



PROSSERMAN
JCC

Aquatics Schedule - Lap Pool

Interim Winter Dec 19-Jan 11

Temperature: 29C | 84F

MONDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:05AM - 10:55AM	12:00PM - 12:50PM	12:50PM - 4:15PM	4:15PM - 8:00PM	7:45PM - 8:45PM	8:45PM - 9:30PM	9:30PM	
	1	Leisure Swim	Aquafit	Aquafit	Aquafit	Leisure Swim					Pool Closed
	2	Adult Lane Swim		Aquafit	Aquafit	Adult Lane Swim					
	3										
	4										
	5										
	6										
TUESDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:05AM - 10:55AM	1:05PM - 1:55PM	1:50PM - 4:15PM	4:15PM - 8:00PM	7:45PM - 8:45PM	8:45PM - 9:30PM	9:30PM	
	1	Leisure Swim	Aquafit	Aquafit	Aquafit	Leisure Swim					Pool Closed
	2	Adult Lane Swim		Aquafit	Aquafit	Adult Lane Swim					
	3										
	4										
	5										
	6										
WEDNESDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:05AM - 10:55AM	12:00PM - 12:50PM	12:50PM - 4:15PM	4:15PM - 8:00PM	8:45PM - 9:30PM		9:30PM	
	1	Leisure Swim	Aquafit	Aquafit	Aquafit	Leisure Swim					Pool Closed
	2	Adult Lane Swim		Aquafit	Aquafit	Adult Lane Swim					
	3										
	4										
	5										
	6										
THURSDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:05AM - 10:55AM	11:00AM - 4:15PM		4:15PM - 7:45PM	7:45PM - 8:45PM	8:45PM - 9:30PM	9:30PM	
	1	Leisure Swim	Aquafit	Aquafit	Leisure Swim						Pool Closed
	2	Adult Lane Swim		Aquafit	Adult Lane Swim						
	3										
	4										
	5										
	6										
FRIDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:05AM - 10:55AM	1:05PM - 1:55PM	1:50PM - 6:00PM		8:45PM - 9:30PM		9:30PM	
	1	Leisure Swim	Aquafit	Aquafit	Aquafit	Leisure Swim					Pool Closed
	2	Adult Lane Swim		Aquafit	Aquafit	Adult Lane Swim					
	3										
	4										
	5										
	6										
SATURDAY		7:00AM - 1:00PM					1:00PM - 7:30PM			7:30PM	
	1	Leisure Swim					Leisure Swim			Pool Closed	
	2	Adult Lane Swim									
	3										
	4										
	5										
	6										
SUNDAY		7:00AM - 8:05AM	8:05AM - 8:55AM	9:00AM - 1:00PM			1:00PM - 6:00PM		6:00PM - 7:30PM	7:30PM	
	1	Adult Lane Swim	Aquafit	Leisure Swim			Aquatics Leader Program		Leisure Swim	Pool Closed	
	2			Adult Lane Swim							
	3										
	4										
	5										
	6										

- Lane Swim
- Programs
- Leisure/Rec Swim
- Family Swim
- Aquafit/GroupEx

For inquiries contact:
aquatics@prossermanjcc.com
www.prossermanjcc.com/aquatics



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Aquatics Schedule - Leisure Pool

Interim Winter Dec 19 - Jan 11

Temperature: 29C | 84F

MONDAY		6:00AM - 9:30PM					9:30PM
	Right	Leisure Swim					Pool Closed
	Left						
TUESDAY		6:00AM - 10:30AM	10:30AM - 12:30PM	1:30PM - 9:30PM			9:30PM
	Right	Leisure Swim	Programs: Water Babies Jan 6	Leisure Swim			Pool Closed
	Left						
WEDNESDAY		6:00AM - 9:30PM					9:30PM
	Right	Leisure Swim					Pool Closed
	Left						
THURSDAY		6:00AM - 11:00AM	11:00AM - 1:00PM	1:30PM - 9:30PM			9:30PM
	Right	Leisure Swim	Programs: Water Babies Jan 8	Leisure Swim			Pool Closed
	Left						
FRIDAY		6:00AM - 9:30PM					9:30PM
	Right	Leisure Swim					Pool Closed
	Left						
SATURDAY		7:00AM - 9:00AM	9:00AM - 2:00PM	2:00PM - 3:00PM	3:00PM - 5:00PM	5:00PM - 7:30PM	7:30PM
	Right	Leisure Swim	Programs: Water Babies Dec 20 / Jan 10		Programs: Water Babies Dec 20 / Jan 10	Leisure Swim	Pool Closed
	Left						
SUNDAY		7:00AM - 9:00AM	9:00AM - 1:00PM	1:00PM - 7:30PM			7:30PM
	Right	Leisure Swim	Programs: Water Babies Dec 21 / Jan 11	Leisure Swim			Pool Closed
	Left						

- Lane Swim
- Programs
- Leisure/Rec Swim
- Family Swim
- AquaFit/GroupEx

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