

The Zion Hiking Guide

All 19 trails at a glance - difficulty, distance, elevation, and permits.

bestofzion.com

How to Use This Guide

All 19 maintained trails covered on bestofzion.com, grouped by area, with difficulty, distance, and elevation gain at a glance. "Permit?" flags trails that require one (The Narrows, The Subway, and similar) - always confirm current permit requirements before you go.

Zion Canyon

Trail	Difficulty	Distance	Elev. Gain	Permit?
Pa'Rus Trail	Easy	3.5 mi RT	50 ft	No
Riverside Walk	Easy	2.2 mi RT	57 ft	No
Weeping Rock	Easy	0.4 mi RT	98 ft	No
Emerald Pools	Easy	1.2-3.0 mi RT	200 ft	No
Watchman Trail	Moderate	3.3 mi RT	368 ft	No
The Narrows	Moderate	Up to 10 mi	Varies	No
Angels Landing	Strenuous	5.4 mi RT	1,488 ft	Yes

Kolob Terrace

Trail	Difficulty	Distance	Elev. Gain	Permit?
Northgate Peaks Trail	Moderate	4.2 mi RT	100 ft	No
The Subway (Left Fork)	Strenuous	9.0 mi RT	1,000 ft	Yes
West Rim Trail via Lava Poi	Strenuous	19.0 mi RT	1,500 ft	No

East Rim

Trail	Difficulty	Distance	Elev. Gain	Permit?
Canyon Overlook	Moderate	1.0 mi RT	163 ft	No
East Rim Trail	Strenuous	5.9 mi one-way	1,000 ft	No
East Mesa Trail to Observat	Moderate	6.8 mi RT	300 ft	No
Observation Point	Strenuous	8.0 mi RT	2,100 ft	No

Kolob Canyons

Trail	Difficulty	Distance	Elev. Gain	Permit?
Timber Creek Overlook	Easy	1.0 mi RT	100 ft	No
Taylor Creek Trail	Moderate	5.0 mi RT	450 ft	No
La Verkin Creek to Kolob Ar	Strenuous	14.0 mi RT	1,050 ft	No

Southwest Desert

Trail	Difficulty	Distance	Elev. Gain	Permit?
Chinle Trail	Moderate	11.7 mi one-way	600 ft	No
Coalpits Wash	Easy	3.6 mi one-way	500 ft	No