

# Seasonal Sips



## ICED CARAMEL APPLE LATTE

370-450 CAL \$4<sup>75</sup> **M** \$5<sup>75</sup> **L**

House espresso, caramel apple syrup, with your choice of milk\*, poured over ice. Topped with whipped cream & caramel drizzle.

## PUMPKIN PIE LATTE

350-430 CAL \$4<sup>75</sup> **M** \$5<sup>75</sup> **L**

House espresso, pumpkin pie syrup, & your choice of milk\*. Ground graham crackers & whipped cream.



**ADD A SEASONAL SYRUP FOR \$0.50!** 0-140 CAL

Brown Sugar, Pumpkin, Caramel Apple, & Toasted Marshmallow

\*Nutrition information calculated based on standard recipes made with whole milk unless the milk type is called out. Exact information may vary due to customizations.

# Breakfast Tacos

SERVED  
'TIL NOON!

## MIGAS (V) 190 CAL

\$3.75

Scrambled eggs, roasted peppers & onions, tortilla chips, & cheese on a flour tortilla.

## BEAN & CHEESE (V) 180 CAL

\$3.75

Scrambled eggs, refried pinto beans, cheddar & jack cheese on a flour tortilla.

## BACON 220 CAL

\$3.75

Scrambled eggs, smoked bacon, & cheddar & jack cheese on a flour tortilla.

## CARNITAS 190 CAL

\$3.75

Scrambled eggs, cheddar & jack cheeses, with braised carnitas on a flour tortilla.

ADD FRESH MASHED AVOCADO FOR \$1 90 CAL

TRY WITH RED OR GREEN SALSA 5 CAL



(V) VEGETARIAN (VE) VEGAN

ALLERGENS: Foxtrot kitchens prepare a variety of products that include: fish, crustacean shellfish, milk, egg, tree nuts, wheat, peanuts, sesame, and soy. We have protocols designed to help prevent allergen cross-contact, however, there is a risk that any food produced, sliced, packaged or served in our stores may contain one or more of these allergens.

# A.M. Sandwiches

**SAUSAGE, EGG, & CHEESE** 650 CAL **\$8.50**

Sausage patty, scrambled egg, sharp cheddar, & spicy maple butter on a seeded roll.

**VEGGIE BREKKIE** (V) 420 CAL **\$7.50**

Frittata egg patty, roasted mushroom, scallion, pimento cheese spread, & arugula on a seeded roll.

## Toasts

**SMOKED SALMON** 420 CAL **\$12.99**

Smashed avocado, smoked salmon, pickled red onion, & everything seasoning on toasted sourdough.

**THE ORIGINAL** (VE) 410 CAL **\$7.99**

Smashed avocado, extra virgin olive oil, sea salt & lime on toasted sourdough.

**BACON TOMATO** 770 CAL **\$9.99**

Smashed avocado, smoked bacon, roasted tomatoes, banana peppers, & herby aioli on toasted sourdough.



(V) VEGETARIAN (VE) VEGAN

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

# Smoothies

ADD VITAL PROTEINS® COLLAGEN PEPTIDES FOR \$2 35 CAL



**GREEN GOODNESS** (VE) 420 CAL **\$9.50**  
Avocado, baby spinach, orange, turmeric, agave, vanilla, oat milk.

**BERRY CALM** (V) 270 CAL **\$9.50**  
Açaí, blueberry, banana, oat milk.

**DESERT DETOX** (VE) 260 CAL **\$9.50**  
Cactus pear, orange, pineapple, agave nectar, oat milk.

**FULL RECOVERY** (V) 500 CAL **\$9.50**  
Banana, plant-based protein, sunflower butter, dark chocolate, oat milk.

**SKINNY ELVIS** (V) 610 CAL **\$9.50**  
Banana, yogurt, tahini, cinnamon, honey, oat milk.

# Bowls & Salads

**HARVEST COUSCOUS BOWL** (V)  
720 BOWL / 180 DRESSING **\$10.99**

Israeli couscous, arugula, harissa carrots, sweet potatoes, caramelized onions, feta cheese, pepitas, sunflower seeds, dried cranberries, & herb vinaigrette.



**ELOTE CAESAR** (V) 390 SALAD / 380 DRESSING **\$10.99**  
Romaine, roasted corn and peppers, pickled onion, cotija cheese, masa crouton, & caesar dressing.

ADD CHICKEN FOR \$3 140 CAL

# Pizzas

**CHEESE** (V) 330/1070 CAL

Red sauce, Italian cheese blend, oregano, fresh basil, & EVOO.

**\$5<sup>99</sup> SLICE | \$19<sup>99</sup>**

**PEPPERONI** 430/1410 CAL

Red sauce, Italian cheese blend, ground Ezzo pepperoni & parmesan cheese.

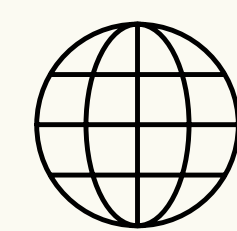
**\$6<sup>99</sup> SLICE | \$21<sup>99</sup>**

**GARDEN PESTO** (V) 550/1720 CAL

Nut-free pesto, roasted cherry tomatoes, Italian cheese blend & arugula.

**\$6<sup>99</sup> SLICE | \$21<sup>99</sup>**

# House Pours



**MEMBERS ONLY  
HAPPY HOUR ALL DAY  
EVERY DAY**

## Featured Cocktails

**\$11** **\$7 MEMBERS**

### Mommenpop

Ruby Grapefruit Spritz 120 CAL

### Mimosa

Fresh OJ & Prosecco 130 CAL

## Wine by the glass

**\$10** **\$7 MEMBERS**

### *LADO a LADO*

Casa White 120 CAL

Casa Red 120 CAL

Casa Rosé 110 CAL



## Local Pint Drafts

**\$6** **\$4 MEMBERS**

### St. Elmo

Karl Kölsch 230 CAL

### Pinthouse

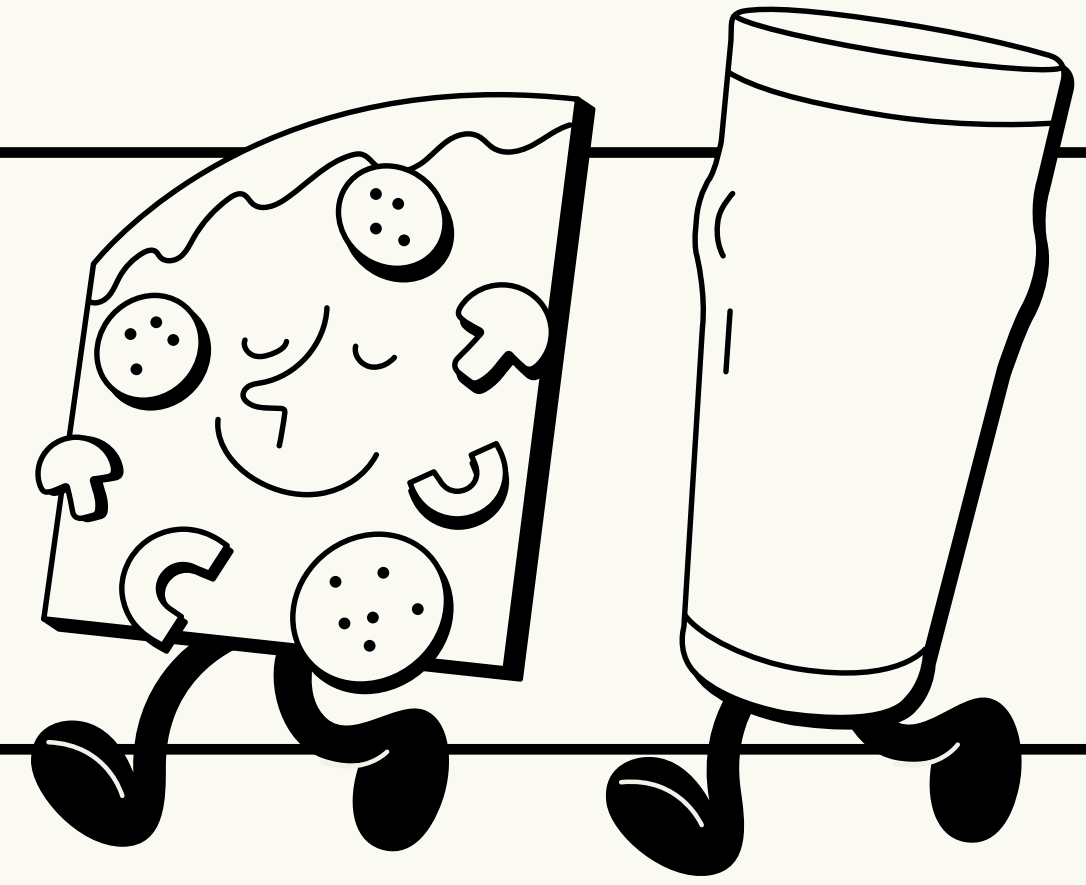
Electric Jellyfish Hazy IPA 310 CAL



# Pizzas

## *Nonni Style Slices*

**MAKE IT A COMBO!**



**DRAFT BEER & A SLICE 520-830 CAL**

**\$10**

**GLASS OF WINE & A SLICE 440-670 CAL**

**\$15**

