

Seasonal Sips



ICED CARAMEL APPLE LATTE

370-450 CAL \$4⁷⁵ **M** \$5⁷⁵ **L**

House espresso, caramel apple syrup, with your choice of milk*, poured over ice. Topped with whipped cream & caramel drizzle.

PUMPKIN PIE LATTE

350-430 CAL \$4⁷⁵ **M** \$5⁷⁵ **L**

House espresso, pumpkin pie syrup, & your choice of milk*. Ground graham crackers & whipped cream.



ADD A SEASONAL SYRUP FOR \$0.50! 0-140 CAL

Brown Sugar, Pumpkin, Caramel Apple, & Toasted Marshmallow

*Nutrition information calculated based on standard recipes made with whole milk unless the milk type is called out. Exact information may vary due to customizations.

Breakfast Tacos

SERVED
'TIL NOON!

MIGAS (V) 190 CAL

\$3.75

Scrambled eggs, roasted peppers & onions, tortilla chips, & cheese on a flour tortilla.

BEAN & CHEESE (V) 180 CAL

\$3.75

Scrambled eggs, refried pinto beans, cheddar & jack cheese on a flour tortilla.

BACON 220 CAL

\$3.75

Scrambled eggs, smoked bacon, & cheddar & jack cheese on a flour tortilla.

CARNITAS 190 CAL

\$3.75

Scrambled eggs, cheddar & jack cheeses, with braised carnitas on a flour tortilla.

ADD FRESH MASHED AVOCADO FOR \$1 90 CAL

TRY WITH RED OR GREEN SALSA 5 CAL



(V) VEGETARIAN (VE) VEGAN

ALLERGENS: Foxtrot kitchens prepare a variety of products that include: fish, crustacean shellfish, milk, egg, tree nuts, wheat, peanuts, sesame, and soy. We have protocols designed to help prevent allergen cross-contact, however, there is a risk that any food produced, sliced, packaged or served in our stores may contain one or more of these allergens.

A.M. Sandwiches

SAUSAGE, EGG, & CHEESE 650 CAL **\$8.50**

Sausage patty, scrambled egg, sharp cheddar, & spicy maple butter on a seeded roll.

VEGGIE BREKKIE (V) 420 CAL **\$7.50**

Frittata egg patty, roasted mushroom, scallion, pimento cheese spread, & arugula on a seeded roll.

Toasts

SMOKED SALMON 420 CAL **\$12.99**

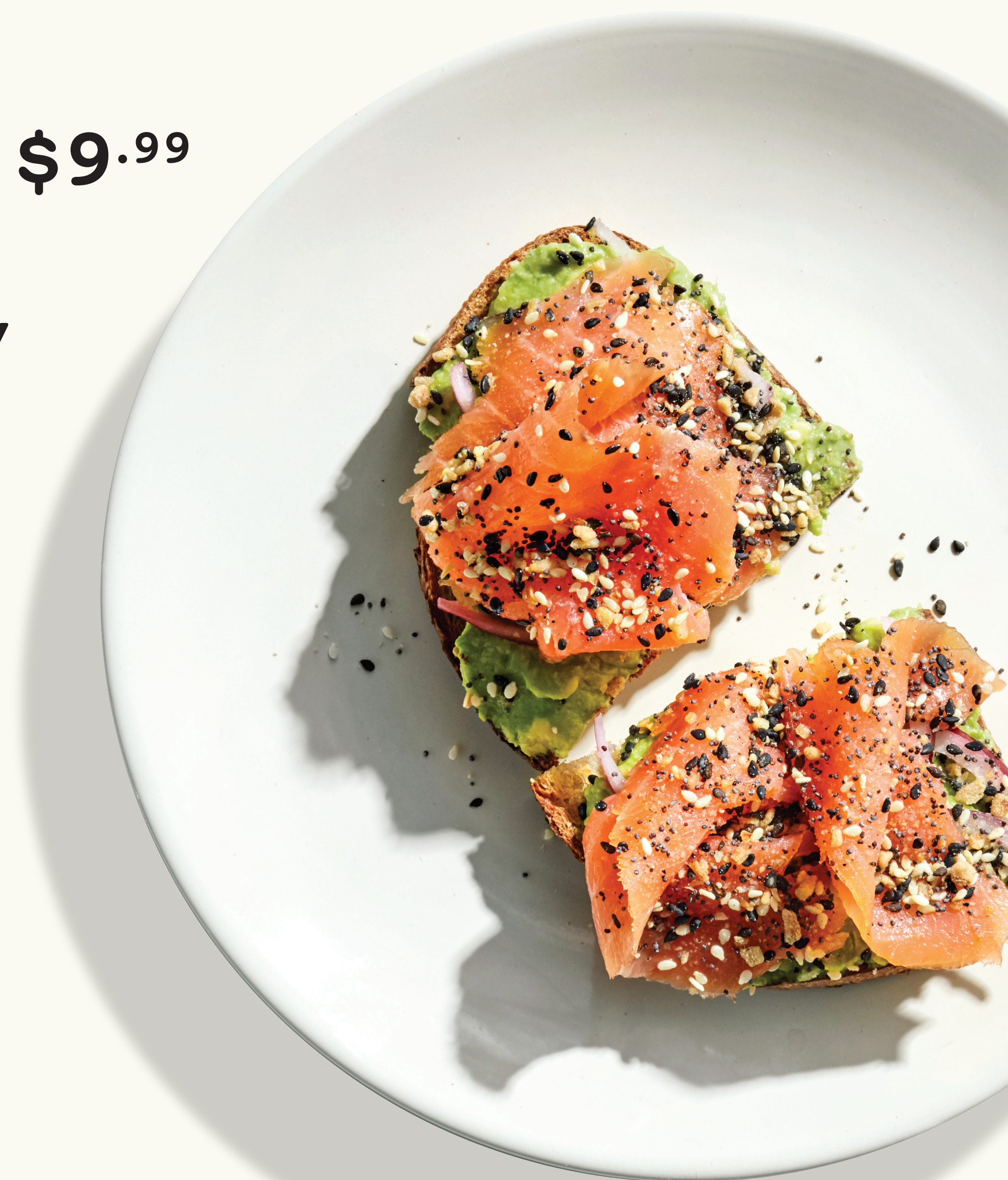
Smashed avocado, smoked salmon, pickled red onion, & everything seasoning on toasted sourdough.

THE ORIGINAL (VE) 410 CAL **\$7.99**

Smashed avocado, extra virgin olive oil, sea salt & lime on toasted sourdough.

BACON TOMATO 770 CAL **\$9.99**

Smashed avocado, smoked bacon, roasted tomatoes, banana peppers, & herby aioli on toasted sourdough.



(V) VEGETARIAN (VE) VEGAN

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Smoothies

ADD **VITAL PROTEINS®** COLLAGEN PEPTIDES FOR \$2 35 CAL



GREEN GOODNESS (VE) 420 CAL **\$9.50**

Avocado, baby spinach, orange, turmeric, agave, vanilla, oat milk.

BERRY CALM (V) 270 CAL **\$9.50**

Açaí, blueberry, banana, oat milk.

DESERT DETOX (VE) 260 CAL **\$9.50**

Cactus pear, orange, pineapple, agave nectar, oat milk.

FULL RECOVERY (V) 500 CAL **\$9.50**

Banana, plant-based protein, sunflower butter, dark chocolate, oat milk.

SKINNY ELVIS (V) 610 CAL **\$9.50**

Banana, yogurt, tahini, cinnamon, honey, oat milk.

Bowls & Salads

HARVEST COUSCOUS BOWL (V)

720 BOWL / 180 DRESSING **\$10.99**

Israeli couscous, arugula, harissa carrots, sweet potatoes, caramelized onions, feta cheese, pepitas, sunflower seeds, dried cranberries, & herb vinaigrette.



ELOTE CAESAR (V) 390 SALAD / 380 DRESSING **\$10.99**

Romaine, roasted corn and peppers, pickled onion, cotija cheese, masa crouton, & caesar dressing.

ADD CHICKEN FOR \$3 140 CAL

Pizzas

CHEESE (V) 330/1070 CAL

Red sauce, Italian cheese blend, & EVOO.

\$5⁹⁹ SLICE | \$19⁹⁹

PEPPERONI 430/1410 CAL

Red sauce, Italian cheese blend, ground Ezzo pepperoni & parmesan cheese.

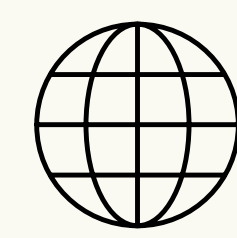
\$6⁹⁹ SLICE | \$21⁹⁹

GARDEN PESTO (V) 550/1720 CAL

Nut-free pesto, roasted cherry tomatoes, Italian cheese blend & arugula.

\$6⁹⁹ SLICE | \$21⁹⁹

House Pours



**MEMBERS ONLY
HAPPY HOUR ALL DAY
EVERY DAY**

Featured Cocktails

\$11

\$7 MEMBERS

Mommenpop

Ruby Grapefruit Spritz 120 CAL

Mimosa

Fresh OJ & Prosecco 130 CAL

Wine by the glass

\$10

\$7 MEMBERS

LADO a LADO

Casa White 120 CAL

Casa Red 120 CAL

Casa Rosé 110 CAL



Local Pint Drafts

\$6

\$4 MEMBERS

Right Proper

Senate Lager 190 CAL

Solace

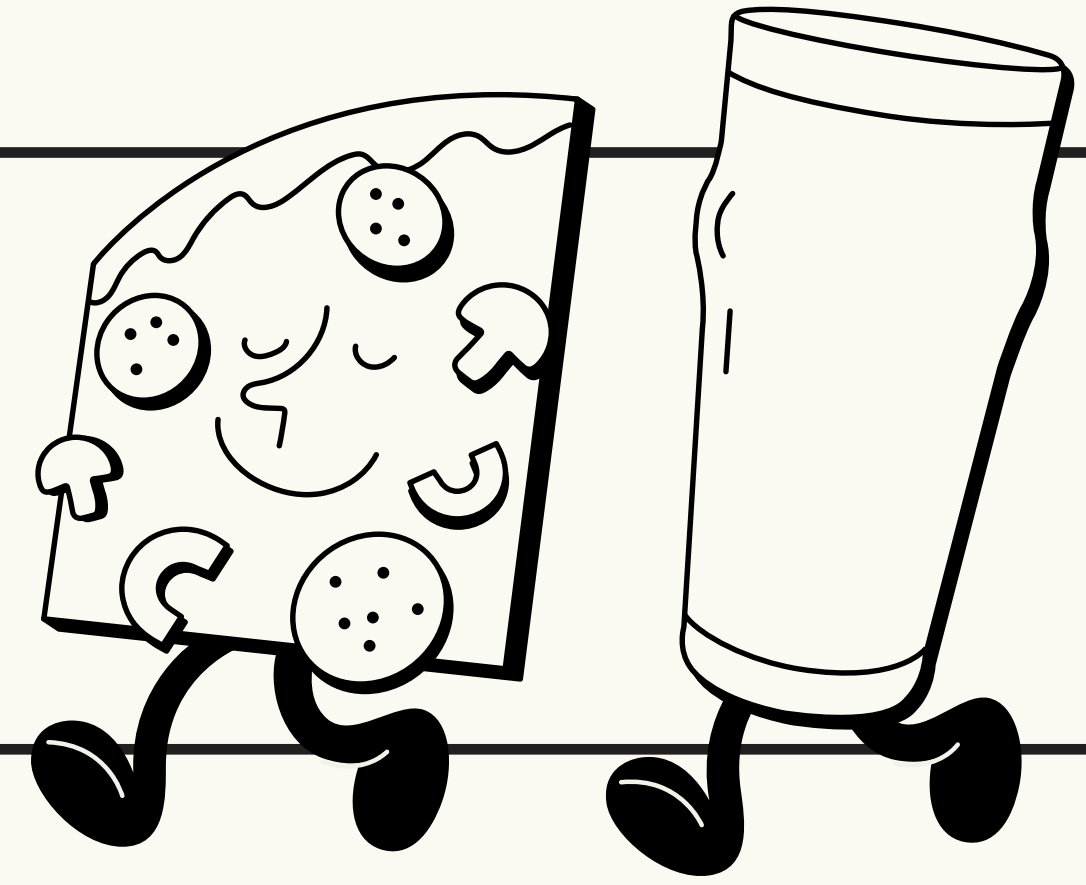
Partly Cloudy IPA 310 CAL



Pizzas

Nonni Style Slices

MAKE IT A COMBO!



DRAFT BEER & A SLICE 520-830 CAL

\$10

GLASS OF WINE & A SLICE 440-670 CAL

\$15

