



PROSSERMAN
JCC

Aquatics Schedule - Lap Pool

Summer 2026 July 4 - August 23

MONDAY		6:00AM - 9:00AM	9:05AM - 9:50AM	10:00AM - 3:30PM	3:30PM - 4:30PM	4:30PM - 7:15PM	7:15PM-7:45PM	7:45PM - 8:45PM	8:45PM - 9:30PM	9:30PM
	1	Leisure Swim	Aquafit	Programs: Camp	Leisure Swim	Programs: Swim Lessons		Programs: Master Swim	Leisure Swim	Pool Closed
	2	Adult Lane Swim			Lane Swim				Lane Swim	
	3									
	4									
	5									
	6									
TUESDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:00AM - 3:30PM	3:30PM - 4:30PM	4:30PM - 7:15PM	7:15PM-7:45PM	7:45PM - 8:45PM	8:45PM - 9:30PM	9:30PM
	1	Leisure Swim	Aquafit	Programs: Camp	Leisure Swim	Programs: Swim Lessons		Programs: Master Swim	Leisure Swim	Pool Closed
	2	Adult Lane Swim			Lane Swim				Lane Swim	
	3									
	4									
	5									
	6									
WEDNESDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:00AM - 3:30PM	3:30PM - 4:30PM	4:30PM - 7:15PM	7:15PM-8:45PM	8:45PM - 9:30PM	9:30PM	
	1	Leisure Swim	Aquafit	Programs: Camp	Leisure Swim	Programs: Swim Lessons	Leisure Swim	Leisure Swim	Pool Closed	
	2	Adult Lane Swim			Lane Swim					Lane Swim
	3									
	4									
	5									
	6									
THURSDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:00AM - 3:30PM	3:30PM - 4:30PM	4:30PM - 7:15PM	7:15PM-7:45PM	7:45PM - 8:45PM	8:45PM - 9:30PM	9:30PM
	1	Leisure Swim	Aquafit	Programs: Camp	Leisure Swim	Programs: Swim Lessons		Programs: Master Swim	Leisure Swim	Pool Closed
	2	Adult Lane Swim			Lane Swim				Lane Swim	
	3									
	4									
	5									
	6									
FRIDAY		6:00AM - 9:00AM	9:05AM - 9:55AM	10:00AM - 3:30PM	3:30PM - 4:30PM	4:30PM-7:00PM	7:00PM - 9:30PM	9:30PM		
	1	Leisure Swim	Aquafit	Programs: Camp	Leisure Swim	Programs: Swim Lessons	Rec Swim		Pool Closed	
	2	Adult Lane Swim			Lane Swim					Lane Swim
	3									
	4									
	5									
	6									
SATURDAY		7:00AM - 9:15AM	9:30AM-12:30PM			12:30PM - 7:30PM			7:30PM	
	1	Adult Lane Swim	Programs: Swim Lessons			Family Swim			Pool Closed	
	2									
	3		Lane Swim							
	4									
	5									
	6									
SUNDAY		7:00AM - 8:05AM	8:05AM - 8:55AM	9:00AM-12:30PM		12:30PM-7:30PM			7:30PM	
	1	Adult Lane Swim	Aquafit	Programs: Swim Lessons		Family Swim			Pool Closed	
	2									
	3					Lane Swim				
	4									
	5									
	6									

- Lane Swim
- Programs
- Leisure/Rec Swim
- Family Swim
- Aquafit/GroupEx

For inquiries contact:
aquatics@prossermanjcc.com
www.prossermanjcc.com/aquatics

Aquatics Schedule - Leisure Pool Summer 2026 July4 - August 23

MONDAY		6:00AM - 9:30AM	9:30AM-3:30PM	3:30PM-4:30pm	4:30PM-7:15PM		7:15PM - 9:30PM	9:30PM	
	Right	Leisure Swim	Programs: Camp	Programs: Aqua Revive	Programs: Swim Lessons		Leisure Swim	Pool Closed	
	Left			Leisure Swim	Leisure Swim				
TUESDAY		6:00AM - 9:30AM	9:30AM-3:30PM	3:30PM-4:30pm	4:30PM-7:15PM		7:15PM - 9:30PM	9:30PM	
	Right	Leisure Swim	Programs: Camp	Programs: Adult Lessons	Programs: Swim Lessons		Leisure Swim	Pool Closed	
	Left			Leisure Swim	Leisure Swim				
WEDNESDAY		6:00AM - 9:30AM	9:30AM-3:30PM	3:30PM-4:30pm	4:30PM-7:15PM		7:15PM - 9:30PM	9:30PM	
	Right	Leisure Swim	Programs: Camp	Programs: Aqua Revive	Programs: Swim Lessons		Leisure Swim	Pool Closed	
	Left			Leisure Swim	Leisure Swim				
THURSDAY		6:00AM - 9:30AM	9:30AM-3:30PM	3:30PM-4:30pm	4:30PM-6:30pm	6:30PM-7:15PM	7:15PM - 9:30PM	9:30PM	
	Right	Leisure Swim	Programs: Camp	Programs: Aqua Revive	Programs: Swim Lessons		Leisure Swim	Pool Closed	
	Left			Leisure Swim	Programs: Water Babies	Leisure Swim			
FRIDAY		6:00AM - 9:30AM	9:30AM-3:30PM		3:30PM-4:00PM	4:00PM - 6:00PM		6:00PM - 9:30PM	9:30PM
	Right	Leisure Swim	Programs: Camp		Leisure Swim	Programs: Swim Lessons		Leisure Swim	Pool Closed
	Left					Leisure Swim			
SATURDAY		7:00AM - 9:30AM	9:30AM - 12:30PM		12:30PM-7:30PM				7:30PM
	Right	Leisure Swim	Programs: Water Babies 9:00AM - 1:30PM		Leisure Swim				Pool Closed
	Left		Programs: Swim Lessons						
SUNDAY		7:00AM - 9:00AM	9:00AM - 12:30PM		12:30PM - 7:30PM				7:30PM
	Right	Leisure Swim	Programs: Water Babies 9:00AM - 1:30PM		Leisure Swim				Pool Closed
	Left		Programs: Swim Lessons						

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