

## General Advice

[adviceoxford.org.uk](http://adviceoxford.org.uk)

Free, search for nearest advice agencies.

Citizens Advice

03444 111 444

[citizensadvice.org.uk/local/oxfordshire-southvale](http://citizensadvice.org.uk/local/oxfordshire-southvale)

Free advice for issues such as debt, benefits, housing, immigration, asylum, employment and many more.

Vale Community Impact

01235 765348

[www.vci.org.uk](http://www.vci.org.uk)

[help@vci.org.uk](mailto:help@vci.org.uk)

Advice for employment rights, consumer rights, benefits and many more, free (Vale residents only).

## Housing and Homelessness Support

Connection Support

[connectionsupport.org.uk/oxfordshire](http://connectionsupport.org.uk/oxfordshire)

01865 711267

Provide help for those experiencing housing issues including homelessness, with mental health problems and older people.

Better Housing Better Health

0800 107 0044

Support and financial assistance for heating homes.

## Other Support

Oxfordshire County Council Family

Information Directory

[fisd.oxfordshire.gov.uk](http://fisd.oxfordshire.gov.uk)

Support for families including local activities, schools advice, disability advice and holiday play schemes.

Domestic Abuse

Call 0800 731 0055 for access to support or a place to flee (women only), or 999 in an emergency.

Didcot Sexual Health Clinic

01865 231231

Provide contraception, STI testing, HIV care and prevention and pregnancy support.

Oxfordshire Mind

[oxmindguide.org.uk/directory](http://oxmindguide.org.uk/directory)

Provide support including benefits, mental health, minority community support and support for carers.

Age UK Oxfordshire

0345 450 1276

Offers support for older people.

Topaz Oxford

[topazoxford.org.uk](http://topazoxford.org.uk)

Youth group for LGBTQ people aged 13-25. Free, self-refer.

For urgent safeguarding concerns, call

0345 050 7666 or 999

# SUPPORT SERVICES

South Oxfordshire and Vale of White Horse

Contacts for help including food, housing and employment support, benefits, health, general advice and community support



## Community Activities and Support Groups

[oxfordshireallin.org](http://oxfordshireallin.org)

Coordinates local community support available, including COVID-19 support groups.

[livewell.oxfordshire.gov.uk](http://livewell.oxfordshire.gov.uk)

Directory for finding community support groups, information for carers, wellbeing and health, things to do and peer to peer connection networks.

Carers Oxfordshire

0345 050 7666

[carersoxfordshire@oxfordshire.gov.uk](mailto:carersoxfordshire@oxfordshire.gov.uk)

Information, advice and support for carers, free.

Sharing Life Trust (Thame)

[sharinglifetrust.org/community](http://sharinglifetrust.org/community)

07541 299010

Community initiatives including Good Neighbour Scheme, provide counselling and have a SOFEA-model community larder.

Didcot Good Neighbour Scheme

07592 326777

Community service supporting elderly, isolated and vulnerable people (available in many towns, can be found on the Live Well directory).

Turning Point Didcot

01235 514 360

Drug and alcohol addiction treatment service, including family support groups and shared care with NHS services.

## Food Support

Food Access Map

<https://www.gfo.org.uk/food-support/community-food-services-map/>

Information on local food services.



Selected examples are listed here:

Trussell Trust Food Bank (Abingdon)

07562 247443

Free, requires a referral from Citizens Advice, housing workers, social workers or a GP.

Botley Community Fridge

07759 135811 for self-referrals

Not means tested, collection from Church of St Peter and St Paul everyday 10-4 or emergency deliveries on request, free.

Wantage and Grove Foodbank

07920 409462

[wantageandgrovefoodbank.org.uk](http://wantageandgrovefoodbank.org.uk)  
Delivery only, free, referral from schools, doctors, churches, social services and job centres.

Abingdon Community Fridge

[abingdoncommunityfridge.org.uk](http://abingdoncommunityfridge.org.uk)

[abingdoncommunityfridge@gmail.com](mailto:abingdoncommunityfridge@gmail.com)

Collection from The Abbey Centre, OX14 3GD, free.

SOFEA Larders (Abingdon, Berinsfield, Botley, Didcot, Thame)

01235 510774

[www.sofea.uk.com](http://www.sofea.uk.com)

[communitylarder@sofea.uk.com](mailto:communitylarder@sofea.uk.com)

Subscription basis for food of £28/month for a family and £14/month for a single person.

## Food Support (continued)

Faringdon Foodbank

07548 535855

Collection of free food parcels, referral through churches, GP, social services or citizens advice.

Wallingford Foodbank

01491 876677

Delivery of free food parcels, referral through agencies as above.

## Economic Support

Jobcentre Plus Didcot

0800 055 6688

Help finding employment and economic support including Universal Credit, free.

[turn2us.org.uk](http://turn2us.org.uk)

Support for benefits and grant applications, find local advice centres.

Christians against Poverty

0800 328 006

Free advice for debt.

District Council

[whitehorsedc.gov.uk](http://whitehorsedc.gov.uk) or [southoxon.gov.uk](http://southoxon.gov.uk)

01235 422422

Provide advice, emergency support, information about grants, benefits support, housing support and health information, all free. They can refer to other agencies.