

		6:00AM - 9:00AM	9:05AM - 9:55AM	10:05AM - 10:55AM	11:00AM-12:00PM	12:00PM-4:30PM	4:30PM - 6:30PM	6:30PM-8:30PM	8:30PM		
MONDAY	1	Leisure Swim	Aquafit	Aquafit	Leisure Swim	Leisure Swim	Family Rec Swim	Registered Program	Pool Closed		
	2	Adult Lane Swim			Lane Swim (12yrs+)	Lane Swim (12yrs+)	Lane Swim (12yrs+)			Lane Swim (12yrs+)	
	3										
	4										
	5										
	6										
TUESDAY	1	Leisure Swim	Aquafit	Aquafit	Leisure Swim	Family Rec Swim	Registered Program	Leisure Swim	Pool Closed		
	2	Adult Lane Swim			Lane Swim (12yrs+)	Lane Swim (12yrs+)	Lane Swim (12yrs+)	Lane Swim (12yrs+)		Registered Program	Adult Lane Swim
	3										
	4										
	5										
	6										
WEDNESDAY	1	Leisure Swim	Aquafit	Aquafit	Leisure Swim	Family Rec Swim	Registered Program	Leisure Swim	Pool Closed		
	2	Adult Lane Swim			Lane Swim (12yrs+)	Lane Swim (12yrs+)	Lane Swim (12yrs+)	Lane Swim (12yrs+)		Registered Program	Adult Lane Swim
	3										
	4										
	5										
	6										
THURSDAY	1	Leisure Swim	Aquafit	Aquafit	Leisure Swim	Family Rec Swim	Registered Program	Leisure Swim	Pool Closed		
	2	Adult Lane Swim			Lane Swim (12yrs+)	Lane Swim (12yrs+)	Lane Swim (12yrs+)	Lane Swim (12yrs+)		Registered Program	Adult Lane Swim
	3										
	4										
	5										
	6										
FRIDAY	1	Leisure Swim	Aquafit	Aquafit	Leisure Swim		Family Rec Swim	Registered Program	Pool Closed		
	2	Adult Lane Swim			Lane Swim (12yrs+)	Lane Swim (12yrs+)	Lane Swim (12yrs+)	Lane Swim (12yrs+)		Lane Swim (12yrs+)	
	3										
	4										
	5										
	6										
SATURDAY	1	7:30AM - 9:00AM	9:00AM - 7:00PM						7:00PM		
	2	Adult Lane Swim	Recreational Swim						Pool Closed		
	3										
	4		Lane Swim (12yrs+)								
	5										
	6										
SUNDAY	1	7:30AM - 8:05AM	8:05AM - 8:55AM	9:00AM - 7:00PM						7:00PM	
	2	Adult Lane Swim	Aquafit	Recreational Swim						Pool Closed	
	3										
	4		Adult Lane Swim	Lane Swim (12yrs+)							
	5										
	6										

- Lane Swim
- Programs
- Leisure/Rec Swim (12yrs +)
- Family Swim
- Aquafit/GroupEx

Please note that there will be some changes to the pool schedule over the spring break for special events, staff trainings and leadership courses. Please double check the website for accurate bookings

For inquiries contact:
aquatics@srcentre.ca
www.srcentre.ca/aquatics

DAY	6:00AM - 4:00PM		4:00PM-8:00PM		8:00PM
	MONDAY	Right	Leisure Swim	Family Leisure Swim	Family Leisure Swim
Left					
TUESDAY	Right	Leisure Swim	Family Leisure Swim	Family Leisure Swim	Pool Closed
	Left				
WEDNESDAY	Right	Leisure Swim	Family Leisure Swim	Family Leisure Swim	Pool Closed
	Left				
THURSDAY	Right	Leisure Swim	Family Leisure Swim	Family Leisure Swim	Pool Closed
	Left				
FRIDAY	Right	Leisure Swim	Family Leisure Swim	Family Leisure Swim	Pool Closed
	Left				
SATURDAY	Right	Leisure Swim	Family Leisure Swim	Family Leisure Swim	Pool Closed
	Left				
SUNDAY	Right	Leisure Swim	Family Leisure Swim	Family Leisure Swim	Pool Closed
	Left				

- Lane Swim
- Programs
- Leisure/Rec Swim (12yrs+)
- Family Swim
- Aquafit/GroupEx

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