

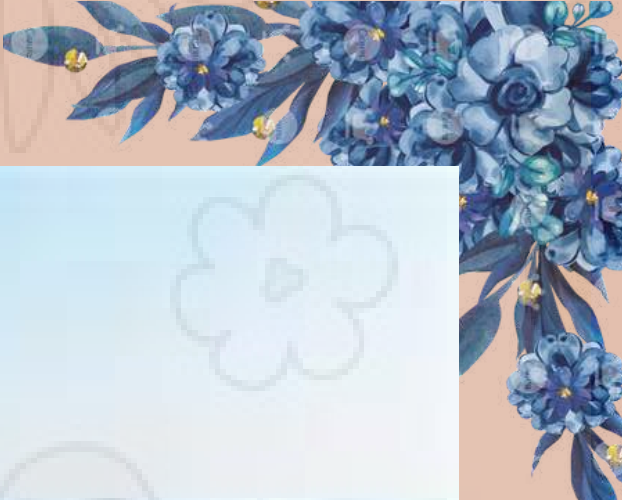
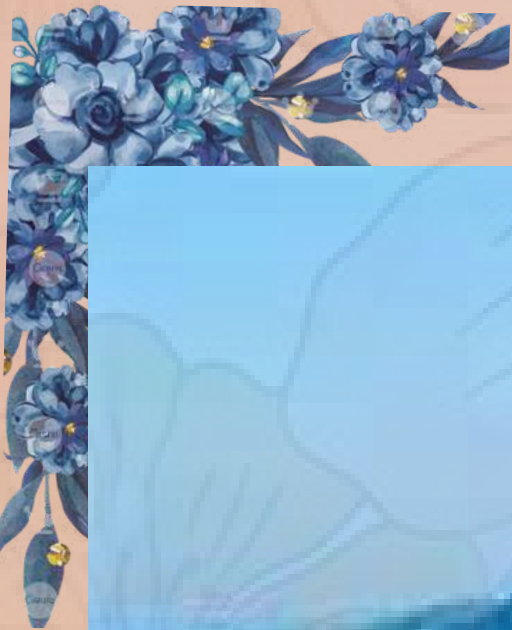


Funded by
the European Union



TRICK OR TRUTH?

YOUTH EXCHANGE



14-22/12/ 2026

Pesaro , Italy



Erasmus+



Funded by
the European Union



TRICK OR TRUTH?



Dates: from 14/12/2026 to 22 /12/ 2026

Location: Pesaro, Italy

Participants: 6 per country + 1 group leader

Countries: Türkiye, Italy Romania, Poland, Serbia

DISCLAIMER

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



Erasmus+





PROJECT DESCRIPTION

About the Project

This 7-day Youth Exchange brings together 36 people from Italy, Serbia, Türkiye, Romania and Poland to explore greenwashing, sustainability and critical thinking.

Through non-formal education, practical workshops, teamwork and real-life examples, participants will learn how to recognise misleading environmental claims, verify information, understand labels and certifications, and communicate sustainability more responsibly.

The project also focuses on digital media literacy, exploring how social media, algorithms, advertising and influencers can shape the way “green” messages are perceived. Participants will strengthen their communication, teamwork, creativity, leadership and intercultural competences.



Special attention will be given to first-time Erasmus+ participants and young people with fewer opportunities, creating an inclusive and supportive learning environment. During the exchange, participants will create reusable outputs such as infographics, short videos, educational content and practical checklists.

The overall aim is to empower young people to become more informed, responsible and active European citizens, able to question information, ask for evidence and promote more transparent and sustainable choices in their communities.





PARTICIPANTS PROFILE

Group leaders are expected to be youth workers or trainers with experience in youth work.

Young people aged 18–25 from Italy, Poland, Romania, Serbia and Türkiye.

Interested in sustainability, environmental awareness, greenwashing and social media.

Motivated to learn, share experiences and participate actively in intercultural activities.

No previous Erasmus+ experience is required.

Open-minded, respectful and willing to work in international teams.

The project welcomes young people with fewer opportunities and promotes equal participation.



PROFILE OF GROUP LEADER

Group leaders must be at least 18 years old, with no upper age limit.

Responsible for supporting and guiding their national group before, during and after the exchange.

Able to communicate effectively in English and cooperate with international partners.

Support participants' well-being, inclusion, safety and active participation.

Assist with travel arrangements, group activities, daily communication and conflict resolution.

Contribute to evaluation, dissemination and follow-up activities.



WORKING METHODS

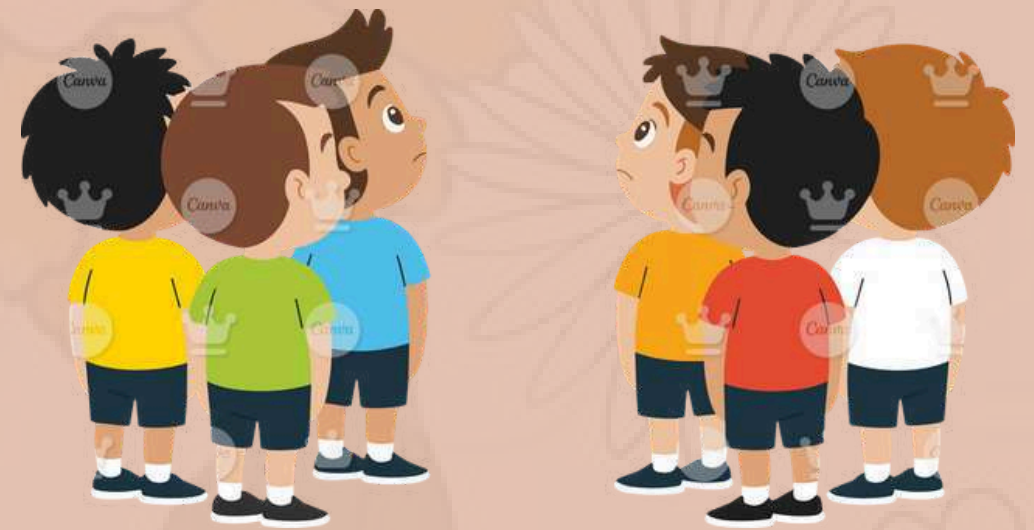
- Non-formal education and learning by doing.
- Interactive workshops and team-building activities.
- Group discussions, debates and simulations.
- Creative challenges and digital fact-checking.
- Intercultural learning and peer-to-peer activities.
- Social media campaigns, teamwork and outdoor activities.



✓ IDEAL PARTECIPAT ARE:

💡 Curious and engaged

You don't need to be an expert in the training topic, but you should come with interest and a desire to explore it with others. Whether it's inclusion, youth participation, or digital accessibility — you're here to learn, exchange, and reflect.



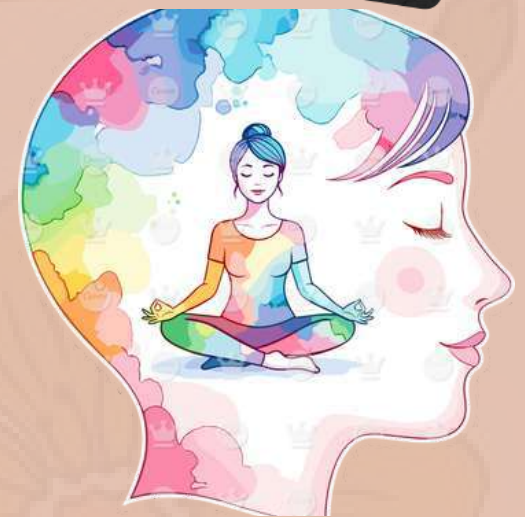
🤝 Willing to be part of a group

Participants should be ready to work, share, and live in a group setting. This includes joining all activities, respecting common spaces, and contributing to a positive and cooperative environment.

🌍 Respectful and open minded

You will interact with people from different countries and cultural backgrounds. Being respectful, inclusive, and adaptable to different habits, beliefs, and lifestyles is key to creating a safe and empowering space for all.

OPEN
MINDED

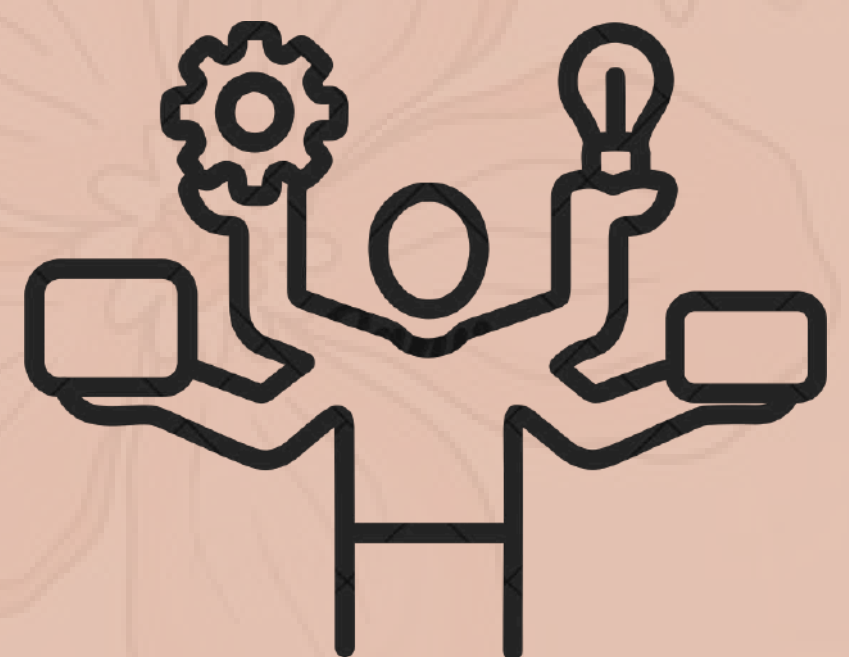


📖 Motivated to learn and contribute

This is a learning-based training: we expect participants to take part actively, whether it's leading a small activity, sharing experience, or simply being an attentive and supportive presence.

↔ Flexible and adaptable

Plans may change, conditions may vary, and you may face new experiences such as different foods, shared rooms, or limited Wi-Fi. A positive, flexible attitude helps everyone enjoy and grow from the experience.

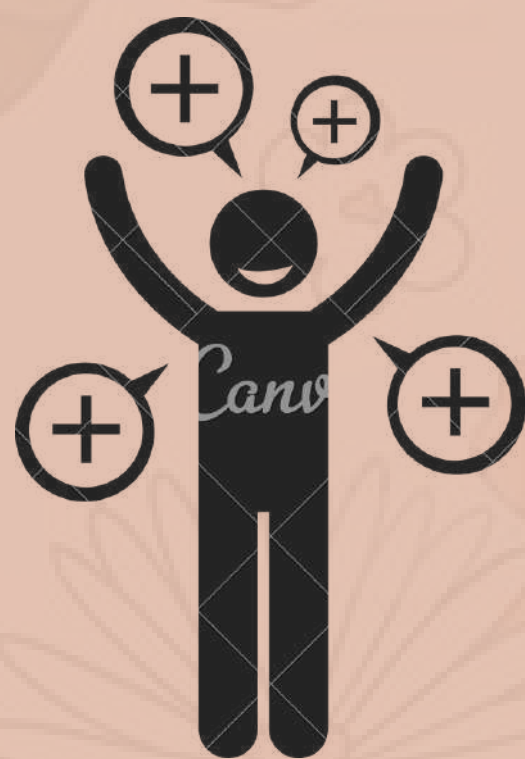


Responsible and present

This means being on time, attending all sessions, and taking your role in the group seriously. Your active presence helps create a stronger, more connected team.



**STAY
POSITIVE**



Positive and encouraging

A kind word, a clap of appreciation, or a smile can make a big difference. Bringing gratitude and a good spirit helps build a trusting and enriching atmosphere.

Final Note

If you feel curious, even a little nervous, but eager to grow and connect—you're probably the perfect fit. But if you're looking for a cheap vacation, are not truly interested in the topic, or don't want to be part of a shared group process, this might not be the right experience for you.





HOTEL FACILITIES

During the project, participants will be accommodated at Hotel Perticari, which offers all the main services needed for a comfortable stay. Free Wi-Fi is available throughout the hotel, together with a 24-hour reception, luggage storage and express check-in/check-out services. The hotel also has an on-site restaurant and meeting/common spaces that can be used for group activities.



Rooms are equipped with heating and air conditioning, private bathrooms with complimentary toiletries, flat-screen TV, minibar and safety deposit box. Non-smoking rooms and an elevator are also available. Laundry and dry-cleaning services can be requested if needed, and vending machines are available inside the hotel.

Overall, the hotel provides a comfortable and practical environment for both accommodation and project activities throughout the stay.

LINK: <https://peticari.hotelpesaro.org/it/>

There is direct access to the beach





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FOOD



During the activity, the participants will be provided with three meals per day and two coffee breaks.

Participants will have meals served at the Hotel Perticari Pesaro (fast, vegetarian, vegan, food allergies)!

Link: <https://perticari.hotelpesaro.org/it/>





THINGS TO KNOW

SUPERMARKET AND ESSENTIALS

Hotel Perticari is located in a central area of Pesaro, with most essential services within walking distance. A supermarket and pharmacy are approximately 500 metres from the hotel, while a laundry service is available around 300 metres away. ATMs and banking services can also be found in the nearby city centre.

Pesaro city centre is approximately 800 metres from the hotel, while Pesaro Train Station is around 1.6 km away, providing convenient connections for local and regional travel.



WI-FI

There is direct access to Wi-Fi from the accommodation.



Participants are required to arrive at the venue between 16:00 and 21:00 on the official arrival day.

Early departure from the project is not permitted in order to catch a flight or bus.

Please make sure to book your travel tickets in line with the official project dates.





HOW TO REACH THE VENUE

From Bologna Airport (BLQ) – RECOMMENDED

Bologna Airport is generally the most convenient option for international participants due to the larger number of flight connections.

Step 1 – Bologna Airport → Bologna Centrale

From the airport, take the Marconi Express directly to Bologna Centrale Railway Station.

Bologna Airport → Marconi Express → Bologna Centrale

The journey takes approximately 7 minutes, and the service normally operates from 05:40 until midnight. Aeroporto di Bologna

Step 2 – Bologna Centrale → Pesaro

From Bologna Centrale, take a train towards the Adriatic coast. Many trains travelling towards Rimini / Ancona / Pescara / Lecce stop in Pesaro.

Bologna Centrale → Train → Pesaro

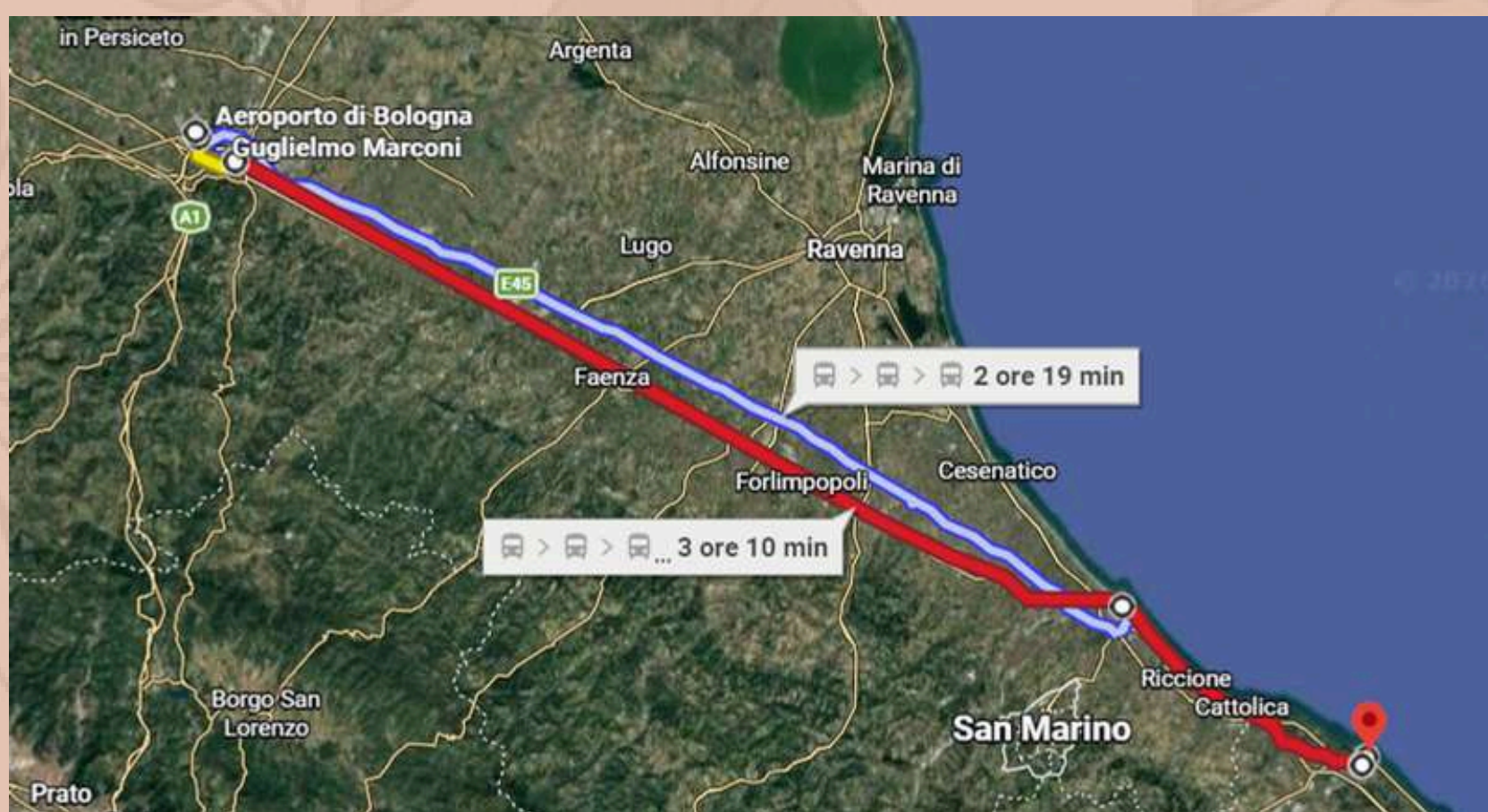
There are several direct connections, with typical journey times of approximately 1 hour 15 minutes to 1 hour 40 minutes, depending on the train. Trainline

Step 3 – Pesaro Station → Hotel Perticari

Once you arrive at Pesaro Railway Station:

Pesaro Station → Hotel Perticari, Viale Zara 67

The hotel is approximately 1.6 km from the station. Participants can reach the hotel if travelling light, on foot



From Ancona Airport (AOI)

Ancona Airport is much closer to Pesaro and can be a very convenient option if suitable flights are available.

Step 1 – Airport → Castelferretti-Falconara Aeroporto Station

The railway station Castelferretti-Falconara Aeroporto is located directly in front of the airport terminal and can be reached in approximately 3 minutes on foot. Aeroporto Internazionale di Ancona

Step 2 – Castelferretti → Falconara Marittima → Pesaro

Take a regional train from:

Castelferretti-Falconara Aeroporto → Falconara Marittima

Then change trains and continue north towards:

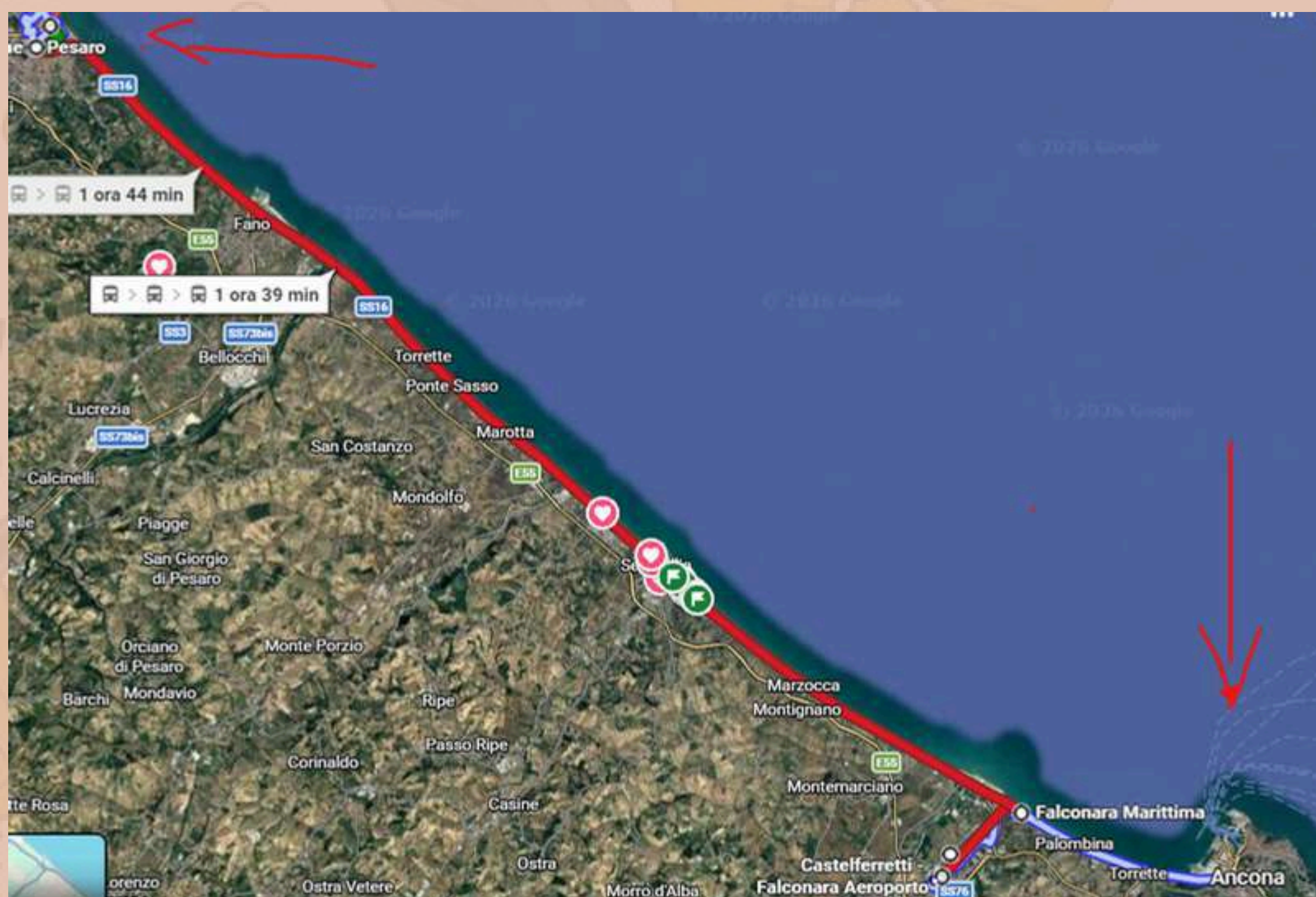
Falconara Marittima → Pesaro

There is normally no direct airport-to-Pesaro train, so a change at Falconara Marittima is generally required. The overall rail journey is approximately 1 hour, depending on the connection. Rome2Rio

Step 3 – Pesaro Station → Hotel Perticari

From Pesaro Railway Station, the hotel is approximately 1.6 km away.

Pesaro Station → Walk → Hotel Perticari





From Rimini Airport (RMI)

Rimini Federico Fellini Airport is geographically the closest airport to Hotel Perticari, at approximately 36 km from the hotel. Alberghi.it This can be a good option when convenient flights are available.

Step 1 – Rimini Airport → Rimini Railway Station

Use local public transport or taxi to reach Rimini Railway Station.

Step 2 – Rimini → Pesaro

From Rimini Railway Station, take a southbound train towards Ancona / Pescara / Lecce and get off at Pesaro.

Rimini → Train → Pesaro

Direct regional trains operate on this route; a typical regional journey is around 30 minutes. RFI

Step 3

Pesaro Station → Hotel Perticari

The hotel is approximately 1.6 km from the railway station.



**IMPORTANT
MESSAGE**

We strongly recommend Bologna Airport (BLQ) as the main arrival airport due to its wider range of international connections

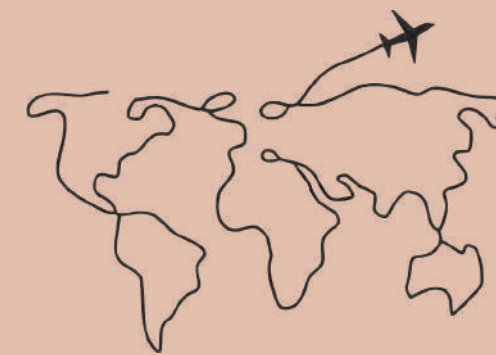
. Ancona Airport (AOI) is also a very convenient option when suitable flights are available. Rimini Airport (RMI) is the closest airport to Pesaro, but flight connections may be more limited.

Participants are kindly requested to check train connections before purchasing their flights and to allow sufficient time between the scheduled flight arrival and the departure of the train.

Train schedules may change, especially for travel dates in December. Please always check the latest connections on Trenitalia before travelling.



PREPARATION



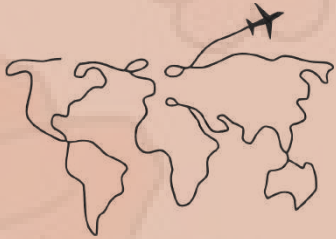
To fully enjoy the experience, please make sure you bring a few essential items with you. The Training Course will include outdoor sessions, group activities and intercultural moments, so being prepared will help you participate comfortably and actively.



WHAT TO BRING

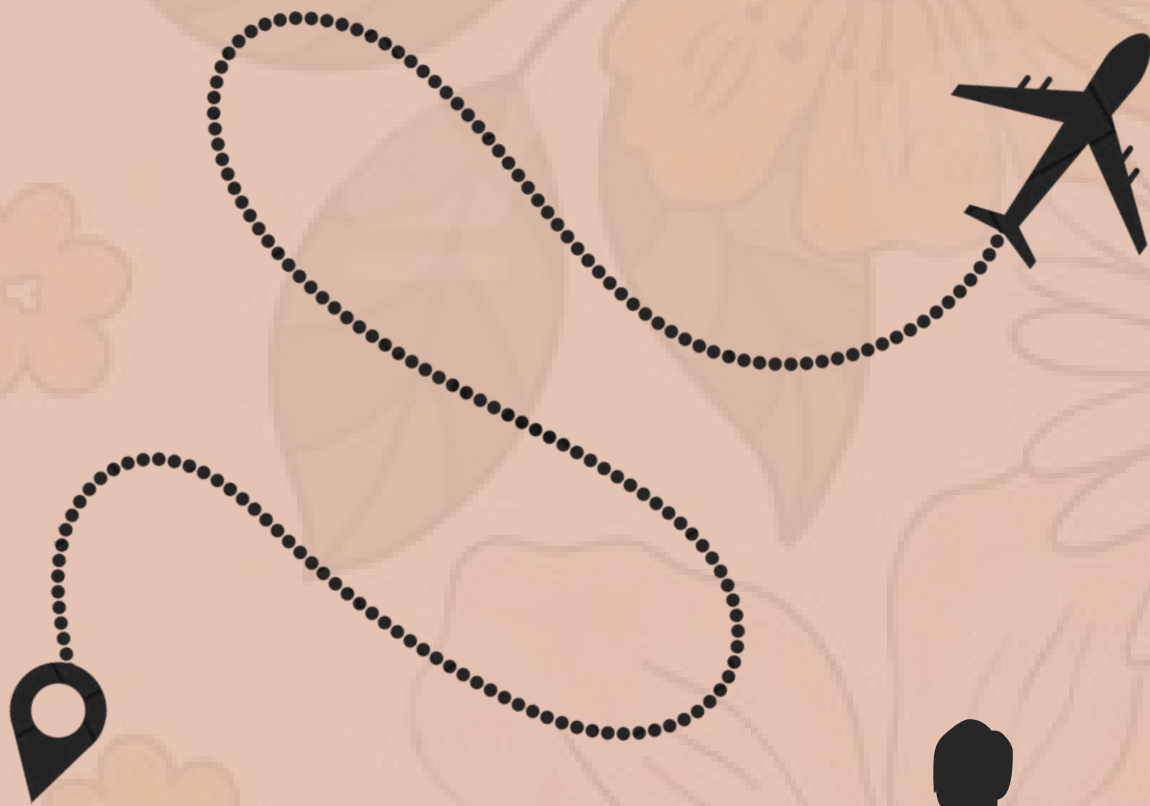
- A light jacket or hoodie for cooler evenings;
- Comfortable shoes for walking and physical activities;
- Basic toiletries (soap, shampoo, toothbrush, etc.);
- At least one laptop per national team to support digital tasks and presentations.
- Valid ID card or passport (check expiration!);
- European Health Insurance Card (EHIC), if applicable;
- Swimming suit, sunscreen and, if you want enjoy the beach,
a towel to use for that (towels provided by the accommodation must not be used at the beach);
- Comfortable clothes for warm weather and outdoor activities;





TRAVEL REIMBURSEMENT

COUNTRY	ORGANIZATION	BUDGET
Italy	Solidarity Waves	90 €
Romania	Asociatia Bridge To Unity	309 €
Poland	Instytut Przeciwdziałania Chorobom Cywilizacyjnym	309 €
Serbia	Nautilus	309 €
Türkiye	Youth development energy and environmeent aassociation	309 €



TRAVEL REIMBURSEMENT RULES

- The travel budget indicated is a maximum amount per person, covering the round trip.
- According to Erasmus+ rules, travel costs will be reimbursed based on the actual expenses incurred, up to the budget limit set per participant. This means that:
- if you spend less than the limit, you will be reimbursed only the amount you actually paid;
- if you spend more than the limit, you will be reimbursed only up to the maximum budget.
- **Before purchasing your tickets, please carefully check your travel cost limit.**
- **Any amount exceeding the limit will be at your own expense.**
- **Before booking, participants must contact their sending organisation to obtain approval for their travel plan.**
- Once selected, participants are required to get in touch with the project contact person to agree on the travel route.
- Participants are expected to choose the most economical travel option to reach the venue.
- To search for the cheapest routes, we strongly recommend using:
www.skyscanner.com



TICKETS AND REIMBURSEMENTS

THE ROUTE HAS TO RESPECT THE FOLLOWING REQUISITES:

- Booking through travel agency is not allowed (booking through Kiwi.com or similar websites is ok); you have to keep all your tickets and boarding passes to send us during reimbursement process;
- For physical tickets, a good picture or scan of it is enough only basic fares from companies will be suitable for reimbursement (you can add the priority later on in the reservation)
- Stored luggages are not reimbursable;
- Make sure to save all travel documents (original physical tickets, boarding passes, invoices, booking confirmation or bills with the ticket price). Documentation background is obligatory for reimbursement.
- Buy all the tickets for both directions before the mobility (plane tickets, train tickets, bus tickets, etc.), because we will be able to reimburse only REAL EXPENSES (made expenses). IMPORTANT: We cannot refund any travel costs done by TAXI.
- After sending tickets and boarding passes, participants will receive the reimbursement of their travel costs. Travel (flights, other means of transport) expenses are compensated (up to 100%), based on the actual expenses incurred and the distance from your location of residence to the location of the project. These distances must be calculated using the distance calculator supported by the European Commission. We only send money to the sending organization (or a group leader) and they will send it to participants.
- We are not able to reimburse missing tickets!!!
- Please note if you buy your tickets in a currency other than EUROS, we will convert to EUROS according to the exchange rates from the official European Commission web-site:
<http://ec.europa.eu/budget/graphs/inforeuro.html>
- Participants must travel from the country of the sending organization, and back.

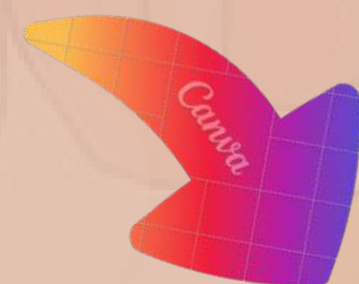
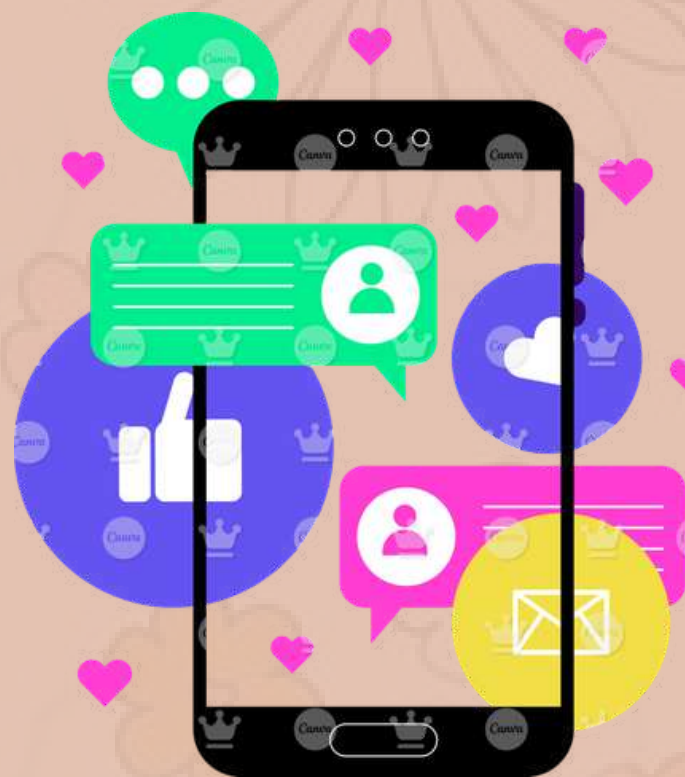


DISSEMINATION ACTIVITIES

- Reimbursement will only be made after the completion of the following dissemination activities, designed to promote and share the project experience:



- The goal is to give visibility to the project and inspire other young people to take part in Erasmus+ opportunities.
- -Posting on your personal social media, tagging the hosting organization, and sharing a meaningful moment from the project.



- - Participating in or organizing an in-person or online meeting with your peers (e.g. at university, youth centers, schools, local groups) to present and discuss your experience (at least one meeting per national team).





INTERCULTURAL NIGHT

Each national team will participate in an intercultural evening.
Please bring:

- Some typical food or drinks from your country (non-perishable or easy to carry);
- A small presentation or activity to represent your culture (songs, dances, games, stories, or traditional objects).



Follow our organization on Instagram to know more about our activities.





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PREPARATIONS AND CONTACTS

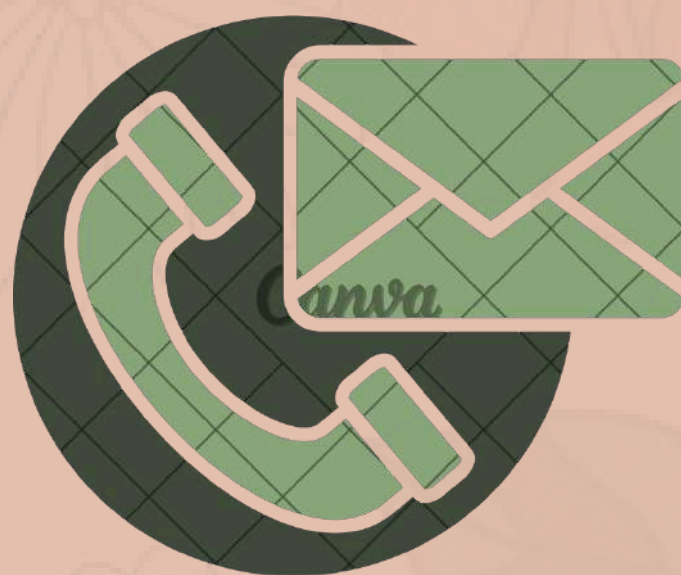


SOLIDARITY WAVES

THE CONTACTS TO REACH US OUT ARE:

Instagram:

<https://www.instagram.com/solidaritywavesigsh=cGc0YWU1M3hldmg2>



The contact person that will guide you during the preparation of your travel is Andrea Denaro. His contacts are:

Email: andreadenaroj@gmail.com

Facebook: www.facebook.com/andrea.denaro.3517

Whatsapp: +393348065791

See you in Italy!!



Erasmus+

