

General Advice

adviceoxford.org.uk

Free, search for nearest advice agencies

Citizens Advice

0300 3309 037 (Banbury)

or 03444 111 444 (Bicester)

canosn.org.uk

Free advice for issues such as debt, benefits, housing, immigration, asylum, employment and many more.

Banburyshire Advice Centre

01295 279988

Free advice on education and benefits and support for carers (Banbury area only).

Housing and Homelessness Support

Connection Support

connectionsupport.org.uk/oxfordshire

01865 711267

Provide help for those experiencing housing issues including homelessness, with mental health problems and older people.

Better Housing Better Health

0800 107 0044

Support and financial assistance for heating homes.

Other Support

Oxfordshire County Council Family

Information Directory

fisd.oxfordshire.gov.uk

Support for families including local activities, schools advice, disability advice and holiday play schemes.

Sunshine Centre

01295 276769

A hub of family and childcare support services, including baby and toddler groups.

Domestic Abuse

Call 0800 731 0055 for access to support or a place to flee (women only), or 999 in an emergency.

Oxford Sexual Health Clinic

01865 231231

Provide contraception, STI testing, HIV care and prevention and pregnancy support.

Adapt Oxford

adaptoxford.org.uk/referrals

Support, therapy, counselling and supported living for recovering and helping addicts.

Age UK Oxfordshire

0345 450 1276

Offer support for older people.

For urgent safeguarding concerns, call

0345 050 7666 or 999

SUPPORT SERVICES

– Cherwell District –

Contacts for help including food, housing and employment support, benefits, health, general advice and community support



Community Activities and Support Groups

oxfordshireallin.org

Coordinates local community support available, including COVID-19 support groups.

livewell.oxfordshire.gov.uk

Find community, health and wellbeing support.

Carers Oxfordshire

0345 050 7666

carersoxfordshire@oxfordshire.gov.uk

Information, advice and support for carers, free.

Harvest @ Home

www.cherwellcollective.com/about-us/harvest-home/

Community action group supporting people to learn the skills to grow their own food at home, provide kits with tools to grow at home, all free.

Volunteer Connect

0300 3030 126

info@volunteerconnect.org.uk

oxonvolunteers.org

Find local volunteering opportunities.

Food Support

Food Access Map

<https://www.gfo.org.uk/food-support/community-food-services-map/> Information on local food services.



Selected examples are listed here:

Cherwell Larder

01865 817676

cherwelllarder@gmail.com

tinyurl.com/muvzvu8e to self-refer

cherwellcollective.com/about-us/cherwelllarder

Trussell Trust Food Banks

01869 245036 (Bicester)

or 01295 661304 (Banbury)

Free, requires a referral from Citizens Advice, housing workers, social workers or a GP.

North Oxfordshire Community Food Bank

07929 721172

northoxfordshirecommunityfoodbank.org.uk

Free with referral from community organisations including social services, Citizens Advice etc.

Banbury Community Fridge

07878 312073

Open 24 hours, located at Merton Street Mosque OX16 4RP. Free and open to all.

Economic Support

Jobcentre Plus Oxford

0845 604 3719

Help finding employment and economic support including Universal Credit, free.

Oxford Community Work Agency

01865 744165

oxfordshirewelfarerights.com

Provide general support and benefits advice.

Oxfordshire Mind

oxmindguide.org.uk/directory/

Provide support including benefits, mental health, minority community support and support for carers.

turn2us.org.uk

Support for benefits and grant applications, find local advice centres.

Christians against Poverty

0800 328 006

Free advice for debt.

Cherwell District Council

cherwell.gov.uk

01295 227001

Provide advice, emergency support, information about grants, benefits support, housing support and health information, all free. They can refer to other agencies.