

Some Good Moves

By booking and/or participating in classes, sessions, or activities at **Some Good Moves**, you agree to the following terms:

1. Acknowledgement of Risk

I understand that participation in Lagree fitness classes involves physical activity, which carries inherent risks of injury, including but not limited to muscle strains, sprains, falls, or other physical injuries.

2. Health Declaration

I confirm that I am in good physical condition and have no medical conditions that would prevent me from safely participating in physical exercise. I am responsible for consulting a doctor if I have any concerns about my ability to exercise.

3. Assumption of Responsibility

I voluntarily participate in classes at my own risk. I accept full responsibility for my health, safety, and any injuries or damages that may occur as a result of participation.

4. Limitation of Liability

To the extent permitted by Danish law, **Some Good Moves**, its owners, instructors, and staff are not liable for personal injury, accidents, loss, or damage to personal property occurring during or after participation in classes or activities at the studio.

5. Studio Policies

I agree to follow all studio rules, including the requirement to wear grip socks, to arrive on time, and to respect the instructions of the instructors.

6. Binding Agreement

This waiver shall be governed by Danish law. If any provision is deemed invalid, the remainder shall remain in full force and effect.

7. Terms and Conditions

By signing up I agree to all T&C's listed on the studios homepage.

By booking or attending a class at Some Good Moves, I confirm that I have read, understood, and agree to the above terms.