





THE CAMP

The **BIWPA Easter Camp** is designed for players from all around the world between 11 and 16 years old. Our sports program allows athletes of all levels to improve the water polo fundamentals and individual technique.



BIWPA suggests a perfect combination of water polo training, physical preparation and leisure activities that lets our campers experience an unforgettable camp in the best facilities in Barcelona.

The camp is led by top-level and experienced coaches and takes place at the amazing **Club Natació Sabadell**, renowned for its top-ranking men's and women's water polo teams, an exceptional youth development program, and top-notch facilities with two Olympic-size pools, and another extra 33-meter pool exclusive for water polo.



WHAT'S INCLUDED?

- **Two daily training sessions.**
- One daily dryland training.
- **Leisure activities** and other sports such as beach soccer/volleyball.
- Snacks and hydration during/after practices.
- **Masterclasses** with professional players.
- Certificate of attendance.
- BIWPA staff and supervisor 24/7.
- **Welcome pack** with BIWPA/Turbo gear: suit, T-shirt, wristband and more.
- Medical service.
- Lunch and snacks.

Exclusive for residential campers:

- Room and full board.
- Shuttle to/from airport (50 € per trip).



SPORTS PROGRAM

The sports program is focused on four main aspects: **technique, tactics, physical conditioning and mind.**

Each of these four aspects is developed intensively, and tailored to the campers depending on their age, physical condition and water polo abilities.

The **training groups are formed according to the age and the technical/tactical level of every participant** in order to work with balanced and competitive groups. There are also specific groups based on the players' roles in their club teams, in order to improve the skills of each player for their specific position.



TYPICAL DAY

8h	Wake up, breakfast
9h	Dryland training / warm-up / leisure activities*
10h	Morning training
13h	Lunch
14h	Rest time / video session
15h	Evening training
17.15h	Snack, pick-up for day campers
17-20h	Leisure activities / free time
20h	Dinner, free time, sleep

■ Residential camp ■ Day camp

*Leisure activities = basketball, beach soccer, beach volleyball, games, etc.



SPECIFIC GROUPS

GOALIE

UTILITY

CENTER DEF.

CENTER



OUR DIFFERENTIAL VALUE

Coming to a BIWPA camp means taking advantage of some aspects that differentiate us from the rest. **Elevate your game** and set yourself apart from the crowd!

MASTERCLASSES



Campers will **learn from the best!** They will have the chance to train with international high level players and ask them questions.

MULTICULTURAL



Our camps bring together water polo players **from all around the world**, and our coaches speak Spanish and English. We love seeing campers from so many different nationalities sharing their passion for water polo!

TOP COACHES



All our coaches are **active with top clubs in Catalunya** and have many years of experience as players and coaches. They are all aligned with the same methodology based on the fundamentals.

QUIM COLET

All our camps are led and supervised by **Quim Colet**, BIWPA Sports Director, and the Head Coach of the CN Sabadell men's senior team.

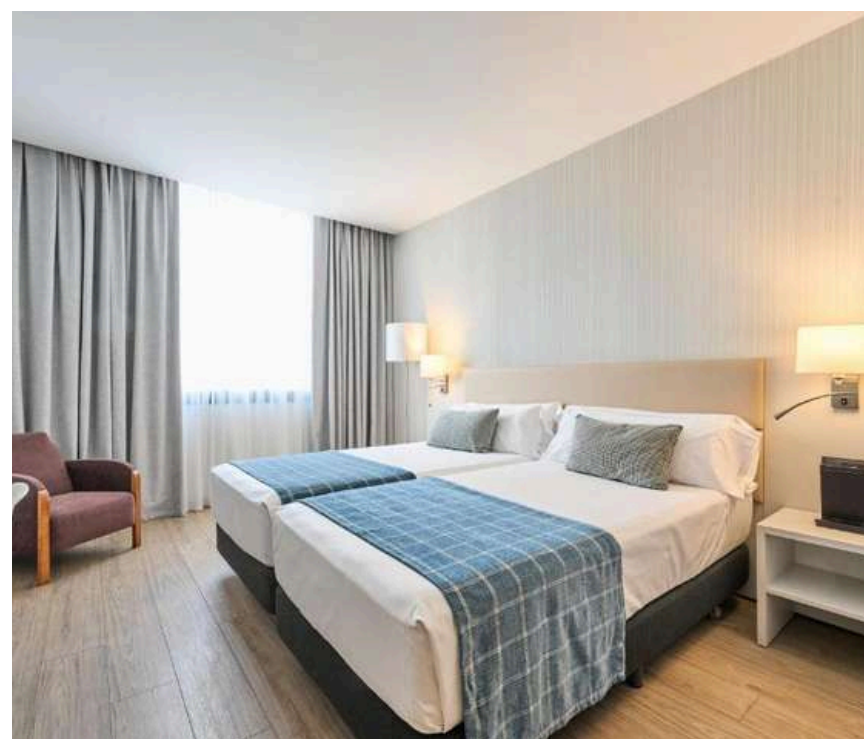
This presents a unique chance to train under a methodology overseen by a figure with over 30 years of coaching experience. Colet has participated in **two Olympic Games**, and has earned several European and World medals as the Head Coach of the junior Spanish team. He recently won the LEN Euro Cup and the Spanish Supercup with CNS.





WHY BIWPA?

- **11 years** holding water polo camps since our first-ever camp back in Easter of 2014.
- A methodology focused on improving **individual skills**: fundamentals, technique, and tactics.
- We partner with some of the best water polo players competing in the Spanish league, so our campers can learn directly from them.
- An **experienced and qualified coaching staff** prepared to get the most out of each camper.
- We offer the perfect balance between fun and learning.
- Multiple parallel activities and other sports to complement the pool training.
- A **bilingual and multicultural camp**: we speak Spanish and English since we have campers from over 20 countries.
- A **quiet, safe, and ideal** environment for the practice of water polo.



LODGING

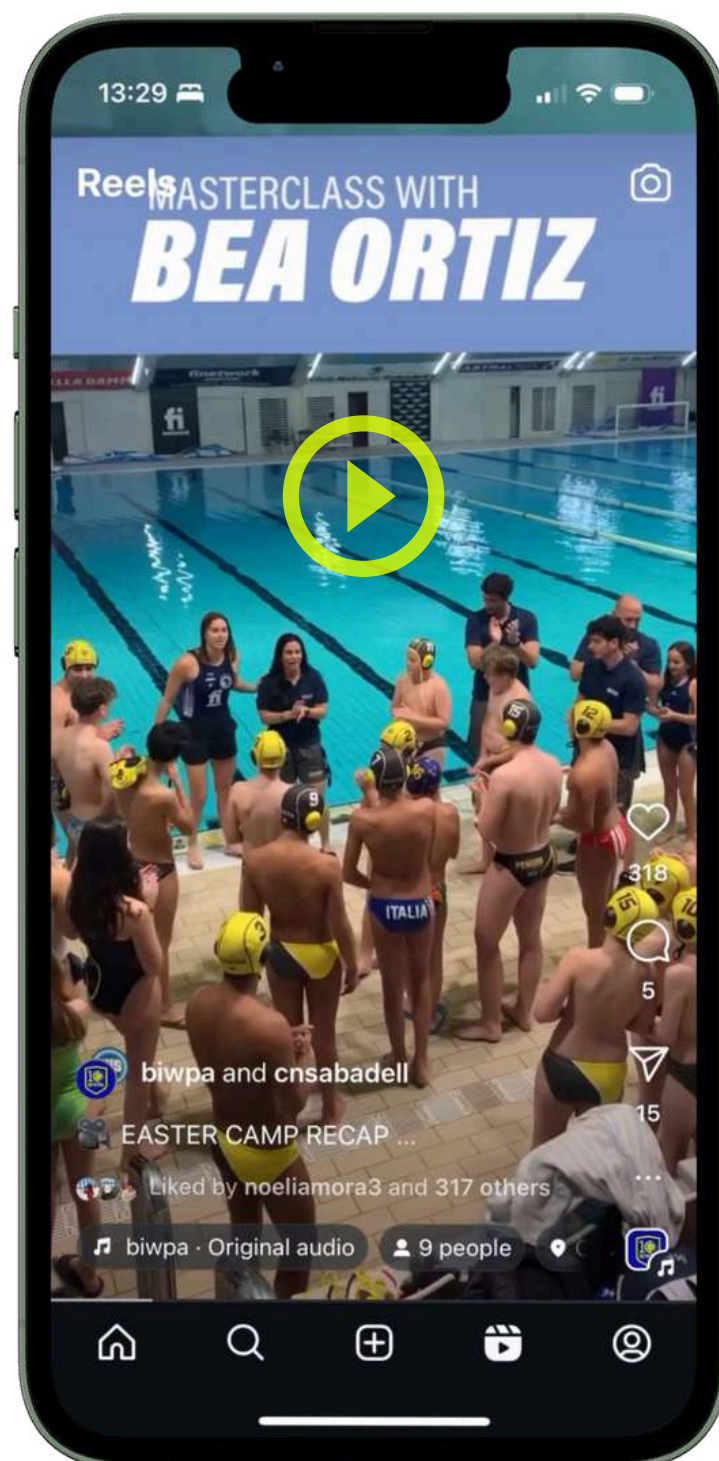
Residential participants stay in two/three/four-people rooms at **** **Hotel Verdi**, located a 15-minute walk from CN Sabadell. All rooms have TV, fridge, free Wi-Fi, air conditioning and heating.

BIWPA tutor 24/7 and supervision at all times.





Relive our last Easter Camp at CN Sabadell!



THE VENUE

The camp will take place at **Club Natació Sabadell (Centre Can Llong)**, one of the largest sports clubs in Europe, with first-class facilities and equipment for the practice of all kinds of sports. CNS has two different locations with multiple swimming pools (two Olympic pools) and different areas such as gym, soccer field, beach volley, padel, multisports center, and more. Both the women's and men's water polo teams of CNS compete at the highest level.





PRICING AND CONDITIONS

INCLUDED	RESIDENTIAL April 13 - 18	DAY CAMP April 14 - 17
Lodging Meals Schedule Transportation	Included Full board 24h 50 € (one way)	Not included Lunch and snacks 9h to 17h Not included
PRICES	1,095 €	595 €

HOW TO REGISTER?

- In order to **register** for this camp, fill out the form on our website [here >>](#)
- Registration will not be confirmed until completing **the downpayment** (50% of the total amount).
- BIWPA ensures that the camp participants will always be under the supervision of the BIWPA staff and will not be forced to carry out any activity that could pose a risk to them.
- BIWPA reserves the right to modify or cancel this camp.
- Check the registration form for the terms and conditions.



5% DISCOUNT AVAILABLE

- Repeat campers.
- Group discounts (minimum 8 players).
- For siblings.

Ask for your **discount code** at camps@biwpa.com before registering!



Thank you for your interest!

camps@biwpa.com

[REGISTER HERE](#)

+34 **687 344 557**
Mar Navarro



www.biwpa.com | [@biwpa](#)

