

**So. Arizona Bereavement Support Services as of July 2017**  
**For changes contact Belinda Motzkin Brauer 520-488-6594 or [bbrauer@agapehospiceaz.com](mailto:bbrauer@agapehospiceaz.com)**

**TUCSON HOSPICE ADULT GRIEF SUPPORT GROUPS**

CONFIRM GROUP INFORMATION BEFORE ATTENDING

Sponsor	Day	Time	Group Meets	Contact Number
Heartland Hospice	2nd & 4th Monday	3:30 - 5:00 p.m.	Heartland Hospice 3112 N. Swan Road	520-325-2790
Agape Hospice	Tuesday	6:00 - 7:30 p.m.	Agape Hospice 2980 N. Swan Road #211	520-207-5817
Amedisys Hospice	Tuesday	10:00 - 11:30 a.m.	Amedisys Hospice 1585 E. River Road #201	520-205-7700
TMC Hospice	Wednesday	6:30 p.m.	Cancer Care Center 2625 N. Craycroft Road	520-324-2438
Amedisys Hospice	Thursday	4:00 - 5:30 p.m.	Amedisys Hospice 1585 E. River Road #201	520-205-7700
Agape Hospice	Friday	10:30 - 12:00 p.m.	Agape Hospice 2980 N. Swan Road #211	520-207-5817
Casa de La Luz Hospice	Friday	10:00 - 11:30 a.m.	Casa de La Luz Hospice 7740 N. Oracle Road	520-544-9890
Casa de La Luz Hospice	Friday	12:30 - 2:00 p.m.	Casa de La Luz Hospice 7740 N. Oracle Road	520-544-9890
Emblem Hospice		Call for Information		520-297-1460
Gerinet Hospice		Call for Information		520-300-9337
Soreo Hospice		Call for Information Scripture Based		520-547-7000
Soulistic Hospice		Call for Information		520-398-2333
Valor Hospice		Call for Information		520-615-3996

## NON HOSPICE AFFILIATED ADULT GRIEF SUPPORT GROUPS

CONFIRM GROUP INFORMATION BEFORE ATTENDING

Sponsor	Day	Time	Group Meets	Contact Number
St. Mark's Methodist Church	Monday	*Must Call Before Attending	St. Mark's Methodist Church 1431 W. Magee Road	*Lane Harmon 520-297-6228
Widows/Widowers	Monday	10:00 - 11:30 a.m.	The Fountains Card Room 2001 W. Rudasill Road	520-884-4570
Widows/Widowers	Tuesday	10:00 - 11:30 a.m.	Jewish Community Center Senior Library 3800 E. River Raod	520-884-4570
Widows/Widowers	Tuesday	2:00 - 3:30 p.m.	Eckstrom Columbus Library Large Meeting Room 4350 E. 22nd Street	520-884-4570
Circle For The Widowed	Tuesday	6:00 - 7:30 p.m. Beginning July 11, 2017	Jewish Community Center Boardroom 3800 E. River Road	Dianne Darcy 520-481-9001
Transitions	Tuesday	6:30 p.m.	Sunrise Chapel 8421 E. Wrightstown Road	520-298-1245
St. Francis de Sales Catholic Church	1st & 3rd Wednesday	10:00 a.m.	Friends Together ~ St. Francis de Sales Church 1375 S. Camino Seco	520-885-5908
EverydayHope.net (Scripture based)	Thursday	6:30 p.m.	YWCA 525 W. Bonita Avenue	520-878-6970
St. Francis de Sales Catholic Church	1st & 3rd Saturday	10:00 a.m.	Friends Together ~ St. Francis de Sales Church 1375 S. Camino Seco	520-885-5908

**GriefShare** is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. Built around a 13-week video curriculum, GriefShare support groups meet weekly to help you face the challenges of grief and move from mourning to joy. Grief Share is a nondenominational program offered by local churches. People of all faiths (and those who do not practice a faith) are welcome. The program includes practical information from the Christian Bible. [www.griefshare.org](http://www.griefshare.org)

## SPECIFIC TUCSON GROUPS

CONFIRM GROUP INFORMATION BEFORE ATTENDING

Sponsor	Day	Time	Group Meets	Contact Number
AIDS Support Lesbian, Gay, Bi, Transgender	Wednesday	11:00 a.m.	So. AZ AIDS Foundation	520-628-7223 saaf.org
AIDS Support Heterosexual	Thursday	11:00 a.m.	So. AZ AIDS Foundation	520-628-7223 saaf.org
ALS Assocation Arizona Chapter	Call For Information			520-404-7762 peter@alsaz.org
LBTQ Women Support Lesbian, Bisexual, Transgender, Queer	Call For Information			520-312-8923 soazseniorpride@gmail.com soazseniorpride.org
Homicide Survivors	1st Tuesday	7:00 - 9:00 p.m.	Patrick Hardesty Building	520-740-5729 azhomicidesurvivors.org
Homicide Survivors	3rd Thursday	7:00 - 9:00 p.m.	Ward 1 City Council	520-740-5729 azhomicidesurvivors.org
Empact Survivors of Suicide	1st & 3rd Thursday	6:00 - 8:00 p.m.	Catalina United Methodist Church 2700 E. Speedway Blvd. Room H-30 Lower Level	empactsos.org
Survivors of Suicide Adults		Call for Information	Casa de La Luz Hospice	520-544-9890
Healing Journeys 8 Week		Call for Information	Casa de La Luz Hospice	520-544-9890
Men in Grief and Other Half Day Workshops		Call for Information	Casa de La Luz Hospice	520-544-9890

Pet Loss	Contact Renee Terry for pet loss grief support group information.	520-603-8319
Pet Loss	Chrysanne Fife provides grief support by phone for those who have had a pet die. Leave a message and she will return your call as soon as possible.	520-304-3909
Pet Loss	<a href="http://www.pet-loss.net/">http://www.pet-loss.net/</a>	

## OUTLYING GRIEF SUPPORT GROUPS

CONFIRM GROUP INFORMATION BEFORE ATTENDING

Sponsor	Day	Time	Group Meets	Contact Number
<b>Arizona City</b> Compassus Hospice	Thursday	10:00 - 11:00 a.m.	Living Hope Community Church	520-421-7143
<b>Benson</b> TMC Hospice	1st & 3rd Wednesday	4:00 p.m.	Our Lady of Lourdes	520-324-2438
<b>Casa Grande</b> Compassus Hospice	Thursday	3:00 - 4:00 p.m.	Hospice Compassus Office	520-421-7143
<b>Casa Grande</b> Compassus Hospice	Thursday	5:30 - 6:30 p.m.	Hospice Compassus Office	520-421-7143
<b>Florence</b> Compassus Hospice	1st & 3rd Wednesday	10:00 - 11:00 a.m.	Florence Senior Center	520-421-7143
<b>Green Valley Hospital</b> & Heartland Hospice	2nd Thursday	9:00 - 10:00 a.m. Must call before attending	Green Valley Hospital Community Room	520-625-4368
<b>Green Valley</b> Amedisys Hospice		Call for Information		520-205-7700
<b>Green Valley</b> Valley Presbyterian Church		Call for Information		520-625-5023
<b>Green Valley</b> Valor Hospice		Call for Information		520-399-0200
<b>Sierra Vista</b> Casa de La Paz Hospice		Call for Information		520-263-3400
<b>Sierra Vista</b> Valor Hospice		Call for Information		520-458-9450
<b>Sierra Vista</b> <i>Homicide Survivors</i>		Call for Information		520-207-5012
<b>Tubac</b> Soulistic Hospice		Call for Information		520-398-2333

**CHILDREN AND FAMILIES GRIEF SUPPORT AND  
YOUNG ADULT GRIEF SUPPORT (AGES 18 - 29)**

CONFIRM GROUP INFORMATION BEFORE ATTENDING

Sponsor	Day	Time	Group Meets	Contact Number
Tu Nidito Children & Families	tunidito.org	Call for Information	Tu Nidito 3922 N. Mountain Avenue	520-322-9155 tunidito.org
Tu Nidito Young Adult Age 18-29	2nd & 4th Monday	Call for Information 6:30 - 8:00 p.m.	U of A Campus Christian Center 715 N. Park Avenue	520-322-9155 tunidito.org
Tu Nidito Children - Serious Illness		Call for Information	Tu Nidito 3922 N. Mountain Avenue	520-322-9155 tunidito.org
Tu Nidito Parent - Serious Illness		Call for Information	Tu Nidito 3922 N. Mountain Avenue	520-322-9155 tunidito.org
Tu Nidito Camp Erin		Call for Information		520-322-9155 tunidito.org

**DEATH OF A BABY GRIEF SUPPORT**

Sponsor	Day	Time	Group Meets	Contact Number
Footprints	2nd Tuesday	7:30 - 9:00 p.m.	St. Joseph's Hospital Agave Room	520-873-6590
MISS Foundation	4th Tuesday	7:00 p.m.	Rattlesnake Elementary School - Teacher's Lounge	520-404-1004 missfoundation.org

**DEATH OF A CHILD GRIEF SUPPORT**

Sponsor	Day	Time	Group Meets	Contact Number
Compassionate Friends	2nd & 4th Wednesday	7:00 p.m.	Catalina United Methodist Church	520-721-8042 tucsontcf.org
Helping Parents Heal (allows discussion of spiritual experiences & afterlife)	2nd Sunday	3:00 p.m. - 5:00 p.m.	Unity Church	520-789-6374 helpingparentsheal.info

# CRISIS INTERVENTION

For Changes contact Belinda Motzkin Brauer 520-488-6594 or [bbrauer@agapehospiceaz.com](mailto:bbrauer@agapehospiceaz.com)

Crisis Intervention	Days	Hours	Facility	Contact Information
Immediate Crisis Help	Crisis Hotline	24/7	Crisis Response Center	520-622-6000
Suicide Crisis Hotline	Crisis Hotline	24/7	National Suicide Prevention Life Lline	800-273-8255
Veterans Crisis Hotline	Crisis Hotline	24/7	National Veterans Crisis Hotline	800-273-8255
Domestic Violence	Crisis Hotline	24/7	Emerge	888-428-0101
LGBTQ Domestic Violence, Sexual Assault, Hate Crimes	Crisis Hotline	24/7	SAAF - LGBTQ Anti-Violence Project	800-553-9387
Alcoholic Anonymous	Crisis Hotline & Meeting Info	24/7		520-624-4183

**Need a friendly voice? Need someone who will listen?**

**Call the Tucson Warm Line  
8:00 a.m - Midnight ~ 7 Days a Week**

**520-770-9909**

## BEREAVEMENT THERAPISTS & COUNSELORS

Douglas, Liz, Ph.D.,	520-469-7977	7493 N. Oracle Road, Suite 203, Tucson, AZ 85704
Flannagan, Elaine	520-749-2075	301 N. Norton Avenue, Tucson, AZ 85719
<b>Speaks Spanish</b> Fimbres, Martha, LCSW	520-327-1817	2802 N. Alvernon #300, Tucson, AZ 85712
Gell, Julee, LCSW ~ Complicated & Traumatic Loss	520-240-2715	4633 N. First Avenue, Suite 2, Tucson, AZ 85718
Harada, Patti, BA	520-977-5566	16345 N. Coronado View Road, Catalina, AZ 85739
Harmon, Lane, MC, LPC	520-297-6228	Northwest Tucson
Jones-Rosenberg, Barbara, RN, LPC, SEP	520-403-5611	3742 N. Edith Blvd., Tucson, AZ 85718
Knight, Margaret Anne, MA,CPC,CSAC	520-623-7725	2450 E. Speedway Blvd., Suite 2, Tucson, AZ 85719
Miller, Carol S., LCSW	520-544-9890	7740 N. Oracle Road, Tucson AZ 85704
Milner, Debra Garfield, RN, LCSW	520-290-8456	6151 E. Grant Road, Tucson, AZ 85712
Noriega, Christy, MSW	520-544-9890	7740 N. Oracle Road, Tucson AZ 85704
Ross, Bari, LPC	520-954-3300	1661 N. Swan Road, Suite 200-11, Tucson, AZ 85712
Roze, Paula, LCSW	520-891-2511	10501 E. 7 Generations Way, #121, Tucson, AZ 85747
Valentine, Susan, Ph.D.	520-887-0769	2410 W. Ruthrauff Road #110, Tucson, AZ 85705
Weinberg, Rebecca Brodt, RN, MS	520-747-2822	1661 N. Swan Road, Suite #201, Tucson, AZ 85712
Woods, Peter, JD, MA, CPC	520-881-5500	5210 E. Pima Street, Tucson, AZ 85712

**ST. ELIZABETH'S HEALTH CENTER**

**520-628-7871**

**Call or visit website for more information: [saintehec.org](http://saintehec.org)**

St. Elizabeth's Health Center is a faith-based community health center that supports the healthcare needs of the uninsured and underserved in Southern Arizona. We commit to provide high quality healthcare with respect and dignity by responding to individual needs and encouraging health and well-being.

Behavioral health services are available to registered patients of St. Elizabeth's. A patient must have had an initial appointment with one of our primary care providers, and during that appointment or subsequent appointments a medical provider can make a referral for the behavioral health services. Since the behavioral health services are integrated into the medical care provided to our patients, the medical and behavioral health providers often consult so that the patient is provided the best care possible by all of the providers. Depending on the needs of the patient, the services provided include: Individual counseling; Couples counseling; Family counseling; Group counseling. These services are available to patients of all ages and are offered in English and Spanish.

Most of our services are provided by volunteers and clinically supervised interns. As a result, the availability of our services varies, so that at times there may be appointments immediately available, and at other times there may be a waiting list. Also, we are sometimes able to offer additional services, depending on the expertise of our volunteers and interns.

**THE ALEPH CENTER, PLLC**

**6408 E. Tanque Verde Road, Tucson, AZ 85718**

**520-885-5558**

**[www.alephcenter.com](http://www.alephcenter.com)**

The Aleph Center is a Wholistic Mental Health Practice, providing care and attention to the whole patient - mind, brain, and body - in the context of their family, social, and societal environment.