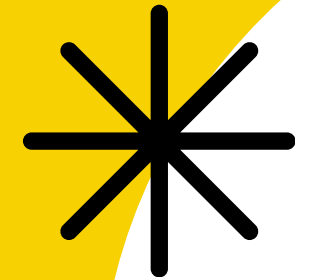


13/07-19/07/2026, ST- HUBERT| FRANCE

"BUILDING LEADERSHIP THROUGH SPORT"



ERASMUS+ TRAINING COURSE



Co-funded by the
Erasmus+ Programme
of the European Union

General Project Info

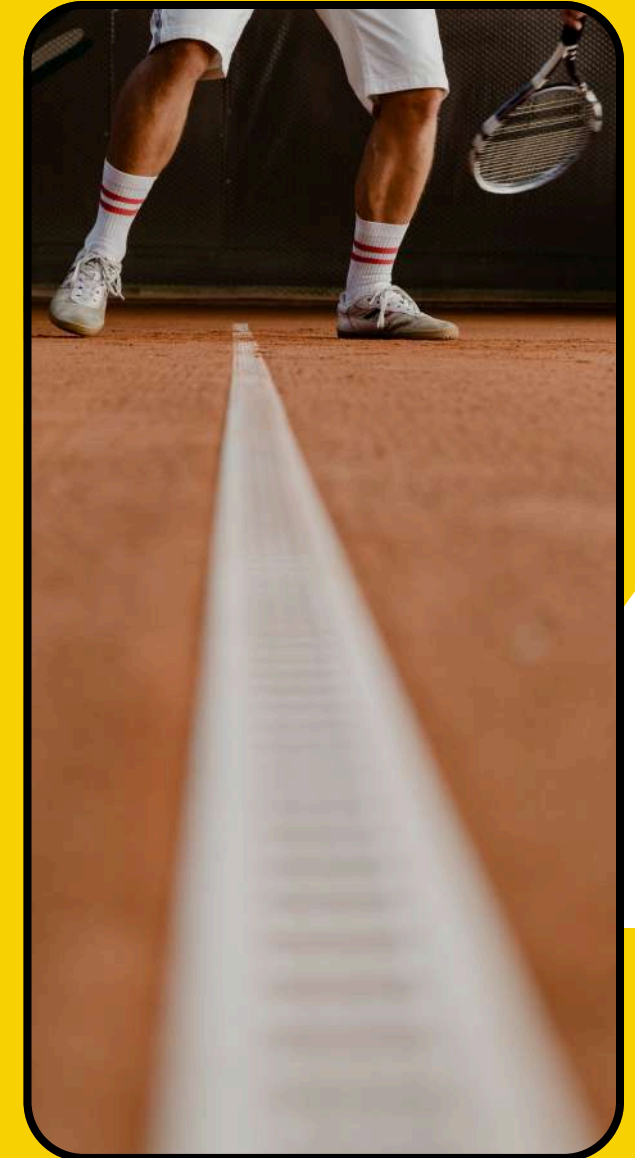
DATES: 14 July – 18 July 2026
(13 July arrival day – 19 July departure day)

LANGUAGE: English
(A basic level of English is required, for you to be able to communicate)

PARTICIPANTS: 4 participants /country

VENUE: Accommodation center is located in St Hubert, France
(20 mins away from Metz)

PARTICIPATING COUNTRIES:
Poland, Ukraine, Norway, Slovakia,
Turkey, Italy, France



WHAT IS IT ABOUT?

- But is the role of a coach or leader easy for young adults?

Many young people struggle with this challenge or feel unsure about stepping into a new role without previous experience in building their position within a group.

What if young people had the opportunity to develop the soft skills needed for this role beforehand?

- What makes a team successful? Is success possible without a good leader?

Effective group management is certainly one of the key elements of healthy and sustainable cooperation. A leader is the person who supports and motivates the team, but also often takes responsibility for the group and faces the challenge of solving problems



WHY “THROUGH SPORT”?

Life is like a sports field, where a coach's roles, from skill-building to psychological support, are universal. Based on non-formal education, our project combines physical activity with practical leadership development to enhance the learning process



During the project, participants will explore methods useful in coaching and leadership work. They will learn effective learning techniques, develop communication skills and discover how to adapt their message to different groups. Participants will also explore different leadership styles, reflect on their strengths and weaknesses, and discuss topics such as stress management and the importance of psychological support in sport and teamwork

MEET THE FACILITATORS



DARIA – TRAINER, SOCIAL ACTIVIST, AND STUDENT. ON A DAILY BASIS, SHE RUNS HER OWN SPORTS INITIATIVE, ORGANIZING SPORTS AND ARTISTIC WORKSHOPS. FOR YEARS, SHE HAS ALSO BEEN INVOLVED IN SOCIAL MEDIA AND IN PROMOTING AMATEUR SPORTS AMONG YOUNG PEOPLE.



OLEKSANDR – YOUTH ACTIVIST, FACILITATOR, PSYCHOLOGY STUDENT. BASICLY, HE STUDIES A LOT, VOLUNTEER IN SOME NGOS, USED TO BE HOI-HOP DANCES, NOW HE WORKS OUT AND TRY ACROYOGA. FOR A LONG TIME, HE'S BEEN PROMOTING ENGAGEMENT, EQUALITY FOR LOCAL YOUTH.

FOOD

The food will be prepared and served for you by our chef. The help in the kitchen and with the dishes is very much welcome from the participants. We will eat simple home-made food.

- **No alcoholic drinks will be allowed on the place, so please, do NOT bring any alcohol with you**

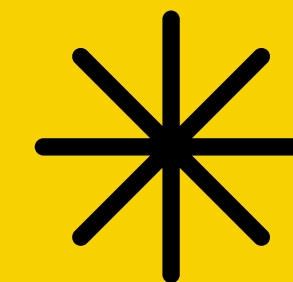
If you have special dietary needs (e.g., vegetarian), **please inform us in advance.** We can provide basic vegetarian options ("with/without meat").

If your diet is more complex or requires special ingredients, please bring your own food.

VENUE

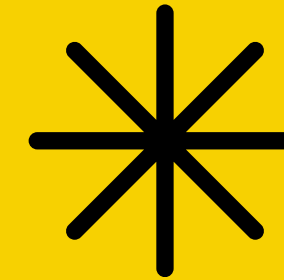
For this project we cooperate with the association that takes care of the historical place - Chapel that was built in 800s by the emperor Charlemange. This is a well known place that goes through the route of Piligrims.

Click
to read
more about it



VENUE

**The accomodation
itself was built
right next to the
Chapel for pilgrims
that wanted to rest
during the night
and continue their way
to Santiago de
Compostela in Spain.**



ACCOMODATION

The place itself is a collective accomodation. We will have 2 separate rooms for males and females. Accomodation is fully equiped with sleeping rooms, common rooms, bathrooms and kitchen



**Everything will be shared.
In some way there might be a lack of privacy, because we aim to have collective living that can help to build us a close international community. If privacy is a vital aspect for you, please reconsider your participation**

COSTS

There is a **participation fee of 40 euros** that will be charged from every participant of the training course.

This fee is obligatory

100% of costs of simple accommodation and basic food are covered by Together Pan European network

WITHIN A LIMIT, FOR THE ROUND TRIP. CONFIRM THE TICKET PRICE WITH US BEFORE BOOKING. WE WILL NOT REIMBURSE OR ACCEPT PARTICIPANTS WITHOUT PRIOR AGREEMENT ON THEIR PARTICIPATION. USE THE CHEAPEST TRAVEL OPTIONS (BUSES, TRAINS, LOW-COST AIRLINES, ETC.).

100% of your traveling costs will be reimbursed on the condition that the person has all the bills, tickets, and boarding passes (when traveling by a plane) to present to us.

The travel costs will not be reimbursed to people who are not taking part of the entire training or not respecting the rules of training course

PARTICIPANTS PROFILE

- Young adults
- **18+** years old for participants
- Youth workers and youth leaders
- Have at least basic background of Erasmus+ projects
- are motivated and interested in the topic
- This project is **especially for you** if you are interested in building empathetic leadership in sport or through methods based on physical activity
- **The project is open to** coaches, educators, facilitators, volunteers, and anyone who wants to work with people, manage groups, and develop communication and self-awareness skills

It is also for those who want to learn how to teach, who are open to discovering their strengths and weaknesses, and who want to work on them in order to become better leaders.

If you would like to lead your own workshop during the project, there will be an opportunity to do so, just mention it in your application.

INSURANCE

We highly recommend that each participant takes care of own additional travel insurance for the full duration of the project with travel days included. Please, make sure also that you have a valid European health card with you

YOUTHPASS CERTIFICATE

You will receive a **YouthPass certificate** of completed non-formal education activity, **which you can add to your CV for school, university, or job applications.** At the start of the project, participants will be divided into small reflection groups to discuss daily activities and learning. These notes will be used in a final workshop to complete your YouthPasses.



EUROPEAN COMMISSION

Erasmus+

Youthpass

**STRATEGIC PARTNERSHIPS
IN THE YOUTH FIELD**

Firstname Lastname
BORN ON 31/01/2001 IN Place (all birth data is optional), Belgium

ACTIVELY PARTICIPATED IN THE PROJECT

Example Transnational Youth Initiatives.

THE PROJECT TOOK PLACE FROM 18/01/2019
TO 18/12/2019 IN Town, Belgium.

TRANSNATIONAL YOUTH INITIATIVES

Transnational Youth Initiatives are projects that are initiated and carried out by two or more groups of young people from different countries. Transnational Youth Initiatives allow young people to address specific problems or challenges, and put their ideas into practice, thereby providing an important non-formal and entrepreneurial learning experience. By implementing their project, young people reflect upon its topic in a European context. Youth initiatives can also lead to self-employment or setting up of associations or organizations.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.

SALTO-YOUTH
TRAINING AND COOPERATION
RESOURCE CENTRE

Erasmus+

Legal Representative
Representative of the organisation

The ID of this certificate is C8Q8-EG47-K6AK-LNLV.
If you want to verify the ID, please go to the web site of Youthpass:
<http://www.youthpass.eu/qualitycontrol/>

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+ Youth in Action Programme. For further information, please have a look at <http://www.youthpass.eu>.

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INTERCULTURAL DINNER

On the first night of the project, we will have an intercultural dinner. Each country will present a table showcasing their culture through traditional food, snacks, or drinks. Participants are encouraged to bring prepared dishes from home or use our kitchen facilities to cook on-site. Note that there will be no dinner provided by the chef, so please come prepared to contribute to the experience!



SEE YAAA IN FRANCE!

IF YOU NEED MORE INFORMATION, WE ARE HERE
FOR YOU. FOR ALL YOUR QUESTIONS AND CONCERNS
DON'T HESITATE TO CONTACT US AT

WhatsApp: +48 518 193 312 - Oleksandr
erasmcooperation@gmail.com (project coordinator)
anna.roganova@mail.ee (organization representative)

[Link to apply!](#)

**YOU CAN APPLY
UNTILL 10 JUNE 2026**

GOOD LUCK!