

General Advice

Citizens Advice
0808 2787908

citizensadvicewestoxon.org

Free advice for issues such as debt, benefits, housing, immigration, asylum, employment, tenancy disputes, customer disputes, and many more. Do referrals to food banks. A useful place to approach for those who are unsure what to do.

Cornerstone @ Charlbury
07510772764

An advice centre, community larder and the Learning Cafe, providing mentoring and homework support (Charlbury only).

Housing and Homelessness Support

Connection Support
connectionsupport.org.uk/oxfordshire
01865 711267

Provide help for those experiencing housing issues including homelessness, with mental health problems and older people.

Better Housing Better Health
0800 107 0044

Support and financial assistance for heating homes.

Other Support

Oxfordshire County Council Family

Information Directory

fisd.oxfordshire.gov.uk

Support for families including local activities, schools advice, disability advice and holiday play schemes.

Domestic Abuse

Call 0800 731 0055 for access to support or a place to flee (women only), or 999 in an emergency.

Witney Sexual Health Clinic

01865 231231

Provide contraception, STI testing, HIV care and prevention and pregnancy support.

Carers Oxfordshire

0345 050 7666

carersoxfordshire@oxfordshire.gov.uk

Free information, advice and support for carers.

Age UK Oxfordshire

0345 450 1276

Offers support for older people.

Carterton Community Assistance

01993 402 119

Signposting to mental health support, a foodbank, support for the vulnerable including shopping (Carterton and nearby only).

For urgent safeguarding concerns, call

0345 050 7666 or 999

SUPPORT SERVICES

– West Oxfordshire District –

Contacts for help including food, housing and employment support, benefits, health, general advice and community support



Community Activities and Support Groups

oxfordshireallin.org

Coordinates local community support available, including COVID-19 support groups.

livewell.oxfordshire.gov.uk

Find community, health and wellbeing support.

Guideposts Oxfordshire

guideposts.org.uk/services/area/oxfordshire
01993 893560

Run several different initiatives including Dig 'n' Grow and the GLADS day service, both for adults with learning disabilities and mobility impairments helping them learn new skills and putting on activities, cost varies per session.

Volunteer Link Up

01993 776277
vlu.org.uk

Linking people who wish to volunteer with local residents and charitable organisations that need their services, including community transport, befriending and practical tasks.

Community Connect

0300 004 0401

facebook.com/communityconnectoxon
Signposting to community services and groups to improve health and wellbeing.

Food Support

Food Access Map

<https://www.gfo.org.uk/food-support/community-food-services-map/>
Information on local food services.



Selected examples are listed here:

Witney and West Oxfordshire Foodbank
07949 442342

Free, requires a referral from Citizens Advice, housing workers, social workers or a GP.

Witney Food Revolution

info@witneyfoodrevolution.com

Community fridge and larder. Free surplus food from supermarkets including fresh fruit and veg and dried goods, available for collection from High Street Methodist Church.

North Oxfordshire Community Foodbank
07929 721172

northoxfordshirecommunityfoodbank.org.uk
Free with referral from community organisations including social services, citizens advice etc.

Chippy Larder (run with SOFEA)
07890 394297

Long-term, low-cost food. Runs on a subscription basis of £28 per month for a family and £14 a month for a single person. Located at the Guildhall, OX7 5NJ, open Thursday 1-6pm.

Eynsham Foodbank

07738 063083

Support anyone struggling to make ends meet (Eynsham only).

Food Support (continued)

Mary's Meals

01608 646202

Deliveries of frozen prepared meals and other staples, weekly chats and online children's groups and weekly wellbeing packs (Chipping Norton only).

Economic Support

Jobcentre Plus Witney

0800 169 0190

Help finding employment and economic support including Universal Credit, free.

Oxfordshire Mind

oxmindguide.org.uk/directory/

Provide support including benefits, mental health, minority community support and support for carers.

turn2us.org.uk

Support for benefits and grant applications, find local advice centres.

West Oxfordshire District Council

westoxon.gov.uk

01993 861000

Provide advice, emergency support, information about grants, benefits support, housing support and health information, all free. They can refer to other agencies.



**OXFORDSHIRE
COUNTY COUNCIL**