



KRISHIV GUPTA

An aspiring public health policymaker pursuing policy & economics to turn nutrition research into policy that reaches every child

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📍 Mumbai, India

Education Background

Dhirubhai Ambani International School, Mumbai
March 2013 – June 2027

Awards & Honours

- Finalist, Initiative for Research & Innovation in Science (IRIS)
- Gold Crest Award
- Innovator Award & Semi-Finalist, Conrad Challenge by NASA
- Semi-Finalist, Diamond Challenge, University of Delaware
- Gold Award, Queen's Commonwealth Essay Writing Challenge
- Semi-Finalist, Emerging Innovators Awards, University of Delaware

Policy & Politics

Internship, Punjab Development Corporation (2025)

Assessed Punjab's startup landscape with entrepreneurs & developed policy recommendations on startup financing, partnerships & ecosystem growth

Internship, Ministry of Commerce & Industry, New Delhi (2026)

Drafted speech recommendations for Minister Piyush Goyal, prepared country & stakeholder profiles for diplomatic meetings & summarised policy documents

Participant, R.A. Butler Political Essay Prize (2026)

Built a framework on why democracies scapegoat minorities, applied to Hungary, Sri Lanka, Myanmar & Mauritius drawing on Varshney & Lijphart

Extended Essay in Global Politics (2026)

Benchmarked 12 competitors for a pre-launch AI veterinary clinic software startup & built a database of 200+ independent U.S. veterinary clinics

Academic Enrichment Programmes

- Summer School, Plaksha University (June 2024)
- Summer School, Atlas Skilltech University (July 2024)

School Leadership

- House Captain, Student Council, Dhirubhai Ambani International School
- Team Leader, Wharton Essentials of Finance Competition, DAIS

Public Health Initiatives

Founder, NutriCal, Mumbai (2025–Ongoing)

Founded a student led startup closing children's calcium intake & absorption gaps through an accessible diskette supplement format

Director, NutriCal Community Health Initiative, Raigad (2026)

Led a two month intervention for about 200 students with daily NutriCal CalShield supplementation, health assessments & nutrition awareness

Creator, Calcium Thali Audit App, Mumbai (2025–Ongoing)

Developed an app that analyses meal photos to track daily calcium intake alongside calories, macronutrients & micronutrients

Research & Publications

Author, From Plate to Policy, published in IJCISIM (2026)

Published a peer reviewed PLS–SEM study of nutritional deficits in Indian diets to guide nutrition policy & interventions

Author, Osteoporosis Bioinformatics Paper, in publication (2026)

Combined GWAS data, pathway analysis & molecular docking to identify evidence based nutraceutical approaches to osteoporosis

Entrepreneurship & Empowerment

Founder, Market Leader, Mumbai (2026–Ongoing)

Created a Snakes & Ladders style board game that teaches children entrepreneurship through business, investment & market decisions

Team Leader, Team Nilaya, CAS Project, DAIS (2026)

Led a DAIS student initiative on sustainability & biodiversity in the Nilgiris, organising awareness & engagement activities

Endurance Sports

Assistant Coach, PowerPeaks Athlete Lab (2025–Ongoing)

Supported endurance athletes in swimming, cycling & running under an Ironman coaching team in Pune & Mumbai, aiding race preparation

Events Completed (2024–2026)

Bergman Triathlon (Dec 2024), Ironman 5150 Olympic Distance, Bohol (Jul 2025), Oceanman El Gouna 2 km & 5 km, World Championship qualifier in both (Sep 2025), HYROX Mumbai Duos (Sep 2026, upcoming)

Languages & Interests

Languages: Hindi (Native Speaker), Spanish (Proficient)

Interests: Dog Lover, Triathlon, Health & Wellness, Entrepreneurship, Volunteering, Travelling