





The Play: Full Pledge

 We pay attention to dietary requirements and understand allergies

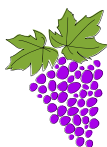
 Drinking water is available for children to help themselves

 No sweetened or fizzy drinks are offered

 All of our snacks are healthy and balanced

 We encourage children to try new, healthy foods

 Fruit and vegetables are available at all of our sessions

 We involve children and families with the food preparation, wherever possible