



PEPPER-
MINT WHITE
CHOCOLATE
MOCHA

WINT3R \$IPS \$

we're proud to partner with chicago-based Metric Coffee to bring you locally roasted coffee every day

peppermint white chocolate mocha 4.5
our wintertime classic made with silky white chocolate, peppermint simple syrup, & locally roasted espresso. steamed with your choice of milk

cascara cider 4.5
housemade cascara concentrate made from the dried fruit of the coffee cherry, paired with apple cider

blackcurrant sencha tea 3.75
Spirit Tea's kodama sencha tea paired with a touch of tart blackcurrant simple syrup

A.M. EATS



tahini yogurt fruit bowl 9
fresh pineapple & melon with
coconut, chia & tapioca yogurt,
topped with our original granola

sausage egg & cheese sandwich... 7
local breakfast sausage, eggs,
smokey aged Grafton cheddar,
& sweet-&-spicy maple sauce on
a fresh-baked seeded roll

BREAKFAST TACOS

SERVED 'TIL
NOON, \$3 EACH



a Foxtrot favorite, with tender scrambled eggs
whipped in cream, wrapped in a soft flour tortilla

migas (V)

roasted poblano peppers, caramelized onion,
avocado, cilantro, tomato, cheese, & tortilla chips

(P) Pecan Lodge brisket

hearty Pecan Lodge chopped brisket and melty cheese

chorizo

zesty local chorizo, roasted potatoes, & melted cheese

bacon

thick double-smoked applewood bacon & hot, melty cheese



AVOCADO TOAST

our toasts are made
with freshly smashed
avocado & served on
local sourdough

the original (VE) 7
our classic. fresh smashed
avocado, Pineapple
Collaborative EVOO,
Jacobsen salt, & fresh
lime for brightness

citrus (V) 8
fresh pomegranate seeds,
sliced orange, & creamy
goat cheese topped with
peppery arugula

bacon & tomato 9
baker's double-smoked
applewood bacon,
roasted tomatoes,
banana peppers, &
housemade herby aioli

smoked salmon 10
atlantic-caught smoked
salmon, house-pickled
red onion & our own
Everything seasoning



ALLERGENS: Foxtrot kitchens prepare a variety of products that include: fish, crustacean shellfish, milk, egg, tree nuts, wheat, peanuts, sesame, and soy. We have protocols designed to help prevent allergen cross-contact, however, there is a risk that any food produced, sliced, packaged or served in our stores may contain one or more of these allergens.

BOWLS

our bowls eat light & feature seasonal, local ingredients.

ADD CHICKEN TO ANY BOWL FOR +3



autumn couscous bowl (V) 9

a roasted bouquet of local seasonal veg', feta, pepitas, dried cranberries, peppery arugula & our mellow green goddess dressing

edamame quinoa bowl (VE) 9

crunchy watermelon radish and raw carrots mixed with brown rice, peppery arugula, pickled red onions, & our housemade orange miso vinaigrette

SMOOTHIES

all smoothies feat. fresh ingredients & are blended with your choice of milk

full recovery 9

banana, oaxacan chocolate, & sunflower butter blended with a joint-healthy mix of collagen, plant proteins, & Four Sigmatic mushroom blend

berry calm (V) 9

Moon Juice's mood-boosting Magnesi-om & Super You powders with a puree of blueberries, banana, bee pollen, & açai

green goodness (VE) 8

a hearty, vitamin-rich AM blend of fresh avocado, baby spinach, turmeric, agave, yerba mate, & OJ

radiance (VE) 8

an antioxidant-rich blend of dark cherries, ripe mango, grapes, green tea, raspberry ketones, & steel-cut oats

