

Beyond Gender

a journey to break barriers and silence

JONATHAN COOPERATIVA SOCIALE

Jonathan Cooperativa Sociale is a non-profit organisation born in 2009 in Piazzola sul Brenta, Province of Padua, Italy. Our goal is to promote the society's well-being through the people's self-empowerment and self-development with an important role of active citizenship and intercultural dialogue. The African proverb "it takes a whole village to raise a child" perfectly represents the mission we believe in. In our vision, any individual and any group can consciously contribute to the community development and growth, in a sustainable and human rights oriented way. Thanks to the variety and interdependency of our human and professional resources, our activities range touches different areas: education, training, social development, cultural promotion, environmental protection, human rights, inclusion, gender studies and equal opportunities.

THE PROJECT - Beyond Gender



Sexuality and gender are important dimensions of every person's life, yet they are often surrounded by silence, misinformation, stereotypes, and social stigma. Young people today face complex challenges related to sexual health, consent, relationships, gender identity, sexual orientation, body image, and online behaviours such as sexting, dating apps, and non-consensual sharing of intimate content. Research shows that many young people struggle to find trustworthy information and safe spaces where they can openly discuss these topics. As a result, they often rely on social media, peers, or unreliable online sources, increasing the risk of misconceptions, discrimination, unhealthy relationships, and gender-based violence.

Youth workers can play a crucial role in supporting young people through these challenges. However, many professionals report lacking the knowledge, confidence, and practical tools needed to address sexuality- and gender-related topics effectively. Beyond Gender was created to break this silence and empower youth workers to become informed, inclusive, and supportive educational figures. Through non-formal education, dialogue, reflection, and practical tools, the project promotes a positive, rights-based approach to sexuality and gender, helping create safer spaces where young people can explore their identities, build healthy relationships, and make informed choices about their lives.

AIM OF THE PROJECT

The project aims to equip youth workers with the knowledge, skills, and practical tools needed to confidently address sexuality and gender-related topics in their daily work with young people.

The specific objectives are:

- To improve youth workers' **understanding of sexuality, gender, consent, relationships, and sexual wellbeing**.
- To provide **practical methods** and non-formal education tools for facilitating safe and inclusive discussions with young people.
- To strengthen youth workers' **confidence in addressing sensitive topics** and responding to young people's needs.
- To promote **more inclusive youth work practices** that support diversity, respect, and equal opportunities.

TRAINING COURSE

The **Training Course** will take place in Cesuna (Italy), at Villa Tabor from 8th to 16th November 2026 (8th and 16th November are travel days).

The Training Course will bring together participants from **Czechia, Estonia, France, Italy, Latvia, North Macedonia, Portugal, Slovenia, and Spain** for an international learning experience focused on gender, sexuality, inclusion, stereotypes, discrimination, and youth participation.

Through **non-formal education, interactive activities**, group work, discussions, and **peer learning**, participants will explore these topics, exchange perspectives and experiences, and develop practical tools to promote safer and more inclusive spaces for young people.



PARTICIPANT PROFILE



Each partner organisation is expected to **select 3 participants**, including at least 1 participant with fewer opportunities.

Participants should:

- Be **18 years old or above**;
- Be interested in **gender, sexuality, inclusion, and youth work**;
- Be motivated to actively participate in **all the activities** of the Training Course;
- Be **open to intercultural dialogue, exchange, and teamwork**;
- Be **willing to share** experiences and perspectives from their local context;
- Have a sufficient level of English to participate in the activities;
- Be available for the entire duration of the Training Course, including travel days;
- Be **willing to contribute to the follow-up and dissemination activities** after the mobility.



THE VENUE

Participants will be accommodated in double and triple rooms at **Villa Tabor** in **Cesuna**, a holiday house offering a silent space surrounded by nature, that facilitates self-reflection and relax.



Cesuna is a small town located in the countryside of Vicenza and near the Asiago plateau.

Participants' accommodation for the TRAINING COURSE will be arranged by Jonathan Cooperativa Sociale, whereas the travel tickets are bought by participants themselves. Participants who want to stay in Italy one or more days before/after the beginning of the project will have to cover all the costs for food, accommodation and personal expenses for the days not covered by the Erasmus+ program.



HOW TO REACH THE VENUE

The suggested airports are Venice Marco Polo (VCE) and Treviso (TSF).

Participants will need to reach Cesuna by public transport. From the Cesuna bus stop, Villa Tabor can be reached on foot.

If you land at **Venice Marco Polo Airport** (VCE):

- On the **Trenitalia website**, search directly from “Venezia Aeroporto” to “Thiene”. Thanks to Venezia Airlink, you can purchase the airport bus and the train journey together in a single booking. The first part of the journey connects Venice Marco Polo Airport with Venezia Mestre Railway Station, from where you will continue by train to Thiene.
- Once you arrive at Thiene Railway Station, walk to Thiene Bus Station (Autostazione) – approximately 7–10 minutes on foot.
- From Thiene Autostazione, take the SVT E23 bus towards Asiago/Gallio and get off at CESUNA. Cesuna is directly served by the E23, before Asiago. You can check the timetable on **SVT – Extraurban Timetables**.
- From Cesuna, continue on foot to Villa Tabor, Via Magnaboschi 54.

If you land in **Treviso TSF**, follow these instructions:

- Go to the Trenitalia website or use the Trenitalia App and search directly: FROM: Treviso Aeroporto - TO: Thiene
- Thanks to Venezia AirLink, you can purchase the airport bus + train journey together. The connection includes the bus from Venice Marco Polo Airport to Venezia Mestre and the train journey to Thiene.
- Once you arrive at Thiene Railway Station, walk to Thiene Autostazione (approximately 7–10 minutes on foot).
- From Thiene Autostazione, take the SVT E23 bus towards Asiago/Gallio and get off at CESUNA. Check the updated timetable on SVT – Extraurban Timetables.
- From the Cesuna bus stop, continue on foot to Villa Tabor, Via Magnaboschi 54.

WHAT TO BRING AND WHAT YOU WILL FIND



Participants will be accommodated in multiple beds room (2/3 beds each) and each room has its own bathroom.

BRING WITH YOU:

- hair dryer and personal hygiene items
- medicines you may need during your stay
- comfortable clothes (check the temperature to make sure of what type of clothes you need) and shoes (also trekking shoes to make 'exploration' in free time)

.....and your energy and positive mood!

YOU WILL FIND:

- blankets and pillows
- towels
- typical Italian food respecting also the specific needs (allergies, vegetarians,..)
- a nice environment surrounded by nature. Before preparing your bag/backpack check the weather on-line to see if you need something particular

.....and a friendly place!



IMPORTANT INFORMATION



- If you plan to arrive earlier or stay longer (in both cases not more than 2/3 days in total) expenses for food and accomodation of the extra days are on your charge)
- Please, **keep the original of all invoices, tickets and boarding passes to allow a smooth reimbursement procedure.** Moreover because, without the original documentation we are not able to justify expenses and as a consequence to guarantee the reimbursement of travel costs. Finally, the reimbursement will be transferred to your sending organization bank account
- Italian currency is **Euro**; we suggest you to have some cash with you during the trip for any inconvenience related mostly to public transports and personal expenses. For this reason to those who have different currency, we suggest you to make money exchange or a withdrawal at the ATMs in the airport.
- A Google Drive folder will be created during the project where every participant will have their own sub-folder to fill with all the travel documentation.
- Every participant **MUST HAVE** and **BRING** their personal European Health Insurance Card (EHIC).
- The venue only accepts valid identification documents in electronic format, specifically a passport or an electronic identity card (e-ID). **Paper identity cards are NOT accepted.** Please make sure to bring an accepted identification document with you.



EVERY PARTNER ORGANISATION IS REQUIRED TO SEND TRAVEL PLAN OF THE PARTICIPANTS BEFORE LETTING THEM BUY TICKETS.



TIMETABLE

8 November	9 November	10 November	11 November	12 November	13 November	14 November	15 November	16 November
Arrival Day	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Departure Day
BREAKFAST 08:00-09:30								
Arrivals	WELCOME ABOARD Getting to Know Each Other + Project Introduction	GENDER UNDER THE MICROSCOPE Participants' Research + Similarities & Differences Across Countries	WHERE DO YOUNG PEOPLE LOOK? Mapping Information Sources on Gender & Sexuality	FREE DAY Time to Explore & Recharge	EQUALITY IN EVERYDAY LIFE Pay, Parenthood, Sport, Work, Violence, Silence & Opportunities	FROM LEARNING TO CREATION Training Recap + Toolkit & Video Co-Creation	OPEN SPACE LAB Freestyle Session	Departures
	COFFEE BREAK 11:00-11:30							
	CONNECT & COLLABORATE Speed Dating + Team Building	WORDS SHAPE WORLDS Interactive Museum of Gender-Related Terms	DIGITAL PATHWAYS Social Media & Mapping Professionals, Places and Support Services	FREE DAY Time to Explore & Recharge	EQUALITY IN EVERYDAY LIFE — PART II Deepening the Conversation	FROM LEARNING TO CREATION Toolkit & Video Co-Creation	ERASMUS+ OPPORTUNITY MARKET European Opportunities + NGO Fair + Final Showcase	
	LUNCH & FREE TIME 13:00-15:00							
	BUILDING OUR SAFE SPACE Fears, Expectations & Contributions + House Rules + Youthpass	BEYOND BINARY LANGUAGE Inclusive Language Lab	YES, NO, MAYBE Understanding Consent	FREE DAY Time to Explore & Recharge	SPACES WHERE EVERYONE BELONGS How to Create Inclusive Environments	FROM LEARNING TO CREATION Toolkit & Video Co-Creation	LOOK BACK, MOVE FORWARD Evaluation & Dissemination	
DAILY REFLECTION								
DINNER								
	FREE EVENING	FREE EVENING	INTERCULTURAL NIGHT I	FREE EVENING	INTERCULTURAL NIGHT II	VIDEO CEREMONY Celebrating Our Collective Work	FAREWELL PARTY	

TRAVEL BUDGET

Country / Organisation	Maximum Travel Reimbursement per Participant
 Estonia	€309
 Latvia	€309
 Portugal	€309
 Spain	€309
 Italy – Jonathan Coop	€28
 Italy – Eva in Rosso	€211
 Slovenia	€211
 Czechia	€309
 North Macedonia	€309
 France	€309

INTERCULTURAL NIGHT(S)

During the Training Course, we will have two Intercultural Nights: a moment to discover each other's countries, cultures, traditions, and everyday life in a fun and informal way.

We invite each national group to:

- Bring some typical food or snacks from your country to share with the group;
- Prepare a short and creative activity to introduce your country and culture. It can be a game, quiz, dance, song, challenge, storytelling activity, or anything else that actively involves the group. Be creative and have fun! Please, **no PowerPoint presentations!** The idea is to experience and discover your culture together, rather than simply hear about it.

PERSONAL INSURANCE

Each participant is recommended to ensure an adequate medical and travel insurance to cover the period of your stay in Italy as neither the Italian National Agency nor the venue, Jonathan Cooperativa Sociale and the partner organisations can entertain claims against loss of or damage to personal property or cover for medical expenses.

Moreover, be careful when subscribing travel insurance and make sure you are covered for unexpected events regarding flights not foreseen by the flight companies. Contact your health insurance or travel agency for more details.

YOUTHPASS CERTIFICATE

At the end of the Training Course, all participants will receive a **Youthpass Certificate**, the European recognition tool for learning experiences within Erasmus+ Youth projects.

Youthpass will help you reflect on what you have learned, recognise the competences you have developed, and describe your learning experience.

Want to know more? Discover Youthpass here: **[Youthpass – Official Website](#)**

What are you waiting for?

APPLY HERE by filling the form **by**
the 15th of September 2026!



FOR MORE INFO

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