

Seasonal Sips

NEW!

Pumpkin Pie Latte (V)\$4.25

House espresso incorporated with pumpkin pie sauce & your choice of milk. Garnished with ground Biscoff cookies & cookie butter whipped cream. Try it iced!

Toasted Marshmallow Hot Chocolate (V).....\$4.25

5 Mile Mocha sauce mixed with toasted marshmallow syrup & vanilla. Try it with a shot of espresso!

Spirit Tea Toddy (V).....\$4.25

Spirit Tea's Rooibos chai brewed with pear, ginger, & vanilla syrups. Try it iced!



Smoothies

Full Recovery \$9

Belgian cocoa, banana, plant-based protein, sunflower butter, Four Sigmatic mushroom blend, & collagen peptides* blended with oat milk.

Berry Calm (V) \$9

Açaí, blueberry, banana, orange, raw bee pollen*, & Moon Juice's Magnesi-Om® mix blended with oat milk.

Desert Detox Smoothie (VE) \$9

Cactus pear, orange, pineapple, blood orange juice, agave nectar, Irish sea moss*, & burdock root blended with oat milk.

Green Goodness (VE) \$9

Avocado, baby spinach, orange, yerba mate, turmeric, agave, & vanilla blended with oat milk.



Breakfast Tacos

SERVED
'TIL NOON,
\$3.50 EACH

Made with Vital Farms pasture-raised eggs wrapped in handmade tortillas from Austin, TX. Comes with your choice of red or green salsa.

Migas (V)

Fire-roasted peppers & onions, cheddar, jack cheese, & scrambled eggs.

Bean & Cheese (V)

Refried pinto beans, cheddar, jack cheese, & scrambled eggs.

Barbacoa

Braised short rib, cheddar, jack cheese, & scrambled eggs.

Bacon

Thick-cut double-smoked bacon, cheddar, jack cheese, & scrambled eggs.

*Caution: May cause an allergic reaction. If you are pregnant, nursing or have a medical condition, consult your physician before consuming supplements.

V:VEGETARIAN
VE:VEGAN

House Pours

HAPPY HOUR FOR MEMBERS ONLY, WEEKDAYS 4-6PM

Local Draft Beer.....\$6 / \$4 FOR MEMBERS

American Lager Middle Brow, Bungalow

IPA Hopewell, Going Places

Wine By The Glass\$10 / \$7 FOR MEMBERS

Rosé Sun Lips Rosé

Sauvignon Blanc Grass Stains Sauvignon Blanc

Cabernet In Sheep's Clothing Cabernet

GRAB IT OFF THE SHELF!

\$5 CORKAGE FEE (FREE FOR MEMBERS!) FOR ANY BOTTLE. PAIR WITH A CHARCUTERIE OR CHEESE BOARD AND WE'LL PLATE IT FOR YOU.

