# Housing and Homelessness Support

#### **Connection Support**

www.connectionsupport.org.uk/oxfordshire

01865 711267 Providing support with homelessness, housing, mental health, independent living, family support, young people and refugee resettlement.

## **Better Housing Better Health**

0800 107 0044 <a href="https://www.bhbh.org.uk">www.bhbh.org.uk</a> Support and financial assistance for heating homes.

### **Sanctuary Housing**

Housing Association providing housing and care www.sanctuary.co.uk/interactive-support-map

BYHP -Tackling the Root Causes of Youth Homelessness-Working with young people aged 13 to 25 and their families. Providing a range of support services to those who are at risk of NEET (Not in Education, Employment or Training), experiencing relationship breakdown, mental health & therapeutic needs or are affected by homelessness.

https://byhp.org.uk/

# **Other Support**

Renew Wellbeing centres: where it's ok not to be ok!

Renew Bloxham: Tues 1.30-4pm Baptist Chapel,

Hawke Lane, Bloxham, OX15 4PY

The Dovecote Café: Kidlington Baptist Church, High Street, Kidlington OX5 2DS. 01865 374983 Sundays 3-5pm and Thursdays 10am-12pm Café 103 Bicester: 1-4pm Tues/Thurs, Bicester Methodist Church, Sheep Street, OX26 6JQ.

cathy.bishop@orchardbaptistchurch.org

## **Other Support**

#### **Oxfordshire County Council Family**

Information Directory <u>fisd.oxfordshire.gov.uk</u>
Support for families including local activities, schools' advice, disability advice and holiday play schemes.

#### **Domestic Abuse Support Services**

National DA helpline: 0808 200 0247 (24/7)
Oxfordshire DA helpline: 0800 731 0055 (10am-7pm) or 999 in an emergency.

#### Oxfordshire Sexual Health Service

www.sexualhealthoxfordshire.nhs.uk 01865 231231 (or Banbury clinic: 01865 904500) Provide contraception, STI testing, HIV care and prevention and pregnancy support.

#### **Adapt Oxford**

www.adaptoxford.org.uk

07786 557104 / 07831817308 Offering a variety of services for people struggling with addiction.

## **Support for Older People**

Age UK Oxfordshire 0345 450 1276
Age Friendly Banbury: 07500285909

#### Cleanslate

Support for victims of sexual, physical, mental and emotional abuse throughout Oxfordshire 01869 232461 www.cleanslate.org.uk

#### Restore

Oxfordshire charity which supports with mental health issues. www.restore.org.uk 0845 2500518

Samaritans 01295 270000 or free call 116 123 Childline 0800 1111

# SUPPORT SERV**9**CES

- Cherwell District -

Contacts for help including food, housing and employment support, benefits, health, general advice and community support



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# Community Activities and Support Groups

### **Oxfordshire County Council Services**

<u>livewell.oxfordshire.gov.uk/</u> for community, health and wellbeing support. Or call Community Links Oxfordshire (managed by Age UK Oxfordshire) 01235 849410

#### **Carers Support**

<u>www.carersoxfordshire.org.uk</u> Free information, advice and support for carers. 01235 424715

#### Harvest @ Home

www.cherwellcollective.com/about-us/harvest-home/ Community action group, running community gardens, providing a free service supporting people to learn the skills to grow their own food.

#### Volunteer Connect

https://oxonvolunteers.org/index-classic
Find local volunteering opportunities. 0300 3030 126

## The Hill Community Centre, Banbury

A community centre with clubs for all ages. For timetable and updates see website thehillbanbury.com or Facebook or contact: 01295 675921

## Sunrise Multicultural Project, Banbury

https://sunrisemulticultural.org.uk/ 01295 701728 Opportunities for ethnic minority, single parent, low income families to socialise in a range of activities.

Home-Start Banbury and Bicester https://homestartbanbury.org.uk/ 01295 266358 support for parents with at least one child under five years old.

## The Sunshine Centre, Banbury

sunshinecentre.org 01295 276769
 A hub of family and childcare support services, including baby and toddler groups.

# **Food Support**

#### **Food Access Map**

https://www.gfo.org.uk/foodsupport/community-food-services-map/ Information on local food services or further details of more food support can be found in CDC Food Support Service leaflet or online https://www.cherwell.gov.uk/info/118/communities/9

#### **Trussell Food Banks**

01865 670569 Trussell helpline or contact <u>banbury.foodbank.org.uk</u>, or Bicester 01869 245036 <u>bicester.foodbank.org.uk</u>, Free, requires a referral from Citizens Advice, housing workers, social workers or health centre.

### North Oxfordshire Community Food Bank 07929 721172

www.northoxfordshirecommunityfoodbank.org.uk
Free, requires a referral from Citizens Advice,
housing workers, social workers or health centre.

## **General Advice**

Citizens Advice <u>www.citizensadvice.org.uk</u>
CA West Northants and Cherwell: 08082787906

www.cawnac.org.uk/access-our-services

Free advice on issues such as debt, benefits, housing, immigration, asylum, employment etc.

## **Banburyshire Advice Centre**

www.banburyshirecitizenproject.org.uk 01295 279988 or email:helpdeskbancp@yahoo.com Free advice on education and benefits and support for carers (Banbury area only)

## **Economic Support**

#### Jobcentre Plus Oxford

0800 169 0190 or 0800 055 6688

Free help finding employment and economic support including Universal Credit.

Oxfordshire Welfare Rights Barton Advice Centre 01865 410660 <a href="https://www.oxfordshirewelfarerights.com">www.oxfordshirewelfarerights.com</a> Provide general support and benefits' advice.

#### Oxfordshire Mind

www.oxmindguide.org.uk/directory/
Provide support including benefits, mental health, minority community support and support for carers. 01865 247788

## **Financial Support**

www.turn2us.org.uk/

Support for benefits and grant applications, and find local advice centres.

#### **Christians Against Poverty**

https://capuk.org/0800 328 0006 Free advice and support on debt.

#### **Cherwell District Council**

www.cherwell.gov.uk 01295 227001

Provide free advice, emergency support, grant information, benefits support, housing support. Referrals to other agencies.

## The Banbury Larder Job Club

Tuesdays, 3-4 pm Marlborough Road Methodist Church, Banbury OX16 5BZ Contact: 07946 624222 / 07862 779494