share with the rest of the group
- anything else you might need, esp. medication

Please take into account that the nearest town is 15km from the course venue. If you like snacks, it's better to buy them in advance.



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Your commitment

“Having a conscience now is a grief-soaked proposition.” – Stephen Jenkinson

We ask that you **carefully consider** participating in this youth exchange. What we will be working on – and how we will do it – **will not be a holiday** in the countryside. There will be beauty and joy, but it will also be a **difficult and demanding journey** that will confront us with shadow, **grief, wounds, and collapse**, so that we may become a little more **mature and responsible** in this time of fragmentation. We are young people ourselves, yet we see how **serious the tasks we must face** are, and we invite you to join us. By participating in this project, **you commit to:**

- **participate in the entire project:** in the **preparatory phase** (e.g., an online meeting before arrival), **during the youth exchange**, and in carrying out **activities after** the exchange concludes;
- **conducting a meeting/workshop/lecture** on what inspired you during our gathering. This could involve using one of the tools we’ll employ, a session on a specific theory, etc. We’ll be **happy to help you** in your preparations;
- joining one of the **three dissemination teams** during YE: the visual team, sound team, or writing team, during which you will collaboratively **create a small project** that will continue to exist after the YE;
- **Sharing a post** on your social media (if you have any), groups, etc., about what happened during YE, so that more people can learn about this event;
- Filling out a short **EU participant report** after YE ends;
- **Challenging your standard ways of being**, in a beautiful and imperfect way.

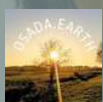


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Summary

- *Gesturing towards entanglement: facing the times of trouble* is an Erasmus+ **Mobility of Youth** happening in Regenerative Habitat OSADA.EARTH in Poland from **11 to 23 September 2026**.
- The **direction** of this youth exchange is to **challenge the ways we interact** with ourselves, each other and the surrounding world. We will ask ourselves **questions such as: How did we end up in such times of trouble?**
- Together, we will approach the **current time of collapse** as a moment of **cracks, endings and openings**, which demand of us to stay **reflexive, resilient and courageous**.
- This project is for people between **18 and 30 years old from Poland, Ukraine, Germany, Hungary and Serbia**. We are looking for **brave, gentle and curious** souls.
- We will use a variety of **intellectual, physical, spiritual, and artistic** methods and frameworks to navigate the crisis.
- Your team – **Laura, Łukasz, and Ewa** – are experienced space holders and community organizers who'll help us **make it out in one piece**.
- We will be hosted by the intentional community of **Osada.Earth**. As it describes itself, Osada's aim is to **"sow the seeds of a mature culture for future generations."**
- Travel, meals, accommodation—in short, **everything is covered by the Erasmus+ grant**.
- Take a look at the **list of things** you need!
- Please take a look at the **"commitment"** section and honestly ask yourself if it's right for you. And if it's a bit scary, that's even better!



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Application

Thank you for reading the Info Pack! The link to the application form is below. The **deadline for submissions is June 18, 2026**. We will review the applications and notify you of the **results by July 1, 2026**. Take care!

APPLY HERE!

deadline: 18.06.26

If you have any further questions, please email us at stowarzyszeniezalazek@gmail.com



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