# Seasonal Sips



#### ICED CARAMEL APPLE LATTE

370-450 CAL \$4<sup>75</sup> M \$5<sup>75</sup> D House espresso, caramel apple syrup, with your choice of milk\*, poured over ice. Topped with whipped cream & caramel drizzle.

#### PUMPKIN PIE LATTE

350-430 CAL \$4<sup>75</sup> M \$5<sup>75</sup> D





House espresso, pumpkin pie syrup, & your choice of milk\*. Ground graham crackers & whipped cream.



ADD A SEASONAL SYRUP FOR \$0.50! 0-140 CAL

Brown Sugar, Pumpkin, Caramel Apple, & Toasted Marshmallow

\*Nutrition information calculated based on standard recipes made with whole milk unless the milk type is called out. Exact information may vary due to customizations.

### Breakfast Tacos SERVED TIL NOON!

#### MIGAS © 190 CAL \$3.75

Scrambled eggs, roasted peppers & onions, tortilla chips, & cheese on a flour tortilla.

#### BEAN & CHESE © 180 CAL \$3.75

Scrambled eggs, refried pinto beans, cheddar & jack cheese on a flour tortilla.

#### BACON 220 CAL \$3.75

Scrambled eggs, smoked bacon, & cheddar & jack cheese on a flour tortilla.

#### **CARNITAS** 190 CAL \$3.75

Scrambled eggs, cheddar & jack cheeses, with braised carnitas on a flour tortilla.

ADD FRESH MASHED AVOCADO FOR \$1 90 CAL

TRY WITH RED OR GREEN SALSA 5 CAL



#### V VEGETARIAN VE VEGAN

ALLERGENS: Foxtrot kitchens prepare a variety of products that include: fish, crustacean shellfish, milk, egg, tree nuts, wheat, peanuts, sesame, and soy. We have protocols designed to help prevent allergen cross-contact, however, there is a risk that any food produced, sliced, packaged or served in our stores may contain one or more of these allergens.

### A.M. Sandwiches

#### SAUSAGE, EGG, & CHEESE 650 CAL

\$8.50

Sausage patty, scrambled egg, sharp cheddar, & spicy maple butter on a seeded roll.

#### VEGGIE BREKKIE © 420 CAL

\$7.50

Frittata egg patty, roasted mushroom, scallion, pimento cheese spread, & arugula on a seeded roll.

### Toasts

#### SMOKED SALMON 420 CAL

\$12.99

Smashed avocado, smoked salmon, pickled red onion, & everything seasoning on toasted sourdough.

#### THE ORIGINAL VE 410 CAL

\$7<sup>.99</sup>

Smashed avocado, extra virgin olive oil, sea salt & lime on toasted sourdough.

#### BACON TOMATO 770 CAL

\$9.99

Smashed avocado, smoked bacon, roasted tomatoes, banana peppers, & herby aioli on toasted sourdough.



V VEGETARIAN VE VEGAN

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

## Smoothies ADD VITAL PROTEINS CO

ADD VITAL PROTEINS® COLLAGEN



GREEN GOODNESS VE) 420 CAL \$9.50 Avocado, baby spinach, orange, turmeric, agave, vanilla, oat milk.

\$9.50 BERRY CALM © 270 CAL Açaí, blueberry, banana, oat milk.

DESERT DETOX VE 260 CAL Cactus pear, orange, pineapple, agave nectar, oat milk.

#### FULL RECOVERY © 500 CAL

Banana, plant-based protein, sunflower butter, dark chocolate, oat milk.

SKINNY ELVIS © 610 CAL

Banana, yogurt, tahini, cinnamon, honey, oat milk.

## BOWS & Salads

#### HARVEST COUSCOUS BOWL (V)

720 BOWL / 180 DRESSING

\$10.99

Israeli couscous, arugula, harissa carrots, sweet potatoes, caramelized onions, feta cheese, pepitas, sunflower seeds, dried cranberries, & herb vinaigrette.



#### ELOTE CAESAR © 390 SALAD / 380 DRESSING

\$10.99

\$9.50

Romaine, roasted corn and peppers, pickled onion, cotija cheese, masa crouton, & caesar dressing.

ADD CHICKEN FOR \$3 140 CAL

### Pizzas

CHESE © 330/1070 CAL \$599 SLICE | \$1999 Red sauce, Italian cheese blend, & EVOO.

PEPPERONI 430/1410 CAL \$699 SLICE | \$2199 Red sauce, Italian cheese blend, ground Ezzo pepperoni & parmesan cheese.

GARDEN PESTO  $\odot$  550/1720 CAL \$699 SLICE | \$2199 Nut-free pesto, roasted cherry tomatoes, Italian cheese blend & arugula.

## House Pours # MEMBERS PRICING ALL DAY, EVERY DAY

# Featured Cocktails \$11 \$7 MEMBERS

Mommenpop Ruby Grapefruit Spritz 120 CAL Mimosa Fresh OJ & Prosecco 130 CAL

### Local Pint Drafts

\$6 \$4 MEMBERS

Middle Brow Bungalow Lager 190 CAL

Hopewell Going Places IPA 280 CAL



\$10 \$7 MEMBERS

LADO a LADO

Casa White 120 CAL

Casa Red 120 CAL

Casa Rosé 110 CAL



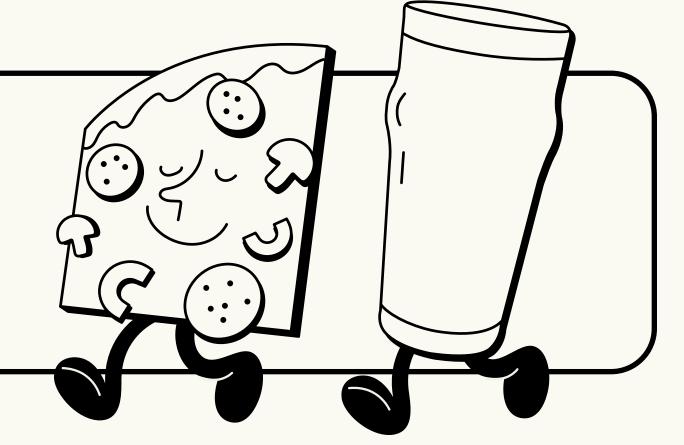




## Pizzas

### Nonni Style Slices

### MAKE IT A COMBO!



DRAFT BEER & A SLICE 520-830 CAL GLASS OF WINE & A SLICE 440-670 CAL

\$10 \$15

